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#### STUDENT MEDIA

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Logos

Vol. 123 No. 1 | Aug. - SEPT. 2022 STUDENT-RUN NEWSPAPER FOR UNIVERSITY OF THE INCARNATE WORD

EST. 1935



# **UIW welcomes Starbucks to SEC**

University of the Incarnate Word administrators and community partners cut the ceremonial ribbon today – Monday, Aug. 22 – to officially open the new full-service Starbucks Café in the SEC.

The new coffee shop is one of many new, on-campus dining options available for students, faculty and staff as they returned for the first day of classes on the Broadway Campus. Sodexo, which provides food services at UIW, will run the café, which is part of a major feature for other dining initiatives. Sodexo also plans to offer various food truck offerings throughout the academic year. In addition, students will now be able to order food from

limited on-campus locations using a new app which will be unveiled soon. The \$825,000 renovation of the SEC for the café next to the dining hall took place over the summer. Sodexo General Manager Cindy Adair estimated the café would create at least 20, part-time jobs for students with \$12 an hour the starting pay and a free meal every shift along with free uniforms and flexible hours.

"Sodexo is always hiring," Adair said. "We welcome students to apply with us through our website or scan the OR code that will take them to the site directly."

See related Starbucks Café stories on Page 2

## City to kick off 'Welcoming Week' at UIW

The University of the Incarnate Word will be the host for a citywide ceremony kicking off "Welcoming Week" 6-8 p.m. Thursday, Sept. 8, in the SEC Ballroom, a planner said.

"Welcoming Week" is a weeklong series event that takes place in multiple cities around the world -- mainly the United States, including San Antonio, said Dr. Rafael Hoyle, director of the Liza and Jack Lewis Center of the Americas at UIW.

This year is the 10th anniversary of the event created by Welcoming America, a non-profit organization, Hoyle said, adding that the City of San Antonio is a "core" government partner of the organization. The official dates of the week for 2022 are Sept. 9-18.

Visiting program participants at

the kickoff event include San Antonio Mayor Ron Nirenberg, State Sen. José Menéndez, and Bexar County Commissioner Rebeca Clay-Flores. The evening's program will also include a poetry reading by some of the city's published poets as well as poems from immigrant poets in their own various languages. Furthermore, the documentary,

"The Price of a Dream," produced by Dr. Katsuo A. Nishikawa, director of the Center for International Engagement at Trinity University, will be screened.



### Spazmatics to close out 'Welcome Week'

A "Welcome Week" that began with move-in day Thursday, Aug. 18, for freshmen will end with the Spazmatics in concert Friday, Aug. 26, at the University of the Incarnate Word.

Even before classes began today, Monday, Aug. 22, the Welcome Week calendar was full of activities for new and returning students alike including the traditional Pinning Ceremony, Cardinal Crawl and Welcome Mass.

Monday morning, a Crumble 360 was planned in the SEC Concourse with a Welcome Back Party and Petting Zoo following 5-7 p.m. in Friendship Garden.

Free paletas were handed out at 11 a.m. Tuesday, Aug. 23, in the concourse followed by a Backyard Barbecue and

Games from 4 to 7 p.m. in the parking lot of Ann Barshop Natatorium.

From 11 a.m. 1 p.m. Wednesday, Aug. 24, a Student Organizations Fair will take place outside, allowing students to get the hookup for a variety of clubs, movements and activities. An afternoon coffee house begins at 4 in Starbucks Café.

The concourse is the place to be to Stuff-A-Critter 11 a.m.·1 p.m. hursday, Aug. 25, followed that evening by Karaoke at The Pub, 4-7 p.m., at Red's in the SEC basement. Then, the Spazzmatics top it off at the Cards' Retro Fest 8-10 p.m. Friday, Aug. 26, outside the natatorium. A number of groups were involved in the planning for Welcome



The Spazmatics, a regular act at the Blue Bonnet Palace in Selma, will play at the University of the Incarnate Word this Friday

Week including the Office of Campus Engagement, Office of Residence Life, Student Government Association and Campus Activities Board, Team Red, Greek Life, Club Sports, Sodexo, University Mission and Ministry, and OSAA. "Our overarching goal in planning 'Welcome Week 2022' was to not only welcome students to UIW, but also help them to feel connected to their new University," said Dr. Rochelle Ramirez, director of Campus Engagement.

### **NEWS**

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#### **UIW welcomes Starbucks to SEC**

In addition to the Starbucks, other on-campus dining options include Mr. Beast Burger, Pardon My Cheesesteak, Mariah Carey's Cookies and Buddy V's Cake Slice.

And along with some occasional food truck offerings through the academic year, students will now be able to order food from limited on-campus locations using a new app which will be unveiled soon.

The on-campus, dining concepts will run 5-10 p.m. Sunday through Thursday out of the International Conference Center where

the old Pasha Express was located, said Sodexo General Manager Cindy Adair. "As we get more involved with the concepts and as students start to learn more about the offerings, the hours and days may change," Adair said. "We are currently working with Residence Life to incorporate their game room to allow students the ability to relax and hang out without having to walk to the SEC."

Adair said the Virtual Dining Concept allows students and stuff to order ahead of time on the new Everyday App to all of Sodexo's VDC concepts and Luciano's, with plans to expand in the future to other dining facilities. This is the only way an order can be placed. The Everyday App will allow students to create a profile, add and save a payment method, and earn rewards for every order.

"The Everyday App will also include nutritional information and allow the user to select food allergies they may have to reduce the risk of a reaction," Adair said. She said construction on the ICC project was very minimal.

"Our team at Sodexo repurposed the kitchen/dining area in the ICC building to accommodate these new concepts," Adair said. "Our On The Spot vending machine will be relocated to the main room of the ICC and will offer new products that include healthier options such as Plant Based Tropical Yogurt Parfait, Spicy Tofu Wrap



Mr. Meximum, a local food truck owned by a University of the Incarnate Word graduate, will be the first vendor that Sodexo is inviting to campus.

