

Logos

Student-Run Newspaper for University of the Incarnate Word

VOL. 116, NO. 1

www.uiwlogos.org

Back to School 2015

Gun-toting Cardinals?

UIW can opt out under state's 'campus carry' law

By Haakon Willoughby
LOGOS STAFF WRITER

The University of the Incarnate Word can opt out of a new state law that will allow people with licenses to bring concealed weapons on campus starting in August 2016.

Under the "Campus Carry" bill that Gov. Greg Abbott signed in June, private universities such as UIW and independent schools can decide to keep concealed weapons off campus. However, state-funded universities can only declare some gun-free zones – not the entire campus. Community colleges have until August 2017

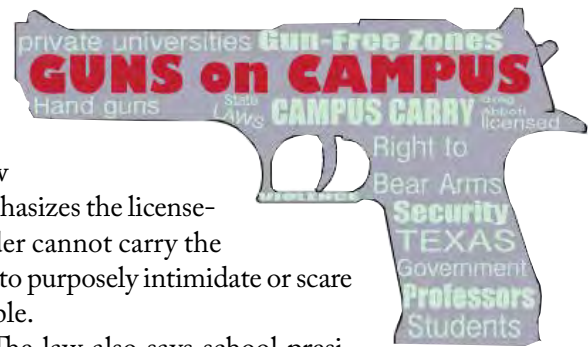
to determine what they will do.

Starting Jan. 1, anyone licensed can openly carry a gun in non-restricted areas in Texas under the "Texas Open Carry Bill for Concealed Handgun Holders" that the state legislature passed and the governor signed even before the Campus Carry bill.

The law allows the holder of a concealed handgun license – and you must be 21, pass a background check and receive classroom and shooting-range instruction to get such a license -- to carry that gun openly. However,

the law emphasizes the license-holder cannot carry the gun to purposely intimidate or scare people.

The law also says school presidents can write "reasonable rules, regulations or other provisions" related to guns after consulting students, staff and faculty. The school's gov-



- Cont. on page 2
-Gun-toting



River Jam kicks off Welcome Week

Texas folk-rock-country artists Shane Smith and the Saints will help kick off Welcome Week at the University of the Incarnate Word on the first day of class, Monday, Aug. 17.

The group, which recently dropped its first album, "Coast," will headline the third annual "UIW River Jam" along the banks of the San Antonio River near Anne Barshop Natatorium from 7 to 9 p.m. Monday. Besides the live music, participants also can enjoy free food.

"The UIW River Jam officially kicks off a long list of events during the first week of classes," said Paul Ayala, director of University Events and Student Programs.

"Welcome Week is an official welcome back to school by the university community to our students," Ayala said. "The week consists of a number of events that engage students into the campus community. This year, Welcome Week will include the concert, free giveaways, the student organization fair, a Las Vegas night, and a roving magician. All students and faculty and staff are invited to participate in these events."

- Cont. on page 2
-Welcome Week

Mass notes Agnese's 30-year run

By Valerie Bustamante
LOGOS ASSISTANT EDITOR

The University of the Incarnate Word community marked Dr. Louis J. Agnese Jr.'s 30th anniversary as president in a special celebratory Mass on Monday, Aug. 3, in Our Lady's Chapel.

"Today, we celebrate President Agnese and his 30th year as president," the Rev. Dr. Tom Dymowski, chaplain for University Mission and Ministry, said at the morning services. We pray for all you have achieved in the name of the Incarnate Word, and for all your family. We thank God for you."

Agnese, a native New Yorker, was accompanied by his wife, Mickey, who presented the holy Eucharist during the Mass celebrated by students, faculty, staff, trustees, supporters and probably the most recognized – members of the Sisters of Charity of the Incarnate Word, the university's founders.

Agnese recounted his start as president in 1985, when he was perhaps the youngest president at age 33 for a four-year university to the nation's current longest-serving one.

"I am very thankful that 30 years ago they saw a brash boy and entrusted me to lead this institution," said Agnese. "I've had the help of the congregation to lead this school -- my guardian angels I call them."

Since Agnese has served as president of originally

Incarnate Word College, UIW has become the largest Catholic university and fourth-largest private university in Texas.

When he first came to UIW, the enrollment was less than 2,000 students. Last year the enrollment set a new record with 9,940 students enrolled. Increased enrollment and the times has led to noted growth in academic programs and more buildings on and off campus. The Fine Arts Building will be ready this fall and construction is beginning on the \$29 million Student Engagement Center expected to open in 2017.

The Dreeben School of Education was the first to award doctorates during his tenure. And professional schools in pharmacy, optometry and physical therapy operating away from the Main Campus have been graduating classes. The School of Osteopathic Medicine is set to open at Brooks City Case. Adult completion programs (ADCAP) have also been established across town. And some campuses have sprung up in Mexico, Germany and formerly China. Athletically, football, fencing and synchronized swimming have been added and the entire athletic program is proceeding through Division 1 transitions.

UIW also has recognized several years as a great workplace in local, regional and national rankings,



Photos by Valerie Bustamante/LOGOS Assistant Editor
Dr. Lou J. Agnese Jr. and his wife, Mickey, pose after the Mass.

lauded as a military-friendly campus, and ranked No.1 in faith-based universities conferring Hispanics a bachelor's degree by the Hispanic Outlook in Higher Education Magazine.

More is yet to come, Agnese said.

"We will have blessed years to grow and this coming year we will pass Texas Christian University (TCU) for the (third-largest) private university in the state of Texas," Agnese said. "Our growth equals access and choices to our students. Praise be the Incarnate Word."

-Cont. on page 2
-Library Hours

Library to extend fall hours

The Student Government Association's Legacy Fund is allowing J.E. and L.E. Mabee Library to extend its hours this fall in a pilot program.

However, University of the Incarnate Word ID cards will be required for students to gain entry after 10:30 p.m. or remain in the library and media center if they're already there, said Dell M. Davis, director of public services for the library.

When classes start Monday, the library will open 7 a.m. and remain open until 2 a.m. Monday through Thursday. The media center, however, will close at 1 a.m. – an hour earlier than the rest of the library. And on Sundays, the library will open at noon rather than 1 p.m.

Services such as printing, photocopying, scanning and group study room use along with access to information assistance, the reserve collection and circulating laptops will be available until 15 minutes before closing.

Because later hours are a potential security concern, UIW ID cards will be required for entrance into the library after 10:30 p.m. Individuals wishing to remain in the library and the media center after 10:00 will have to present their ID to staff upon request. Individuals who do not have a UIW ID will be asked to leave. A security officer will be checking the IDs at the library



Dell Davis

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Editors give out advice on how to get through college.

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Ex-Cardinal Pitcher joins a minor league team after 2015 draft.

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Auditions set for Aug. 8 for fall plays

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WHAT'S NEW AT THE 'U'?

Several changes have taken place on campus during summer break.
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WORD UP

HAVE YOU HEARD THE NEWS?

Compiled by Priscilla Aguirre

Couple saved son in desert

A French couple, Ornella and David Steiner, died while hiking in a New Mexico desert on a 100-degree day but may have kept their 9-year-old son, Enzo, alive by giving him extra water rations. The Steiners set out to walk a 4.6-mile-loop trail at the White Sands National Monument but only took about two, 20-ounce bottles of water among them. Though the parents didn't carry enough water for the hike, they gave the boy more water than themselves. Their son was found dehydrated but alive beside his father's body. The boy was unaware his mother already was dead. Autopsies are not complete but the deaths appear to be heat-related.

Sanders draws big Portland crowd

U.S. Sen. Bernie Sanders, D-Vt., drew more than 19,000 people to the NBA arena in Portland, Ore., setting the record for the largest political event of the 2016 political contest. The Democratic presidential candidate has drawn big crowds while campaigning. Michael Lewellen, vice president of corporate communications for the arena, said 28,000 people tried to attend the event. He spoke about several issues including criminal justice, education and prison reform. The audience at the event was primarily white and expressed a lot of anti-Clinton sentiment. U.S. Sen. Bernie Sanders, D-Vt., drew more than 19,000 people to the NBA arena in Portland, Ore., setting the record for the largest political event of the 2016 political contest. The Democratic presidential candidate has drawn big crowds while campaigning. Michael Lewellen, vice president of corporate communications for the arena, said 28,000 people tried to attend the event. He spoke about several issues including criminal justice, education and prison reform. The audience at the event was primarily white and expressed a lot of anti-Clinton sentiment.



U.S. Sen. Bernie Sanders of Vermont.

Spill turns river yellow

A toxic leak of wastewater that turned the Colorado River mustard yellow is three times larger than the U.S. Environmental Protection Agency originally estimated. The EPA says three million gallons of wastewater came from an abandoned mine last week. The risk to wildfire is not significant, the agency said. However, local authorities took steps to protect drinking water supplies and farms. More than 1,000 wells may have been contaminated. The EPA is still investigating the health effects of the leak, which included heavy metals including lead and arsenic.

Man charged at Michael Brown's vigil

Prosecutors in Ferguson, Mo., charged a man with assaulting officers during the events marking the one-year anniversary of the killing of Michael Brown. The suspect, Tyrone Harris, 18, was critically wounded in a gun battle with police. A day of a peaceful vigil turned ugly when protesters threw rocks and bottles at officers. The shooting came in the night after rival groups began firing at each other at the center of the Ferguson protests. More protests are planned for this week marking the unarmed Brown's death when he was shot by a white police officer.

Gun-toting cont.

erning board also must approve the rules before they go into effect. UIW has a Board of Trustees including members of the Sisters of Charity of the Incarnate Word.

UIW student Golzar Hosseini said she does not like the open-carry law. She said she would feel uncomfortable and unsafe knowing UIW students had guns.

Since there have been so many incidents on other campuses involving guns, she reasoned, why now allow them to be carried too freely? You never know who is crazy, who might snap or do something that can change and destroy the lives of many individuals, she said.

"I do not approve of this law, because I do not stand by guns and using them," Hosseini said. "I believe that they only bring harm if you need to purposely carry one. You are just looking to use it if you feel the need to carry it with you at all times."

Omid Tabib, a student at the University of Texas at San Antonio, said he would not feel comfortable if students at UTSA started carrying guns.

"I do not see the reason why people need to have a gun with them at school," Tabib said. "I totally disagree with this law and I am strongly against it."

Welcome Week cont.

Shane Smith and the Saints, based in Austin, features Smith on vocals, acoustic guitar and harmonica; Chase Satterwhile on bass and harmony vocals; Bryan McGrath on drums; Tim Allen on lead guitar and harmony vocals; and Bennett Brown on fiddle and harmony vocals.

"Campus Life is excited to be included in Shane Smith and the Saints' tour schedule immediately following the release of their debut album," Ayala said. "Fans of Texas Country and music in general are going to love the music of Shane Smith."

Library Hours cont.

entrance. Visit the library's web page for details about extended hours and exceptions – www.uiw.edu/library.

