UIW pays tribute to grad -- fallen SAFD firefighter

Special to the Logos

The University of the Incarnate Word remembered one of its graduates who was killed Oct. 15 on downtown duty with the San Antonio Fire Department.

Just before the Oct. 19 home football game with Lamar University, the crowd at Gayle and Tom Benson Stadium was asked to join in a moment of silence in memory of Gregory “Greg” Garza, who graduated in 1996 with a bachelor’s degree in psychology from UIW.

Garza, an Alamo City native and ex-Marine, died after he tripped or stumbled from a fire truck onto the street outside a downtown hotel and was hit by a passing van.

Garza’s station was on the scene of an electrical fire at the hotel when the incident occurred.

In an announcement, UIW said it was “deeply saddened by the sudden passing” of Garza, who had served 17 years as a firefighter.

The school said when Garza’s family as they passed by Garza’s death while on duty was the fire department’s third in the last two decades and the fifth in the department’s history, according to the San Antonio Express-News.

In all the years the university has had the football team, band, and fight song, there has never been words to accompany the tune. Created in 2015 by local composer Tommy Fry, the unique song was meant to replace the Notre Dame fight song the university had adopted. Since then, the song went on without any words, except for the portion where the crowd chews “L-U-X.”

Graphic design senior Nico Ramon—a member of the UIW Cheer Team—decided the song needed lyrics.

“My biggest inspiration for writing the lyrics to our fight song is having school spirit and wanting to share that spirit with future Cardinals, current students and alumni,” Ramon said.

Writing a song for an entire university would seem like a huge feat, but Ramon was not alone in the project.

“I didn’t find there to be any challenges when writing the lyrics themselves,” Ramon said, “but I do feel it’s only appropriate to give a shoutout to UIW’s band director, Dr. Brett Richardson, for his work and assistance.”

Ramon and Richardson worked all summer to create the lyrics and soon they came to life as a means to showcase the university’s school spirit.

“To know that this song will be sung for decades to come is an unbelievable blessing for everyone involved,” Richardson said.

Fight Song gets lyrics

Alyssa Penal | Logos Staff Writer

The University of the Incarnate Word unveiled the official lyrics to the University’s fight song Saturday, Oct. 19, at the Community Appreciation football game between the Cardinals and Lamar University.

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Jump ‘Fight Song’ page 2

President: University deserves high marks

Special to the Logos

The University of the Incarnate Word got a glowing report card during the “State of the University” presentation the president made Tuesday, Oct. 29.

Dr. Thomas M. Evans cited a number of achievements the university has made and challenges it faces during an hourlong PowerPoint presentation he gave in the Concert Hall of Luella Bannock Music Center.

Among the achievements were the rising enrollment of freshmen with a goal announced to bring in 1,050 next year.

He also said UIW was ranked 27th among national universities for equipping “economically disadvantaged” students to gain “social mobility.”

Evans reported UIW closed the deal in September that now makes UIW the owner of 4119 Broadway—the old AT&T Center. He said the building likely will be renamed but didn’t give details on the process.

However, when AT&T vacates the building it now leases, 4119 Broadway will provide “swing space” to move things around as the university plans a major renovation of the Coliseum Administration Building.

“We have a lot to celebrate,” Evans said.
**Democracy Activist Barred from Election Services**

Chinese activist for Democracy Joshua Wong Chi-Fung has been barred from running for district council in Hong Kong. This holds because of a large majority of Wong’s stance against Chinese determinism. So far, Wong is the only candidate barred from the polls being held on Nov. 24. The Chinese government denies using any form of censorship within a political democracy.

**Students learn proper etiquette at dinner**

University of the Incarnate Word students learned formal table manners while enjoying a free, three-course meal at the annual Etiquette Dinner on Thursday, Oct. 3, in the SEC Ballroom.

**Library news**

“Fake news” is to know your sources, a librarian advises.

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Mala Luna: Cooling off but still a blast

Alyssa Pena
STAFF WRITER

Mala Luna, San Antonio’s EDM and Hip Hop music festival, was held for its fourth year in a row Oct. 26-27 at Nelson Wolff Stadium.

Past headliners included A-list artists such as Cardi B, Tyler the Creator, and even Travis Scott. Because of this history of excellence, some would believe the festival could only go up from there.

However, this year was somewhat of a step down with top artists including Miguel, Russ, Jessie Reyes and Diplo. Of course these artists are incredible. I myself am a big fan of Jessie Reyes’s work, but the majority of the time I was there I felt like I spent more time trying to understand what artists such as Hoodlum and DMB Pezzy were even saying. Call me old-fashioned but I prefer to be able to hear the words coming out of their mouths.

I did in like Kei Loko and DaBaby’s performances. Both male rappers had heavy basses and good beats. They both really knew how to interact with the crowd and create the best vibe during their sets. Lil Keed even got to dance around the stage for a few minutes. His performance was mind-blowing and he definitely has a fanbase on that side. Lil Keeds’ “HBO (Baby Sh*t)” got the whole crowd jumping and “Ride the Wave” got people actually crowd-surfing.

I think my favorite artists on Sunday’s portion of the festival had to be Alaina Castillo, Megan Thee Stallion and Ari Lannos, all three being strong female powerhouse. The festival had no shortage of strong female artists.

