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STUDENT-RUN NEWSPAPER FOR UNIVERSITY OF THE INCARNATE WORD

EST. 1935

UIW pays tribute to grad -- fallen SAFD firefighter

Special to the Logos

The University of the Incarnate Word remembered one of its graduates who was killed Oct. 15 on downtown duty with the San Antonio Fire Department.

Just before the Oct. 19 home football game with Lamar University, the crowd at Gayle and Tom Benson Stadium was asked to join in a moment of silence in memory of Gregory "Greg" Garza, who graduated in 1996 with a bachelor's degree in psychology from UIW.

Garza, an Alamo City native and ex-Marine, died after he tripped or stumbled from a fire truck onto the street outside a downtown hotel and was hit by a passing van. Garza's station was on the scene of an electrical fire at the hotel when the incident occurred.

In an announcement, UIW said it was "deeply saddened by the sudden passing" of Garza, who had served 17 years as a firefighter. The school said when Garza was a student "he dedicated his time serving the UIW community, always assisting anyone in need."

The announcement went on to say: "We would like to

extend our sincerest condolences to Greg's family, friends and the San Antonio Fire Department as they grieve during this difficult time. We pray that God grant them peace and comfort. We are grateful for the opportunity to know Greg and to call him a member of the UIW family."

And on Oct. 24 - the day of his funeral - the university invited the community to line the UIW Sky Bridge at 9:15 a.m. when a procession with emergency responders passed by and at 10:45 for Garza's family as they passed by.

Garza's death while on duty was the fire department's third in the last two decades and the fifth in the department's history, according to the San Antonio Express-News.



Greg Garza

Fight Song gets lyrics

Alyssa Pena/ Logos Staff Writer

The University of the Incarnate Word unveiled the official lyrics to the University's fight song Saturday, Oct. 19, at the Community Appreciation football game between the Cardinals and Lamar University.

In all the years the university has had the football team, band, and fight song, there has never been words to accompany the tune. Created in 2015 by local composer Tommy Fry, the unique song was meant to replace the Notre Dame fight song the university had adopted. Since then, the song went on without any words, except for the portion where the crowd cheers "U-I-W."

Graphic design senior Nico Ramon - a member of the UIW Cheer Team - decided the song needed lyrics.

"My biggest inspiration

for writing the lyrics to our fight song is having school spirit and wanting to share that [spirit] with future Cardinals, current students and alumni," Ramon said.

Writing a song for an entire university would seem like a huge feat, but Ramon was not alone in the project.

"I didn't find there to be any challenges when writing the lyrics themselves," Ramon said, "but I do feel it's only appropriate to give a shout-out to UIW's band director, Dr. Brett Richardson, for his great work and assistance."

Ramon and Richardson worked all summer to create the lyrics and soon they came to life as a means to showcase the university's school spirit.

"To know that this song will be sung for decades to come is an unbelievable blessing for everyone involved," Richardson said.

Jump 'Fight Song' page 2



Lights hang around the UIW campus in preparation for the annual 'Light the Way' holiday program.

Jake Fortune/PHOTO

Sisters to turn on 'Light The Way'

Special to the Logos

Members of the Sisters of Charity of the Incarnate Word, founders of the university, will pull the switch on Saturday, Nov. 23, for this year's "Light the Way," a planner said.

Eric Martinez, special events manager for the sponsoring UIW Office of Communications and Brand Marketing, announced the congregation - which is marking its 150th year - gets the lighting honors.

The traditional holiday-lighting event - considered the University of the Incarnate Word's gift to the community -- bathes the campus with a million Christ-

mas lights.

In September, many volunteers - quite a few of them UIW students gaining community service hours required for graduation -- spent hours checking and replacing strings of Christmas lights that workers in the past two months have been installing on buildings and trees.

UIW has been hosting "Light the Way" annually the Saturday before Thanksgiving for more than 30 years. Originally begun under the administration of a past president, Dr. Louis J. Agnese Jr., the event has grown considerably in scope.

Now a nearly daylong festival, the event features entertainment for all ages, including student performers from members of the UIW Brainpower Connection, Incarnate Word High School and St. Anthony Catholic High School. Guests can also enjoy a Food Truck Yard, the Kids' Corner where participants can take selfies with Santa, have free cookies and cocoa and take part in other activities such as a Holiday Shoppe.

More than 10,000 attended last year's event, officials said.

President: University deserves high marks

Special to the Logos

The University of the Incarnate Word got a glowing report card during the "State of the University" presentation the president made Tuesday, Oct. 29.

Dr. Thomas M. Evans cited a number of achievements the university has made and challenges it faces during an hourlong PowerPoint presentation he gave in the Concert Hall of Luella Bennack Music Center.

Among the achievements were the rising enrollment of freshmen with a goal announced to bring in 1,050 next year.

He also said UIW was ranked 27th among national universities for equipping "economically

disadvantaged" students to gain "social mobility."

Evans reported UIW closed the deal in September that now makes UIW the owner of 4119 Broadway - the old AT&T Center. He said the building likely will be renamed but didn't give details on the process.

However, when AT&T vacates the building it now leases, 4119 Broadway will provide "swing space" to move things around as the university plans a major renovation of the Columille Administration Building.

"We have a lot to celebrate," Evans said.



Dr. Thomas Evans cites a Logos headline about the freshman surge.

Jake Fortune/PHOTO



WORD UP

Compiled by Jake Fortune / ASSISTANT EDITOR

Democracy Activist Barred from Election in China

Chinese activist for Democracy Joshua Wong Chi-Fung has been barred from running for district council in Hong Kong. This hold is largely because of Wong’s stance against Chinese determinism. So far, Wong is the only candidate banned from the polls being held on Nov. 24. The Chinese government denies using any form of censorship within political elections.

Capital of Norway is banning Israeli Settlement Services

Oslo, the capital city of Norway, has taken steps to ban Israeli goods and services in a historical step for the country. This ban is largely because of an illegal Israeli settlement in occupied Palestinian territories throughout Norway. This newly adopted platform stretches from 2019-2023 and was approved by the recently elected City Council, which is led by the Socialist Left, Labour and Green parties.

Librarian suggests how to deal with ‘fake news’

Jasmine Trevino/ STAFF WRITER

Whether you are getting your news from social media, the Internet, or television, the best way to combat “fake news” is to know your sources, a librarian advises.

Leslie N. Todd, information literacy coordinator at the University of the Incarnate Word’s J.E. and L.E. Mabee Library, shared this with students during her “Fake News: An Information Session” presentation Tuesday, Oct. 29, in the library’s Special Collections Room.

The intention of fake news is to deliberately misinform or deceive readers, Todd said, pointing out that in the age of social media, the younger generation (ages 19-29) are said to get their news primarily from social media, face-to-face contact and on-line newspaper sources. Older Americans (ages 50-65) are still said to get their news from television, she noted.

Facebook is still the biggest source of misinformation and fake news. With the 2020 presidential election around the corner, one can expect a spike in articles that carry the intention to push political agenda or mislead.

“I find fake-news research interesting,” said Todd, who has been working on a research guide to combat fake news and information. She said she did not include anything in her PowerPoint presentation was super-offensive.

“I do not want to pollute my mind with some of the hateful, racist and Islamophobic memes and stories that are out there,” Todd said. “What

saddens me is that so many people do buy into that hatred.”

During her lecture, she shared a link to www.MediaBiasChart.com -- this website allows the user to know whether the origination of an entry leans primarily left, right or neutral.

One can also fact-check their readings by going to www.Politifact.com. Politifact’s website states its core principles are independence, transparency, fairness, thorough reporting and clear writing. The reason we publish is to give citizens the information they need to govern themselves in a democracy.

Hyperlinks on the Internet can also supply readers with guidance as to where certain sources have come from. Hyperlinks are often blue words or phrases that take the reader to a different page referring to what was highlighted.

After the lecture, student Alyssa Li Jiawen shared what she took away.

“I learned important methods on how to combat fake news,” she said.



Leslie Todd

Fight Song Gets Lyrics

Cont. 'Fight Song' from page 1

At halftime of the UIW-Lamar game, the crowd read the lyrics off the scoreboard while the Marching Cardinals preformed the melody. The crowd - full of both alumni and current students - radiated with spirit and enthusiasm.

“I want the fight song lyrics to not only bring out school spirit amongst Cardinal fans but also to have the alumni come back and learn this new tradition,” Ramon said.

Ramon not only wanted the lyrics to create spirit among Cardinal fans, but to also be a reminder of what lies ahead for those who have graduated and will graduate.

He hopes the Cardinal community will “feel that [spirit] with these lyrics, (and) take flight and do great things out in the world -- pun intended.”

Asked if he believed this would cement his legacy here at the university, Ramon said: “It wasn’t even a thought but just the question alone is an honor and very humbling.”

