

# **Maternity Management Program**

Handle with Care

Gilsbar's Maternity Management program Handle with Care is a free benefit that provides customized care for you and your baby, including: gestational health support from a maternity care clinician, educational materials, and more!























#### **ENROLL**

Contact us as early as possible in your pregnancy or if you are thinking about pregnancy in the near future.



#### 877-301-2988

HandlewithCare@Gilsbar.com



## **HEALTH ASSESSMENT**

After enrollment, a Handle with Care clinician will call you to complete a brief maternity health assessment to determine the appropriate educational material to send you.



### **FREE GIFT**

Upon completion of the health assessment, you will receive a welcome gift and other educational materials to help you throughout your pregnancy.



#### **Handle with Care Cooling Scarf**

Stay cool and receive this gift if you enroll during your first trimester (12 weeks).



#### The What to Expect Pregnancy Journal & Organizer

Stay on track throughout your pregnancy and receive this gift if you enroll during your first trimester (12 weeks).



#### **Insulated Bottle Cooler**

For the on-the-go mom – As a thank you for participating in the program, you'll receive this gift after your baby arrives!