Castillo – a current YouTube star and an ASMR enthusiast – combines pop and ASMR into this Spanish/French fusion. Her music tends to be relatable to female issues and deeply connects with her audience.

Lennox has also been a frequency and though it was somewhat a step down from previous years, it was still well-done and created a lot of buzz.

E-mail Pena at appen6@student. uiwtx.edu

Guests go ‘Dining in the Dark’ to improve vision

Christina Emmett
STAFF WRITER

Proceeds from this year’s “Dining in the Dark” will go to Optometry Giving Sight, a global fundraising initiative dedicated to providing eye care to those lacking access to eye care.

The event, which included a silent auction, took place Oct. 12 - World Sight Day – in McCombs Center Rosenberg Sky Room at the University of the Incarnate Word. A chief planner included Carolyn Smith, president of Student Volunteer Optometric Services to Humanity.

As guests entered the ballroom, the first table they came to - manned by graduate student Tara Nguyen – had a box of glass eyes. For a $1 donation, they could touch the eyes. Optometry graduate student Cuong Pham was the first to give it a go. He said he thought it was very interesting. Those people were able to feel a prosthetic eye. Pham said he has touched eyes before in a classroom environment. However, this was a first for him.

Ironically, a band called The Spec-tacles, played oldies but goodies as participants – many of them from Rosenberg School of Optometry - ate dinner while blindfolded to simulate having a meal without sight.

The guest speaker was Janet Summers of One Sight, an organization that has helped more than 21 million people in 49 countries since it started in 1988. Each year, a few graduate students get to take a trip some place in the world to donate their time to help those in need of eye vision tests and glasses. The group sets up and immediately starts taking patients. Those people are given their glasses on the same day.

Christina Emmett/PHOTO

Fall features flair for fashion

O’Kiegelia Clay
STAFF WRITER

As we start to feel the chill from the wind and see the leaves changing, we lose our shorts and sandals, and switch into our boots and leggings.

The temperature is dropping. That means sweater weather is back. The most fashionable time of the year is here, and that means some remarkable trends are hitting the runway. From trendy-tiny bags to capes, there’s so much to look forward to this season.

Cecilia Tomel, a senior fashion design major, said fashion is the time of year where you can wear whatever you desire. Layering is such a big trend during fashion. For example, wearing shorts over leggings, and long sleeves under a hoodie paired with a denim jacket.

Almost anything can go with everything. So express yourself! Even though there seems to be so many options to put your outfit this fall is, there is something to spice it up a bit? Tomel thinks skirts and dresses are under-recognized, and that they can for sure make this fall spicy.

Some of her favorites happen to be coats, and the Dolce & Gabbana brand. Her must-have clothing piece: jeans. They’re simple and neat, and it’s an accessory that can never go wrong. We previously had what was called “A hot girl summer,” but now it’s becoming a different version. I asked Tomel: “Between summer and fall, which season does fashion shine the most in?” She said fashion is more active in the summer, but in the fall, fashion has so many opportunities. She also believes summer is the best season for this big deal, and that fall never lives long enough to take on its full potential.

Senior fashion design major Bryan Ramirez said he loves the different colors that connect with the fall season and the concept of layering.

He also thinks a lot of people love to dress up. When talking about the color palate of fall, Ramirez emphasized he loves the moody, dark-tone aesthetic that comes with it. This color scheme is something that definitely shines throughout this season, so it’s best to be afraid of it and enhance your wardrobe.

Some of his fashion faves are oversized sweaters and coats, and the Dior brand. Oversizing has become very trendy over these past few years. With a few oversized tees or sweaters in your collection will really add a simple, yet trendy style to your look. Another simple, and fashionable piece to add is long sleeves.

Ramirez said having something basic, but all-around wearable, are long sleeves. He feels like they can go with anything. It’s an easy throw on. If long sleeves seem too simple, Ramirez suggests turtlenecks are an unappreciated clothing item that can boost up your look.

Unlike Tomel, he doesn’t think fashion thrives in the fall. To him, fashion is more prominent in the summer because there’s more color, and more clothing options such as swimwear, shorts, and tank tops.

What he does like in the fall, he thinks fashion is recycled. When it comes to fashions, it might be nice to remember these words from Grammy-winning singer Alicia Keys: “The most important thing to remember is that you can wear all the greatest clothes and all the greatest shoes, but you’ve got to have a good spirit on the inside. That’s what’s really going to make you look like you’re ready to rock the world.”

E-mail Clay at dmclay@student. uiwtx.edu

Past headliners included A-list artists such as Cardi B, Tyler the Creator, and even Travis Scott.
An appeals court judge, state representative and policy expert discussed 10 Texas Constitutional Amendments that will be on the Nov. 5 ballot in a forum at the University of the Incarnate Word.

The Oct. 5 gathering – co-sponsored by the Ettling Center for Civic Leadership and Sustainability and the UIW Pre-Law Society – gave the general population of San Antonio the opportunity to ask questions and speak their voice about the many different pros-and-cons of the propositions.

Thomas Hill, a work-study assistant at Ettling, and Pre-Law Society President Casey Ogechi Iwuagwu, represented the co-sponsors, while Celina Montoya served as the moderator for the event at Dr. Burton E. Grossman International Conference Center Auditorium.

The panel featured the Honorable Rebeca Martinez, Place 7 judge of the Texas Fourth District Court of Appeals; State Rep. Barbara Gervins-Hawkins of the 120th District; and Marisa Bono, chief of policy for San Antonio Mayor Ron Nirenberg.

