

Monthly Focus: Clarisa Salinas, Honors President

Happy Spring fellow honors peers!

My favorite time of the year has finally returned! The weather is warming up again, the sun is shining, and we have a month filled with exciting events and opportunities. First and foremost, I want to give a shout out to two awesome juniors, Chris Winski and Maya Adair, who just got accepted into an REU for this upcoming Summer 2018! Given the competitiveness and extensive application process, this is an amazing achievement. We are so proud that they get to experience research at an advanced level while also representing our university. Congratulations Chris and Maya!



We have quite a busy month of March coming up! Starting on March 1st and March 6th, honors students will be volunteering at the annual Mind Science Foundation Gala and the Gut Brain Connection lecture by Ed Young. Honors students will also display and present their research at our Honors Symposium, which will be held on Saturday, March 24th. Here, students and faculty are invited to see what students have been dedicating their time to outside of school in regards to research projects.

In honor of our 10th anniversary, we will be hosting a “Crazies Café” on March 29th, which will be led by ex CEO Mark Carmona from Haven for Hope. The event will be a safe space where we will discuss current issues, and how we as college student can make a changes in our community.

Lastly, our All Honors Gathering will be held on Monday March 5th. Remember, I am always here to answer questions that may arise. Best of luck with the rest of your semester and I will see you at our next gathering!

-Clarisa Salinas
clsalina@student.uiwtx.edu

March EDGE Topics

Getting Past Cultural Barriers (March 7)

We have a special treat for EDGE attendees. One of our students, Sam Gomez, will be leading the March 7th session on cultural competency. Sam has trained military troops and UPS branches around the world in his career, and he will be sharing his tips for reaching people effectively despite cultural and language impediments. This communication skill is transferable to all careers because we all deal with people from different backgrounds than ourselves.

7 Smart Steps To Take Now to Accelerate Your Career Success (March 28)

As a college student it’s natural to put all of your focus on your studies. But there are some very quick and easy steps that you can take now that will have a surprisingly big impact on your career. Join us to discover the career success secrets that many professionals wish they had learned when they were in school. Career coach Leslie Cardinal will share seven of these simple yet powerful actions that will serve you well now and throughout your career. Learn more about Ms. Cardinal, counselor to Fortune 500 execs, at her [website](#).

We will be in SEC 2052 from 6-7pm for both meetings. Sign up on the wiki!

5th: All-Honors Gathering

6-7pm; NB 214..**Mandatory event

6th: The Gut-Brain Connection

5:30-7:30pm; Pearl Stable. Mind Science Foundation volunteer opportunity.

6th: Doctors Without Borders-A Voice from the Field

6:30-7:30pm; UTHSCA Pestana Lecture Hall. More on p.4

7th: EDGE Getting Past Cultural Barriers

6-7pm; SEC 2052. A session on cultural competency. More on this page.

19th: Colloquium #4-Public Speaking

6-7:15pm; AD 365. More on p.5.

23rd: McNay Museum Art Tour

9:30am; McNay Art Museum. More on p.3.

24th: Honors Symposium

8:30am-12pm; ICC auditorium and Boardroom #1. Annual presentation of independent student projects. More on p. 4. **Mandatory event

26th: Colloquium #5: Mental Strength

6-7:15pm; AD 365. More on p. 5.

28th: EDGE-7 Smart to Take Now to Accelerate Your Career Success

6-7pm; SEC 2052. More on this page.

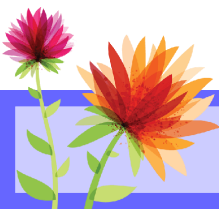
29th: Crazies Café

6:30-8:30pm; SEC Ballroom. More on p. 2. **Mandatory event

Quote of the Month

“I am always doing what I cannot do yet, in order to learn how to do it.”

— Vincent van Gogh



Student Feature: Sam Gomez

Hello, fellow Honors students. I am Sam, and I am currently a sophomore working on my BBA with a concentration in Management. Besides being a full-time student, I also own properties that I manage and maintain. My future plans are to further expand on property management since it is something that I'm passionate about. I tend to travel a lot, lately more for pleasure than business, and it is because of these excursions and interactions that I have been invited to facilitate a discussion at the EDGE leadership series on March 7th. I am glad to be part of this event because it gives me the opportunity to share my experiences and knowledge gained through interacting with many different people from a variety of cultures. It is my hope that everyone who participates takes away some knowledge that they can apply to their future professional pursuits.

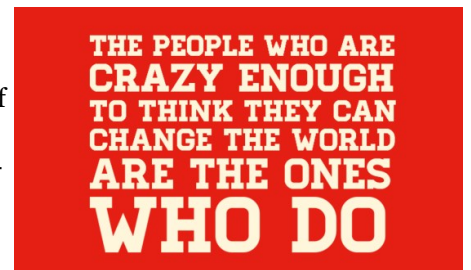
Looking back, my former career path took me to several countries around the world in various roles that required me to interact directly with the local people and create a dialogue that at times led to forming friendships and positive business relations. These experiences sparked my love for travel, and inspired me to explore countries and interact with cultures on my own; it is something I still do to this day. I strongly encourage fellow Honors students to jump at any opportunity to travel. Go explore and indulge any curiosities you might have of places and people around the world, and allow them to experience you.