Fight Song
Cheer for Incarnate Word
We are a fearless bird
Stand on your feet and yell -- U-I-W.
Cardinals are always true
Red and black through and through
Hail to the mighty Cardinals
We will soar to vic-to-ry”



Nico Ramon

Students learn proper etiquette at dinner

Dunya Ismail/ STAFF WRITER

University of the Incarnate Word students learned formal table manners while enjoying a free, three-course meal at the annual Etiquette Dinner on Thursday, Oct. 3, in the SEC Ballroom.

Sponsored by the Office of Career Services, the dinner featured Diane Gottsman of the Protocol School of Texas guiding the students through the meal on proper manners, place setting, and general table etiquette.

“I really enjoyed how we can use the moment to fully ask any questions we have about eating properly at a formal dinner,” freshman Rosemary Morales said.

“It truly blows my mind about how many utensils we have to use (for a formal) dinner),” graduate student Alejandra Escobar said. “It almost makes me nervous, thinking about the next time I get invited to an important dinner. Although I feel more confident in my knowledge about proper etiquette manners at the table, but also in other formal settings.”

Gottsman advised the students about meal choices and even warned the woman never to hang their purses on the back of their chairs, but rather placing it between their feet under the table so it wouldn’t cause possible tripping or accidents.

Table manners are about more than using the correct cutlery and napkin protocol. There are more slight behaviors, many of which go back centuries and stem from aristocratic ceremonies in different cultures. It is not mannerly to place your elbow

on the table while eating. Just your wrists. And the appropriate way of sitting is not to lean back, but to sit up straight on a high-backed chair.

When deciding what to order, once you have selected, close your menu. It's a signal to the wait staff you're ready to order. Wait until everyone is served before beginning to eat. Turn your cell phone off. Keep the table free of the extras such as keys, portfolios and notebooks. If attending a banquet, you may keep the dinner program handy on the table.

Forks and knives are arranged by use from the outermost being the first used. While eating, place a knife, like a hat, across the top of the plate horizontally. If there are two knives as part of the setting, the fish (or salad knife) will be the right-most knife. The inner fork and knife are provided for the entree. The water goblet and/or drinking glass to the right are yours. The bread plate to the left is yours. Use the butter knife to put a butter pat on your bread plate and then use your own knife to butter the bread. Pass bread to the right. When women want to be excused for the restroom, also, all men must stand up.

Junior Ellen Yim said she’ll take the lessons she learned to heart.

The etiquette dinner, she said, was a “really, eye-opening experience” that she will share with family and friends.

“(The dinner) is a once-in-a-lifetime experience, where you can truly understand what formal dining is and how to do it,” Yim said.

ROTC seeks access to track for training

Christina Emmett/ Logos Staff Writer

The Army Reserve Officer Training Corps and University of the Incarnate Word Athletic Department plan to discuss how the ROTC program can use the track for training, sources said.

For several years, there has been some issues with allowing ROTC to schedule physical training on campus that would keep UIW students from having to train across town at St. Mary’s University.

“Everything is a struggle in this school, even getting the track field use,” said ROTC instructor James A. Roybal, who’s based in an office in the Ila Faye Miller School of Nursing and Health Professions.

“Even if we are out there at 5 in the morning and no one else is there we still have to get permission,” Roybal said. “We’ve had trouble with the (Athletic) department for a long time.”

The interim head of the Athletics Department, Richard P. Duran, said he has not had ROTC on the schedule to use the track for some time now.

Because cadets at UIW are unable to have field work here, they are stretched to get time for physical education by driving to St. Mary’s.

The ROTC program here would like to set up a curriculum like St. Mary’s, starting with physical education. This means getting track time at UIW.

Roybal said an athletic assistant at UIW has not scheduled ROTC for some time. However, Duran said everyone is able to use the field, but they have to get scheduled.

The initial schedule happens at the beginning of the school year. Sports teams get first pick. Then others. However, during the year the schedule is adjusted from time to time due to other requests from within and outside the campus.

Duran said there is an effort to see if ROTC can share some lanes with the track team. For safety reasons it can only be done when the football team is not on the field.

“This is for all students at UIW and we just need to make sure we have practice times,” Duran said.

Mala Luna: Cooling off but still a blast



Alyssa Pena/
STAFF WRITER

Mala Luna, San Antonio’s EDM and Hip Hop music festival, was held for its fourth year in a row Oct. 26-27 at Nelson Wolff Stadium.

Past headliners included A-list artists such as Cardi B, Tyler the Creator, and even Travis Scott. Because of this history of excellence, some would believe the festival could only go up from there. However, this year was somewhat of a step down with top artists including Miguel, Russ, Jessie Reyez and Diplo.

Of course these artists are incredible. I myself am a big fan of Jessie Reyez’s work, but the majority of the time I was there I felt like I spent more time trying to understand what artists such as Hoodlum and DMB Pezzy were even saying. Call me old-fashion but I prefer to be able

to hear the words coming out of their mouths.

I did like Lil Keed and DaBaby’s performances. Both male rappers had heavy basses and good beats. They both really knew how to interact with the crowd and create the best vibe during their sets. Lil Keed even got into the crowd during his performance. I’m surprised he even had room to fit because the crowd was literally person-on-top-of-person type of close. Lil Keed’s “HBS” (Hood Baby Sh*t) got the whole crowd jumping and “Ride the Wave” got people actually crowd-surfing.

I think my favorite artists on Sunday’s portion of the festival had to be Alaina Castillo, Megan Thee Stallion and Ari Lennox, all three being strong female powerhouses. The festival had no shortage of strong female artists

Castillo – a current YouTube star and an ASMR enthusiast – combines pop and R&B into this Spanish/English fusion. Her music tends to be relatable to female issues and deeply

connects with her audience.

Lennox has also been a frequency in my playlist. When I saw her on the artists list, I knew I’d have to see her. Her midtempo R&B/soul finds a way to sound vintage in modern time. Her song, “Shea Butter Baby,” made an appearance on the soundtrack to “Creed II” and her song, “New Apartment,” celebrated the independence of being on your own. All of her songs are just pure soul, and in my opinion, it’s hard to find new music like that. At Mala Luna, it was obvious that everyone loved her set. Her lyrics speak truth and you can’t help but be into the beat.

The best headliner of Sunday had to be Megan Thee Stallion. The Houston-born artist has been rising to the top with songs such as “Big Ole Freak” from her album “Tina Snow” and her recent summer hit, “Hot Girl Summer.” I had met people in the crowd that were only listening to the artists before her in order to have a good spot to view the 45-minute set. Even though she

started 15 minutes late, the crowd still riled when she stepped out on stage.

During her show, she even brought up three groups of audience members to show off their twerking skills for her and the rest of the crowd. She used her own songs such as “Simon Says” and “Big Booty” by Gucci Mane that she’s featured on. The crowd was going wild with her own dance moves. “We go hard or go home in Texas,” she shouted.

Overall, all of the artists were well-received and the festival itself was a big success. Initially, there was a fear the festival would be cancelled, due to other San Antonio festivals being cancelled. However, Mala Luna went off without a hitch and though it was somewhat a step down from previous years, it was still well-done and created a lot of buzz.

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Guests go ‘Dining in the Dark’ to improve vision

Christina Emmett/ STAFF WRITER

Proceeds from this year’s “Dining in the Dark” will go to Optometry Giving Sight, a global fundraising initiative dedicated to providing eye care to those lacking access to eye care.

The event, which included a silent auction, took place Oct. 10 – World Sight Day -- in McCombs Center Rosenberg Sky Room at the University of the Incarnate Word. A chief planner included Carolyn Smith, president of Student Volunteer Optometric Services to Humanity.

As guests entered the ballroom, the first table they came to – manned by graduate student Tara Nguyen -- had a box of glass eyes. For a \$1 donation, they could touch the eyes. Optometry graduate student Cuong Pham was the first to give it a go. He said he thought it was very interesting -- and strange -- to be able to feel a prosthetic eye. Pham said he has

touched eyes before in a classroom environment. However, this was a first for him.

Ironically, a band called The Spectacles, played oldies but goodies as participants – many of them from Rosenberg School of Optometry – ate dinner while blindfolded to simulate having a meal without sight.

The guest speaker was Janet Summers of One Sight, an organization that has helped more than 21 million people in 49 countries since it started in 1988. Each year, a few graduate students get to take a trip some place in the world to donate their time to help those in need of eye vision tests and glasses. The group sets up and immediately starts taking patients. Those people are given their glasses on the same day.



Participants wore blindfolds as they ate dinner. Patrons also could examine prosthetic eyes.

Christina Emmett/PHOTO

Fall features flair for fashion



D'Angelina Clay/
STAFF WRITER

As we start to feel the chills from the wind and see the leaves changing, we lose our shorts and sandals, and switch into our boots and leggings.