Here are the 10 proposed propositions being introduced to the Texas Constitution as they will appear on the ballot:

1. Amendment as it will appear on the ballot: “The constitutional amendment permitting a person to hold more than one office as a municipal judge at the same time.”

2. Amendment as it will appear on the ballot: “The constitutional amendment providing for the issuance of additional general obligation bonds by the Texas Water Development Board in an amount not to exceed $200 million to provide financial assistance for the development of certain projects in economically distressed areas.”

3. Amendment as it will appear on the ballot: “The constitutional amendment authorizing the legislature to provide for a temporary exemption from ad valorem taxation of a portion of the appraised value of certain property damaged by a disaster.”

4. Amendment as it will appear on the ballot: “The constitutional amendment prohibiting the imposition of an individual income tax, including a tax on an individual’s share of partnership and unincorporated association income.”

5. Amendment as it will appear on the ballot: “The constitutional amendment dedicating the revenue received from the existing state sales and use taxes that are imposed on sporting goods to the Texas Parks and Wildlife Department and the Texas Historical Commission to protect Texas’ natural areas, water quality, and history by acquiring, managing, and improving state and local parks and historic sites while not increasing the rate of the state sales and use taxes.”

6. Amendment as it will appear on the ballot: “The constitutional amendment authorizing the legislature to exempt from ad valorem taxation precious metal held in a precious metal depository located in this state.”

7. Amendment as it will appear on the ballot: “The constitutional amendment authorizing the legislature to exempt from ad valorem taxation precious metal held in a precious metal depository located in this state.”

8. Amendment as it will appear on the ballot: “The constitutional amendment allowing increased distributions to the available school fund.”

9. Amendment as it will appear on the ballot: “The constitutional amendment to allow the transfer of a law enforcement animal to a qualified caretaker in certain circumstances.”

E-mail Hill, a work-study assistant in UIW’s Ettling Center for Civic Leadership and Sustainability, at twhill@student.uiwtx.edu
Sisters sip tea monthly with associates

Gabby Yanez/Special to the Laredo Morning Times

The story of the Sisters of the Incarnate Word is an important one. Their journey to San Antonio in 1869 marked the beginning of a 150-year legacy that includes founding the University of the Incarnate Word. Since then, their mission has grown and led to several sisters joining the order.

Many retired sisters reside at the Village of the Incarnate Word, whereas this brought the two pre-novices and I’m the director of that program.”

The Village of the Incarnate Word has started a project for all its residents to gather dignity bags, “She said, “My friend over there is a woman who joined the order and all of the things that she went through,” said Sister Germaine Corbin. “I really appreciated the track coach for encouraging her athletes to join us, because before then we didn’t really have a large number of students who were planning on attending. So, with the track team we had a lot more students and that was awesome.”

Sponsorship was also key for this event to occur. President Evans and his wife, Lisa, sponsored a table as an initiative in calling Monahan and having her words. “I was really grateful to the track coach for encouraging her athletes to partake in this, between now and next year,” Bermea said. “But, I also have to start looking for someone to run this once I leave, once I graduate, in December 2020. There’s a Woman of Faith out there who’s meant to take this over.”

Sisters sip tea monthly with associates

Three retired members of the Sisters of Charity of the Incarnate Word discuss their devotion, lives and longtime ministries at a monthly tea.

Sister Eilith Ryan, a religious studies professor, found this event to be more fruitful than past events that sought to unite sisters and students. “I think we’re ‘Tea with the Sisters’ for a number of years, but it’s always ended up being a little group in Dubuis Hall, whereas this brought in so many people, so many groups,” she said. “Most of the sisters who were here are retired, and they don’t get to mix with the students. They can’t walk down from the retirement center on a regular basis. So, to come here and see Rozlyn and the others just being so dedicated to the mission and the history of the sisters and the young women and the staff, every time we interact, we come away with a new understanding of the other. And I just think that’s so important because it carries into everything we do.”

Sister Helena Monahan, chancellor for emerita for UIW, was the guest speaker for the event, but was unable to attend due to severe storms the night before, cancelling her flight from St. Louis to San Antonio. However, Sister Kathleen Coughlin, a senior adviser to UIW’s president, Dr. Thomas M. Evans, took the initiative in calling Monahan and having her speak through speakerphone into the microphone.

Monahan discussed what faith is and what it looks like as women of faith, specifically at UIW. “A woman of faith, I believe, is a woman who talks straight with God because she realizes the God-given dignity of who she is, who God expects her to be, and what God expects her to do,” Monahan said. “She is authentic and she speaks out of authenticity. Women of the Word has done great things for all of us. We must acknowledge that. God has given us so much and we are to live out of it. We are to be Women of Faith.”

Sister Grace O’Meara, a member of the order for more than 60 years, said she enjoyed all Monahan had to say over speakerphone and hoped those gathered would benefit from her words. “She said, “My friend over there wrote it down and she has five pages to type up for the sisters that were not present, isn’t that nice?”

The theme of the luncheon was “We are the legacy,” inspired by the Heritage Center next to the university. “When you walk through the Heritage Center you get to learn about all the ministries of the sisters,” Bermea said of the theme. “At the end of the exhibit – my favorite part – it asks, ‘How will you be the light?’ And that made me think of how through their ministries, the sisters help us become a light for others. By carrying and sharing that light, we are continuing the heritage, we are the legacy.”