\* Dining

Concepts

The exact date and times are undetermined, but Sodexo said Mr. Meximum is popular among San Antonians.

Mr. Meximum is known for its authentic South Texas flavors and options such as burritos, tacos, nachos and a grilled cheese option along with Maniac's Real Burgers.

This is the first of several additional food trucks we plan on bringing to campus," Sodexo General Manager Cindy Adair said.

Here is a brief rundown of the other dining concepts that Sodexo is bringing to the International Conference Center.

MrBeast Burger: A carefully crafted burger that uses ground beef seasoned in MrBeast seasoning, smashed on the grill to give it its iconic crisp patty. The beast-style burger is then topped with sharp American cheese, pickles, diced white onion, mayo, ketchup and brown mustard. This burger is also available with an impossible burger patty. Both have a combo option that

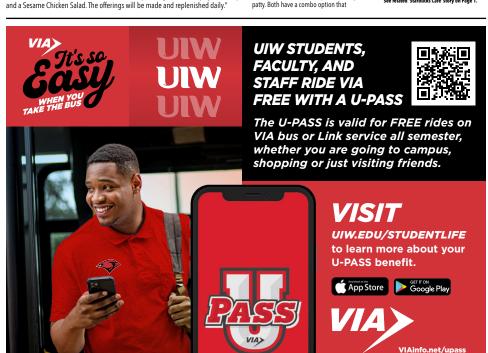
includes unique seasoned fries that stay crispy in the box. Other options that will be available are the Karl's Grilled Cheese. Nashville Hot Chicken Tender Sandwich and Beast Style Fries, which is the same as the burger except in a bucket of fries.

Pardon My Cheesesteak: This concept offers cheesesteak options in a 6-inch or 12-inch sandwich. PMC has a unique provolone cheese sauce that is smothered on top of their cheesesteaks. All sandwiches come on a toasted hoagie roll. Options include the Classic Cheesesteak, Buffalo Chicken Cheesesteak and Chipotle Chicken Cheesesteak and Loaded Cheesesteak Fries, which is a 15-oz. bucket filled with fries, cheese sauce. thinly sliced steak and grilled onions.

Mariah's Cookies: These 21/2-ounce cookies are about the size of cookies you would get at Crumbl Cookie. These cookies are baked daily and come in Chocolate Chunk, Heath Bar, Lemon Cooler and more in a six- or 12-count package. Buddy V's Cake Slice: Buddy V is

better known as The Cake Boss with a reputation for delicious, over-the-top, decadent desserts. The starting options -- all cake slices featuring four to six layers of moist cake and velvety cake icing include Black & White Fudge, Confetti, Red Velvet and Vanilla Rainbow.

See related 'Starbucks Café' story on Page 1.



### **FEATURES**

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### SGA President: 'Voice your thoughts, concerns, and ideas'

Dear UIW Students,

I welcome you back to another school year on behalf of the Student Government Association (SGA).

I am honored to have been elected as your Student Government president. This year's SGA is dedicated to ensuring each individual voice is being heard and valued in the UIW community.

It is our goal this year to make your college experience excellent, and memorable. We are here to serve the student body and here to provide you with opportunities of a lifetime. As a student at UIW, our

commitment to you is to provide you a safe place where you can voice your thoughts, concerns, and ideas.

Lastly, I am humbled and honored for the opportunity to serve the student body for the 2022-23 academic year. Welcome to the Nest! Praise he the Incarnate Word

Julianna Sandoval E-mail Sandoval at Jusandov@ student.uietx.edu



Julianna Sandoval

The University of the Incarnate Word is preparing for the 36th annual "Light the Way Holiday Festival" starting with volunteer days to check the million-plus light bulbs used in the display.

Student volunteers can earn community service hours required for graduation, according to the sponsoring Office of Communications and Brand Marketing.

The first Community Volunteer Day will be 9 a.m.-noon Saturday, Sept. 10, in the SEC Ballroom.

This opportunity is geared toward alumni, student-athletes, and the greater San Antonio community. Everyone is welcome to join in on follow-up days 10 a.m.-3 p.m. Monday, Sept. 12, and Tuesday,

Sept. 13, in the ballroom. Each volunteer day is broken down into one-hour shifts and volunteers are welcome to sign up for as many shifts as they like through GivePulse.

The annual "Light the Way Display Board Contest" open to all UIW

registered student organizations will be 9 a.m.-2 p.m. Saturday, Oct. 15, in the parking lot of Ann Barshop Natatorium. Organizations wishing to participate should sign up on UIW Engage to reserve a board that will be displayed during the festival. Display boards will be judged based on the "Most Mission Friendly Design," "Best Interpretation of Light the Way," and "The People's Choice." Winners will earn funds for their organizations. The main event - presented by HEB

- will be 3-9:30 p.m. Saturday, Nov. 19, on the Broadway Campus. It will feature food trucks, live entertainment and music, shopper's lane, kids' corner, Santa Claus, UIW Alumni exclusive area, train rides, and fireworks The lights will be flipped on after sunset around 6. The lights will remain on from dusk to dawn through Jan. 6. For more information, go to https:// www.uiw.edu/lighttheway/

#### UIW Career Services Fall 2022 Events

#### UIW Career Services

**Career Services is committed** to assisting students & alumni in their career development through free resources from resume & cover letter reviews, jobsearch strategies, workshops, & much more!