Another new service offered by the library and sponsored by the Legacy Fund is the availability of Microsoft Surface Pro 3 computers. Unlike the previous laptops offered for circulation by the library, these computers may be checked out of the facility for 24 hours. Currently enrolled students must sign a laptop checkout form the first time they take out a computer. This information will be kept on record in the library circulation system.

•The Student Legacy Fund, established in 2013, is supplied by a self-imposed fee voted on by the UIW student body toward number of enhancements for the UIW community.

•To learn more about the Legacy Funds, go to www.uiw.edu/SGA.



Photos by Valerie Bustamante/LOGOS Assistant Editor

Fencing has gone up around the old Marian Hall Student Center to allow for new construction.

Mexico, UIW match scholarships

Some University of the Incarnate Word students of Mexican origin are benefiting this fall for the first time from a special scholarship program established this spring.



Dr. Lou J. Agnese Jr., center, and UIW's Marcos Fragosa, right, receive a check from Mexico.

At a spring news conference, the Mexican Consulate presented a \$60,000 check to UIW to fund these scholarships as part of the "IME Fellowship Program."

The Scholarship Program IME-BECAS was created in 2005 as an initiative of

the Mexican Government to contribute to the development and personal improvement of Mexican immigrants who live in the United States, in order to help students to continue or finish their academic education.

IME-BECAS offers support to several community and learning centers in the United States for individuals in literacy, elementary, middle school, GED, HiSET, computer courses and ESL. Since 2005, 44,000 students have benefited from this program with an annual grant of more than \$670,000.

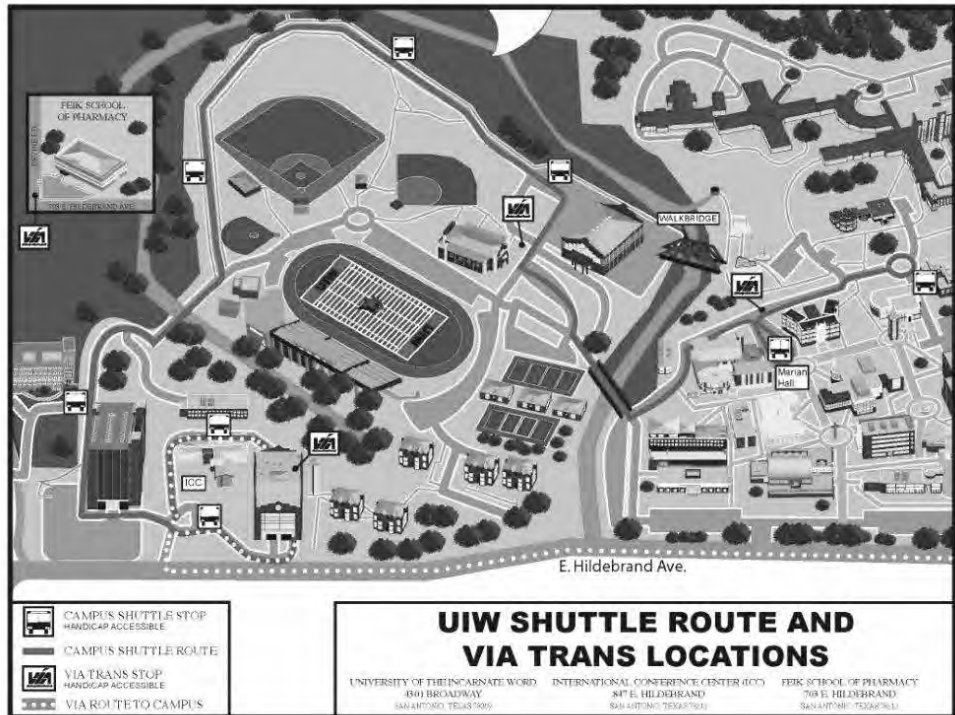
In 2014, Enrique Peña Nieto, the president of Mexico, quadrupled the initial funding to the program, granting higher educational institutions of the United States \$4 million to benefit nearly 12,000 undergraduate students.

The Mexican Government has strategic allies in this effort such as educational institutions, local governments and business enterprises. For 2014-2015, 44 Mexican Consulates will participate in this program in the United States.

Each year, students of Mexican origin apply to UIW with aspirations to become businessmen and women, engineers, doctors, scientists, etc. Many of these students are graduating from U.S. high school around Central/South Texas and do not have the financial ability to access a private education.

A limited number of scholarships will be provided to students of Mexican origin as part of the fellowship program. Awards will be given to current students and incoming students this fall. UIW will match the \$60,000 for the 2015 fiscal year that IME-Becas is awarding. Students must have a minimum grade point average of a 3.0 to be eligible for the scholarship.

"We are very pleased to be working with the Mexican Consulate on this program," Dr. Lou J. Agnese, UIW president, said in a statement. "The scholarship opportunity will allow minority students to achieve their dreams and contribute back to society in the U.S. and in Mexico."





UIW grad almost trumps Miss USA crown

Miss Texas USA titleholder recounts tumultuous times, controversy on national TV stage

By Valerie Bustamante
LOGOS ASSISTANT EDITOR

It's been nearly a month since Miss Texas USA Ylianna "Yli" Guerra came up just short of being named Miss USA.

Guerra, who graduated last fall from the University of the Incarnate Word, finished first runner-up in the 2015 annual pageant aired nationwide July 12 on the Reelz Channel from Baton Rouge, La.

Until the winner's name was called, there was a lot of suspense for Guerra as she held hands with Miss Oklahoma USA, Olivia Jordan, before the final announcement in the 64th annual event. And if for some reason, Jordan had to relinquish the title during the year, Guerra would step in.

"It was an awesome feeling being up there (on the stage)," Guerra, 22, said. "Olivia and I had already become good friends and I told her before, whatever the outcome was, I was going to still be happy because we made it this far."

Guerra, a native of McAllen, Texas, was among 50 other contestants competing for the crown.

In the weeks leading up to the competition, however, the Miss USA Organization faced a bump when owner Donald Trump announced his plans to make a Republican run for the presidential nomination. During his announcement, Trump shared controversial remarks regarding Mexico and the individuals who emigrate from the country. His remarks described immigrants from Mexico as drug traffickers, rapists and people who brought nothing, but crime.

Following his remarks, many distanced themselves from Trump, including a number of business ties being broken. The fallout included the pageant's partnerships with the NBC and Univision, who originally planned to air Miss USA 2015. They dropped the show and Reelz reaped the reward.

After Trump's comments surfaced, Guerra said many began questioning whether the pageant was to continue and if Guerra was going to drop out of the competition.

"The girls and I were in Louisiana three weeks prior to pageant day so we could bond, prepare, and interview for the pageant," Guerra said. "We were doing interviews almost every single day, especially because of Mr. Trump's comments. A lot of people thought I was going to drop out of the pageant."

"While Trump is the owner, he doesn't have anything to do involving the actual pageant. The Miss USA president, Paula Shugart, sat down with us weeks before the competition and told us it was still going as planned. All the original judges had dropped out after Mr. Trump's comments and they were going to look for new ones. However, we still planned and prepared without NBC and Univision and everything went on."

"I felt I needed to be there especially for the Hispanics and Latinos because if I wasn't going to do something then no one else was going to."

Several days before the broadcast, Guerra and the rest of the contestants competed in the preliminary series, where the top 15 semifinalists were selected.

"The days leading up to the final day were so busy, but the morning of the pageant I was so calm," Guerra said. "I was not nervous at all. I think a lot of it had to do with the prayer and meditation I did. We were up by 5 a.m., trying on gowns and rehearsing. Then when we had our final break, I was able to pray and meditate alone."

Guerra entered her first pageant when she was 18, towards the end of her senior year in high school. A local director from Miss Texas USA, a branch of the Miss USA organization, approached her to compete in the Miss Rio Grande Valley 2011 pageant.

"I had never done anything like it, but I decided to

give it a shot," Guerra said. "I had fun and realized that I really loved it. I realized that it was not just about having a pretty face."



Ylianna Guerra was first runner-up for the Miss USA event.

It was about being a role model to young girls and helping out in the community with charities."

After taking a brief break in college, Guerra competed for Miss South Texas 2013 and took the title. The year that followed, Guerra won Miss Tropics of Texas 2014, a title that would allow her to compete for and become Miss Texas USA 2014.

As for Guerra's future, the bilingual communication arts graduate recently was employed as assistant director for media at EnviroMedia, a public relations firm in Houston specializing in improving public health and environment.

"I am finally going to be able to use my communication arts degree from UIW," Guerra said. "Down the road I hope to own my own business."

Take time to make good grades, good friends



By Dr. Trey Guinn

Lauren, not her real name, stopped by my office to announce she was my newest advisee.

After a few standard get-to-know-you questions, she shared that she recently transferred to the University of the Incarnate Word from another university

a few hours away.

My response was, "I bet your faculty and friends from (the former institution) miss you greatly but I am glad you are here, and I look forward to knowing you."

Lauren paused a second, laughed slightly, and replied, "I hardly think anyone back there knows or will figure out that I left."

I understood her quite clearly. She said it with a laugh. However, I knew with certainty that this situation was painful -- not funny. She had invested two years of living and learning on that campus and was utterly convinced no one had noticed her leaving. She had transferred from her former institution without one friendship but enough credits to classify as a junior.

Lauren's story is sad, but not shocking. There are many people who enroll in college and miss out on making friends. I am thinking about a sophomore I met last year. He has transferred colleges twice already, is unsettled on his major, and seems to pick his course schedule with the sole purpose of minimizing his time on campus and maximizing his time at home, holding a video game console.

I am also reminded of a very intelligent student I met last spring just before her graduation. She had lived on campus all four years but could not recall the name of her resident assistant or even one friend she made down the hall.

Some of these students carry on fine and after a few years graduate. But the findings from my own research and that of others leads me to believe making friends is one of the single best predictors of a joyful and successful college experience. Put another way, not making friends is one of the most critical predictors for why students do poorly in college and in some cases drop out altogether.

So, while most people will stress that in order to graduate you must hit the books and do all your schoolwork, I am here to remind you that you must do your "friendship work" too. The good news is that friendship work is fun. And if you want to make it rain friendship this semester, I prescribe the following: get involved with a group and invite people to hang out. Let me explain.

The easiest way to make friends is to seek and select purposeful group involve-

Development Office seeks students for Phonathon

University of the Incarnate Word students can earn valuable community service hours required for graduation and possibly get hired later on and earn some spending through the annual fall Phonathon.



University of the Incarnate Word students man a phone bank in Room 126 of the Joyce Building last year.

ment on campus, such as joining a social club or becoming involved with a service group. Doing this increases your likelihood for interactions that may result in new friendships. A bonus is that the people in your newfound group will share at least one common interest with you, which will make starting a conversation that much easier. If you both joined the chess club, chances are you both like chess. And that's check, mate. So, at the top of your friendship work to-do list is to get involved with a group on campus that aligns with your values and interests.