Bermea said she appreciated the group of people that joined the luncheon, especially athletes. “I was really grateful to the track coach for encouraging her athletes to join us, because before then we didn’t really have a large number of students who were planning on attending. So, with the track team we had a lot more students and that was awesome.”

Sponsorship was also key for this event to occur. President Evans and his wife, Lisa, sponsored a table as well as Dr. Caroline Goulet, dean of the School of Physical Therapy.

Now, Bermea is looking forward to future luncheons, especially as she gets closer to graduation. “I really hope to get more people to attend and I then hope to really encourage women to take part in this, between now and next year,” Bermea said. “But, I also have to start looking for someone to run this once I leave, once I graduate, in December 2020. There’s a Woman of Faith out there who’s meant to take this over.”

Sister Alice Holden.

Monahan even brought up a project to help those at the Texas-Mexico border. “The Village of the Incarnate Word has started a project for all its associates to gather dignity bags,” she said. “Dignity bags are packages of toiletries like soap, shampoo, or tubes of toothpaste to be sent to immigrants in Brownsville. They even discolor a potential proj- ect to crochet blankets for those at the border for the upcoming winter. However, they still wanted to emphasize the common misconcep- tions of the sisters. Often, nuns are portrayed in the media as strict — perhaps slightly scary, they said. The group specifically brought up an old Audrey Hepburn ring Audrey Hepburn. “It was set in Europe and it was also that the idea of people who joined the order and all of the things that she went through,” Morgan said. “It was a very old world,” a very different time and way of life. The sisters weren’t shown to have much personality.”

“Her personal connection with the CCOV community began her freshman year while volunteering at the Village at Incarnate Word, the home for sisters and community members. Bermea now expresses her time there as pleasure rather than volunteering. “Just being the university. One Sunday out of the month, a few sisters will gather together for tea in collaboration of their respective feast days. At these tea sessions, the sisters are able to discuss topics that affect their everyday lives and the mission of the Incarnate Word.

Their last meeting took place on Sunday, Oct. 13. Six sisters and two members of the Incarnate Word Associates – the tea’s sponsors – sat down at the Village. Many of the sisters and Associates have a long history with UIW. Most of the attendees had either taught or gotten their degree from Incarnate Word.


As a former member Tom Duck- worth said, “I came to UIW in 1973 and retired six years ago.”

The sisters and associates are deeply devoted to God and show it through their discussions at these meetings. They describe themselves as a group of like-minded Christian people who spread the healing min- istry of Jesus Christ. “We’ve all sparks of the divine having human experiences,” said Sister Alice Holden.

“Don’t your introduction to God is clear, they don’t simply sit around all day. They’re deeply interested in keeping the mission of the original sisters and the university,” Bermea said. “So, with the track team we had a lot more students and that was awesome.”

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“I first came here in 1975,” said Kendall Morgan, a member of Incarnate Word Associates. “I retired 11 years ago as the director of J.E. and L.E. Malise Library.”

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Dealing with the drama of trauma

that something is trauma or successful. I got the small classes, institution that wanted me to be professors who cared, and an give me a more individual, personal I wasn’t given much other direction. Only positives were said about it, and I knew what college was. In fact, I knew I wanted to go to college. I does. students struggle with it, everyone students struggle with? Not just a taboo subject for so long. But why? How is it possible to move somehow moving. towards the object, then howhaps a stop sign – move towards me when I am the plagues me. I don’t remem- high school, my physics class somehow moving. ticipation from the teacher. The teacher asked who had any questions. I felt so Much of my past, and going there causes me to become I lived through as a child. I have repressed parts of my childhood to a

I'm the only one who has become numb. Boasts about scholarships and grants awarded to students. I receive an academic scholarship, art dinner sometimes, I cannot fix my car if something were to go wrong and I cannot afford my education. I am writing this to point fingers. I am writing this because I am frustrated, and I do not know how education costs so much. I feel helpless, and it is because of this frustration. I have never felt this university wants me to succeed. I go to the proper people who are supposed to be there to help me, but I just feel worse every time I hear, "Sorry, there's nothing we can do. Apply for more next year."
Students explore city’s pockets of poverty

Stephanie Alexander | LOGOS WRITER

When someone mentions the city of San Antonio, what comes to mind? Dangerous neighborhoods, poor homes or gang violence? Both the University of the Incarnate Word students are aware of the inequalities which affect minorities inhabiting such districts either through news or personal witnessing. A large fraction of students, however, have never witnessed how poverty affects people in all aspects of their lives.

Education, housing, and healthcare are all important for dignified living, but many people must settle with below-average resources and services because they hard work because economic and social systems make it improbable to progress. Inequality amongst San Antonio residents is widespread and it mostly affects the same minorities: Hispanics, African Americans and Asians.

Even though racism and sexism should not be thought of as a thing of the past, most poor city areas are inhabited by people of color.

Today, San Antonio ranks as one of the most impoverished cities in the nation. Biased views—even subtle ones—are towards people who live below the poverty level has hindered progress towards a more equitable future and has prevented San Antonio from embracing all of its diverse constituents.

UW has taken action to help students experience such people such as Jean Lodin, director of the UW Honors Program, who organized annual social justice trips in which volunteers learn about and make a difference for their city.