Visit our office today to jump-



SEC 3030 | 8-5 M-F careers@uiwtx.edu (210) 829-3931

**UIW Federal Work-Study & Part-Time Job Fair** Aug. 18 | 11 a.m. - 2 p.m. | SEC Concourse

Professional Development Day: Resume & Networking Sept. 6 | 1-4 p.m. | SEC 2031, 2032, 2034

**JCPenney Suit Up Event** Sept. 10 | 11 a.m. - 2 p.m. | North Star Mall

**UIW STEM & Health Professions Job Fair** Sept. 13 | 2-5 p.m. | SEC Concourse

**Building More Effective Work Relationships** Sept. 28 | 3-4 p.m. | SEC 2040-2041 + Virtual

UIW School of Business & Administration Career Fair + **Professional Headshots** 

Sept. 21 | 3-6 p.m. | Rosenburg Sky Room

**Etiquette Dinner** Oct. 12 | 5-7p.m. | SEC Ballroom

International Alumni Panel Oct. 19 | 3-5 p.m. | SEC Ballroom

DISC Assessment Workshop Oct. 25 | 1-3 p.m. | SEC Ballroom

LinkedIn Workshop + Professional Headshots Nov. 3 | 2-4 p.m. | SEC 2040-2041 + Virtual, Mezzanine

### WELCOME

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### President: UIW strives 'to serve you better every day'

Dear Cardinals.

Welcome to a new year at the University of the Incarnate Word! Every fall, the editorial staff of the Logos invites me to share a few words with you, and every year, I share my excitement for all that lies ahead. This year. I find that excitement matched by a deep sense of gratitude.

One of the things I love most about fall is the burst of energy you bring to our campuses. It has been a joy to walk the corridors of our Broadway Campus as more and more Cardinals move into their residence halls and meet their community members. These past several days, I have been blessed to greet many returning students and meet some of our newest. As we spoke, they shared some of their hopes and their eagerness to begin the work of reaching their goals. With each encounter, I grew more and more grateful that they - and all students have chosen to undergo this journey of transformational education with us.

Throughout the year, and certainly at its start, I reflect on the student journey and all that it promises. Your years at UIW will be ones of tremendous growth and discovery - personally, professionally and spiritually. As with any journey, you may encounter



obstacles in the road. However, if you meet them with resilience and faith, I have no doubt you will overcome whatever stands in your way. Looking to Scripture, Psalms reminds us to look to God and we will never walk in darkness, "Your word is a lamp

for my feet, a light for my path." There are many things to love about our university family, but one of the qualities for which I am most grateful is our dedication to serving one another. UIW faculty are drivers of our Mission and deeply committed to

guiding your journeys in and beyond the classroom. Our staff members are ready with open hearts and hands to support you every step of the way. Among your fellow Cardinals, you will find friends and future professional peers. Do not hesitate to reach out when you need to and, in turn, offer support whenever you can.

Your journey is what drives us to serve you better every day. Over the summer, our Information Resources team worked to upgrade the technology in 19 learning spaces across 10 buildings. The Residence Life team managed countless details to bring the newly renovated Dubuis Hall online and ready all residences for your return. Talented employees from multiple departments collaborated to launch programs like UIW Access and the new FLIGHT Program that connects students with specially trained mentors.

I hope to get to know many more of you at events or even in line for coffee at our new Starbucks. I would also like to invite you to join me for lunch. Throughout the year, I will be hosting a table for students, faculty and staff at different dining spots across campuses. A sign-up form will soon be available on my website, uiw.edu/president, so please check back for upcoming availabilities.

Cardinals, as you embark on this adventure know that the prayers of our community, mine included, go with you. This year, I pray your journeys are successful, happy and lead you closer to your dreams.

Praised be the Incarnate Word!

Sincerely,

Thomas M. Evans, Ph.D. President.

# Provost: 'Practice self-care every day'

Welcome to "The Nest" for the Fall 2022 semester and the start of a new academic year.

I hope you enjoyed your summer and had a chance to pause and reenergize. Most importantly, I hope you have had quality time with your family and friends. Do you realize that two years ago, we started the semester by stressing the safety precautions associated with controlling the spread of the COVID-19 virus -- washing your hands frequently, wearing a mask, social distancing, staying home when you are not feeling well. Today, the same stands true, and I want to add the importance of self-care to the list. Living and working during a pandemic is stressful, both because of our fear of getting the disease and for the uncertainty of how it could affect us personally and financially. This concern is compounded by our worries about our family and friends and for the security of our jobs. UIW has successfully evaded many of the problems other institutions

have experienced because of the pandemic. Some institutions were forced by the CDC to close and teach remotely to help control the spread of COVID. Some institutions closed programs and laid off personnel because of the financial cost of the pandemic. Sadly, some institutions closed completely when they could not recover their enrollment or address the subsequent financial deficit. Regardless of how you measure it,

COVID has significantly impacted us all. Therefore, practicing self-care is as important as avoiding the disease. The CDC offers a few suggestions to help ease the COVID-related stress:

- Take breaks from news stories. including those on social media
- Take care of your body
- Make time to unwind Connect with others
- Connect with your community- or faith-based organizations (Source and additional

information: https://www.cdc.

gov/mentalhealth/stress-coping/ cope-with-stress/index.html)

I encourage everyone to practice self-care every day and to intentionally check in with your family and friends. When overwhelmed by your schedule, responsibilities, or stress, tell someone how you feel.

Visit with colleagues, faculty, family, friends, or UIW healthcare professionals. UIW has a strong medical team of both healthcare and behavioral health professionals who have many resources to help you cope with the stresses of the semester. Go to https://my.uiw.edu/ health/index.html for health-related links and helpful information.

I encourage you to take advantage of the resources available to you at UIW - most at no additional cost. Career Services personnel can help connect faculty and students with employers for internship opportunities. Testing and Tutoring can help with proctored tests and in-person, online, and in-class tutoring assistance. Campus Ministry

can help you arow in your faith and find a place to belong to eniov time and space with others. whether they be of



your faith or not. We encourage you to collaborate with other students or faculty on research, study, and activities to broaden your perspective and limit isolation. Find campus gathering places where you can meet to collaborate and invite others to join you.

I look forward to a stimulating fall semester and wish you a successful and enjoyable semester. I encourage you to wear a mask to protect yourself, especially if you are vulnerable, and others. And please remember, stay home if you are not feeling well. This is the socially responsible thing to do.