The temperature is dropping. That means sweater weather is back. The most fashionable time of the year is here, and that means some remarkable trends are hitting the runway. From teeny-tiny bags to capes, there’s so much to look forward to this season.

Cecilia Tornel, a senior fashion design major, said fashion is the time of year where you can wear whatever you desire. Layering is such a big trend during fashion. For example, wearing shorts over leggings, and

long sleeves under a hoodie paired with a denim jacket.

Almost anything can go with everything. So express yourself! Even though there seems to be so many options to build up your outfit this fall, is there something to spice it up a bit? Tornel thinks skirts and dresses are underappreciated, and that they can for sure make this fall spicy. Some of her favorites happen to be coats, and the Dolce & Gabbana brand. Her must-have clothing piece: jeans. They’re simple and neat, and it’s an item everybody has.

We previously had what was called “A hot girl summer,” but now it’s sweater season. I asked Tornel: “Between summer and fall, which season does fashion shine the most in?” She said fashion is more active in the summer, but in the fall, fashion has so many opportunities. She believes summer is made into this big deal, and that fall never lives long enough to take on its full potential.

Senior fashion design major Bryan Ramirez said he loves the different colors that connect with the fall season and the concept of layering. He also thinks a lot of people love to dress up. When talking about the color palate of fall, Ramirez emphasized he loves the weary, dark-tone aesthetic that comes with it. This color scheme is something that definitely shines throughout this season, so don’t be afraid of it and enhance your wardrobe.

Some of his fashion favs are oversized sweaters and coats, and the Dior brand. Oversizing has become very trendy over these past few years. Having a few oversized tees or sweaters in your collection will really add a simple, yet trendy style to your look. Another simple and fashionable piece to add is long sleeves.

Ramirez said having something basic, but all-around wearable, are long sleeves. He feels like they can

go with anything. It’s an easy throw-on. If long sleeves seem too simple, Ramirez suggests turtle necks are an unappreciated clothing item that can boost up your look.

Unlike Tornel, he doesn’t think fashion thrives in the fall. To him, fashion is more prominent in the summer because there’s more color, and more clothing options such as swimwear, shorts, and tank tops. While in the fall, he thinks fashion is recycled.

When it comes to fashions, it might be nice to remember these words from Grammy-winning singer Alicia Keys: “The most important thing to remember is that you can wear all the greatest clothes and all the greatest shoes, but you’ve got to have a good spirit on the inside. That’s what’s really going to make you look like you’re ready to rock the world.”

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Panel ponders Texas Constitution Amendments on Nov. 5 ballot

Thomas Hill/ Special to the Logos

An appeals court judge, state representative and policy expert discussed 10 Texas Constitutional Amendments that will be on the Nov. 5 ballot in a forum at the University of the Incarnate Word.

The Oct. 5 gathering - cosponsored by the Ettling Center for Civic Leadership and Sustainability and the UIW Pre-Law Society -- gave the general population of San Antonio the opportunity to ask questions and speak their voice about the many different pros-and-cons of the propositions.

Thomas Hill, a work-study assistant at Ettling, and Pre-Law Society President Casey Ogechi Iwuagwu, represented the co-sponsors, while Celina Montoya served as the moderator for the event at Dr. Burton E. Grossman International Conference Center Auditorium.

The panel featured the Honorable Rebeca Martinez, Place 7 judge of the Texas Fourth District Court of Appeals; State Rep. Barbara Gervins-Hawkins of the 120th District; and Marisa Bono, chief of policy for San Antonio Mayor Ron Nirenberg.

Here are the 10 proposed propositions being introduced to the Texas Constitution as they will appear on the ballot:

- 1. Amendment as it will appear on the ballot: "The constitutional amendment permitting a person to hold more than one office as a municipal judge at the same time."
- 2. Amendment as it will appear on the ballot: "The constitutional amendment providing for the issuance of additional general obligation bonds by the Texas Water Development Board in an amount not to exceed \$200 million to provide financial assistance for the development of certain projects in economically distressed areas."
- 3. Amendment as it will appear on the ballot: "The constitutional amendment authorizing the legislature to provide for a temporary exemption from ad valorem taxation of a portion of the appraised value of certain property damaged by a disaster."
- 4. Amendment as it will appear on the ballot: "The constitutional amendment prohibiting the imposition of an individual income tax, including a tax on an individual's share of partnership and unincorporated association income."
- 5. Amendment as it will appear on the ballot: "The constitutional amendment dedicating the revenue received from the existing state sales



Barbara Gervins-Hawkins



Judge Rebeca Martinez



Marisa Bono

- and use taxes that are imposed on sporting goods to the Texas Parks and Wildlife Department and the Texas Historical Commission to protect Texas' natural areas, water quality, and history by acquiring, managing, and improving state and local parks and historic sites while not increasing the rate of the state sales and use taxes."
- 6. Amendment as it will appear on the ballot: "The constitutional amendment authorizing the legislature to increase by \$3 billion the maximum bond amount authorized for the Cancer Prevention and Research Institute of Texas."
 - 7. Amendment as it will appear on the ballot: "The constitutional amendment allowing increased distributions to the available school fund."
 - 8. Amendment as it will appear

- on the ballot: "The constitutional amendment providing for the creation of the flood infrastructure fund to assist in the financing of drainage, flood mitigation, and flood control projects."
- 9. Amendment as it will appear on the ballot: "The constitutional amendment authorizing the legislature to exempt from ad valorem taxation precious metal held in a precious metal depository located in this state."
 - 10. Amendment as it will appear on the ballot: "The constitutional amendment to allow the transfer of a law enforcement animal to a qualified caretaker in certain circumstances."
- E-mail Hill, a work-study assistant in UIW's Ettling Center for Civic Leadership and Sustainability, at twhill@student.uiwtx.edu

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Group holds Women of Faith Luncheon

Renee Muniz/ STAFF WRITER

Sisters of Charity of the Incarnate Word, University of the Incarnate Word students, faculty and staff gathered for the first Women of Faith Luncheon on Friday, Oct. 25.

Rozlyn Bermea, peer ministry intern and regent of the Catholic Daughters of the Americas Campus Court 2583, felt the urge to unite retired sisters and undergraduate students of Incarnate Word. After nearly a year of planning, Bermea gathered the nearly 100 “Women of Faith.”

“I am very passionate about recreating a connection between the sisters and the university,” Bermea said. “Over the years, a lot of the sisters, we’ve lost connection with them, and it kind of breaks my heart because they live right next door.”

Her personal connection with the CCVI community began her freshman year while volunteering at the Village at Incarnate Word, the retirement home for sisters and community members. Bermea now expresses her time there as pleasure rather than volunteering.

“I go to see Sister Smiley, who’s like my best friend.”

Although Sister Smiley – whose name is recognizable at the Village of Avoca, Smiley Avoca C – was unable to attend, about 20 other CCVI sisters were present.

Sister Eilish Ryan, a religious studies professor, found this event to be more fruitful than past events that sought to unite sisters and students.

“I think we’ve had ‘Tea with the Sisters’ for a number of years, but it’s always ended up being a little group in Dubuis Hall, whereas this brought in so many people, so many groups,” she said. “Most of the sisters who were here are retired, and they don’t get to mix with the students. They can’t walk down from the retirement center on a regular basis. So, to come here and see Rozlyn and the others just being so dedicated to the mission and the history of the sisters and the young women and the staff, every time we interact, we come away with a new understanding of the other. And I just think that’s so important because it carries into everything we do.”

Sister Helena Monahan, chancellor emerita for UIW, was the guest speaker for the event, but was unable to attend due to intense storms the night before, cancelling her flight from St. Louis to San Antonio.

However, Sister Kathleen Coughlin, a senior adviser to UIW’s president, Dr. Thomas M. Evans, took the initiative in calling Monahan and having her speak through speakerphone into the microphone.

Monahan discussed what faith is and what it looks like as women of faith, specifically at UIW.

“A woman of faith, I believe, is a woman who talks straight with God because she realizes the God-given dignity of who she is, who God expects her to be, and what God expects her to do,” Monahan said. “She is authentic and she speaks out of authenticity. Women of the Word, God has done great things for all of us. We must acknowledge that. God has given us so much and we are to live out of it. We are to be Women of Faith.”

Sister Grace O’Meara, a member of the order for more than 60 years, said she enjoyed all Monahan had to say over speakerphone and hoped those gathered would benefit from her words.

She said, “My friend over there wrote it down and she has five pages to type up for the sisters that were not present. Isn’t that nice?”

The theme of the luncheon was “We are the legacy,” inspired by the Heritage Center next to the university.

“When you walk through the Heritage Center you get to learn about all the ministries of the sisters,” Bermea said of the theme. “At the end of the exhibit – my favorite part – it asks,

‘How will you be the light?’ And that made me think of how through their ministries, the sisters help us become a light for others. By carrying and sharing that light, we are continuing the heritage, we are the legacy.”