Volunteers get to tour the west and east side of San Antonio while contributing time or donations towards the organization they visit. This year’s trip took place at the 139-year-old organization covered important issues such as education, housing, healthcare, city government and tools people can use to address problems affecting their communities.

The Intercultural Development Research Association located at 5815 Callaghan Road, Suite 101, was a starting point for the trip. This nonprofit organization focuses on the importance of good quality education for children of diverse backgrounds to achieve their potential and become college-ready. Dr. David Ann, an associate professor of education at UW, and IDRA Family Engagement Coordinator Aunell Montana have explained how various factors determine the public education system’s quality.

Fair funding and efficient policies are key factors for successful schools; however, schools in impoverished communities receive less funding than schools in wealthier districts.

Children who live in impoverished districts have no choice but to attend the school within their reach regardless of its quality. Surprisingly, the addition of charter schools has increased segregation in education and widened the gap in education quality for residents at lower social economic levels.

Underfunding, substandard education and toxic levels of involvement in their communities are all obstacles which young people on the west and east side of San Antonio must face.

But how can a child focus on schoolwork if he or she lacks hope? Many people take place for granted having a roof over their heads and a place to live, but less advantaged communities cannot count on this luxury every day. The Esperanza Peace and Justice Center, 816 Colorado St., is an organization with the objective of providing safe, stable homes for victims of gentrification, financial insecurity, eviction or other circumstances that may leave someone homeless.

Involvement, the process through which old buildings are torn down to make way for newer or more profitable construction, may seem like a good method to increase revenue and provide resources for the needy, but it has more adverse effects than advantages.

For one, extra revenue obtained through new developments almost never goes to those being displaced. Now these people must find an affordable home, which might prove too far from their current job or school. Gentrification divides communities and weakens cultural traditions. MujerArtes is an example of the valuable culture which has disappeared in the hands of a wealthy minority-majority district, which is solely focused on the Esperanza Peace and Justice Center's property, offers women of all backgrounds the opportunity to express their culture through clay art. Experts such as this help spread awareness of how important different communities are to the city of Antonio. With all the economic and social disadvantages marginalized people face, it's easy to see their culture slowly disappearing. But hope in Antonio is found in the ways that communities are faced with and the tough problems are being solved to increase mortality rates.

Community fragmentation and homelessness accelerates cultural loss, but efforts such as the Esperanza Peace and Justice Center which seeks to protect the diversity which makes San Antonio unique.

Agencies such as Esperanza, South Alamo Regional Alliance for the Homeless and Haven for Hope help people get on their feet again by connecting residents to safe and affordable housing they can afford.

How does poverty and gentrification affect a person’s health? The answer is simple: impoverished people find it difficult to access affordable healthcare they can trust. Volunteers from UW visited the Bowden Clinic, a UW optometry center at 2347 E. Commerce St., and they have experienced many ways in which poverty affects personal health.

For one, cheap and accessible foods are nearly always junk food, but impoverished people typically don’t have enough money to buy better options. These processed foods lack necessary nutrients but are abundant in unhealthy fats and sugar that can cause obesity, heart disease, and other health complications.

Additionally, healthcare businesses are often involved in gentrification, which prevent people from helping prevent sickness, so people don’t gain a healthy body. For example, the United States, about 20-25 percent of all healthcare dollars are spent to something other than healthcare,” says Paul Chapman, assistant dean of the Roseman School of Optometry, which runs Bowden Clinic. Healthcare money is always spent on those who need it, but people are not receiving the help they deserve. So, in the United States, about 20-25 percent of all healthcare dollars are spent to something other than healthcare,” says Paul Chapman, assistant dean of the Roseman School of Optometry, which runs Bowden Clinic. Healthcare money is always spent on those who need it, but people are not receiving the help they deserve. So, UW set up optometry clinics in total of 15 serving four different counties, and now offers medical aid for those who need it at a reduced rate.

Panel participants and UW students encouraged their peers to volunteer to ensure they know how important it is for future and college students to use their education, no matter what major, and make an impact on their community. Haven for Hope—the homeless shelter

Dealing with the drama of trauma

Cont ‘Dealing’ from page 6

...through what was told to me by other people that do remember them. How could I have done this to myself even without knowing? There is a strong possibility to help others can be brought back, but to do so will take years of work and full cooperation in opening myself up to people I have never met. Accepting the possibility in this way can lead to great things, such as a shocking increase in personal confidence. In school, I was very shy and anxious about many things. Scared to make strides and big decisions, I stayed in my lane and never tried to reach beyond what I thought myself capable of. The reality was my confidence was beyond what I told myself for so long. It was not until college that I began to reach further and take the opportunities graciously set in front of me. Whole new worlds have I made big steps toward independence and a healthy lifestyle. I have been able to find myself hiding from my past constantly. Therapy is a journey that never ends, but it is the only way to air out the bitterness inside and let fresh thoughts, emotions and ideas come flowing in. The last thing anyone should hide is a help.}

E-mail Fortune at fortune@student.uiw.edu

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Cardinals suffer overtime homecoming loss

The University of the Incarnate Word football team’s undefeated home- winning streak under Head Coach Eric Morris ended at homecoming Saturday night, Oct. 26, as the Cardinals lost 44-41 in overtime.