### MISSION

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### Freshman: Lunch with Sisters made spiritual impact

#### By Ixchel Villarreal LOGOS STAFF WRITER

On July 20, I was given the task to attend a lunch event with none other than members of the beloved Sisters of Charity of the Incarnate Word.

As an incoming freshman with little interviewing knowledge, it's safe to say I was terrified.

I had no idea what to expect and didn't want to say the wrong things. I walked into the Student Engagement Center with sweaty palms and a prayer. I stood outside Room 2050 with a little skit in my head I practiced many times throughout the morning. Needless to say, I was overreacting. Big time.

I walked into a little room filled with long tables and carefully set chairs. The front of the room had a carefully put-together buffet table. Above the table was a pink screen with Agapao Ministries presented on it. As quests started to arrive and the room filled. my mind instantly began to ease. Elisabeth "Beth" Villarreal, director

of Campus Ministry, began to speak to the crowd and thank them. She then introduced graduate assistant Rozlyn Bermea, faith formation coordinator for University Mission & Ministry, who led us in prayer. After the prayer, everyone was given the clear to start serving themselves. A line quickly formed from the buffet



Photo by Adela Gott

Sister Germaine Corbin, second from left, sits at lunch July 20 in SEC 2050 with others who gathered to break bread with members of the Sisters of Charity of the Incarnate Word, founders of the university. Seated to the left of Corbin, a retired theatre arts professor, is Claudia Solis. Clockwise from Corbin are Elissa Simmons, Ixchel Villarneal, Elisabeth 'Beth' Villarneal, Maria Danly and Anais Arroyo. The lunch originally was planned outside but moved inside due to the record-breaking summer heat. University Mission and Ministry invited several to the summer get-together.

table consisting of Sisters, teachers, ministry students, and me! The table housed veggie and normal burgers as well as any



topping you could imagine. Everyone ate and conversed at the tables. Beth then gave me an offer to take me to every table and introduce me to the people sitting at it. Long story short, I visited a lot of tables and met a lot of people. I started to pick up on a common

theme found in talking about UIW. It didn't truly strike me until the end when I got to have a nice long conversation with Bishop Trevor Alexander, the Protestant chaplain for University Mission and Ministry.

The bishop told me how he became a part of UIW. He told me all about how he went to UTSA and how it just wasn't his cup of tea. This brought him to apply to then-Incarnate Word College, which happened to be the perfect fit. He believes God brought him to UIW. And I believe that God gave me the opportunity to talk to so many influential people and feel the same love that every soul in that room has

for the school. Now what was the theme that striked me? Home. Incarnate Word truly is a home filled with high-spirited individuals eager to share their knowledge to the upcoming generations.

As my afternoon of learning came to an end, I left the same doors I walked in as a changed person. Before leaving the Engagement Center, I saw Bishop Alexander again and waved goodbye. I opened the doors, put my sunglasses on, and walked through a campus filled with unlocked history.

E-mail Villarreal at idvilla1@ student.uiwtx.edu

# Series offers 'safe space' for DEI discussions

The Office of Mission and Ministry is providing the University of the Incarnate Word community a "safe space" through participation in a fall series of DEI Circles.

The in-person and online events primarily fall under the purview of Dr. Arturo Chavez, assistant vice president for Diversity, Equity and Inclusion.

Noon Fridays this semester will be 30-minute opportunities in Our Lady's Chapel to "Pray & Act for Racial Justice." Each session will highlight notable activists such as Cèsar Chávez and Mahatma Gandhi.

"After the horrific murder of George Floyd, UIW leadership called for the community to 'Pray to End Racism,' according to a news release. "Prayer has led students, staff, and faculty to action for racial justice through education and activism. We continue to gather every Friday at noon to nourish our commitment to peace and justice through communal, interfaith prayer. Our prayerful gatherings are inspired by the example and teachings of diverse, prophetic leaders who put their faith into action." "The Gift of Diversity" session

planned twice this semester will engage participants in conversation about the gifts of being part of a diverse teaching and learning community at UIW.

"The goal is to build a common language and understanding about diversity in its many dimensions physical, cultural, racial, gender, sexual orientation, religious, etc. Participants are invited to identify the gifts of their personal identity and to grow in respect for other members of the community," the news release said.

Two sessions of "The Call to Inclusion" will build on "The Gift of Diversity." The release describes "The Call" as a "safe, nonjudgmental setting, participants bravely assess their level of intercultural sensitivity and inclusion of people from diverse backgrounds. Together, the group reflects on how unconscious biases, stereotypes, microaggressions, and prejudices block the possibilities for respectful and rewarding relationships. Participants

set personal goals for developmental growth in intercultural competence to actively build an inclusive community at UIW where all belong."

Two sessions during "Latinx Heritage Month" will look at how UIW is doing as a Hispanic-Serving Institution. Participants are invited to share their experiences at UIW to gauge what the university is doing well and/or hear suggestions on improvement.

"Catholic Social Teaching - Human Life & Dignity: The Mission of UIW" also will be discussed in two sessions where the focus is on the call to honor and safeguard human life and dignity. Guest speakers and students will lead "respectful conversation on critical life issues (abortion, capital punishment, racism, sustainability, poverty, etc.) in light of Catholic Social Teaching."

Three training sessions of "LGTBQ+ Ally Training" will take place: "When Someone Comes Out: Demonstrating Support and Acceptance," "Want to Be an Ally (Or Help One Out?): Straight for Equality"; and "Becoming a Trans Ally and Going Beyond the Binary."

During the observance of October as Peace Month, there will be a "Peace Pizza - Blessed are the Peacemakers!" session offering pizza in a celebration the many ways UIW students, faculty, and staff are working for peace and iustice in the community and other parts of the world. Pizza will be served.