Additionally, inviting people to hang out, such as asking the person that sits next to you in class to grab lunch or play a game of pick-up basketball, is critically important for developing friendship, sharing activities, and spending time together. Some students are scared to issue invitations. A former advisee wanted friends so badly but feared putting himself out there and being rejected. So, I shared a couple of thoughts with him. First, I reminded him of a simple fact that all students want the same thing -- to have friends and feel a sense of belonging and connectedness. Second, I pointed him to piles of research showing people are socially attracted to those that demonstrate confidence and a willingness to initiate communication. This means whether you are new to UIW or facing a new semester with new classes and fresh faces, it is to your advantage to be the one that breaks the ice and invites others to hang out. While rejection is possible, odds are that harnessing some confidence and issuing an invitation will only enhance your social status, and thus further increase the likelihood someone would want to spend time with you.

Now, some may think doing friendship work on campus is not for them. They might say, "Yeah, but I don't have time because I work." Or, they might think that they don't need to worry about making friends at school because they already have a ton of high school friends or keep up with a lot of people from back home. This is faulty reasoning because a joyful and successful college experience is not realized until you become part of the campus. And you are not part of the campus until you begin to establish new friendships and a social life on campus. Doing so makes students happier and more adjusted to college life; it increases the likelihood students will stay in school. It also prepares them in many ways for life after college. So, as the semester kicks off, remember to occasionally set aside your books and do your friendship work.

Editor's Note: "Getting Interpersonal" offers scholarly and lighthearted advice about communication and personal relationships. To send in a question, e-mail Guinn at tguinn@uiwtx.edu



Upcoming Events

Compiled by Valerie Bustamante
LOGOS Assistant Editor

Cardinal Camp
Friday, Aug. 14, 8 a.m.
Location: 325 Mission Valley Road, New Braunfels, Texas 78132
Earn your wings at the two day event, Cardinal Camp 2015. This year's camp is being held at John Newcombe Ranch.

Welcome Mass & BBQ
Sunday, Aug. 16, 10:30 a.m.-1p.m.
Location: Our Lady's Chapel and Dubuis Lawn
Students and their families are invited to the first mass for the school year. Shortly, after they are welcomed to sit on Dubuis Lawn for a BBQ.

UIW River Jam
Monday, Aug. 17, 7 p.m.-9 p.m.
Location: Ann Barshop Natatorium Parking Lot
Free food and entertainment by Shane Smith and the Saints will be held after classes for a quick break.

Student Org Fair
Thursday, Aug. 21, 11 a.m.-2 p.m.
Location: Dubuis Lawn
Stop by Student Org Fair on Dubuis Lawn to learn about all the organizations on campus.



Deborah Flores



Jacob Bloodworth



Olympia Cuellar



Robert Armendariz



Kimberly Ibarra



Nick Gomez



Justin Ramirez



Stefan Garcia

SGA plans fair, general assemblies

The Student Government Association's Executive Council for the 2015-16 year is getting down to business first with a Student Organization Fair before it begins its series of General Assembly meetings.

The fair will be 11 a.m.-2 p.m. Thursday, Aug. 20, on Dubuis Lawn.

President Kimberly Ibarra, 19, a junior from Laredo who is double-majoring in accounting and management information systems, said her overall goal for SGA is "to foster an environment that allows students to feel prideful and generate ideas that will leave a lasting impression on the university."

She and other members of the Executive Council are paid. Their adviser is Paul Ayala, director of University Events and Student Programs.

Vice President Robert Armendariz of Presidio, Texas, will help Ibarra carry out her agenda as he serves as vice president. His goal, said the international business major, is to "leave a legacy the student body can benefit from in years to come."

Twenty-year-old Olympia Cuellar of San Antonio is serving as chief of staff. A junior majoring in government and international affairs with a concentration in American politics, Cuellar said her goal "is to keep our student body informed and engaged, as well as striving to increase the relevance and impact of our student government."

Stefan Garcia will maintain Robert's Rules

of Order as parliamentarian.

"(My goal) is to assist in creating an environment in which all students at the University of the Incarnate Word can express their ideas, as well as make those ideas become a reality," said Garcia, 21, a junior accounting major from San Antonio.

Secretary Jacob Bloodworth, 20, is from The Woodlands, Texas.

"My goals for SGA as an officer would be to have the school become more active and knowledgeable about what SGA is and what we do," said the golf management major.

El Paso native Justine Ramirez, who is double-majoring in criminal justice and sociology, said his goal as attorney general "is to make it easier for faculty and the student body to communicate between the two."

The director of public relations, Deborah Flores, 24, of Mexico City, said she has goals related to being an international student and SGA officer.

"One of my goals is to help narrow down the gap between domestic and international students," said Flores, who is working on an MBA with a concentration in international business. "(For the SGA), one of my objectives is to try to communicate to our students ways on getting involved with different activities and organizations, such as SGA, and improve their life at UIW."

Treasurer Nick Gomez, a 20-year-old finance major from San Antonio, will be

keeping an eye on the Legacy Fund which has resulted in more dollars for student activities since it was enacted.

He said his goal "is to facilitate financially the day-to-day running of the association, be prepared for any and all mandatory challenges that may face the association and maintain a clear plan to achieve this and particularly to ensure a healthy surplus."

Gomez will "offer and provide assistance to officers and members in the financial planning and implementation of their activities in the association."

To do so, he will "be open, approachable and co-operative with all the association members and maintain and protect the financial security of the association."

FYI

The Student Organizations Fair, sponsored by the Student Government Association, will be 11 a.m.-2 p.m. Thursday, Aug. 20, on Dubuis Lawn - weather permitting.

General Assembly meetings will be at 6 p.m. Tuesdays in Room 129 of Henry Bonilla Science Hall beginning Aug. 25. Other meetings will be Sept. 8, Sept. 22, Oct. 6, Oct. 20, Nov. 3 and Nov. 17.

'CAB Takes Vegas' set for Skyroom

The Campus Activities Board, which has seven students planning a number of events, has scheduled "CAB Takes Vegas" from 6 to 8 p.m. Tuesday, Aug. 18, as its first big act.

Except for the first event in McComb Center Rosenberg Skyroom, CAB's other fall programming -- using money from the Legacy Fund established by students -- will be outdoors from September to November. The schedule includes:

Sept. 23: La Feria, 11:30 a.m.-1 p.m., Dubuis Lawn.

Oct. 13: "Wicked," 8-11 p.m., Dubuis Lawn.

Oct. 24: Homecoming Tailgate, starting at 10 a.m., area outside Gayle and Tom Benson Stadium.

Nov. 3: Relaxation Station, 11:30 a.m.-1 p.m., AT&T Circle.

Nov. 17: Carnaval, 6-9 p.m., Dubuis Lawn.

Paulina Mazurek, assistant director of University Events and Student Programs, serves as CAB's hirer and adviser.

"As CAB's adviser, my primary goal is to develop CAB officers by giving them tools necessary to plan fun and engaging events for the student body and to help them grow personally and professionally," said the Laredo native who holds a bachelor's degree in speech

communication and master's degree in organizational communication.

CAB President Victoria "Tori" Escamilla, who is paid along with the other CAB leaders, said she has high expectations for the group's events. She will be putting skills learned from her major -- marketing -- to the test.

"This year in CAB, I am hoping to begin new traditions at the university as well as create new and unique experiences for the students attending our events," said Escamilla, who is from San Antonio.

Thao Nguyen, CAB's director of marketing, will be using skills from his major -- graphic design -- in his position.

"As director of marketing, I hope to create promotional pieces that draw the attention of students and get more involved with CAB events," said Nguyen, a Houston native. "I also hope to develop better skills on the computer and have it reflected in the fliers that I design."

Nursing major Diana Osorio of Clute, Texas, is serving as director of administration.

Her goal, she said, "is to offer the students a great experience and create school spirit throughout our events. I want to go big and make it count. I want this

team of members to make a legacy for CAB that will hopefully keep growing and improving along the years."

Jay Perez, a communication arts major concentrating in journalism, is returning as director of social media and promotions

"It is very exciting that I got rehired for another year with CAB," said Perez, a San Antonio native. "I am looking forward to this upcoming school year because the executive board and myself have many different and new ideas for great events."

Biology major Anita Kaduru, a Houston native serving as director of internal affairs, said her goal as director of internal affairs "is to unite as many organizations together to achieve a common goal. I hope to aid in helping the student body population to enjoy CAB events."

Getting more experience in event planning and coordinating is among the goals of Alexis Pedregon of El Paso, who is serving as director of logistics and operations.

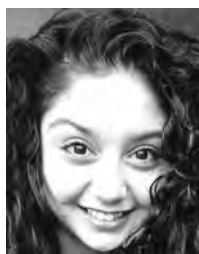
Besides hoping to stay "on top of all the duties assigned to me in CAB," Pedregon, a music industry studies major, said. CAB also allows her "to be more involved on campus as expand my leadership skills. I hope to attain



Alexis Pedregon



Anita Kaduru



Diana Osorio



Thao Nguyen



Jay Perez



Tori Escamilla



Nicole Garcia

14 to run UIW's student media

Fourteen University of the Incarnate Word students have key management roles with the Logos student newspaper, KUIW Internet radio or UIWtv Internet television.

The students are all communication arts majors although any UIW student may participate in student media as well as seek management positions available each year.

The Logos leadership includes Angela Hernandez as editor of the newspaper with assistant editors Priscilla Aguirre and Valerie Bustamante.

KUIW radio management includes Marie Gonzalez, program director; Chris Reyes, sports director; Rebecca Luna, DJ services; Daisy Guevara, music director; and Kori Echeveste, communications director.

UIWtv officers are Ivan Perez, operations director; Valerie Lopez, news director; Lissette Lewis, entertainment director; Rory Dew, sports director; Leonard Herbeck, program director; and Auris Calvino, communications director.



Auris Calvino



Angela Hernandez



Valerie Bustamante



Priscilla Aguirre



Ivan Perez



Chris Reyes



Daisy Guevara



Marie Gonzalez



Lissette Lewis



Rory Dew



Rebecca Luna



Leonard Herbeck



Valerie Lopez



Kori Echeveste



Students learn, serve at border

By Cassidy Fritts
LOGOS STAFF WRITER

Eleven University of the Incarnate Word students spent a summer week in Alamo, Texas, volunteering with ARISE, a nonprofit organization, to help provide immigrant children with a fun, safe summer.

The May 30-June 6 trip, the second made by UIW students in less than a year, was part of a longer program run by ARISE called Un Verano con ARISE (A Summer with ARISE).

ARISE – an acronym for A Resource in Serving Equality -- invites outside organizations or groups of volunteers to visit for a summer week and plan fun activities for the children of the colonias. The Texas Secretary of State defines a colonia as a neighborhood lacking basic living necessities such as streetlights, paved roads, and even sewage systems. A majority of the families residing in the colonias live below the U.S. poverty level.