Visiting Northwestern State University from Natchitoches, La., ended the streak at Gayle and Tom Benson Stadium, going 25 yards in eight plays on its winning drive, scoring on a one-yard pass from quarterback Shelton Eppler to wide receiver Quan Shorts to secure the 44-41 victory.

The Northwestern Demons were 0-7 – including a September loss to nationally ranked Louisiana State University – before its victory over the game against the previous 5-2 Cardinals.

Cardinals quarterback Jon Copeland went 27-for-36 for 275 yards and two touchdowns. With the two scoring passes, Copeland, only a sophomore, set the new program record for touchdown passes in a career (39).

The Cardinals’ next drive against the Demons continued after the Demons’ second interception of the game, leaving the Cardinals with a 17-16 advantage at the half.

UIW took its first lead of the game with 13:34 left in the second quarter. After forcing the Demons to punt, Copeland found sophomore wide receiver CJ Hardy for a 34-yard reception and connected with freshman wide receiver Kamden Perry for 18 yards. Carson Mohr then hit a career-best, 46-yard field goal as UIW took a 10-7 advantage.

The Cardinals’ next drive started with senior safety Jacob Harper forcing a fumble on the kickoff return and freshman safety Shawn Holton recovering to give UIW the ball back in Northwestern State territory. Junior running back Keyondrick Philio capped the six-play, 27-yard drive with a three-yard rush into the end zone, putting the Cardinals ahead, 17-7, with 11:33 left in the first half.

NSU cut into UIW’s advantage with 7:27 left before the break when West used a two-yard run for another score. The touchdown completed the nine-play, 70-yard drive and, following a missed extra point, left UIW with a 17-13 lead.

The Demons added another score when Daniel Justino hit a 29-yard field goal as time expired, leaving the Cardinals with a 17-16 advantage at the half.

On the third play of the second half, the Cardinals’ Jerick Pirro, a junior tight end, scored a second interception of the season and returned the ball 32 yards for a UIW score to put the Cardinals up, 24-16, with 13:46 left in the third quarter.

The home team scored again with 9:23 left in the quarter when Copeland found sophomore wide receiver Mark Sullivan for a 39-yard touchdown pass to give UIW a 31-16 lead. However, Northwestern State cut into UIW’s lead again with 6:31 left in the third when Stanford Anderson rushed two yards for a touchdown, making the score 31-23. The Demons scored again with 8:27 left in the game, leaving the Cardinals with a one-point lead (31-30) after West rushed into the end zone from five yards out.

UIW extended its advantage, this time to 38-30, when Copeland found Brady Rogers, a freshman wide receiver, for an eight-yard score with 2:42 left on the clock. With this touchdown pass, Copeland broke the program record for touchdown passes in a career (39).

On the final drive, Cardinals senior linebacker Mar’kel Cooks sacked Eppler to force a fourth and 18 with 1:40 left. After calling a timeout, NSU completed an 18-yard pass to continue the drive. With less than 30 seconds left, Eppler received a snap and had the ball knocked out of his hand, but picked it back up and found Ash in the end zone for the touchdown. Eppler found Ash again for the two-point conversion, knotting the game at 38-38 and sending the game into overtime.

UIW received the ball first and had the ball knocked out of his hand, but picked it back up and found Ash in the end zone for the touchdown. Eppler found Ash again for the two-point conversion, knotting the game at 38-38 and sending the game into overtime.

UIW received the ball first in overtime after the Demons won the coin toss and chose to defend. Copeland found Hardy for a 21-yard gain before Mohr hit a 26-yard field goal to put UIW up, 41-38, before the Demons plunged ahead 44-41.

After the game, Morris said he was disappointed.

“We won in almost every statistical category besides one, and that’s the one that counts: the final score. In the second half, I thought we really responded well. And then we muffed a punt and it kind of changed the momentum back their way.”

“We came out and played a good 0-7 team, and we didn’t come out like we should in the first half. We rebounded good and then had some things not go our way in the second half. But it’s all about us being able to respond and go back to being us, doing the little things right, then coming back to compete. It’s going to go one of two ways. You’re either all in with this team or don’t even show up tomorrow.”

The Cardinals stay home to face Nicholls State Saturday.

“We have a really good Nicholls team coming in,” Morris said. “If we regroup, we’ll be pretty good and be able to come back and challenge Nicholls. If not, then we let this (loss) linger and it could be a bad situation for us going forward.”
Women's head basketball coach Jeff Dow said he is "encouraged," and "cautiously optimistic" about the University of the Incarnate Word's team for the upcoming 2019-20 season.

And he sees enthusiasm as a key component of their success. Coming off a disappointing 2018-19 season, Dow is looking to bring a winning culture to the UIW women's basketball program. To start a winning team, first with Dow's core values.

"Accountability," which extends on and off the court and in the classroom. Each player has to own their own success individually and collectively as a group.

"Competitiveness," whether it is in drills, scrimmages, or the weight room. "We have to compete. We're always trying to push one another to be the best we can be," Dow said.

During games if things are not going well, then the team must maintain that enthusiasm.

"Selflessness," you should be protecting the team by being unselfish with the ball you make.

Dow hopes one of his team's strengths will stem from bringing back most of last year's team, including seven seniors. They have game-time experience. However, Dow is aware they are learning an entirely new system. Defensively, there are a few principles they are familiar with.

"Primarily, the Lady Cardinals will match up woman-to-woman. A major principle of a Dow-led defense is pressuring the ball and helping everywhere. This defense should be able to shut down drives, hold opponents to one shot and then finish the possession with the rebound.