Sam Gomez, Honors student at Running of the bulls

Crazies Café

Mark Carmona, former CEO of Haven for Hope will facilitate discussion on how you can influence change on social issues affecting children's safety. The purpose of this café is to learn how you can effect change now on real issues despite experience level or career status. As a 10th anniversary event, it is mandatory for all Honors students. You have plenty of time to notify bosses. The questions we will be trying to answer are [here](#). Send Ms. Loden your top five questions that you would like to answer. This is a café, so there will be pastries and desserts!



Study Abroad: Heidelberg, France, Anywhere!

Thinking about study abroad next year? Then apply to the Honors Study Abroad Scholarship to help fund your study. We have up to \$2000 to allot among worthy applicants. Application deadline is Friday, March 30.

PLEASE NOTE: We are planning a 2-week May 2019 trip to Europe as part of the Seminar of Social & Political Thought, being offered in Spring 2019. People eligible to go on that trip will have taken or will be taking that Honors class, OR are willing to attend two prep sessions in advance of the trip. Dr. Paul Lewis will be the instructor.

The instructions and application are included in the document found on Blackboard under the "Org Information" tab. Click [here](#) to view.



Heidelberg, Baden Württemberg, Germany

Wednesday Night Honors Room

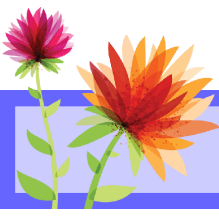
We have a room each Wednesday in the Student Engagement Center from 4pm-10pm. The room is changing from time to time, so below is a list of the rooms we have available on each date.

All March Dates - SEC 2052

April Dates:

4th - SEC 2030

All other weeks - SEC 2052



Taking Flight

March 2018

Student News:

February was the month of love and acceptance. More specifically, the love of learning and acceptance to research and professional programs. Remember the greatest resource in the Honors Program is our students. If you would like to apply to similar programs, ask them how they did it!



Valerie Mallen

Math major Valerie Mallen is one of three UIW students selected by NASA to participate in their week long summer educators program at the Houston Space Center.

The program, under NASA's Minority University Institute for Educators, includes nine hours of professional development in addition to the on-site educational workshops. All expenses are paid by NASA and Valerie will also receive a stipend for developing secondary level educational activities that she will try out on an audience after she leaves Houston. Only 50 students will participate in this unique professional development opportunity.



Valerie Mallen

Maya Adair

Biology major, Maya Adair, has been accepted to the "Graduate School of Biomedical Sciences Neuroscience Summer Undergraduate Research Program at the University of Texas Medical Branch in Galveston". This is a 10 week long, paid REU where students conduct research and learn about the following topics:

Biomedical neuroscience research skills related to cell and molecular biology, translational sciences, toxicology, infectious disease research, stem cells, and tissue engineering! I will also become familiar with techniques like cell culturing, isolation of stem cells, immunoassays, animal surgery, mass spectroscopy, and electrophysiology.

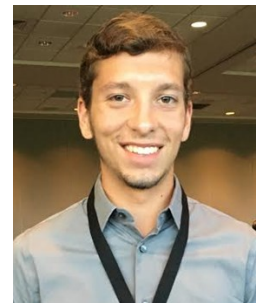
Maya applied to 14 programs total, all over the U.S., and is still waiting to hear back from others!



Maya Adair

Chris Winski

Biology major, Chris Winski, was accepted to the 2018 Microbiology Summer Undergraduate Research Program (MicroSURP) at UT Health - Houston, which includes a \$4,500 stipend. Chris won one of only eight spots out of over 200 applicants. The program runs ten weeks, from Monday, May 21st to Friday, July 27th.



Chris Winski

Something to Say– Art Tour at the McNay Museum

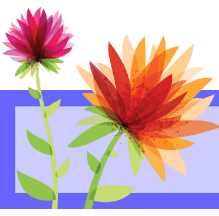
March 23rd 10:00-11:00am

A docent tour has been arranged for the two African-American art exhibitions at the McNay– *Something to Say : The McNay Presents 100 Years of African American Art* and *30 Americans: Rubell Family Collection*. Featured artists include Stanley White, Kehinde Wiley, and Mickalene Thomas. We will carpool. Attendees will need to arrive between 9:30 and 9:45am.

Sign up on the wiki before spring break! Spots are limited!



Kehinde Wiley, *Equestrian Portrait of the Count Duke Olivares*, 2005. Oil on canvas.



Taking Flight

March 2018

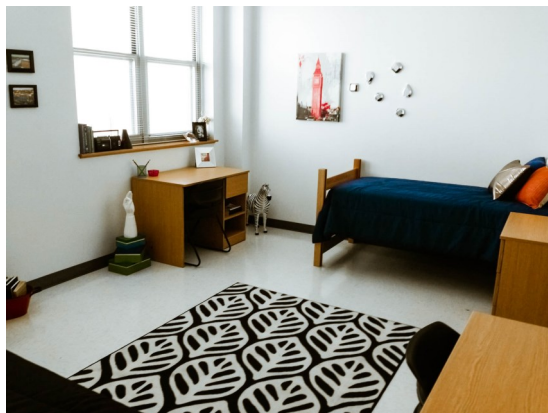
Honors Symposium

On March 24th from 8:30am-12pm, the Honors Program will be hosting the annual Honors Symposium. Honors students who have performed independent and faculty-led research will be giving podium presentations and participating in a poster session.