“Honestly, I wasn’t sure what to expect when I signed up,” said Julia Gottschalk, a UIW nursing major. “I had never heard of a ‘colonia’ before, but I signed up because, from the way the trip was described, there was a need in this community and I felt that I could contribute to meeting that need.”

The students stayed in one of ARISE’s three centers. The center did not have air conditioning. The students slept on small foam mattresses and shared one small bathroom.

This year’s group planned many different activities for the children such as playing soccer, creating paper bag puppets, reading books, having a dance marathon, and a huge water balloon fight.

“Giving kids a certain type of escape from their day-to-day world was my favorite part of this trip,” said Alan Amaya, a math major. “The happiness that they portrayed while they played is something that you notice right away and it has a contagious effect.”

In addition to volunteering with the children, the UIW students visited different organizations and areas of South Texas. Students were taken to the border to see the border fence and learn more about immigration. They also visited another organization called La Posada, which houses immigrants from all over the world while they wait to either receive their visas or asylum. The students were able to meet immigrants from places such as Ethiopia, Cuba, and other foreign countries.

The students were presented with a great wealth of knowledge about the issues that immigrants face when coming to America, as well as what poverty means and the struggles that those living in poverty face. Gottschalk said she learned much more about the challenges the people living in the colonias face including poverty, access to quality education, and lack of public utilities.

ARISE, based in Alamo, provides free services and help to the families of the colonias in South Texas. Many of the citizens living in the colonias are immigrants mainly coming from Mexico as well as areas of Central and South America. ARISE offers early childcare services, English classes, and even resources for finding health care and jobs.

ARISE spoke to the UIW volunteers about the different programs it offers to the community as well as political advocacy. ARISE advocates for immigration reform, improving voter registration and participation in South Texas, and increasing public services and utilities provided in the colonias.

“Throughout their time with us, the women of ARISE repeatedly mentioned ‘The needs of the community’ as their focus,” said Gottschalk. “They didn’t refer to it as ‘the rights’ but as ‘the needs.’ It was such a shift from the unapologetic, individualistic approach to life in our society.”

Gottschalk said this trip inspired her to reframe the way she thinks about her “place and purpose in

her own family, in the UIW student body, and the global community.”

The volunteers

learned many things from ARISE, the children, and the other places they visited on this trip, but they also learned a lot about each other as well as the importance of community service. The trip covers all 45 hours of community service that UIW students need to graduate.

“My favorite part of the trip was leaving with (eleven) individuals, but returning as a family,” said Chelsea Castaneda, a biology major. “Over the week that we were there we learned a lot about each other and grew together. It was an incredible feeling to be a part of this and have such a great impact in the community with each other.”

Amaya also said he enjoyed the time spent with the other volunteers, but also the enhanced sense of awareness of world issues this trip gave him. He said he loved

seeing the children enjoy themselves and that it made him feel like he was really making the world a better place.

As a result of this trip, the students said they feel inspired to continue doing community service and give back to the community. A 2016 summer trip is being planned; more details will be announced this fall.

Biology major Juanita Alvarado said she would recommend other UIW students participate in the summer trip because it can give direction to their lives and help them learn things a textbook or lecture can never teach you.



University of the Incarnate Word students share arts-and-crafts with several children who live in the colonias near the border of Texas and Mexico.



A card game keeps a child engaged during the week the students spent in the valley.



Coloring books, above, and a game of jump rope, below, were among the variety of activities planned for the kids.



Photos by Cassidy Fritts

“I pray that one day I can give back in a massive scale and that others will be inspired to do the same no matter what race they are, country they’re from, or language they speak,” Alvarado said.



From the Editor’s Desk:



By Angela Hernandez

Learning how to roll in college

Congrats! You’re going to college!

Now, some of you may be attending your dream school, your second choice, even getting your basics done at a community college before transferring to a four-year school. Either way it’s still exciting!

Like most of the people I have met on the road of higher education, my parents didn’t go to college. My family had no clue about financial aid, GPAs, remedial classes and registration. I had to figure most things out on my own.

In pop culture there are these common thoughts about college life such as partying, dorm life, and pulling all-nighters. To tell you the truth, while these things may be true for a select few of the student population on campus, they may not be the same for you.

For starters, college is expensive, and sometimes the money we get awarded in financial aid is not enough. As students we are expected to pay for books, parking stickers, registration fees, insurance fees, legacy funds, computer lab fees, meal plans, and housing. There is even a fee in our tuition for the gym -- whether we use it or not.

Most of the stress I have ever been under at school has more to do with paying for it rather than the academic parts. But I have to say you get what you pay for.

When commuting to school, it can be tough to want to stick around campus for anything other than that day’s classes. But it is well worth it. Just because you don’t get the full college experience because you live at home doesn’t mean you have to miss out on everything. On any given day there are organizations having different activities, giving away free stuff, and being genuinely friendly. Make time for these festivities. Make time between classes, work and studying. After all, you are paying for it. Look into different organizations that peak your interest. They will open so many doors for you or at least give you free food and new people to talk to.

As for classes, check out your professor on ratemyprofessor.com – it’s similar to Facebook-stalking but instead you’re collecting intel that can be crucial to your grade in the class. During class, try to take notes, ask questions, try to turn in everything on time, and engage in class discussions. You will get to know more people this way.

Some courses will be tough and you may struggle with the work. More than half the fees you pay for go towards tutors who are available on campus to help. Use these resources. And if the going gets tough, drop the class and try again later. Register for classes you would never think of trying such as ballet and world religions.

College will be nothing like what you expected it would be, but it will be what you make of it. Smile at people, take advantage of every opportunity, show up to class, try to have a positive attitude about everything, have fun, and get to know people and your campus. After all, four years goes by in the blink of an eye.

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How to cope with first-day-of-class jitters



By Valerie Bustamante
LOGOS ASSISTANT EDITOR

I sat in the truck thinking about other things to take my mind off of what was going to happen in the next hour or so.

I felt this pain in my stomach and didn’t know how to get rid of it. I was feeling the worst anxiety I had ever felt in my life.

What was causing this? Well, it was the first day of my freshman year in college.

As I sat with my mom beside me I kept thinking how in the world was I going to get through a day of classes when I hadn’t even gone to my first one yet and I already felt like my heart was in my stomach? I only knew one person, and I was on a campus that was 10 times the size of my high school. I didn’t think I’d find any of my classes or I’d make any new friends.

The list goes on and on of worries and fears I had that day. The truth is I am not the only person who has these thoughts on the first day of school, especially the first day of college.

It can be truly the hardest thing ever because you’re coming from a place where you knew everything and everyone. And now you’re studying on a new campus where you have to learn everything from the bottom up again.

However, it gets easier. Each semester you’ll get to meet new people -- people from all over. And you’ll learn little things you never thought even existed.

Here are three things I think can help you get through your first day of college and some I wish I had thought of three years ago:

1. Smile: Don’t be afraid to introduce yourself to the person beside you in class. Ask for his or her name, or maybe how their first day is going so far. Most likely they’re as nervous as you are and it may be helpful to at least know somebody in your class. It’s the worst feeling to be alone on your first day. A new friend could ease those first-day jitters.
2. Explore the Campus: After I nervously finished my first class, I noticed I had almost a three-hour gap till my second one. Since I didn’t know anybody and the one person I did know was nowhere to be found, I sat for three hours alone on the picnic tables in front of the Administration Building. I basically isolated myself from our amazing campus and students instead of exploring what the campus has to offer. So, don’t be afraid to explore. The first day and even the first week has so much to offer. There are always activities going on in the student center that allow you to interact with other students. A concert and barbecue is also held towards the end of the day.
3. Finding Classes: While it can be super-intimidating being on a new campus, it doesn’t have to be. If you’re worried about finding your classes, then just go a couple minutes before and spot out the room numbers. It will allow you to not be late on the first day.

The most important thing is to not let your nerves get the best of you. Just let the day go by and enjoy it. You’ll eventually settle in and find your place. The college experience is something you will learn to appreciate and cherish. While you may feel like the first day is something you don’t know how you’ll get through, all the other first days to come will be a piece of cake.

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College break led to greater appreciation



By Priscilla Aguirre
LOGOS ASSISTANT EDITOR

I didn’t realize how important school was until I took a two-year break.

Growing up in a household where education wasn’t always stressed, my mind-set was I’d be OK without a degree. I was so wrong.

In the fall of 2011, I walked the halls of the Cardinal campus with hopes and dreams like everyone else surrounding me. My personality didn’t fit my major (communication arts) at this time because I was shy, nervous and fearful. I’m still working on improving those traits.

Spring semester, in my sophomore year, was about to kick off and I just disappeared. Procrastination was my best friend and my fears got the best of me. Money became an issue in my family and I chose to leave UIW to help. At the time I didn’t know I was hurting myself. There was always an excuse with me and I felt I was making the right decision.

During this break, I was working full time as a server at a local restaurant. I still work there but part-time now -- with bills and a lot of questions I tried to answer. What am I doing? Do I want to be a server all my life? What if I finished college? You don’t know how much you miss school until you have been gone for a while. I missed being productive. I missed writing. I missed college.

Finally, it hit me that school is a necessity and I decided to change my life around. I stopped feeling sorry for myself and recognized I was wasting time. My fear for asking for help went away and I stormed into the financial aid office ready to start again. I picked up where I left off and next thing I know I’m enrolled for the fall semester of 2014. The whole process was time-consuming and challenging but I motivated myself through it all.

My first day back my emotions were all over the place. I saw old and new faces. The campus was evolving and growing. I was in classes with spanking-new freshmen and here I am a returning sophomore from a few years back. It was hard hearing that others I had classes with two years ago were getting ready to graduate. That could have been me if I just appreciated school more.

That pause in my life was eye-opening and I did some soul-searching. It took me awhile to comprehend that getting a degree in something you love is worth working for. I’m still growing and learning as I go but I do it with a bit more wisdom than I had before. In the words of author Chuck Palahniuk, “If you don’t know what you want, you end up with a lot you don’t.”

My main focus now is to graduate and to work hard for the things that make me happy. I applied for work-

study for the Logos newspaper and got the position. Now I’m honored to be one of the two assistant editors on staff. The San Antonio Express-News was hiring for a part-time obituary writer and I’m currently writing there. This past summer, I didn’t want to waste anymore time so I interned at San Antonio Magazine. I have three jobs and manage to pass my classes. I love every minute of it.

The reason I chose to write about this part of my life is to show others the grass isn’t greener on the other side. I hope every incoming freshman, returning Cardinal, or transfer student enjoys the headaches of finals, the study sessions with friends, and the worry of registration. Take in the moments you are studying and pat yourself on the back for all the hard work you accomplish. Set goals for yourself, even if small, and achieve them.