Bermea said she appreciated the different groups of people that joined the luncheon, especially athletes.

“I was really grateful to the track coach for encouraging her athletes to join us, because before then we didn’t really have a large number of students who were planning on attending. So, with the track team we had a lot more students and that was awesome.”

Sponsorship was also key for this event to occur. President Evans and his wife, Lisa, sponsored a table as well as Dr. Caroline Goulet, dean of the School of Physical Therapy.

Now, Bermea is looking forward to future luncheons, especially as she gets closer to graduation.

“I really hope to get more people to attend and then I hope to really encourage women to take part in this, between now and next year,” Bermea said. “But, I also have to start looking for someone to run this once I leave, once I graduate, in December 2020. There’s a Woman of Faith out there who’s meant to take this over.”

Sisters sip tea monthly with associates

Gabby Yanez/ Special to the Logos

The story of the Sisters of the Incarnate Word is an important one.

Their journey to San Antonio in 1869 marked the beginning of a 150-year legacy that includes founding the University of the Incarnate Word. Since then, their mission has grown and led to several sisters joining the order.

Many retired sisters reside at the Village of the Incarnate Word, adjacent to the university. One Sunday out of the month, a few sisters will gather together for tea in celebration of their respective feast days. At these tea sessions, the sisters are able to discuss topics that affect their everyday lives and the mission of the Incarnate Word.

Their last meeting took place on Sunday, Oct. 13. Six sisters and two members of the Incarnate Word Associates – the tea’s sponsors – sat down at the Village. Many of the sisters and Associates have a long history with UIW. Most of the attendees had either taught or gotten their degree from Incarnate Word.

“I was a professor at the university and retired from the theatre department in 2017,” said Sister Germaine Corbin.

“I graduated from the university in 1971,” said Sister Mary T. Phelan.

“I first came here in 1975,” said Mendell Morgan, a member of Incarnate Word Associates. “I retired 11 years ago as the director of J.E and L.E Mabee Library.”

Associates member Tom Duckworth said, “I came to UIW in 1973 and retired six years ago.”

The sisters and associates are deeply devoted to God and show it through their discussions at these meetings. They describe themselves as a group of like-minded Christian people who spread the healing min-



Three retired members of the Sisters of Charity of the Incarnate Word discuss their devotion, lives and longtime ministries at a monthly tea.

istry of Jesus Christ.

“We’re all sparks of the divine having human experiences,” said Sister Alice Holden.

Though their devotion to God is clear, they don’t simply sit around all day. They’re deeply interested in keeping the mission of the original three sisters who came to San Antonio in 1869 alive through charity work and public service.

“I’m now volunteering at the children’s hospital three days out of the week,” Corbin said.

“I recently got a new ministry from our sisters which is in formation,” Phelan said. “I am journeying

with the two pre-novices and I’m the director of that program.”

Phelan even brought up a project to help those at the Texas-Mexico border.

“The Village of the Incarnate Word has started a project for all its residents to gather dignity bags,” she said.

Dignity bags are packages of toiletries and essentials such as soaps, shampoos, or tubes of toothpaste to be sent to immigrants in Brownsville. They even discussed a potential project to crochet blankets for those at the border for the upcoming winter.

However, they still wanted to

emphasize the common misconceptions of the sisters. Often, nuns are portrayed in the media as strict and perhaps slightly scary, they said. The group specifically brought up an old movie called “The Nun’s Story” starring Audrey Hepburn.

“It was set in Europe and it was about the progress of this young woman who joined the order and all of the things that she went through,” Morgan said. “It was a very ‘old world,’ a very different time and way of life. The sisters weren’t shown to have much personality.”

Gabby Yanez/PHOTO

Personal progress report can get off-track



Queen Ramirez/
EDITOR

How is it possible to move and be stagnant?

During my junior year in high school, my physics class plagued me. I don't remember the exact topic, but I remember feeling confused.

The lesson had something to do with movement; when riding in a car an object moves closer when driving towards it. For some reason I could not understand this.

How can the object - perhaps a stop sign - move towards me when I am the one moving towards it? If I am in a car, with my foot on the pedal, and I am driving towards the object, then how is the object moving? The stop sign is stagnant, but it is somehow moving.

Do you see my confusion in

this lesson? Maybe you are like the rest of my class who grasped this concept without trouble. But I did not.

To this day, this concept boggles my mind.

The teacher asked who had any questions. I had several. No matter how much time he spent explaining the concept to me I could not understand what he was talking about.

After about five minutes he asked a classmate to explain it to me. The classmate had no success either. So, I was invited to come by the classroom after school to see if I could get a better explanation from the teacher.

Six years have passed since then, and the confusion I felt during that lesson -- which I never learned -- still plagues me. I am capable of much, but that lesson is not one of them.

Well, that confusion I have for that lesson of how a stop sign can move towards me is the same confusion I have for

knowing where I am.

I cannot fathom any of my movement no matter how much I accomplish, how much I supposedly succeed or the distance I put between the past and now.

How did you do that? How did you get there?and more are questions asked to me for which I do not know the answer.

I am my own normal, and there is no such thing as great and extraordinary as far as I know.

Where am I? I think I am where I am supposed to be. I would like to think I am where my decisions have led me. But where I want to be and where I am are two different things.

My worry is I have become so focused on the end goal I am blind to the journey.

For much of my academic career I have had the attitude of keeping my head down and always hitting the ground running. Do not look

up unless necessary.

Sure, this attitude works for getting things done, but there have been times an entire year or more goes by and I am blind to any accomplishments. I do not know where I am.

That is when the panic kicks in.

"Oh, my goodness! Have I done anything? Have I accomplished anything? Have I gotten better at what I need? Am I doing well?! I don't know!"

I clearly remember where I was on July 17, 2018. At that point, my bachelor's degree was completed and I started graduate school.

I should be proud, I should feel accomplished, and I should feel good. Right? Wrong!

Full-blown panic set in. And the above-mentioned thought process panicked me, and I was on the verge of tears. Why?

Because I sincerely be-

lieved an entire year passed -- and I did nothing. My intense focus on reaching my goals blinded me to the progress I made.

I asked my younger brother how a whole year could have gone by without me doing anything.

"Queen, get for real. You have done so much, and I don't get how you don't see that."

He was right. The past year had been amazing. I spent the previous summer interning in D.C. I had my senior year, I graduated early (first in my family), started graduate school for two different programs, and some more.

But I failed to recognize any of it because I was too focused on keeping my head down (in the books) and getting things done.

I may not always know where I am going. But, for now, I know where I am.

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Money talks -- I want to walk



Miranda Hanzal/
MANAGING EDITOR

Let's talk about money. I'm serious. It's a conversation not many are comfortable having. Money has been a taboo subject for so long. But why? Why not talk about the thing many students struggle with? Not just students struggle with it, everyone does.

When I was a senior in high school, I knew I wanted to go to college. I had dreamed about it ever since I knew what college was. In fact, college was drilled into my head, it was so ingrained into my mind that if I wanted a job, I needed college. Only positives were said about it, and I wasn't given much other direction.

I knew I wanted to attend a smaller institution because I felt it would give me a more individual, personal education. I found Incarnate Word, took a tour, and fell in love. On the tour, I was promised small classes, professors who cared, and an institution that wanted me to be successful. I got the small classes, and every professor I've had has been nothing but wonderful (special

shout-out to Dr. (Dan) Herrick; take his class because he is the best, and to Dr. (Brian) McBurnett for telling me it is OK to make mistakes), but it's my third year and I have never once felt this university wants me to be successful.

I come from a single-parent household. My mother is a teacher whose salary barely kept our family above the poverty line. I grew up with the privilege of never wondering if there would be food on our table, a house to come home to, or if there would be clothes in my closet.

But I still watched my mother struggle. I heard her stress. Money wasn't -- and still isn't -- a commodity. I grew up knowing if I wanted a higher education, then I was on my own.

The problem with being barely above the poverty line is you're still above it. My mother makes only \$500 more than the cut-off of a significant increase in aid from FAFSA. Meaning, FAFSA thinks I am receiving aid from my mother, and my mother makes enough money to devote half her salary to my college education. Both of those things are false, but FAFSA does not care about explanations and backstories. They only care about numbers.

So, let's talk about the numbers. I

didn't have to choose UIW, but as a wide-eyed high school senior I was promised so much and not given education of much else. Incarnate Word is a small, private institution. Loosely meaning that it can charge whatever it thinks it should to unsuspecting young adults. Tuition at UIW has risen to \$29,900 per year.

When I started my freshman year in 2017, it was \$27,000. If you chose to live on campus, the room and board would add \$12,824. Fees total about \$1,276, books come to an average of \$1,400, and health insurance (which if you're not on your parents or don't already have your own, UIW forces its chosen provider on to you) is \$1,869. This all totals to \$47,269 per year -- or if you can't afford to live on campus, \$34,445 per year.

