



Consent for Use of Artificial Intelligence (AI) Tools in Your Therapy Services

At University of the Incarnate Word's Behavioral Health Services, we are committed to providing you with high-quality care. To support efficient practice management and enhance our services, we use certain technologies, including artificial intelligence (AI) tools. This document explains how these tools may be used as part of your treatment and requests your consent when applicable. Protecting your privacy, maintaining confidentiality, and ensuring the quality of your care remain our highest priorities.

How We Use AI Tools

AI tools are used exclusively for administrative and supplementary support purposes under the direct supervision of your therapist. These tools do not provide therapeutic services, make independent clinical decisions, or interact with clients. Their intended use, both currently and in the future, is limited to assisting therapists with the drafting and organization of session notes.

How We DO NOT Use AI Tools

To be clear, we do not use AI to:

- Make independent therapeutic decisions or diagnoses;
- Communicate with you directly to provide therapeutic advice;
- Generate treatment recommendations without the direct review, approval, and input of your licensed therapist;

Consent for Session Transcription

To help ensure accurate and thorough session notes, your therapist may use an AI-based tool called **Scope Health** to transcribe therapy sessions and generate a draft progress note. Scope Health is a **HIPAA-compliant** tool used solely to support ethical and professional documentation practices.

Please check one of the following:

☐ I **consent** to the use of an AI transcription tool to record and transcribe my therapy sessions for the purpose of assisting my therapist with notetaking.

☐ I **do not** consent to the use of an AI transcription tool to record or transcribe my therapy sessions. I understand this will not affect the quality of my care.

Your Rights and Confidentiality

Confidentiality and Data Protection: All information related to your therapy, including any data processed through an artificial intelligence (AI) tool, is considered part of your confidential health record and is protected under the same privacy and security standards as all other aspects of your care, in accordance with HIPAA.

HIPAA Compliance: Scope Health is a HIPAA-compliant platform used solely for clinical documentation support.

Audio Recordings: Any audio recording of a therapy session captured through Scope Health is automatically deleted as soon as a transcript is created, typically within minutes after documentation is completed.

Transcript Retention: Transcripts are retained only for the shorter of seven (7) days or until the progress note is signed and locked by your therapist, after which they are permanently deleted.

Limited Access and Use: While transcripts are temporarily available, they remain secure and confidential and are accessible only to your therapist for the purpose of verifying documentation accuracy. They are not used for any other purpose.

Right to Revoke Consent: You may revoke your consent at any time by providing written notice to your therapist. Revoking consent will not impact your ability to receive therapy services.

Client Acknowledgment and Consent By signing below, I confirm that:

1. I have read and understood this form.
2. I have had the opportunity to ask questions about the use of AI tools in my treatment.
3. I voluntarily consent to the use of AI tools for the purposes described above.

Signature: _____

Name (Printed): _____

ID #: _____

Date: _____