This is a mandatory event for Honors students. We want to support our peers as they display research that some have spent years developing. For students who have not yet started the research process, the Honors Symposium can provide guidance for putting together a research project. Honors Council members evaluate the presentations for cash awards to be presented at the awards dinner.



2017 Honors Symposium Presenters



March 19 Honors Housing Deadline Approaching!

Ms. Loden has coordinated Honors Housing for the 2018-2019 academic year. The rooms reserved are in Sky View. The rooms are available to all Honors students, not just freshmen. If you are interested in living with Honors students send Ms. Loden an email by March 19th.

Sky View amenities are listed below:

- Co-ed hall
- Double rooms
- Suited bathrooms
- Study rooms
- Washer & dryer facilities
- Study rooms
- Lounge areas
- Kitchen facility
- Built-in parking deck

Video Tour of Sky View available

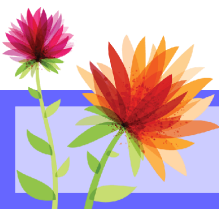
[HERE](#)

Doctors Without Borders-A Voice from the Field

Tuesday, March 6, 2018; UTHSCA Pestana Lecture Hall (7703 Floyd Curl Dr; SA, TX)

“A Voice from the Field” is a personal look at the profession of humanitarian aid, through the lens of one field nurse working alongside Doctors Without Borders / Medecins Sans Frontieres (MSF). Anna Freeman will describe her field work from the past ten years as she reflects and shares a myriad of personal experiences that culminate into a life journey of providing relief to the sick and downtrodden around the world. From working with victims of trauma and measles outbreak in the eastern Congo to responding to Ebola in Liberia, Anna’s insights on her experience will help to illustrate the complexity of humanitarian crises around the world. Doors open at 6:00 PM and the lecture begins at 6:30PM. FREE/open to the public.





Taking Flight

March 2018

Adopt- A-Beach Clean Up- Port Aransas, TX

The Honors Program would like to get a group together to participate in the Beach Clean-Up event on April 21st in Port Aransas, TX. The event will be from 9am-12pm in Port Aransas (Avenue G). If you are riding the bus from UIW, they are meeting at 5:30am in front of the McDermott Convocation Center. First year students are encouraged to attend this spring event. Talk to your mentors and peers, and try to get a group together for this great service opportunity.

Click [here](#) to register. Registration ends on April 6th. There is a \$10 registration fee because transportation and lunch are provided. There is also a wiki on Blackboard where you can sign up, so we know who all is going.

Alternative Spring Break

Earn service hours and have some fun! Join your classmates, faculty, and staff to help in the San Antonio community.



Alternative Spring Break 2017

Volunteers will be painting houses and cleaning up the neighborhood around the Frank Garrett Community Center, 1226 Northwest 18th Street. You can volunteer for 1 day, 2 days, ... as many or as few as you like. There are a total of 7 days (6 hours of service daily) you can volunteer for, including one day before Spring Break and another after Spring Break.

The shuttle will leave the front of the McDermott Convocation Center at 8:30 AM daily, and return you to campus by 3:00 PM. If you do not wish to ride the shuttle to and from the work site, you can meet the group at the Frank Garrett Center at 9:00 AM daily during the days of Spring Break. The volunteers on Friday, March 9th will be meeting at Bonilla Science Hall and working on campus.

Dress for messes! Breakfast & lunch provided.

Sign up [here](#) to participate!

Colloquia #4 and #5 in March

Just a reminder to colloquia attendees to complete their reflection papers before the next session, which is the day you return from Spring Break.

#4: Public Speaking (March 19). Communications professor Dr. Trey Guinn will provide tips on preparing for public presentations. Symposium presenters are welcome to attend this session to refine your speech for the March 24 event.

#5: Mental Strength (March 26). Communications professor Dr. Ray Blanton will share his views on his pet topic of mental strength. How do we become ready to take on the inevitable challenges and the calculated risks necessary for our self-development? And what about those unforeseen challenges? Dr. Blanton has insights to help you.

Port Aransas Adopt-A-Beach Cleanup
and UIW Alumni & Parent Mixer

Saturday, April 21, 2018

Beach Cleanup 9 a.m. - 12 p.m.
@ Port Aransas (Avenue G)

UIW Alumni & Parent Mixer 12:30 - 2:30 p.m.
@ Stingrays Taphouse & Grill (401 Beach St.)

ADOPT A BEACH
TEXAS GENERAL LAND OFFICE
JERRY PETERSON, COMMISSIONER

UNIVERSITY OF THE INCARNATE WORD
ALUMNI & PARENT RELATIONS

STINGRAYS
TAPHOUSE & GRILL