Most importantly -- have fun and get involved. Figure out your interest and join the many organizations the university offers. Remember the memories you make here with your lifetime friends. Be creative and bold in your classes. Show people who you really are and find who you want to be. Not many have the opportunity to experience college and if you do then cherish the journey to graduation. College isn’t a waste of money or time. It is a chance to make a difference for your future.

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Photographer: Cassidy Fritts.

Signed editorials in The Logos are the express opinions of the writer, and not necessarily that of this newspaper, its staff or administration.

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The Logos is a member of the Associated Collegiate Press and Texas Intercollegiate Press Association.

Lessons learned in a Caribbean classroom



By Kennedy Hatfield
Special to the LOGOS

The Model Organization of American States is a simulation aimed at increasing the participant’s knowledge of the interworking of the OAS General Assembly for Universities of the Hemisphere.

This year’s Model was held last spring in the beautiful Caribbean country of St. Kitts and Nevis. There were 16 countries represented in the Model, and our six-member team from the University of the Incarnate Word – the only team from the United States -- was representing Peru. There were also students from Colombia, Guyana, Mexico, Peru, Surinam, Trinidad and Tobago, Belize and St. Kitts and Nevis. No team represented their home country.

Our team – under the tutelage of Dr. Scott Dittloff, an associate professor in the Department of Government and International Affairs -- prepared for the Model by mastering parliamentary procedure, and gathering as much information on Peru as we could so we could make decisions in their best interest in the Model.

I was the chief delegate of our team. On top of being assigned to the General Committee, and voting on behalf of Peru, I had to give the opening remarks on the first day of the competition. I had prepared my speech ahead of time, and perfected it weeks prior. When it came time for me to speak, I was confident.

The moment I opened my mouth, I was gaveled down by the president of the MOAS, followed by “‘Delegate of Peru, will you please refrain from using personal pronouns?’” Terrified I stopped, and looked down at my paper and watched as all the “I,” “We,” “They” and “Us” that I had written floated to the top of the paper. There was no way I could modify it on the fly, so embarrassed I had no other choice but to continue with what I prepared.

From the opening ceremony we moved into the negotiations. In the General Assembly we were tasked with developing a resolution to create a “hemispheric dialogue on developing government responses for dealing with social community conflicts resulting from investment projects and natural resource exploration issues, in the interest of sustaining democratic stability.”

There were three parts of negotiations during the MOAS: the approaches, negotiations within the working groups, and the passage of the resolutions.

Prior to the approaches phase, our team realized two things: the first is that the real Peruvians, representing four teams, meant business, and the second was we didn’t fully grasp the process of the MOAS but we were prepared to win any way we could.

The latter became evident when the topic of approaches arose in my committee, the General Committee. The chair announced we were moving to this section of negotiation, and everyone should have their approaches ready. I turned to either side of me and noticed both delegates had a typed page of approaches, with bullet points. At that moment, the delegate from St. Kitts and Nevis, who was a Peruvian, turned toward me and asks cattily, “‘What are your approaches?’”

I froze for a second, not understanding what the question was, while glancing at her paper and noticing the approaches were essentially solutions to the problem. The only thing I had prepared was a draft resolution on corporate social responsibility, so that’s what I told her. She looked dumbfounded, and I was nervous.

Moments later, the chair opened the floor for approaches, and I threw my placard up in response. After announcing my approach, a few questions were

addressed to me, wanting me to further explain the approach. I explained corporate social responsibility is a concept in which corporations take greater responsibility for their practices, where low regulations exist, so the citizens within the countries they are working in are not negatively affected. Then Colombia announced its support for my approach. I was excited! Then, the delegate from Barbados spoke out against my approach, trying to sway the other delegates from allowing it to move to the next phase. We went back and forth several times, but in the end I was victorious.

We narrowed down our list of approaches to three, and the delegates had to decide which working group they wanted to be part of. There were more delegates who wanted to be part of my working group than allowed for, so two were removed based on the order of precedence, and we began collaborating.

The environment within our working group was jovial. Everyone seemed to enjoy working together, and the process was a piece of cake. I suggested we all work off the same Google Doc in order to save time and ensure everyone’s concerns could be addressed. This suggestion seemed to do the trick, because we were the first working group to finish, while the others raced to finish their resolutions before we were called to vote on them. Each delegate inserted “must haves” into the document, and together we figured out how each was to be implemented without contradicting one another, or risking opposition from another member state. In the beginning it seemed like we were trying to secure world peace, and add every great idea that popped into our heads, so we spent a considerable amount of time bringing in the resolution to one specific topic, which was corporate social responsibility.

At the start of the third day I was especially nervous. I feared the real Peruvians were up all night picking apart our resolution just to be facetious. I knew they weren’t particularly keen on me, individually, so I suggested the delegate from Colombia answer the bulk of the questions, to create a buffer between the resolution and me. Our resolution was the second to be heard. Once the first resolution came up for discussion, several delegates began to take it apart. If there is one thing I learned from this simulation, it’s that words do matter. The conversation became rather heated, and I stepped in several times to try and facilitate compromise. In the end, we completely removed two resolves, and amended another two.

Our resolution was next, and after seeing how the previous resolution was attacked, I was very fearful. I gave the opening statement about the resolution, and yielded the questions to Colombia. There were two, and they both came from Mexico and St. Kitts and Nevis, both Peruvian teams of course. However, no changes were made, and our resolution was passed in its entirety. I couldn’t have been more relieved. The third resolution faced minimal opposition, and passed with one or two amendments that focused on wording.

The moment the last resolution passed, I watched several delegates pull out election applications to take positions in the next MOAS. Several positions were available: chair, and vice chair, secretary-general, and president. Our team hadn’t discussed the possibility of someone running, but several delegates from other teams encouraged me to run for a position. Of course, the real Peruvian to my left was running for president unopposed at this point. I knew I had been more successful in the Model facilitating cooperation, and ensuring my country’s concerns were addressed, and



University of the Incarnate Word students participated in a Caribbean event in March.

therefore I thought I would be a better president. So I applied.

In order to get onto the ballot, you had to obtain five signatures endorsing your candidacy from other member countries. My alternate delegate, Ryan Bibby, and myself began lobbying in our committee, and obtained the necessary signatures to run. Lunch followed, and we had to use this time to write a speech that was going to be read at the closing ceremony. While everyone else gorged on the delicious island food provided to us, Ryan and I composed a speech about what I had done in the Model that was indicated I was the best choice for President.

We moved into the closing ceremony. Every delegation, their coaches, and the administration were present. It was very formal. We were seated in the Order of Precedence, with a microphone in front of each of us. My opponent gave her speech first. It was very sentimental, and echoed several of the other speeches I had heard from the other delegates running for different positions. Next, I gave my speech which was very formal, and focused on my ability to serve as president. We immediately moved into a vote by secret ballot with each country having one vote. There were 16 countries participating. In order to win you had to obtain nine votes. I kept tally as they pulled the ballots out one by one, reading it aloud: “One vote Mexico, one vote Peru, one vote Mexico, one vote Peru...”

Never have I been so nervous in my entire life. Fifteen votes had been accounted for, and she had seven and I had eight. I needed one more vote to win. If she got one more vote, the president would break the tie. “One vote Peru” was called over the loudspeaker. I jumped up in elation. I couldn’t believe I won!

As president of the 34th MOAS, I will be expected to fly out to the next Model, chair the General Committee, and preside over the opening and closing ceremony. A country has not been chosen yet, but it will take place in either Latin America or the Caribbean.

This process was extremely rewarding and I enjoyed every moment of it from official deliberation, to the ferocity at which notes were streaming across the table. I left St. Kitts and Nevis with an incredible understanding of not only how the organization works, but also a new perspective on the importance of diplomacy and working with others in such a way that is most beneficial for all participants. I look forward to presiding over the next model, and I am very grateful to have participated in the 33rd MOAS.

Editor’s Note: Hatfield, 21, graduated in August with a bachelor’s degree in government with a concentration in international relations and comparative politics. She also minored in pre-law. Besides serving as president of the 34th Model Organization of American States, she will be an off-campus adviser for UIW’s College Democrats.

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‘Invisible allies’ help determine healthiness



By Jose Deanda
LOGOS STAFF WRITER

How would you feel if I were to tell you a community of bacteria in your gut were the difference between you being lean or overweight, happy or sad?

If I were to tell you the presence or absence -- and the ratio of predominantly two strains of bacteria (Bacteroidites and Firmicutes) -- in your intestines are a determining factor between you being at risk for diseases such as diabetes, metabolic syndrome, depression and Alzheimer’s disease. That their presence could alleviate a current health issue such as Tourette’s syndrome.

Recently, this premise -- intestinal flora plays a major role in overall health through communication with the brain -- has gained widespread acceptance, approval and validity in the scientific community.

This isn’t exactly new knowledge. Russian scientist Ilya Metchnikoff was preaching about this long ago, but was passed off as a mad scientist. Although all the exact bio-mechanisms have not yet been discovered or understood, there are clear findings and solid correlations drawn between your gut bacteria and overall health, however.

The most important findings to keep in mind are as follows. First, their absence is correlated with poor health and susceptibility to the diseases aforementioned. Second, you want a higher ratio of Bacteroidites than Firmicutes, as all the research indicates this ratio keeps you in the clear of a dreaded permeable gut, ensued by inflammatory responses which will cause the diseases mentioned earlier.

So how do I establish and maintain these invisible allies? Too easy, Just follow these simple eating tips and you’ll be well on your way. To begin we must establish

and maintain these bacteria by eating the right foods and avoiding compounds that kill them. The two main killers are antibiotics and chlorinated water, which includes those ice cubes you add to your filtered water. So, you want to use antibiotics only if absolutely necessary and consume only filtered water.

Now on to the foods to eat to establish the proper ratios. Fermented products such as yogurt, pickles, sauerkraut and kombucha are excellent choices. Now that you’ve established your healthy bacteria, on to maintaining them. Bacteroidites like fiber, while Firmicutes like refined sugars. Consume high amounts of fiber and low amounts or null refined sugars. Just what dieticians have been preaching all along, right?

Your best sources of dietary fibers are vegetables, followed by legumes (beans, lentils, quinoa) and fruits. The one source of fiber previously considered healthy that actually isn’t is wheat. Wheat contains an inflammatory protein, wheat germ agglutinin, commonly known as gluten that can trigger those inflammatory responses that are going to be your root of all maladies so to speak. Go easy on the fruits too, although with a fiber content, they are also very nutrient-dense and can raise your blood sugar too much. Try to eat those around very active times only.

Finally, get a good night’s sleep, rest well and don’t stress. Excessive stress and lack of sleep are going to be factors in the demise of these healthy bacteria and yours as well. If you’re interested in learning more about this subject, get a copy of “Brain Maker” by Dr. David Perlmutter, a neurologist. That’s where I came upon this wonderful information. Stay healthy!