"Dow has it in the team's defensive schemes to play zone also. First, establish woman-to-woman, half-court defense, and then everything stems from that. "The personnel dictate to a large extent offensively and defensively what we do," Dow said.

"The Lady Cardinals need to make their big assist improvement in the area of defense. Based off last year's numbers, Dow said the team was giving up 75 points a game. Ideally, the team needs to keep their opponents closer to 60 to be competitive, he pointed out.

"Follow the defensive concept, recruiting objectives, they have in me to be a leader on and off the court."

Jeff Dow

As for the faithful UIW fans, Cunningham said, "We hope they come out and show their support. (The) guys have been working extremely hard. The fans should be excited to know they have one of the best academic basketball teams in the nation, and the team we feel will make a big step in its competitive play on the court. There're so many positives for our folks. So, let's get excited and come out to make some noise. The energy is strong, and the team is ready to take a big step forward on the court."

Angelo Mitchell / LOGOS WRITER

The University of the Incarnate Word men's head basketball coach is excited to discuss his team's academic achievements as well as their athletic prowess.

"(Their) performance is an early indicator of cultural buy-in," said Dr. Carson Cunningham, who is beginning his second year coaching the roundballers.

Ten players were on the 2019 squad and returning for Cunningham's Honor Roll, he pointed out. That was a conference best for the past four years, the CSV basketball teams.

"Academically we may have the best GPA in the nation over a 1000 (being the max points awarded) Academic Progress Rate (APR) with the NCAA."

In 2012-13 the APR was implemented as part of an ambitious academic reform effort in Division I. This measure holds institutions accountable for the academic progress of their student-athletes through a team-based metric that accounts for the retention of each student-athlete for each academic term. In a sense, the University of the Incarnate Word more than the GPA when it comes to the academic achievements of an athletic team.

"Their knowledge level, standards of excellence academically, Cunningham applies his principles on and off the court. First, is Goodness -- related to love. Second is The Golden Rule -- treating others like you would like to be treated. Third is Growth -- getting better, doing well in the classroom, (and) now time to do it on the court. Fourth is-- the need to be tough, not giving up offensive rebounds and guarding near the rim more effectively. Fifth is

Grateful.

"We have an incredible opportunity to play basketball at a great place, with a great mission and history that the Sisters have built and we're going to keep working," Cunningham said.

"The team's off-season was fruitful, their summer GPA was over 3.5 and Cunningham is eager to prove it on the court also.

"Following the fruitful concept, recruiting objectives, they have in me to be a leader on and off the court.

Assistant Coach Taylor Land said, "We're all happy for Des," Cunningham was recently voted team captain by the players.

"We're instilling and expecting their biggest improvement in the area of defense. Based off last year's numbers, Dow said the team was giving up 75 points a game. Ideally, the team needs to keep their opponents closer to 60 to be competitive, he pointed out.

"Following the defensive concept, recruiting objectives, they have in me to be a leader on and off the court."

Jeff Dow

Coach optimistic about women's basketball team

"We're scouring the earth," Cunningham said. "We're looking for the right fits. Right fit for the program: academically, athletically, and character-wise."

The coaches accomplished their recruiting objectives, they said, by getting a player for each position and increasing the size of the players.

The team will be relying on young players stepping up with only four upperclassmen.

Newcomers include freshmen Marcus Larson, a 6-11, 207-pound center from Oslo, Norway; Vincent Miskiewicz, a 6-3, 195-pound power forward from South Elgin, Ill.; and Derek Van Vlerah, a 6-6, 175-pound wingman from Dublin, Ohio. Another newcomer is junior college transfer Ryan Flores, a 6-3, 187-pound junior guard from San Antonio.

Cunningham said the team is "excited about the return of Morgan ‘Mo Buckets’ Taylor, a 6-3, 174-pound sophomore point guard from Chicago, Taylor's season was cut short last year due to a severe wrist injury."

"Morgan is playing a big role in workouts and our plans."

Cunningham said.

Assistant Coach Taylor Land said said she would like to be treated. Third is

Dr. Carson Cunningham

As for the faithful UIW fans, Cunningham said, "We hope they come out and show their support. (The) guys have been working extremely hard. The fans should be excited to know they have one of the best academic basketball teams in the nation, and the team we feel will make a big step in its competitive play on the court. There're so many positives for our folks. So, let's get excited and come out to make some noise. The energy is strong, and the team is ready to take a big step forward on the court."
"Joker", the highly anticipated film about a marginalized clown had generated a lot of controversy prior to its release; but the real fault of the film lies somewhere else.

Whether this controversy began due to the film’s violent nature in a world of typically child-friendly entertainment, or simply due to the fact that it portrays a sociopath, is up for debate. Despite the film being about a sociopath, the film is by no means for kids, or anything else Phillips had his hands on.

While it may be unfair to compare “Joker” to “Taxi Driver”, it is something that was intentionally done by the writer and director himself, so it is only fair to make the same comparison as a viewer.