Also planned is the "Día de los Muertos Ofrenda for Peace & Justice." This observance honoring loved ones who have died is "rooted in the ancient rituals of both our Indigenous and European ancestors," the news release said. "This year we will also honor the lives of so many brothers and sisters who were killed through gun violence, racist hate crimes, and human trafficking. Come to pray and commit to working for peace and justice in their names." As the semester comes to a close,

there will be an "Advent Mini Retreat - Longing for Peace & Justice" that will allow the community "to gather, be still, and listen to one another as we discern God's longing for peace and justice in our day."

### **OPINION**

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# Editor: '(I) could not be more excited'

#### By Janelle De Jesus LOGOS EDITOR

Hello, anyone who may or may not be reading this.

My name is Janelle De Jesus, a second-year student at the University of the Incarnate Word. My major is in communication arts with a concentration in multimediajournalism, which is why I enjoy writing for this paper.

I am the new editor-in-chief for the

Logos and could not be more excited to be a part of this culture of excellence. Aside from the Logos, I am also an anchor for UIWtv and a peer mentor for the Honors Program.

As the new editor. I hope to use my knowledge in journalism to help spread not only news, but also positivity in our work environment. I want to not only focus on what we are writing, but why we are writing it. I hope to help aid other staff writers, faculty, and students come together to read and enjoy our

moment it is typed to the moment it reaches the nublic

I hope all supporters of our paper enjoy the



get to find yourselves in our writings

and learn something new from your

offering this year. We all hope that you

issue, we are happy to have you and hope you will follow us and your school through a common ground. I cannot wait to showcase not only my

Cardinal community. Whether you are

a first-time supporter, or never miss an

writings, but the staff, with you all and experience our campus life together as a community.

E-mail De Jesus at jidejesu@student. uiwtx.edu



### Lessons learned from my summer internship

#### By Ruby Filoteo LOGOS ASSISTANT EDITOR

This summer, I had an exciting opportunity to work with the CE Group as a creative and communication intern.

And excitingly, I was given the opportunity to continue interning with the award-winning, experience marketing agency this fall.

While this is not my first internship, this is my first internship that aligns with my major, graphic design. I get to apply the skills I have been learning in my design courses.

Now that I have completed this internship, what are some lessons and things I have learned?

Learning how to adapt to new teams and working environments: In my new job, I had to get used to a new team and work atmosphere. After working with different teams, I cannot emphasize enough how crucial it is to develop effective interpersonal skills. Success may be achieved everywhere by first identifying the abilities

your team and organization need, then putting those skills into practice.

 Accepting criticism

constructively: No one enjoys receiving criticism. Reviewing one's

Ruby Filoteo performance may be extremely frightening. You're likely to make a few mistakes and experience helpful criticism about your job from both your supervisor and your coworkers. Always remember it's not personal. It will enhance the caliber of your job and is for your own benefit and development.

#### . In everything you do, put in a lot of effort:

Being constantly told what to do is not pleasant, but your superiors -- most of the time -- know better. Always put forth your best effort, no matter how tiny or seemingly inconsequential the assignment may be. People will see the effort you put forth and it will help you



Ruby Filoteo designed a substantial check for 'H-E-B Quest for Texas Best.' There were four checks in total, each for a different sum

develop a strong work ethic.

Finally, in addition to lessons learned, I did see we spend a lot more time working on projects as graphic design students than in the real world. Several projects are also ongoing at the same time vs. class projects where we have way more time to work on them. As

designers, we take pride in our work and provide extra attention to the little things. But in the end, customers don't care as much and don't pay attention to that sort of thing.

E-mail Filoteo at rfiloteo@student.

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Signed editorials in The Logos are the express opinions of the writer, and not necessarily that of this newspaper, its staff or administration.

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### **PERSPECTIVE**

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# Student: How I spent my summer in D.C.

By Zoe Del Rosario LOGOS STAFF WRITER

When I applied to The Fund for American Studies' academic internship program last March, I had no idea I was going to have the best summer of my life.

My eight weeks in the nation's capital were far from boring! On a professional level, I had the opportunity to learn from professional journalists, diplomats, and other political officials.

Academically, the internship program allowed me to expand my knowledge of American politics and economics. I am incredibly happy to have also made many friends and explore all the wonderful and exciting things the city of Washington, D.C., has to offer.

Évery Tuesday evening and Friday morning, we would meet at George Mason University in Adington, Va., to take an economics class. I took a course titled "Economics for the Citizen," which covered the basics of economics. Although I will admit I was not thrilled about this class, it helped me acquire a better understanding of economic principles.

The economics class was only one aspect of the many different things offered by the program. Every Tuesday after class, we also met together with our respective groups to hear guest speakers talk about their professional experiences. In the journalism group, we heard from a White House correspondent, an opinion writer at the Washington Examiner, a former broadcaster and filmmaker, and a public affairs expert.

Besides class and the guest lecture, we also participated in a civil debate hosted by an organization called Braver Angels. I volunteered to be one of the speakers arguing in favor of the resolution that the mainstream media is no longer objective. What I enjoyed most about this experience

was the objective of this debate was to encourage civil discourse instead of having both sides fight each other.

Every week was filled with all sorts of events we were expected to attend with all the students in the program or as part of our program tracks. Out of all the events, I especially enjoyed the iournalism-focused, career-exploration activities. I visited the Washington Examiner newsroom and toured C-SPAN's multiple studios and facilities. Outside of the journalism-related events, I attended a judicial briefing where I learned about the inner workings of the Department of Justice and the American justice system as a whole. Another event I went to was a Capitol Hill lecture hosted by U.S. Sen. Rand Paul of Kentucky where he shared some of his political views. On top of all these events. I also had the opportunity to learn more about diplomacy when visiting the Embassy of Spain.

I interned remotely with the Homeland Security Today, an online publication dedicated to informing the Department of Homeland Security community. My responsibilities included promoting stories on LinkedIn to increase engagement on social media and the publication's website. I also collaborated with the other interns on a piece about the best ways to help refugees. Another daily task I carried out was to aggregate pieces on the topic of border security and immigration. Overall, this internship helped me gain a deeper understanding of the work carried out by Homeland Security and the current immigration policies set in place by our government.