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UIW president: ‘Next two years will be challenging’

Dear Students,

Welcome to the new school year at the University of the Incarnate Word.

Whether you're a new or returning student, we'll do our best to ensure you have a meaningful experience as a member of the UIW community.

This will be a memorable and challenging year, which also happens to be my 30th anniversary as UIW president.

Our global enrollment will top 10,000 for the first time in school history. UIW will be one of just four private universities in Texas with at least that many students.

As the state's largest Catholic university, the continued growth underscores our desire to provide access, opportunities and choices to students who want a quality educational experience within a context of faith, and one that ultimately leads to a fulfilling career.

During the summer, work started on the new Student Engagement Center, a project slated for completion in 2017. The \$29 million, state-of-the-art facility will be several times larger than the building it's replacing. Our goal for the Engagement Center is for it to serve as a place for creativity and collaborative learning while bringing together many student-related services under one roof.

The construction has necessitated the relocation of the Marian Hall dining facility as well as administrative offices. There will be a new full-service cafeteria at the International Conference Center, while additional dining options will be available throughout the lower part of the campus. The administrative offices have been relocated to several locations

throughout UIW.

I encourage you to check our website and social media for more information on the office relocations and other ongoing initiatives and projects. We'll do our best to provide you with regular updates.

Two facilities will be dedicated in the next few months -- the Fine Arts Complex in the front of the campus, and the new home of our Professional Golf Management Program at the Republic Golf Course.

I'm also pleased to report planning continues moving forward on the opening of a School of Osteopathic Medicine at Brooks City Base in 2017.

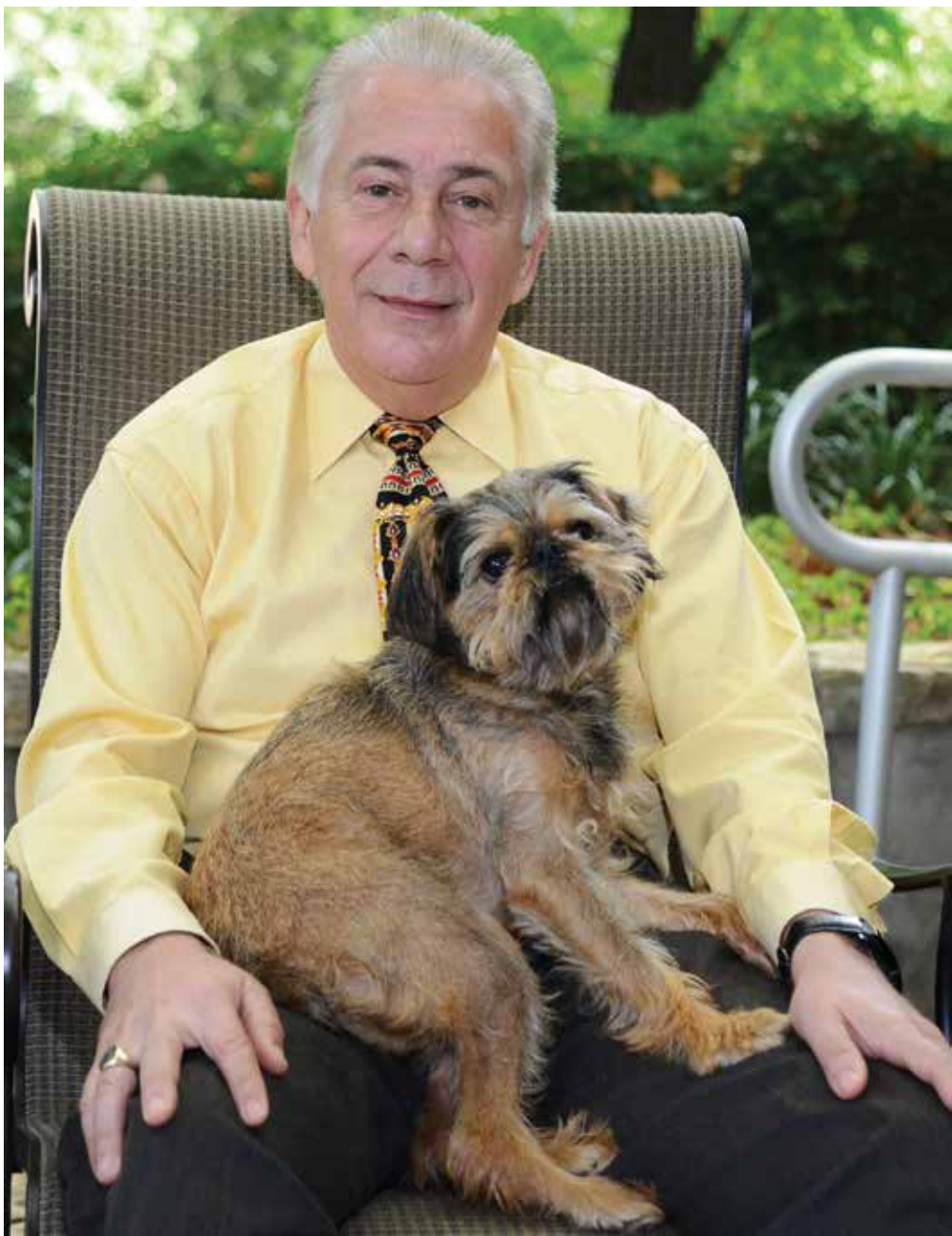
The campus will be crowded, especially during the first few weeks of classes. If you drive a vehicle, let me ask you to show courtesy and exercise restraint towards pedestrians and other drivers.

The next two years will be a challenging time for our community. Let me thank you in advance for your patience and consideration. Everything we do is to ensure an extraordinary student learning experience, because at UIW, we're committed to the recruitment of future graduates.

On behalf of the faculty, staff, administration and Board of Trustees, I wish you every success this year. Go Cardinals!

Sincerely,

Dr. Lou J. Agnese Jr., president



The presidential pet, 'Kent,' sits in the lap of his master, Dr. Lou J. Agnese Jr., president since 1985 of the university.



Photos by Valerie Bustamante/LOGOS Assistant Editor



Courtesy of Kathey Allwein

SGA President: Get ready for new year

Welcome back, Cardinals! I hope you all had an exciting and relaxing summer and are ready to start the new school year!

The Student Government Association has gone through many changes in both logistics and leadership, which we expect will result in a more effective organization.

In regards to the Student Legacy Fund, we look forward to implementing ideas and projects that will support the mission of the University and strengthen our values of truth, thoughtful innovation, care of the environment, community service, and social justice. As your elected voice to the administration, the SGA is

available to discuss student concerns or ideas that will shape the legacy we leave for future Cardinals.

The UIW community is one of great talent and innovation. It is the hope of the 2015-16 Executive Council that we will come together and use our skills to propel our University to the next level.

Remember, changing the world, or our community, takes more than everything any one person knows, so let us collaborate and work together.

SGA President Kimberly M. Ibarra
kibarra@student.uiwtx.edu



Kimberly Ibarra

Moving on up

The new elevator in the Administration Building shows a fifth floor where none exists in the Administration Building but officials say the situation and button issues will be eventually fixed.



LogosSports

Student-Run Newspaper for University of the Incarnate Word

VOL. 116, NO. 1

www.uiwlogos.org

Back to School 2015

Football looks to improve outcomes



By Myke Tavarres
LOGOS STAFF WRITER

The 2014 season did not start -- nor did it end -- how anyone thought it would. However, this upcoming season could potentially be a touchdown.

Due to an ankle injury to the University of the Incarnate Word's then-sophomore quarterback, Trent Brittain, the hopes for the season went down the drain very quickly.

What really hurt the Cardinals' chances to be a competitive team was the sheer amount of injuries on the team. If the Cardinals can stay healthy, they have a chance at doing great things this season.

Asked to compare this year's team to last year's, Head Coach Larry Kennan had this to say.

"Right now we are in a great spot," Kennan said. "We have the chance to be real good, to gain some respect. But also people are going to know who we are."

Making the transition from Division II to Division I means the team has a lot more scholarships to give out, and with those scholarships, the team has a greater ability to recruit more talented players to help win games.

The team's key players for this upcoming season will be the difference makers. On offense, Brittain will be back.

However, Kennan said the most important part of the winning process will come down to the special teams.

"There is a lot of good and young talent that will have to be showcased in order to win some of these major games," the coach said.

Asked about the team's goals this season, Kennan said, "Our biggest goal is to win all of the home games. Next would be to have a winning season which would mean we need to win six games, and lastly win three hard games on the road.



Trent Brittain



Larry Kennan

"When it comes time to kick off, the team needs to be ready. But we also need to learn how to

deal with the ups-and-the-downs during this upcoming season. The team has to play with pride, and play to the end -- even when they know it would be easier to quit."

Kennan got his start playing sports year-round. Baseball. Football. You name it. He played it. But his love was football. Unlike most kids, Kennan said he knew what he wanted to do with his life as a junior in high school. He wanted to coach football.

Before his NFL coaching career, Kennan was an offensive coordinator for three years at the University of Nevada-Las Vegas and Southern Methodist University in Dallas. He took over as head coach at Lamar University in Beaumont, Texas -- another Cardinals team -- in 1979 and spent three years in the Southland Conference. His Lamar team set 38 team or individual awards in his first year when they posted a 6-3-2 record. His best and biggest win at Lamar was an 18-17 win over defending Southwest Conference champion Baylor in 1981. He went 13-17-3 before moving on to the NFL.

Kennan was hired as the head football coach at UIW in December 2011, and he has made drastic improvements in recruiting each year. He is laying the foundation for this up-and-coming Cardinal program, and it won't take long until this program can compete with the best in the Southland Conference.

Kennan enters his fifth season with the Cardinals as the head coach. The Cardinals have their work cut out for them this season, kicking off at home at 2 p.m. Saturday, Sept. 5, against the Javelinas of Texas A&M-Kingsville at Gayle and Tom Benson Stadium.

E-mail Tavarres at tavarres@student.uiwtx.edu

Ex-Cardinal pitcher eyes future with Blue Jays

By Zach Lucero
LOGOS STAFF WRITER

Former Cardinal pitching ace Eugene "Geno" Encina is playing minor league ball after he was selected in the 2015 Major League Baseball draft by the Toronto Blue Jays.

Encina, a 6-foot-4 righthander, had just finished his third season on the mound for the University of the Incarnate Word Cardinals when he was selected in the 18th round by the Toronto Blue Jays. He was the 542nd player selected in the draft, which started June 8 and ended June 13.

During the draft, Encina said he had been contacted by a number of teams including the Florida Marlins, Chicago Cubs and Tampa Bay Rays. He worked out for the Marlins in the weeks leading up to the draft and thought they might be the team to take him, but he said he was happy when he heard from the Blue Jays before his selection.