I have become numb to these numbers. I should not be numb, but I have had to accept these numbers as what it costs to receive the education I so desperately need to even remotely succeed as an adult.

Again, I did not have to choose UIW. But it is not much better anywhere else. St. Mary's University is roughly \$25,000 per year (not including course fees), Trinity University is \$60,664 per year, Our Lady of the Lake is \$39,532 per year, UTSA is \$22,372 per year, and so on. With numbers like these, I don't think

I'm the only one who has become numb.

UIW boasts about scholarships and grants awarded to students. I receive an academic scholarship, art scholarship, and an array of grants. I am a student worker for the Logos Student-Run Newspaper as part of my financial aid package, I work as an art teacher for an after-school program, and I have a side hustle taking photographs for portraits/ events.

Yet, I have more than \$30,000 in student loan debt, and I'm not finished with school. I cannot afford dinner sometimes, I cannot fix my car if something were to go wrong and I cannot afford my education.

I am not writing this to point fingers. I am writing this because I am frustrated, and I do not know how to fix this. I am writing this because I do not understand why education costs so much.

I feel helpless, and it is because of this frustration. I have never felt this university wants me to succeed. I go to the proper people who are supposed to be there to help me, but I just feel worse every time I hear, "Sorry, there's nothing we can do. Apply for more next year."

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Dealing with the drama of trauma



Jake Fortune/
ASSISTANT
EDITOR

A skill unique to humanity is deception. The ability to hide, whether it be hiding objects, emotions, or even hiding one's self.

Everyone hides something, and more often than not, that something is trauma or the effects left by it. Often

in modern society, people are taught to hide their pain, to try and forget traumatic events that have affected them in serious ways. It has taken generations to begin accepting counseling and mental treatment for traumatic experiences, and even now proper steps to living with trauma are not often taken.

For most of my life, I hid from my own trauma. Bottling up major pieces of my childhood made me an

angry, confused, sad young man. Often, this avoidance of my past caused me to make plenty of mistakes. Luckily, I still have time to change, to grow and accept the things I lived through as a child.

Often, I do not wish to visit most of my past, and going there causes me to become very emotional and question aspects of my current self. I did not take my own mental health seriously until around the same time I graduated high school.

Going through my first round of counseling since I was 7, there was improvement, but my shield was still up, and it was a very thick shield indeed. I avoided what was really on my mind, stayed away from certain topics, and only gave the vaguest descriptions of events that really hurt me growing up. Over time, I slowly began to lower my shield and learned more about myself than I ever wanted to know. Pulling

memories out of an old, dusty closet, I began to see how much I truly hid from myself for years.

Memories came pouring out, but the most surprising part was how many of those memories did not exist anymore. I had repressed parts of my childhood to a degree in which I no longer remember them. Instead I found myself recalling most

Students explore city's pockets of poverty

Stephanie Alexander / LOGOS WRITER

When someone mentions the west side or east side of San Antonio, what comes to mind? Dangerous neighborhoods, poor homes or gang violence? Many University of the Incarnate Word students are aware of the inequalities which affect minorities inhabiting such districts either through news coverage or classroom information. A large fraction of students, however, have never witnessed how poverty affects people in all aspects of their lives. Education, housing, healthcare and income are all important for dignified living, but many people must settle with below-average resources no matter how hard they work because economic and social systems make it near impossible to progress. Inequality amongst San Antonio residents is not new -- and it mostly affects the same minorities: Hispanics, African Americans and Asians. Even though racism and segregation are thought to be a thing of the past, most poor city areas are inhabited by people of color. Today, San Antonio ranks as one of the most impoverished cities in the nation. Biased views --even subtle ones -- towards people who live below the poverty level has hindered progress towards a more equitable future and has prevented San Antonio from enjoying its diverse constituents. UIW has taken action to help those in need through people such as Jean Loden, director of the UIW Honors Program, who organizes annual social justice trips in which volunteers learn about efforts to build a better future for their city. Volunteers get to tour the west and east side of San Antonio while contributing time or donations towards the organizations they

visit. This year's trip took place Oct. 17-19 and it covered important issues such as education, housing, healthcare, city government and tools people can use to address problems affecting the city. The Intercultural Development Research Association located at 5815 Callaghan Road, Suite 101, was a starting point for the trip. This non-profit organization focuses on the importance of good quality education for children of diverse backgrounds to achieve their potential and become college ready. Dr. Ann David, an associate professor of education at UIW, and IDRA Family Engagement Coordinator Aurelio Montemayor explained how various factors determine the public education system's quality. Fair funding and efficient policies are key factors for successful school outcomes, but schools in impoverished communities receive less funding than other schools in wealthier districts. Children who live in impoverished districts have no choice but to attend the school within their reach regardless of its quality. Surprisingly, the addition of charter schools has increased segregation in education and widened the gap in education quality for residents at lower socio-economic levels. Underfunding, substandard education and lower levels of involvement in their communities are all obstacles which young people on the west and east side of San Antonio must face. But how can a child focus on schoolwork if he or she lacks a home? Many people take for granted having a roof over their heads and a safe place to live, but less advantaged communities cannot count on this luxury every day. The Esperanza Peace and Justice Center, 816 Colorado St., is an organization with

the objective of providing safe and suitable homes for victims of gentrification, financial insecurity, eviction or other circumstances that may leave someone homeless. Gentrification, the process through which old buildings are torn down to make way for newer or more profitable construction, may seem like a good method to increase city revenue and provide resources for the needy, but it has more adverse effects than advantages. For one, extra revenue obtained through new buildings almost never goes to those being displaced. Now these people must find an affordable home, which might prove too far from their current job or school. Gentrification divides communities and weakens cultural preservation. MugerArtes is an example of the valuable culture which lives on through people in a Hispanic-majority district. This studio, which is found on the Esperanza Peace and Justice Center's property, offers women of all backgrounds the opportunity to express their culture through clay art. Centers such as this help spread awareness of how important different communities are to San Antonio. With all the economic and social disadvantages marginalized people face, it's easy to see their culture slowly disappear, especially if these communities are faced with health problems that increase mortality rates. Community fragmentation and homelessness accelerates cultural loss, but efforts such as the Esperanza Peace and Justice Center seeks to protect the diversity which makes San Antonio unique. Agencies such as Esperanza, South Alamo Regional Alliance for the Homeless and Haven for Hope help people get on their feet again by

connecting residents to safe and suitable housing they can afford. How does poverty and gentrification affect a person's health? The answer is simple: impoverished people find it difficult to access affordable healthcare they can trust. Volunteers from UIW visited the Bowden Clinic, a UIW optometry center at 2547 E. Commerce St., to learn about the many ways in which poverty affects personal health. For example, cheap and accessible foods are nearly always junk food, but impoverished people typically don't have enough money to buy better options. These processed foods lack necessary nutrients but are abundantly full of unhealthy fats and sugar that can cause obesity, heart disease, and other health complications. Additionally, healthcare businesses are often interested in profit rather than helping prevent sickness, so people don't get the information and resources needed to maintain proper health. "Right now, in the United States, about 20-25 percent of all healthcare dollars are spent on something other than healthcare," says Paul Chapman, assistant dean of the Rosenberg School of Optometry, which runs Bowden Clinic. Healthcare money should always serve those who need it, but people are not receiving the help they deserve. So, UIW set up optometry clinics, a total of 15 serving three counties, and now offers medical aid for whoever needs it at a reduced rate. Panel participants interacted with UIW volunteers to ensure they knew how important it is for them and other college students to use their education, no matter what major, and make an impact on their community. Haven for Hope - the homeless shelter --

encompasses all aspects of social justice which provide people with dignified lives. Founder Kenny Wilson said this during a 2018 interview: "Failure is a sort of navigation point ... an opportunity to get better." District 5 City Councilwoman Shirley Gonzalez complimented Haven for Hope's mission statement by giving a small talk about the various government programs in place which help victims of domestic violence or homelessness improve their lives and seek help. For students interested in practical ways to make a difference, Inner-City Development, 1300 Chihuahua St., is a great place to start. This organization responds to emergency, recreational or educational needs in the community. Volunteers were able to conclude their social justice trip by helping with activities at Inner-City Development such as preparing fliers that inform local people of food drives and toy drives taking place later in the holiday season. Changing the lives of all San Antonio residents is a daunting task. It is also impossible if done alone, but Loden's social justice trip serves to remind students how important volunteer work and collaboration is for the greater good. A person may not change the world with a lifetime's worth of volunteering and caring for others, but he or she can make a world of difference for whoever they helped through their service. By doing what they can to improve their communities, people will eventually make significant changes for the greater good -- one step at a time. E-mail Alexander at saalexa2@student.uiwtx.edu

Dealing with the drama of trauma

Cont 'Dealing' from page 6

events through what was told to me by other people that do remember them. How could I have done this to myself without even knowing? There is a strong possibility these memories can be brought back, but to do so will take years of

work and full cooperation in opening myself up to people I have never met. Accepting vulnerability in this way can lead to great things, such as a shocking increase in empathy and confidence. In school, I was very shy and anxious about

many things. Scared to make strides and big decisions, I stayed in my lane and never tried to reach beyond what I thought myself capable of. The reality was my capabilities were far beyond what I told myself for so long. It was not until college

that I began to reach further and take the opportunities graciously set in front of me. While in the past few years I have made big steps toward independence and a higher self-esteem, I still find myself hiding from my past constantly. Therapy is a

journey that never ends, but it is the only way to air out the bitterness inside and let fresh thoughts, emotions and ideas come flowing in. The last thing anyone should hide from is their own past. E-mail Fortune at jfortune@student.uiwtx.edu

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Running back Phillip Higgins, left, greets fellow players on the field Saturday, Oct. 26, at Gayle and Tom Benson Stadium during the annual homecoming football game.