To my and the other interns' surprise, the TFAS journalism track director, Joe Starrs, gave us memberships to the National Press Club. The Press Club was certainly one of the many highlights of the summer. With the membership, I was able to meet professional



Zoe Del Rosario, a senior communication arts major, had a summer membership to the National Press Club in Washington, D.C.

journalists and hear about their experiences. One of the events I truly enjoyed at the Press Club was a panel discussion about the distrust of the media with an executive from NPR, a writer for The Washington Post, and the dean of the School of Communications at American University.

Outside of career-oriented activities, I had such a wonderful time exploring the nation's capital and visiting all the historic monuments and landmarks. I loved every time I walked around the National Mall with my friends and saw the Washington Monument and Lincoln Memorial. I also enjoyed seeing the outside of the White House and the U.S. Capitol on multiple occasions.

Although it was a consequence of a serious and unfortunate event, I was lucky to have the opportunity to go to the U.S. Supreme Court to

witness the protests in response to the Roe vs. Wade decision. This was an unreal experience since it was a decision being covered by news outlets across the nation and I witnessed the aftermath firsthand.

Another remarkable event I witnessed was the Fourth of July celebrations. I saw the parade around National Mall in the morning with friends and ended the day with beautiful fireworks.

My favorite thing about D.C. was certainly the number of things to do and places to visit. Every week there were all sorts of festivals and activities going on, many of which were free. I simply had an unforgettable time, and I cannot wait to go back to continue exploring the city.

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# Symposium looks at South Texas health

Four University of the Incarnate Word professors will be panelists for a special symposium at 7 p.m. Wednesday, Oct. 12, focusing on health inequities in South Texas.

"In Sickness and In Health in South Texas" is the topic the panel will tackle in Diane Bennack Concert Hall.

Tracey Mendoza, dean of library services, will moderate the panel featuring Dr. Linda Solis, an assistant professor with the School of Osteopathic Medicine; Dr. Lopita Nath, a professor of history; Dr. Gabriel Saxton-Ruiz, a professor of modern languages; and Dr. Julie Miller, a professor of religious studies. Each panelist will discuss the topic from the perspective of their discipline in understanding and improving health inequities in South Texas. Audience members will have











the opportunity to ask questions and share experiences. A small reception will follow the

symposium, made possible by a federal grant the library received.

### **SPORTS**

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Paige Heller/LOGOS STAFF

uarterback Lindsey Scott Jr., a senior who transferred in, and outside linebacker Nash Jones address the media Saturday, Aug. 20, at the University of the Incarnate Word's Gayle and Tom Benson Stadi

### Cardinals preview football season via media days

By Paige Heller LOGOS SPORTSWRITER

Head Coach G.J. Kinne and some of his football players shared their outlooks for the season away at media days for the Southland Conference and at home Saturday, Aug. 20.

Kinne and two players represented the University of the Incarnate Word on Wednesday, July 20, at the Southland Conference Football Media Day at L'Auberge Casino Resort in Lake Charles, La. The event aired live on ESPN+.

And Saturday, Kinne - joined by some of his coaches and players spoke at home in a UIW Media Day in the fieldhouse about the season that begins at home Sept. 3 against Southern Illinois University.

Kinne, a first-time head coach, may be new to UIW's football program but he has been a part of the football scene

by playing and coaching in the NFL along with coaching at other universities Asked at the

conference event what UIW needed to do to get ready for the first game in defense of last year's title, Kinne said,

"We have a lot of really good players and talented coaches, but I think coming together as a team is No. 1 and just the discipline aspect is something that we really preached this spring. Having mental and physical toughness. I think if we did those two things, we can be a special football team."

Paige Heller

This year, UIW is ranked for the first time in Athlon's first preseason top-25 ranking. UIW ranked 16th.

Senior wide receiver Taylor Grimes represented the offense at the conference event and graduate student Kelechi Anyalebechi, a linebacker, chimed in for the defense.

Grimes came back from an ACL injury his sophomore year, to record more than a thousand years receiving and 15 touchdowns. This year he's on the watchlist for the Walter Payton Award, along with his teammate, quarterback Lindsey Scott Jr., who used the portal to transfer from Nicholls State.

Although UIW lost its first game last fall on the road against Youngstown State, Grimes said, "I think that game might've been the best thing for us that year because you know we went into overtime, and we end up losing by a field goal and I think we kind of learned how to win after that." Anyalebechi had a program record

130 tackles last season and is returning to play in a conference that UIW had contemplated leaving for the Western Athletic Conference.

"In my opinion, football is football," said Anvalebechi, who is being considered for the Buck Buchanan Award recognizing the national defensive player of the year. "It doesn't matter who we play. If you love the game, it doesn't matter if we're playing Alabama or McNeese. In our conference you know football is football and I'm ready to play. I'm excited for it. Even if we were in the WAC, we were going to go out there and play UIW (brand) football. We're back in the Southland Conference and we're going to do the same thing we did last year."

E-mail Heller at pheller@ student.uiwtx.edu

# Track-and-field leader gets academic honor

The Southland Conference named a major member of the University of the Incarnate Word's champion track-and-field team its Student-Athlete of the Year.

Parker Barrett, a criminal justice major from DeKalb, Texas, led the Cardinals to their first outdoor championship with 21 points. He won the javelin with a throw of 61.44m. He also placed third in the high jump (1.98m) and fourth in the decathlon (5,443 points).

Barrett, a two-time selection to the Conference Commissioner's Honor Roll, completed the year with a 3.74 GPA. He also made the Dean's List each semester from the fall of 2019 to the spring of 2022. Barrett registered 40.5 community service hours and is a member of the ROTC program at UIW.

"It's fitting that we end this special year with an academic award." Dr. Derek Riedel, UIW's head coach of track-and-field. "It's the No. 1 reason we are here doing what we are doing so this shows the world that these studentathletes value their education.