Encina, 21, is only the eighth player in Incarnate Word baseball history to be drafted by a major league club. The last Cardinal to be picked was Elroy Urbina in the 2011 draft by the Arizona Diamondbacks in the 37th round. Encina is the third-highest draft pick in school history behind Reynol Mendoza (seventh round, 1992) and Eric Corbell (16th round, 1990). He is also the sixth pitcher in program history to be drafted.

His junior year, Encina missed UIW's first five games with an injured left shoulder. However, Encina finished

the season with an ERA of 2.19. He finished his UIW career ranked first in school history in career earned run average (2.70) and walks per 9 innings (1.60). Over the past two seasons he has posted two of the top 10 ERAs in school history, 2.19 in 2015 and 2.64 in 2014. He went 17-18 for his career, tossing 236.2 innings with 182 strikeouts and only 42 walks.

Four days after being drafted, Encina flew to Tampa, Fla., for about three weeks to work out in mini-camp. He played in a few games in the Gulf Coast League before getting called up to the Bluefield Blue Jays, in the Rookie Appalachian League representing the twin cities of Bluefield, W.Va., and Bluefield, Va.



16, the number Geno Encina wore pitching with the Cardinals at the University of the Incarnate Word -- is the same number he's keeping on his new team, the Bluefield Blue Jays, a minor league team in the Appalachian League.

"I was very fortunate to be drafted to the Toronto Blue Jays and it was a feeling of mixed emotions," Encina said. "To be honest I had no idea the Blue Jays

- Cont. on page 10
- Ex-Cardinal Pitcher

Point guard maintains dream to go pro

By Priscilla Aguirre
LOGOS ASSISTANT EDITOR

Denzel Livingston didn't get drafted by an NBA team but he did get to play for the Houston Rockets Summer League Team and is working out at their preseason camp.

Livingston, 22, said he still hopes to play pro ball but for now is concentrating on his workouts, hitting the weight room and practicing drills at the camp. Livingston also is taking online classes with the University of the Incarnate Word and has plans to graduate with a business degree in May.

The 6-4 star guard, who at one point his senior season was the nation's leading scorer, hoped for a spot on any NBA roster and had pre-draft workouts with several teams, the Utah Jazz, Memphis Grizzlies, San Antonio Spurs and the Rockets. Although he wasn't selected, the Rockets asked the former Cardinal to join their summer league team.

"When my agent called and told me they were interested I immediately accepted," Livingston said. "I don't really show a lot of emotion but my teammates from UIW were happy for me and I was really excited to live out my dream. Overall, it was a good feeling and I was just ready to start playing."

The NBA Summer League is a series of off-season competitions during which NBA teams come together to try out different summer rosters. The roster of players typically consists of rookies, unsigned free agents, and second-year players.

The Rockets joined 23 other teams to compete in the Las Vegas Summer League at Thomas & Mack Center Cox Pavilion on the University of Nevada-Las Vegas campus. The Spurs -- led by summer head coach Becky Hammon -- won the competition in a 93-90 victory over the Phoenix Suns. Hammon made history last season

when Spurs Coach Greg Popovich named her as the first, full-time female assistant coach in the NBA.

For Livingston, the Summer League offered him another chance to show his stuff playing for his hometown team.

"It was a good experience and I couldn't just score right away during the game," Livingston said. "Everyone has a role to play and I just had to wait my turn. It was a challenge to transition from college ball to a summer league but I felt blessed to be there. I've never been in an environment like that and it just felt good to be back home."

Growing up in Houston's inner city, Livingston shot the ball around to distract him from other temptations. His three older brothers mentored him and made sure to keep him



Denzel Livingston still has his sights set on playing guard with the pros.

- Cont. on page 10
- Point guard maintains dream



SPORTS

Volleyball plans to surpass season’s skeptics

The University of the Incarnate Word’s volleyball team has been picked to finish in the bottom third of the Southland Conference, but the Cardinals’ coach begs to differ.



Jen Montoya

“We feel we could very well push to be among the top of the conference,” said Jen Montoya, who’s starting her 13th year as head coach.

Here are her reasons: “We have only graduated one senior, we have a battle-tested upper-class that has already shown signs of good leadership, our large freshmen class from last year is now a more seasoned sophomore class, and we have added a strong group of freshmen to the mix.”

Southland head coaches picked UIW to finish ninth and sports information directors picked UIW 10th. Last year, the Cardinals were 6-10 in the Southland Conference and 10-24 overall. The team opens the season Aug. 28 at the Pepperdine Tournament and play its first home match in Alice McDermott Convocation Center on Oct. 1 against Stephen F. Austin.



Angelique Vidaurri

Montoya said she expects the team to be led by senior Angelique Vidaurri, sophomore Bryaunea Hall and freshman Autumn Lockley.

Vidaurri, a 5-foot-10-inch financial planning major from San Antonio, earned honorable mention all-conference honors as an outside hitter each of the two years. She averaged 3.32 kills per set in 2014 and needs just 100 more kills to reach 1,000 for her career.

“(Vidaurri) hits a heavy ball and carries a big offensive load for

the team,” Montoya said.

Hall, a 6-foot-1 middle blocker, started all 34 matches last season as a true freshman from Copperas Cove, Texas. She is majoring in early childhood education.



Bryaunea Hall

Montoya described Hall as a “powerhouse in the middle. (She) hits a heavy ball and should generate a ton of defensive points with her blocking numbers.

The coach also is high on Lockley, a 5-foot-10 outside hitter from Leander, Texas.

“(Lockley is) “very athletic and could play a major role for the team this season,” Montoya said. “She is a primary passer and stabilizer.”

Overall, the coach said, “we are still a very young team, and have a tough pre-season schedule” including Division 1 teams such as Pepperdine, University of California-Santa Barbara, Texas Christian University and Tulane.

The pre-season schedule “will challenge us to grow,” Montoya said. “Our ultimate goal of pre-season is to get us ready for conference. Our focus for the season: Learn how to mentally prepare for what it takes to win at a high level. Our goal is to get better each day. We will focus on the process of success, and not on the outcome of matches. We will emphasize doing all the little things right.”

Ex-Cardinal Pitcher cont.

were interested in me. A lot of teams had called me during the draft and I ended up coming to terms with Toronto and when they wanted to draft me.”

Being drafted to the major leagues was a dream come true for Encina. Before coming to UIW, he pitched at Brandeis High School in San Antonio. A former UIW teammate, catcher Colton Bessett, said he and Encina have formed a great bond since they were freshmen and he’s watched Encino mature.

“When he first started out he would show a lot of emotion on the mound when things didn’t go as planned, but last year he really toned that down and just pitched and off the field his work ethic increased exponentially,” Bessett said. “(The Blue Jays get a) young pitcher with a lot of potential (who) gets better every year. They get a guy in need of development but is definitely willing to do what it takes to achieve his dream.

Cardinal outfielder Mark Whitehead said he loved playing defense when Encina was pitching.

“(We always knew he would be at his best and his ability to work fast and continually throw strikes keeps you in the game on ‘D,’” Whitehead said.

In a UIW news release, Head Coach Dan Heep said Encina’s selection was “great for our program. I am happy for Geno. You hear a lot of different things heading into the draft and we told him to not get too wrapped up in it all. I told him that if the situation was right and

the money was right that he should sign. I’m encouraging him to still finish up his degree, but this is a great opportunity for him.”

Encina, who was majoring in communication arts with a concentration in journalism, said he does plan on coming back and finishing his degree at UIW. However, but as of now he is going to finish the season with the Blue Jays, then take a year off from school to train during the off season to get ready for spring training.

He doesn’t know the Blue Jays’ plans for his future in their system but as of right now he is a starting pitcher who’s “looking to give our team a chance to win in whatever situation they need me in.”

His time at UIW as a starter and reliever prepared him well for the pros, Encina said.

“The coaches prepared me to get in shape physically for the professional level and I feel as if the atmosphere at UIW helped me mature off the field and become ready to be a professional in all aspects of life. From teachers to advisers to the students, they all helped in my success and brought me to where I am today.

“I’m happy to be playing the game I love for a living and to be at the level I am. I worked my whole life to be here and I understand the long road ahead of me to make it to the big leagues but this is the life I chose and I wouldn’t trade it for the world.”

Point guard maintains dream cont.

in school.

“I call where I grew up ‘the hood’ because of what I was around,” Livingston said. “I had friends who showed a lot of promise for a sport but gave it up for drugs or went to jail. My brothers taught me to stay out of the street gang and focus on my studies.”

Livingston graduated from Waltrip High School and helped lead the Rams to three playoff appearances. In his senior year, he led District 21-4A in scoring. Then 6-foot-3 inches and 137 pounds, many colleges believed he wasn’t ready for a Division I atmosphere.

“I needed a scholarship to go to school and no one was offering at the time,” Livingston said. “But Incarnate Word worked with me and saw something in me. Now I’m their first player on a basketball team to ever make it on a NBA summer league.”

In his senior year at Incarnate Word, Livingston averaged 21.75 points, 5.9 rebounds, 2.9 assists and 2.6 steals a game while earning first-team All-Southland Conference honors. Livingston was among the top five scorers in the nation and ranked in the top 10 in steals per game. He set a season school record with 74 steals. He scored at least 30 points six times during the season and set school records for free throws made and attempted. He finished his career ranked in the top five in school history in 10 different statistical categories. He accumulated 1,716 points, 537 rebounds, 151 three-pointers, made 475 free throws, had 297 assists, 214 steals and 128 blocks.

In his final season of UIW, Livingston was named Dick Vitale’s Player of the Week and twice-named College Sports Madness Mid-Major Player of the Week. He also was named to the Division I All-District first team, Southland Conference first team, National Association of Basketball Coaches All-District first team, and was a finalist for the Lou Henson Award given to the top “Mid-Major” player of the year.

“It was a team effort through it all and I enjoyed my time playing for UIW,” Livingston said. “I learned a lot from my teammates and coaches. I plan to visit the campus soon to visit my friends, the coaches, and my old teammates.

“Through all of my accomplishments I just want to keep playing basketball and hopefully play for a NBA team one day. I have hopes to graduate soon and will work hard to make my dreams come true.”

“I hope to play professional somewhere, preferably in Houston. I just want to make an example that it doesn’t matter what school you go to as long as you don’t follow the wrong crowd. Life is short so giving up shouldn’t be an option. My advice to others is to just keep dreaming about life and follow your dream.”