Christina Emmett / Photo

Cardinals suffer overtime homecoming loss

The University of the Incarnate Word football team’s undefeated home-winning streak under Head Coach Eric Morris ended at homecoming Saturday night, Oct. 26, as the Cardinals lost 44-41 in overtime.

Visiting Northwestern State University from Natchitoches, La., ended the streak at Gayle and Tom Benson Stadium, going 25 yards in eight plays on its winning drive, scoring on a one-yard pass from quarterback Shelton Eppler to wide receiver Quan Shorts to secure the 44-41 victory.

The Northwestern Demons were 0-7 - including a September loss to nationally ranked Louisiana State University - before its victory against the previous 5-2 Cardinals.

Cardinals quarterback Jon Copeland went 27-for-36 for 275 yards and two touchdowns. With the two scoring passes, Copeland, only a sophomore, set the new program record for touchdown passes in a career with 39.

Another Cardinal achievement came from junior running back Kevin Brown, who had 21 carries for 116 yards, and now has three games with more than 100 rushing yards on the season.

Northwestern State took the first lead of the game, closing out an 11-play, 55-yard drive with a three-yard touchdown rush by Jared West to go up 7-0 with 8:49 left in the first quarter.

The Cardinals responded, marching down the field in 10 plays and 81 yards, knocking 4:02 off the clock. The drive was highlighted by Brown’s 13-yard rush before Copeland used a four-yard quarterback keeper to knot the score at 7-7 with 4:40 remaining in the first quarter.

UIW took its first lead of the game with 13:34 left in the second quarter. After forcing the Demons to punt, Copeland found freshman wide receiver CJ Hardy for a 34-yard reception and connected with freshman wide receiver Kamden Perry for 18 yards. Carson Mohr then hit a career-best, 46-yard field goal as UIW took a 10-7 advantage.

The Cardinals’ next drive started with senior safety Jacob Harper forcing a fumble on the kickoff return and freshman safety Shawn Holton recovering to give UIW the ball back in Northwestern State territory. Junior running back Keyondrick Philio capped the six-play, 27-yard drive with a three-yard rush into the end

zone, putting the Cardinals ahead, 17-7, with 11:33 left in the first half.

NSU cut into UIW’s advantage with 7:27 left before the break when West used a two-yard run for another score. The touchdown completed the nine-play, 70-yard drive and, following a missed extra point, left UIW with a 17-13 lead.

The Demons added another score when Daniel Justino hit a 29-yard field goal as time expired, leaving the Cardinals with a 17-16 advantage at the half.

On the third play of the second half, the Cardinals’ Jerick Pitre, a junior linebacker, grabbed his second interception of the season and returned the ball 32 yards for a UIW score to put the Cardinals up, 24-16, with 13:46 left in the third quarter.

The home team scored again with 9:23 left in the quarter when Copeland found sophomore wide receiver Mark Sullivan for a 39-yard touchdown pass to give UIW a 31-16 lead.

However, Northwestern State cut into UIW’s lead again with 6:31 left in the third when Stadford Anderson rushed two yards for a touchdown, making the

score 31-23. The Demons scored again with 8:27 left in the game, leaving the Cardinals with a one-point lead (31-30) after West rushed into the end zone from five yards out.

UIW extended its advantage, this time to 38-30, when Copeland found Brady Rogers, a freshman wide receiver, for an eight-yard score with 2:42 left on the clock. With this touchdown pass, Copeland broke the program record for touchdown passes in a career (39).

On the final drive, Cardinals senior linebacker Mar’kel Cooks sacked Eppler to force a fourth and 18 with 1:40 left. After calling a timeout, NSU completed an 18-yard pass to continue the drive. With less than 30 seconds left, Eppler received a snap and had the ball knocked out of his hand, but picked it back up and found Ash in the end zone for the touchdown. Eppler found Ash again for the two-point conversion, knotting the game at 38-38 and sending the game into overtime.

UIW received the ball first in overtime after the Demons won the coin toss and chose to defend. Copeland found Hardy for a 21-yard gain before Mohr hit a 26-yard

field goal to put UIW up, 41-38, before the Demons plunged ahead 44-41.

After the game, Morris said he was disappointed.

“We won in almost every statistical category besides one, and that’s the one that counts: the final score. In the second half, I thought we really responded well. And then we muffed a punt and it kind of changed the momentum back their way.”

“We came out and played a good 0-7 team, and we didn’t come out like we should in the first half. We rebounded good and then had some things not go our way in the second half. But it’s all about us being able to respond and go back to being us, doing the little things right, then coming back to compete. It’s going to go one of two ways. You’re either all in with this team or don’t even show up tomorrow.”

The Cardinals stay home to face Nicholls State Saturday.

“We have a really good Nicholls team coming in,” Morris said. “If we regroup, we’ll be pretty good and be able to come back and challenge Nicholls. If not, then we let this (loss) linger and it could be a bad situation for us going forward.”



Coach optimistic about women’s basketball team

Angelo Mitchell / LOGOS WRITER

Women’s head basketball coach Jeff Dow said he is “encouraged,” and “cautiously optimistic” about the University of the Incarnate Word’s team for the upcoming 2019-20 season.

And he sees enthusiasm as a key component of their success.

Coming off a disappointing 2018-19 season, Dow is looking to bring a winning culture to the UIW women’s basketball program. To start a winning culture, first it starts with Dow’s core values.

“Accountability:” which extends on and off the court and in the classroom. Each player has to take ownership of themselves individually and collectively as a group.

“Competitiveness:” whether it is in drills, scrimmages, or the weight room. “We have to compete. We’re always trying to push one another to the best we can be.”

During games if things are not going well, then the team must maintain that enthusiasm.

“Selflessness:” you should be protecting the team by being unselfish in any decision you make.

Dow hopes one of his team’s strengths will stem from bringing back most of last year’s team, including seven seniors. They have

game-time experience. However, Dow is aware they are learning an entirely new system. Defensively, there are a few principles they are familiar with.

Primarily, the Lady Cardinals will match up woman-to-woman. A major principle of a Dow-led defense is pressuring the ball and helping everywhere. This defense should be able to shut down drives, hold opponents to one shot and then finish the possession with the rebound.

Dow has it in the team’s defensive schemes to play zone also. First, establish woman-to-woman, half-court defense, and then everything stems from that.

“The personnel dictate to a large extent offensively and defensively what we do,” Dow said.

The Lady Cardinals need to make their biggest improvement in the area of defense. Based off last year’s numbers, Dow said the team was giving up 75 points a game.

Ideally, the team needs to keep its opponents closer to 60 to be competitive and have a chance going into the fourth quarter. First, it starts with transition defense, getting the defense set, limiting easy scoring opportunities and hoping to be a

difficult team to score against.

At the core of the offense, “We have to get better at our overall field goal percentage,” Dow said.

“Last year’s team shot 31 percent from the three-point line and overall, we shot 33 percent which includes threes and twos combined.”

One of his points of emphasis is making clear to players what a good shot is vs. a bad shot.

Offensively, Dow applies the legendary “Princeton”-style offense.

“We can do different sets, getting certain players to post up or drive the ball,” he said.

The UIW’s women’s basketball team has never made it to the Division I Southland Conference tournament so that’s one of the team’s goals.

Eight out of the top 13 teams make the tournament. The competition within the conference is uncertain at this point.

“We need to worry about ourselves, getting better every day before we can worry about other teams in the conference,” Dow said.

Dow is expecting a total team effort. He said senior guard Victoria Jackson from Cedar Hill, Texas, will have “a more elevated role than last year.”



Jeff Dow

Jackson is a dual-sport student-athlete since she also competes in track-and-field

“She’s one of our hardest workers day in and day out, combo guard, and arguably our best perimeter defender,” he said.