"It's of note that we had by far the most All-Academic nominations going into the voting process and to come out with the most men and second-most women is a testament to how hard our student-athletes work in the classroom. It's no surprise -- with the work we put in and the value we place on academics that these 13 men and women, earned this award. I'm so proud to be a part of a smart, charismatic, committed and hard-working group of people."



Parker Barrett led the Cardinals to their first track-and-field, outdoor championship with 21 points in the Southland Conference

### **SPORTS**

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# Golf teams score new coach, top player

The University of the Incarnate Word women's golf team has a new coach while the men's team boasts a player who was named Southland Conference Golfer of the Year.

Athletic Director Richard Duran named Aimee Ponte, who served as interim head coach in the 2021-22 season. to remain as the head. She originally joined the staff as an assistant coach in November 2019.

Ponte earned the top spot apparently. "This was an exciting year for our women's golf program and Coach Ponte has been there to guide us through it all," Duran said in a statement. "We are coming off of our most successful season as a program -- on and off the golf course. As the interim coach, Ponte has showcased her hard work and dedication to the university mission. which led our student-athletes to excel in the classroom, in the community and in competition. I look forward to continuing to work with her as she continues to

This past season, the women's team won the New Mexico State Aggie Invitational, marking the program's first tournament victory in Division I history. She also guided the Cardinals to a second-place finish in the conference. another hest. And team member Fllen. Nicholas won the individual title at the conference championship, becoming the first UIW women's golfer in program

elevate our women's golf program."

history to advance to the NCAA Regionals. Ponte now tops the record book in several categories as the team finished the season with 339 birdies and seven eagles. A native of St.



Peter Port, United Kinadom, Ponte graduated from the University of Texas-San Antonio with a bachelor's degree in kinesiology, health and sports psychology in December 2017.

Ponte, who was enrolled in the PGA program at the qualifying level, joined UIW's golf staff after working more than two years as an assistant golf professional at Oak Hills Country Club. During her first year as an assistant coach, Ponte helped the team to four top 10 finishes. She helped lead Lauren Mancha to her first collegiate individual win at the Islander Classic in February. Ponte also assisted three students with record-breaking low scores, She worked with the team in academics as well. with Gracie Aday being named to the Southland Conference All-Academic

"The women's golf program has come a long way in the last few years, and I am fortunate to have been part of it," Ponte said. "Last season was record-breaking

for the program and I'm excited to see what's in store this season for this talented

For the men, Joe Buenfeld had such a great year as a freshman the conference named him the top golfer in May.

The Southhampton, England, native had a historic first collegiate season. He had a low round score of 68, two rounds in the 60s, nine par-or-better rounds and was the first UIW male golfer to win the individual award at the conference championship. With the first-place finish, Buenfeld earned an automatic qualifying spot to the NCAA Men's Golf Regionals.

During the 2021-22 season, Buenfeld competed in eight tournaments and averaged a 73.54 score. He came in second at both the 2022 Gulf Coast Collegiate on Feb. 28-March 1 and the Big Texan on March 21-22. He also finished in the top 15 at the Colin Montgomerie Invitational, the Jackrabbit Invitational and the Nicholls Intercollegiate.

His head coach, Remy Huston, said Buenfeld was "committed to practice and getting hetter

He has been an instrumental part in this team that continues to break records and make history for UIW men's golf."

Buenfeld, who's played golf since he was 10, is majoring in sports management. According to the athletic

department's website, he chose to play at UIW after seeing "the great facilities (UIW had) to offer. And I feel (UIW) can help me improve my golf game to help me become the best player I can





him Golfer of the Year in the Southland Conference. He also earned an automatic qualifying spot to the NCAA Men's Golf Regionals. He is from Southhampton, England. Buenfeld, a golfer since age 10, is majoring in sports management.

# Student-athlete wins major conference scholarship

The University of the Incarnate Word's first student-athlete to win a \$5,000, post-grad Southland Conference scholarship is busy working and applying to graduate schools for occupational therapy.

Madeline "Maddie" Marrone, who graduated with a bachelor's degree in biology this spring, won the F.L. McDonald Scholarship, the conference's ultimate academic honor for graduating student-athletes.

The scholarship is presented annually to one female and one male studentathlete by the Southland Conference Faculty Athletic Representative Committee. The scholarship must be applied to graduate study at an institution of the recipient's choice.

The award was established in 1996 in memory of Dr. McDonald, former president of Lamar University in Beaumont, Texas. McDonald was Lamar's president in 1963 when the Southland Conference was established. He is considered one of the league's founding fathers and was inducted into the 1999 Southland Hall of Honor

Marrone, a native of Austin, had a long list of academic achievements during her time at UIW. A member of the Honors Program, she earned both the Dean's List and Conference Commissioner's Honor Roll accolades from the fall of 2018 to spring of 2022 and was named to the Conference All-Academic team in 2022. She was awarded the Cardinal Spirit Award this year, and served as community service chair for the UIW Special Olympics College Club. Marrone was also a member of the GROW Leadership Program at UIW and a Cardinal Peer Resource, During her time at UIW, she accumulated 107 community service hours.

Marrone, a track-and-field specialist, competed in the 2022 SLC Championship where she raced in the 3,000 steeplechase, running an 11:49.92 and placing seventh. She also finished second in the 3.000 steeplechase at the UTSA Invitational with a final time of 12:00.11.

"Maddie is so deserving of this

award," said Dr. Derek Riedel, her head coach. "She lives her life with such joy, commitment, loyalty and love. I can't think of a better human being to be UIW's first-ever recipient of this prestigious award. Maddie inspired our program for four years with an unwavering commitment to excellence and used the gifts that God gave her to bless others, I know that once she earns her occupational therapy degree, she is going to have a long career of service to others."

Marrone, 22, said her collegiate experience was "enhanced through the guidance and support from the UIW track and field coaches, my teammates, the Honors Program and the Rehabilitative Sciences faculties. My sincere gratitude goes out to (Life Skills adviser) Amanda Pulido for being a wonderful mentor to me over the last four years and for providing me with this opportunity. Thank you for all of your encouragement. kindness, and dedication."