One of the primary reasons that “Joker” is so haunting has to do with the subtleties inherent to its protagonist not fitting into society out of his own volition. While Fleck in “Joker” does not fit in with society based on the actions of those around him. The lack of personal acquaintance held by Fleck in “Joker” makes him a far less interesting character to watch due to nature of his actions. The postcard, the box of matches, the shared humanity between them and the audience are all profound elements in the film. It is as though Todd Phillips himself was giving the monologue, and at society for not finding his meadow in the city. It is not as though Todd Phillips himself was giving the monologue, and at society for not finding his meadow in the city. It is not as

In directing his first serious film, Phillips looked to Martin Scorsese for inspiration, drawing heavily on "Taxi Driver", perhaps the King of Crime, Joaquin Phoenix was incredible, especially the film did almost everything else well. The acting by Joaquin Phoenix was incredible, especially considering how amoral the script was. Robert De Niro expertly portrayed a talk show host that the protagonist is obsessed with in a strange way, but the film still felt it was trying to get a point across that was once met with laughs of disbelief and admissible groans in the theater. This is all the more remarkable when considering the fact that both of those movies are highly praised for things Phillips had his hands on.

The film starts by beating the audience over the head with the fact that society is beating down the protagonist. Fleck in “Joker” does not fit in with society based on the actions of those around him. The lack of personal acquaintance held by Fleck in “Joker” makes him a far less interesting character to watch due to nature of his actions. The postcard, the box of matches, the shared humanity between them and the audience are all profound elements in the film. It is as though Todd Phillips himself was giving the monologue, and at society for not finding his meadow in the city. It is not as though Todd Phillips himself was giving the monologue, and at society for not finding his meadow in the city. It is not as

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ENTERTAINMENT

WORD SEARCH

WORD BANK

APPLE CIDER
CIDER
CORN MAZE
CRANBERRY
FALL BREAK
HARVEST
LEAVES
PILGRIM
PUMPKIN PIE
TURKEY
STUFFING
SWEATER

ANSWERS:

Miranda Hanzal /
MANAGING EDITOR

RIDDLES

Why did they let the Turkey join the thanksgiving band?

Why did the turkey cross the road?

What kind of key do you use on Thanksgiving?

What sound does a limping turkey make?

Why couldn’t the turkey finish his dessert?

Why can’t you take a turkey to church?

Courtesy of https://www.riddles.com

JUMBLE

lafogn elaevs
ngtakihnsvi
arvhste imte
upnkpm epi

ANSWERS:

Maitland Naconal /
MANAGING EDITOR

Riddles

Because he had the drumsticks.
To prove he wasn’t chicken.

A Turkey.

Wobble wobble
Because he was stuffed.

Because they use such FOWL language.

Paris Negrete /
GRAPHICS

Harvest Time
UIW Study Abroad understands how daunting travel expenses can be, so we’ve compiled a list of study abroad scholarships below. If you meet the eligibility requirements we highly encourage you to apply and reach out to the Study Abroad Coordinator, Brooke Paynter, to go over your application.

<table>
<thead>
<tr>
<th>SCHOLARSHIP</th>
<th>AWARD AMOUNT</th>
<th>DEADLINES</th>
<th>REQUIREMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>UIW Independent Study Abroad Scholarship</td>
<td>Up to $500</td>
<td>FALL 2020 - June 1, 2020</td>
<td>GPA</td>
</tr>
<tr>
<td>The UIW Faculty Led</td>
<td>Up to $500</td>
<td>Three weeks prior to departure</td>
<td>GPA</td>
</tr>
<tr>
<td>The UIW Service Mission Scholarship</td>
<td>Up to $500</td>
<td>Open, until funds are exhausted</td>
<td>GPA</td>
</tr>
<tr>
<td>UIW Heidelberg Scholarships</td>
<td>Up to $5,000</td>
<td>FALL 2020 - June 1, 2020</td>
<td>GPA</td>
</tr>
<tr>
<td>UIW Strasbourg Scholarships</td>
<td>Up to $5,000</td>
<td>FALL 2020 - June 1, 2020</td>
<td>GPA</td>
</tr>
<tr>
<td>Gilman International Scholarship</td>
<td>$5,000-$8,000</td>
<td>FALL 2020 - March 3, 2020</td>
<td>GPA</td>
</tr>
<tr>
<td>Gilman-McCain Scholarship</td>
<td>Up to $9,000</td>
<td>SPRING 2020 - Dec. 1, 2019</td>
<td>GPA</td>
</tr>
<tr>
<td>Tortuga Study Abroad Scholarship</td>
<td>$1,000 + one travel backpack</td>
<td>ALL YEAR - June 1, 2020</td>
<td>GPA</td>
</tr>
<tr>
<td>Fund for Education Abroad Scholarship</td>
<td>$1,250-$10,000</td>
<td>SUMMER 2020 - Nov. 11, 2019</td>
<td>GPA</td>
</tr>
<tr>
<td>Freeman Asia Scholarship</td>
<td>$3,000-$7,000</td>
<td>ACADEMIC YEAR 2020-21 TBD</td>
<td>GPA</td>
</tr>
</tbody>
</table>

- Must be a U.S. citizen or permanent resident
- Must show financial need based on FAFSA
- GPA
- Must have above a certain GPA, or be in Good Academic Standing
- Must be accepted or in the process of applying to a study abroad program
- Requires Essay
- Child of Active Duty Parents

Brooke Paynter
Study Abroad Coordinator
Phone: 210-869-3709
E-mail: studyabroad@uiwtx.edu
Grossman International Conference Center Office F111
647 E. Hildebrand San Antonio, Texas 78212