He credits junior guard Kara Speer from Tulsa, Okla., and Macy Ray, sophomore guard from Katy, Texas, for their work ethic; both are grasping what the Lady Cardinals are trying to do.

“You’ll see a team that plays together, plays very hard and regardless of the final score, we’ll be tough-minded and scrappy. A team that the fans will embrace.”

Men’s team tops Southland academics

Angelo Mitchell / LOGOS WRITER

The University of the Incarnate Word men’s head basketball coach is excited to discuss his team’s academic achievements as well as their athletic prowess.

“(Their) performance is an early indicator of cultural buy-in,” said Dr. Carson Cunningham, who is beginning his second year coaching the roundballers.

Ten players were on the 2019 spring Southland Conference Commissioners Honor Roll, he pointed out. That was a conference best among men’s basketball teams.

“Academically we may have the best GPA in the nation over a 12-month period at 3.2,” Cunningham said. “We hadn’t seen higher to this point and we’re working on getting certified at a 1000 (being the max points awarded) Academic Progress Rate (APR) with the NCAA.”

In 2012-13 the APR was implemented as part of an ambitious academic reform effort in Division I. This measure holds institutions accountable for the academic progress of their student-athletes through a team-based metric that accounts for the eligibility and retention of each student-athlete for each academic term. In a sense, the APR weighs more than the GPA when it comes to the academic achievements of an athletic team.

Along with high standards of excellence academically, Cunningham applies his principles of the “5 G’s.” First, is Goodness -- related to love. Second is the

Golden Rule -- treating others like you would like to be treated. Third is Growth -- getting better, doing well in the classroom, (and) now time to do it on the court. Fourth is Grit - the need to be tough, not giving up offensive rebounds and guarding near the rim more effectively. Fifth is

Grateful.

“We have an incredible opportunity to play basketball at a great place, with a great mission and history that the Sisters have built and we’re going to keep working,” Cunningham said.

The team’s off-season was fruitful, their summer GPA was over 3.5 and Cunningham is eager to prove it on the court also

Following the fruitful concept, recruiting will be a big benefit for the team this season.

“We’re off to a great start,” Assistant Coach Kenyon Spears said, pointing out that UIW has a pretty young team with only one senior.

UIW has been recruiting locally and around the country, Spears said.

“(We’re) scouring the earth,” Spears said. “We’re looking for the right fit. Right fit for the program: academically, athletically, and character-wise.”

The coaches accomplished their recruiting objectives, they said, by getting a player for each position and increasing the size of the players.

The team will be relying on young players stepping up with only four upperclassmen.

Newcomers include freshmen Marcus Larsson, a 6-11, 207-pound center from Oslo, Norway; Vincent Miskiewicz, a 6-7, 206-pound power forward from South Elgin, Ill.; and Derek Van Vlerah, a 6-6, 175-pound wingman from Dublin, Ohio. Another newcomer is junior college transfer Ryan Flores, a 6-5, 187-pound junior guard from Saginaw, Texas.

Cunningham said the team is excited about the return of Morgan “Mo Buckets” Taylor, a 6-3, 174-pound sophomore point guard from Chicago, Taylor’s season was cut short last year due to a severe wrist injury.

“Morgan is playing a big role in workouts and our plans,”

Cunningham said.

Assistant Coach Taylor Land said more will be expected from other veterans.

“We’re instilling and expecting more leadership in redshirt junior guard Des Balentine and junior forward Augustine Ene,” Land said. Balentine -- 6 feet and 178 pounds -- is from Kokomo, Ind. Ene -- 6-4 and 205 pounds -- is from Carrollton, Texas.

Balentine was recently voted team captain by the players.

“We’re all happy for Des,” Cunningham said. “We know he would’ve played a big role on the court for us last year had he not suffered a season-ending injury. He gained the players’ respect and admiration by his ability to still lead and contribute off the court, despite not being able to play. He’s a battler who does well in the lecture hall, and he wants to be a coach. He’s a fine young man to captain our squad.”

“It’s a huge honor to be voted (captain) by this group of guys,” Balentine said. “It goes to show how much belief and confidence they have in me to be a leader on and off the court. I appreciate the responsibility to hold everyone accountable on the court, in public, and in the classroom.”

“Des is a great leader on and off the court,” Ene said. “He always knows how to set the tone with high character and maturity. He’s always leading a good example by being engaged in practice. Des is the right fit to be a captain for this team and I think he can lead us in the right direction during the season.”

Whatever the outcome, it’s going to be a total team effort.

“We need everyone rowing the boat, carrying water and chopping wood,” Cunningham said.

As for the faithful UIW fans, Cunningham said, “We hope they come out and show their support. (The) guys have been working extremely hard. The fans should be excited to know they have one of the best academic basketball teams in the nation, and the team we feel will make a big step in its competitive play on the court. There’re so many positives for our folks. So, let’s get excited and come out to make some noise. The energy is strong, and the team is ready to take a big step forward on the court.”



Des Balentine



Dr. Carson Cunningham

Review: Actors relate, shine in ‘Lobby Hero’

Jake Fortune / Assistant Editor

“Lobby Hero,” which opened the fall season for the Department of Theatre Arts, was a two-act play about what people do with their social roles and how they use them. Directed by Mark Stringham and originally written by Kenneth Lonergan, “Lobby Hero” follows two security guards of an apartment building lobby as well as two police officers that visit them. The entire play is set in this lobby, which looked well-worn and quaint, much like an abandoned New York street corner. Set design was conventional compared to some plays in the past, but this does not mean it was not well-done by any standard. Jeff and William are the lobby guards, played by Troy Daly and Ty Price, respectively. Troy and Ty play off each other well, both being likeable underdogs in the

story and having unique dynamics to their characters. Jeff, a younger man, is trying to better himself after being discharged from the Navy for smoking marijuana. William, Jeff’s supervisor, is also trying to move up in the world and take more responsibility for his job and life. Both guards relate in their desire to re-climb a social ladder they fell off early in life. What makes the interplay between Jeff and William interesting is their different approaches to climbing that ladder. William is constantly trying to stay straight and perform as well as he can for his superiors, whereas Jeff is at odds with himself in most parts of the play, struggling to drop his more lazy and perverse habits in lieu of a better life. The different approaches both characters take come to butt heads throughout the runtime, and in these scenes Price and Daly are super-

comfortable and natural working with each other on stage. They were fun to watch, but also understood the depth of their characters well when the plot took a serious turn. The dynamic between Officers Bill and Dawn -- played by Eric Sledge and Amy Schneider, respectively -- focuses less on social status and more on gender norms and roles, commenting on how female police officers are not always given equal respect to their male counterparts. Sledge and Schneider also had great chemistry on stage, but the script definitely pulled more emotion and tension out of these characters. Neither actor showed weakness in playing these scenes out and working with their full vocal register. It was a refreshing experience to see Sledge and Schneider bring a sort of personal intensity into these roles. Lonergan’s script unpacks many

different social issues through a relatively small, personal story. Each character feels like someone that actually exists, with their own personal habits, struggles and imperfections. Further than characterization, this play uses these personal issues to display a bigger picture: the argument that the social dynamics between men, women, ex-convict and reformed citizen are all flawed, twisted in so many directions that it takes individual growth and acceptance to really change these flaws of social structure. The direction, set design, acting and story for “Lobby Hero” all came together for an experience that will keep one thinking. E-mail Fortune at jfortune@student.uiwtx.edu

‘Joker’ Review: ‘Taxi Driver’ ripoff or misunderstood milestone?