Academically, Marrone said she should know "where I am going in the next couple of months. My start time will either be May of 2023 or August of 2023 depending on the program."

Meanwhile. Marrone is a



On Center for Kids, a non-profit center in Georgetown, Texas, that provides equine-assisted services to children, adults, and veterans with physical, cognitive, and emotional challenges. The center also provides speech and physical therapy with the movement of the horse integrated into the session.

"This movement is very beneficial in therapy and there is immense research that suggests so," Marrone said. "I am hoping to eventually specialize in this avenue of OT, so it has been a great experience thus far. It has been busy with applications and working full time, but 100 percent worth it."

### **ENTERTAINMENT**

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### Familiar face to direct theatre arts

The Department of Theatre Arts at the University of the Incarnate Word is under new management - but the face is familiar.

Professor Mark Stringham, who earned his bachelor's degree in 2004 at UIW through this department, now chairs it -- replacing Dr. David McTier, who retired in May

Stringham became a theatre arts student at UIW after his linguist job with the U.S. Department of Defense brought him to San Antonio where he worked as a contractor at Lackland Air Force Base.

After receiving his MFA in acting from The Ohio University in 2007, Stringham moved to New York and worked in stage, TV, film, and commercials.

Stringham returned to UIW in 2009 as an assistant professor on the theatre arts faculty, under the mentorship of longtime theatre arts veteran Margaret Mitchell and the late Dr. Bob Connelly, who had served as dean of the College of Humanities, Arts and Social Sciences. He will direct the last play of the











Brooke Arnold

2022-23 season, "The Reluctant Dragon," in the spring. Ironically, the play is one adapted by his colleague, Margaret Mitchell.

Stringham, who achieved the rank of professor this spring, has some goals as the department's new chair.

"While chair, I hope to enable our department to provide majors with a strong, basic foundation in the performing arts," he said. "I hope to enable our students to pursue postgraduate educational and professional opportunities in theatre. Finally, I hope to enhance the general education of the University's core curriculum and

enrich the cultural, spiritual, and intellectual lives of the on-campus and San Antonio communities.

Helping Stringham do that will be the department's newest faculty member, Liz Fisher, an assistant professor who will make her debut directing "Silent Sky" this fall and "Eurydice" in the spring.

Fisher's academic credentials include bachelor's degrees in English and psychology from the University of Texas at Austin in 2003, along with an MFA in directing from Texas State University in San Marcos. She has served as an associate artistic

director of Penfold Theatre in Austin.

"Liz Fisher brings intellect, energy, professionalism, and expertise to our department," Stringham said. "From the time she stepped on campus, she became someone the students wanted to learn from. She will be the only person on our faculty to hold a terminal degree in directing and therefore will assume directing responsibilities in the classroom and on our stages immediately. She will also take a significant curricular load in the area of performance. Needless to say, Liz will make immediate and impactful contributions to our department, both inside and outside of the classroom."

# for fall plays

The Department of Theatre Arts will hold auditions 5:30-10:30 p.m. Tuesday, Aug. 23, for its two fall productions - "Boy" and "Silent Sky" in Elizabeth Huth Coates Theatre.

Students will have until 11 a.m. Tuesday to sign up for a time to audition. The sign-up sheet is on the callboard near the department's Green Room

"This will be a prepared audition,"

said Brooke Arnold, who doubles as the department's administrative assistant and box-office manager. "Auditioners should prepare two contrasting contemporary monologues - not to exceed a combined total of three minutes in length."

Callbacks for "Boy" will be 7 p.m. Wednesday, Aug. 24, and callbacks for "Silent Sky" will be at 7 p.m. Thursday,

"Boy," by Anna Ziegler, will kick off the season Oct. 7 with subsequent performances Oct. 8-9 and Oct. 13-15. Theatre arts senior Gabriella Ramirez will direct the play.

For Ramirez, who is graduating in December, "Boy" will be her directing debut at UIW

Liz Fisher, the department's newest faculty member, will direct Lauren Gunderson's "Silent Sky" set Nov. 11-13

Fisher also will direct the first spring production, "Eurydice," set Feb. 24-26 and March 2-4.

Mark Stringham, the new department chair, will direct veteran colleague Margaret Mitchell's production of "The Reluctant Dragon" scheduled April 14-16 and April 19-20 and 22.

### **UIW shines light on Mexican artists for Fotoseptiembre**

The works of two Mexican photographers will be on display beginning Sept. 9 and weekdays through Oct. 21 in Kelso Art Center at the University of the Incarnate Word.

An opening reception for the Department of Art's photography exhibition -- "Todo Bajo el Cielo" (Everything Under the Sky) - will be 6-8 p.m. Friday, Sept. 9, at Kelso's Semmes and Condos Galleries.

The two photographers -- Anayantzin Contreras and José Luis Rodriguez Ritte - plan to be at the reception.

The exhibition is UIW's contribution to the celebration of the Fotoseptiembre USA International Photography Festival highlighting photography and photography-based art forms.



"The art department committee consulted with (the) curator, Gabriella Scott, on this exhibit proposal and in conjunction with Fotoseptiembre USA



Jose Luis Rodriguez Ritte

decided to bring these diverse works of photography and these wonderful artists to the UIW Kelso Art Center," said Roland Sul, the Art Department's secretary and art gallery coordinator. Contreras, a native of Mexico City, lives in Monterrey, where she works as a professional architect. She studied photography at

Brigham Young University in Provo. Utah, and architecture at Universidad de Monterrey. Ritte lives in his native Monterrey where he is a professor of photography and digital media at Instituto

Tecnológico de Monterrey. He also studied architecture at Universidad de Monterrey, but also earned a master's degree in education there as well as an MFA in animation and digital arts from Universidad Politécnica de Cataluña in Barcelona, Spain.





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