True McManis / STAFF WRITER

“Joker”, the highly anticipated film about a marginalized clown had generated a lot of controversy prior to its release; but the real fault of the film is lazy writing. Whether this controversy began due to the film’s violent nature in a world of typically child-friendly entertainment, excuses made in the film’s writing for the protagonist to resort to violence, or even fears of potential violence at showings; all of these factors had an effect on people. Opening night, patrons were frisked by an armed guard after getting tickets, with three additional guards seen on the way into seating. While the reasons for such caution are unfortunately valid in the current environment, “Joker” seemed too poorly written to encourage much of anything, let alone incite violence. The film starts by beating the audience over the head with the fact that society is beating down Arthur Fleck, its protagonist. Fleck, the apparent protagonist, is literally beaten over the head, knocked to the ground and savagely battered by a gang of psychotic street urchins that felt more at home in some demented Charles Dickens story. From that moment onward, the audience is given far too little credit and treated as if every detail needs to be overly explained. Whether this was a result of poor expectations of the audience, the fact that the script was rewritten during production, or just the blunt writing of Todd Phillips, best known for his work in the “Hangover” trilogy or Scott Silver, writer of “X-Men Origins: Wolverine” cannot be determined. If this was like any other superhero movie for kids, or anything besides an R-rated character study attempting to touch on themes of mental illness and the decay of the society, this would not be nearly as big of a complaint. The writers made it their goal to touch on a variety of hot topics such as PC culture, class disparity, and cuts to the funding of mental healthcare without really saying anything solid or

impactful about any of these topics. For example, the audience sees the protagonist struggling with mental illness even before the funding to his medication and therapist are taken away; but only after this loss does he start to feel better, making a muddled statement to say the least. The only scene that felt it was clearly trying to get a point across was one that was met with laughs of disbelief and audible groans in the theater. This scene involves the protagonist giving a monologue about how we live in a society where humor is subjective and how he is sick of “awful” people not finding his humor funny. It felt as though Todd Phillips himself was giving the monologue, upset at society for not finding his mediocre films funny anymore. In directing his first serious film, Phillips looked to Martin Scorsese for inspiration, drawing heavily on “Taxi Driver” and “King of Comedy” to the point of somewhat ripping them off. Despite the writing coming across as both incredibly muddled and unsubtle, Phillips tried to allude to the previously mentioned Scorsese films. These allusions are strange due to the fact that both of those movies are highly praised for things Phillips failed to do in this piece. As a result, “Joker” felt like something a teenager who did not really understand what made either of those Scorsese films great had attempted to write. Even with numerous complaints on the writing, the film did almost everything else well. The acting by Joaquin Phoenix was incredible, especially considering how amateurish the script felt. Robert Di Niro expertly portrayed a talk show host that the protagonist is obsessed with in a strange callback to “King of Comedy”. Zazie Beetz and Frances Conroy also had great performances, with Beetz especially showing her versatility as an actress. Likewise, the score was better than it had any right to be, with the creators bringing in Icelandic musician and composer Hildur Guðnadóttir to write an original score. Guðnadóttir

has worked on a number of acclaimed films including “Sicario”, “The Revenant”, and “Arrival”. Dim as the writing can be, the world that the audience sees has a strange beauty thanks largely to Cinematographer Lawrence Sher. While shots are not close to that of Taxi Driver, they are still a more commendable imitation of the film than anything Phillips had his hands on. While it may be unfair to compare “Joker” to “Taxi Driver”, it is something that was intentionally done by the writer and director himself, so it is only fair to make the same comparison as a viewer. One of the primary reasons “Taxi Driver” is so haunting has to do with the subtleties inherent with its protagonist not fitting into society out of his own volition and violent acts; Whereas Fleck in “Joker” does not fit in with society based on the actions of those around him. The lack of personal accountability held by Fleck in “Joker” makes him a far less interesting character to watch devolve into madness because it makes him and his actions seem impotent, as if no matter what he does society will beat him down until he inevitably becomes a villain. The protagonist in “Taxi Driver” by contrast must make decisions between fitting into society unhappily or letting his ego control him. At the end of day, while the taxi driver may be lonely, it is only due to self-imposed isolation. “Joker” tries hard to hit the many marks set by Scorsese in the past, but ultimately fails to stand on the shoulders of these greater films. While there are enjoyable scenes, poor writing makes the film into something I cannot easily recommend. If you want to watch a dark character study, “Taxi Driver” will not disappoint. Similarly, if you want to watch a dark supervillain movie, “The Boys” came out a few months ago and is probably the best piece of superhero related media released in years. I can respect the direction of this material more than previous DC films like “Suicide Squad”; and if they get a better writer for whatever is made next, it’ll be worth checking out.

Second play in November

“Living Out,” the second production this fall for the Department of Theatre Arts at the University of the Incarnate Word, will be presented Nov. 15-17 and 20-22 in Cheever Theatre. Directed by Dr. David McTier, the new department head, the play by Lisa Loomer is billed as one that is “both outrageously funny and ultimately tragic.” The play tells the story of the

complicated relationship between a Salvadoran nanny and the Anglo lawyer she works for. Both women are smart, hard-working mothers and both want better lives for their children. The play explores what is the shared humanity between them and what are the differences wrought by race, class and Ana’s illegal status. “Through Ana, we understand what it means to leave a child in another country to come here, and the potential cost of sacrificing one’s own child in order to care for someone else’s,” a news release said. “Through Nancy, we understand

the pressure on women today to ‘do it all’ and the cost of making that choice. The play also looks at the prejudices and misconceptions between Anglos and Latinos. How do we make someone ‘the other’? What is the cost of doing so?” The two-hour play includes a 10-minute intermission. The script also includes some strong language that may not be appropriate for younger audiences. Performances will be at 8 p.m. Nov. 15-16 and 22; 2 p.m. Nov. 17 and 7 p.m. Nov. 20-21. The Nov. 21 performance will include a discussion after the play.

UIW students, staff and faculty get in free with proper UIW ID. Otherwise, admission is \$12 for adults; \$9 for seniors; \$8 for non-UIW students with ID; and \$7 for groups of 10 or more. Those paying can get a \$1 off the regular ticket price by bringing a canned good to support the Student Government Association’s Golden Harvest food drive. For more information and reservations, call (210) 829-3810 or 829-3800.

WORD SEARCH

A R C O R N M A Z E N A
I P U M P K I N P I E M
S Y P I I Q H Y O R I C
A F A L L B R E A K G R
I H S W E A T E R A S A
D A A P A P P F T L T N
T R E B V O I T U V U B
A V H P E W L C R Q F E
H E K R S C G I K P F R
S S L S L V R D E I I R
U T C P R B I E Y Y N Y
N E Z X X N M R G U G G

WORD BANK

APPLE CIDER
CIDER
CORN MAZE
CRANBERRY
FALL BREAK
HARVEST
LEAVES
PILGRIM
PUMPKIN PIE
TURKEY
STUFFING
SWEATER

RIDDLES

Why did they let the Turkey join the thanksgiving band?

Why did the turkey cross the road?

What kind of key do you use on Thanksgiving?

What sound does a limping turkey make?

Why couldn't the turkey finish his dessert?

Why can't you take a turkey to church?

Courtesy of <https://www.riddles.com>

JUMBLE

| | |
|----------------|--------------|
| laflgni elaevs | ngtakgihnsvi |
| arvhste imte | upnkpim epi |



ANSWERS:

Miranda Hanzal /
MANAGING EDITOR

JUMBLE

falling leaves
thanksgiving
harvest time
pumpkin pie

Riddles

Because he had the drumsticks.
To prove he wasn't chicken.
A Turkey.
Wobble wobble
Because he was stuffed.
Because they use such FOWL language.

Paris Negrete / GRAPHICS

WORD SEARCH

A R C O R N M A Z E N A
I P U M P K I N P I E M
S Y P I I Q H Y O R I C
A F A L L B R E A K G R
I H S W E A T E R A S A
D A A P A P P F T L T N
T R E B V O I T U V U B
A V H P E W L C R Q F E
H E K R S C G I K P F R
S S L S L V R D E I I R
U T C P R B I E Y Y N Y
N F Z X X N M R G U G G

UIW STUDY ABROAD SCHOLARSHIPS



UIW Study Abroad understands how daunting travel expenses can be, so we've compiled a list of study abroad scholarships below. If you meet the eligibility requirements we highly encourage you to apply and reach out to the Study Abroad Coordinator, Brooke Paynter, to go over your application.

| SCHOLARSHIP | AWARD AMOUNT | DEADLINES | REQUIREMENTS |
|------------------------------------------|-------------------------------|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| UIW Independent Study Abroad Scholarship | Up to \$500 | FALL 2020 - June 1, 2020 |   GPA |
| The UIW Faculty Led | Up to \$500 | Three weeks prior to departure |   GPA |
| The UIW Service Mission Scholarship | Up to \$500 | Open, until funds are exhausted |   GPA |
| UIW Heidelberg Scholarships | Up to \$5,000 | FALL 2020 - June 1, 2020 |   GPA |
| UIW Strasbourg Scholarships | Up to \$5,000 | FALL 2020 - June 1, 2020 |   GPA |
| Gilman International Scholarship | \$5,000-\$8,000 | FALL 2020 - March 3, 2020 |     GPA |
| Gilman-McCain Scholarship | Up to \$5,000 | SPRING 2020 - Dec. 1, 2019 |     GPA  |
| Tortuga Study Abroad Scholarship | \$1,000 + one travel backpack | ALL YEAR - June 1, 2020 |    GPA |
| Fund for Education Abroad Scholarship | \$1,250-\$10,000 | SUMMER 2020 - Nov. 11, 2019 |    GPA |
| Freeman Asia Scholarship | \$3,000-\$7,000 | ACADEMIC YEAR 2020-21 TBD |     GPA |



Must be a U.S. citizen or permanent resident



Must have above a certain GPA or be in Good Academic Standing



Requires Essay



Must show financial need based on FAFSA



Must be accepted to or in the process of applying to a study abroad program



Child of Active Duty Parents

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