Catch the Cardinals

August games calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 Women's Soccer vs UTSA @7:00p.m.	15 Men's Soccer @ SMU at 7:00p.m. (AWAY)
16	17	18	19	20 Men's Soccer vs St. Edwards's @7:30p.m.	21 Women's Soccer @ UT-Rio Grande Valley at 7:30p.m. (AWAY)	22
23 Women's Soccer vs South Carolina State @ 11:00a.m.	24	25	26	27	28 Women's Soccer @ Pepperdine at 12:00p.m. (AWAY) Women's Volleyball vs UC-Santa Barbara @ 5:00p.m.	29 Women's Volleyball vs Utah Valley @ 10:00a.m. Men's Soccer vs Oral Roberts @ 7:30p.m.
30	31					



Isaac Banda
Junior
Athletic Training
Major
San Antonio, Texas



Magaly Beltran
Sophomore
Biology Major
San Antonio,
Texas



Clarisa Caballero
Sophomore
Interdisciplinary Studies
Major
San Antonio, Texas



Jorge Compean
Senior
Business Major
San Antonio,
Texas



Monica Conlee
Senior
Psychology Major
San Antonio, Texas



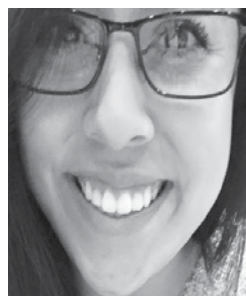
Yesenia Correa
Junior
Athletic Training
Major
Flaton, Texas



Cristina Cuellar
Junior
Biology Major
San Antonio, Texas



Tessa Foster
Sophomore
Business Major
San Antonio,
Texas



Amanda Gamez
Junior
Biology Major
San Antonio, Texas



Gaby Galindo
Junior
Communication Arts
San Antonio, Texas



Stefan Garcia
Junior
Business Major
San Antonio, Texas



Desiree Guardiola
Senior
Criminal Justice
San Antonio, Texas



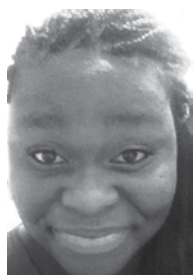
Anita Kaduru
Junior
Biology Major
Houston, Texas



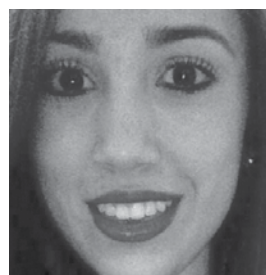
Antoinette King
Junior
Psychology Major
Dallas, Texas



Mario Mora
Senior
Business Major
San Antonio, Texas



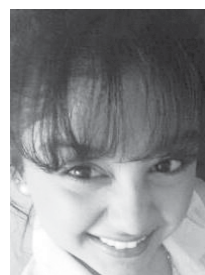
Dominique Moss
Senior
Biology Major
Dallas, Texas



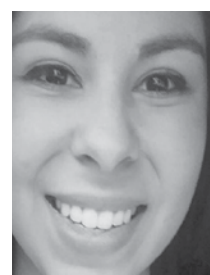
Briana Maldonado
Junior
Nursing Major
New Braunfels, Texas



Sarah Mundahl
Sophomore
Nursing Major
San Antonio, Texas



Diana Osorio
Senior
Nursing Major
San Luis Potosi, Mexico



Alix Pena
Senior
Business Major
San Antonio, Texas



Steven Puento
Senior
Business Major
San Antonio, Texas



Alexis Reynolds
Senior
Business Major
San Antonio, Texas



Guadalupe Sotelo
Junior
Nursing Major
San Antonio,
Texas



Aneya Torres
Sophomore
Athletic Training
Major
San Antonio, Texas



Deonna Trevino
Sophomore
Biology major
San Antonio,
Texas



Cynthia Uriegas
Senior
Kinesiology Major
Uvalde, Texas



Miguel Velez
Senior
Business Major
San Antonio,
Texas

Thirty peer mentors to advise new students

The First Year Engagement Program has chosen 30 University of the Incarnate Word students to serve as peer mentors to freshmen this academic year.

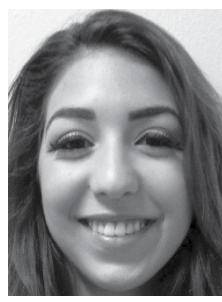
The mentors – sophomores through seniors -- will earn a \$1,000 scholarship each semester they serve. Incoming freshmen are assigned peer mentors who help their mentees keep up-to-date with campus activities and registration deadlines, said Rochelle Ramirez, an adviser for First Year who manages the peer mentors.



Lauren Axler
Rehabilitative Science
Boerne, Texas



Mariaelena Boyle
Biochemistry/ Art
Seguin, Texas



Chelsea Castaneda
Biology
San Antonio, Texas



Maria Del Carmen
Barron Esper
International Sciences
San Antonio, Texas



Aralexis Hargrove
Nursing
Live Oak, Texas



Ha Cao Khanh Le
Pre-Optometry
San Antonio, Texas



Elizabeth Morales
Communication Arts
San Antonio, Texas



Anastasia Monroy
Nursing
Victoria, Texas



Daniela Portillo
Undeclared
San Antonio, Texas



Natalia Ramon
Biology
San Antonio, Texas



Tyler Seno
Biology
San Antonio, Texas



Matthew Silvas
Pre- Pharmacy
Live Oak, Texas



Corey Taylor-Wilson
Management Informa-
tion Systems
San Antonio, Texas



Mariella Metz-Yeverino
English
San Antonio, Texas

Cardinal Leaders number 14

Fifteen sophomores at the University of the Incarnate Word comprise the 2015 cohort of Cardinal Community Leaders sponsored by the Ettling Center for Civic Leadership.

The students, who applied last spring when they were freshmen, are involved in a weeklong orientation through Friday, April 14, that will further acquaint them with the center, social justice, leadership, and the Sisters of Charity of the Incarnate Word history and mission.

The students also are participating in a community service project at SAMMinistries and visiting sites in San Antonio, said Daniel Espinoza, the center's director of student engagement. Espinoza is also a doctoral student at UIW.

Ettling Center staff, UIW faculty and Incarnate Word sisters are leading sessions at the orientation.

"This orientation will provide a solid foundation for our leaders as they prepare to serve in our community," Espinoza said.

In addition, the students also will be enrolled this fall in a special, three-hour credit course on social justice leadership.

The course will give them "opportunities to broaden their perspectives and interact reflectively in cross-cultural environments and engage with social justice issues in the local and global community," Espinoza said.

"Many of these students attend college while employed or meeting major

family responsibilities. Additionally, they typically have minimal experience and leadership modeling to draw upon as they prepare for their professional careers in a multicultural society. This course will help address some of these challenges by providing an introduction to literacy in civic leadership, which will then create informed, responsible, and lifelong engaged citizen leaders."

The Ettling Center's mission is "in the spirit of Christian service, to develop leaders who promote social justice in partnership with diverse local and global communities."

The center -- a partnership between UIW and CHRISTUS Health -- is an initiative guided by the principles of Catholic social teaching. (The center) is dedicated to promoting the common good by educating enlightened and concerned leaders committed to learning, research, advocacy and service for those in most need."

The center believes "civically engaged leaders collaborate in partnership with local and global community stakeholders to achieve individual/social transformation while respecting the dignity of each individual and all creation."

The center's mission draws inspiration from the Sisters of Charity of the Incarnate Word who came to Texas in 1866 and created the ministries of CHRISTUS and UIW, both of which continue to sustain numerous education and health initiatives within the United States and internationally.



WHAT'S NEW AT THE 'U'?

Sodexo serves from new location

By Karissa Rangel
LOGOS STAFFWRITER

Marian Hall's cafeteria still exists but it lives on in a new location on the first floor of Dr. Burton E. Grossman International Conference Center.

Marian Hall@ICC opened this summer and began serving campers to prepare for University of the Incarnate Word palates this fall.

The cafeteria will be in its new space for at least two years -- the estimated time it will take to build the new \$29 million Student Engagement Center to replace Marian Hall Student Center. Marian Hall@ICC was a joint effort -- designed by Sodexo with construction through the university and Joeris.

Between the two contractors, they were able to transform a once outdoor patio into a dining area to host students, faculty and staff as an eat-in dining area. The seating area showcases outdoor sunlight with floor-to-ceiling windows. It is also running on energy-efficient savings with lighting sensors. In the next room over, students, faculty and staff are able to select a meal, from classic staples such as chicken-fried steak to spaghetti and meatballs, depending on what's on the menu.

While the cafeteria will be in a newer facility, some students are still concerned.

"The cafeteria is not conveniently placed in the center of campus near the classrooms," said Raquel Kazprzyk, a sophomore 3D Animation/Game Design major. "It's going to be harder (to get there)."

UIW Dining by Sodexo General Manager Murat Bora concedes there are going to be some problems and concerns with the changes.

"These are inconvenient times for all of us because of construction," Bora said. "But it's going to be convenient for residents for breakfast and dinner."

As far as the building is concerned, Bora said he doesn't see the cafeteria's new location as "a smaller space, but a more efficient space."

The new cafeteria will seat about 230-245 students, the same as the old location, he noted.

The appliances are all brand-new, including ovens, coolers and dishwashers. The

cafeteria will still have all of its previous stations such as the grill, pizza station, market line, breakfast bar, dessert section, sandwich shop, salad bar, soups as well as vegan and vegetarian options.

"[It's] all the same stations, but a more efficient layout," Bora said. "The food will not be affected. It's better. You guys won't have to worry about leaking ceilings."

The new cafeteria will have two entrances, one near the Hillside Hall shuttle stop and another inside the ICC. The cafeteria will still offer window seating as the old facility did so students can enjoy nature and

good food with the comfort of air conditioning and fast Wi-Fi connection. And the new cafeteria will continue to offer "to go" for students who want to eat on the run or are limited on time before class

Meanwhile, Hortencia's in the basement of the Administration Building is expanding to hold up to the influx of more people looking for lunch. UIW Dining by Sodexo anticipates Hortencia's Chick-fil-a will be more packed than ever come lunchtime, but they are working to feed the crowds.

"Hortencia's will have a brand-new Coca-Cola freestyle machine, which will allow students, faculty and staff to customize their own beverages," said Bianca Maldonado, unit marketing coordinator for Sodexo on campus. "The layout creates an open-concept, giving off a spacious feeling. Hortencia's will be fully stocked with even more snacks and grab-and-go items because of the increased space."

Sodexo also will expand its mobile operation on the golf cart and opening a new unit in Dubuis Hall called "Café a la Cart," a full-meal operation based on the cafeteria swipe system such as the ICC's former café, Circa 1881. And Finnegan's will remain a fixture on the first floor of J.E. and L.E. Mabee Library.

In comparison to off-campus food, Marian Hall@ICC will still be cheaper for the amount of food offered to students in a single sitting.

"You can go back after you eat; grab a Jell-O, a pie, or a cake and it's not going to cost you an extra \$5," Maldonado said.

The new location is a major adjustment for everyone, but Sodexo's Bora said he knows the facility is going to be a success.

"It's smaller. But once [students] see the space, we're scared for more traffic," Bora said. "It's going to look shiny and new with good staff and good food. Students will be able to come here for a good meal."



UIW Dining by Sodexo is the new name for the operation that will serve University of the Incarnate Word students this fall.



Photos by Valerie Bustamante/LOGOS Assistant Editor



Courtesy Dr. Brett Richardson

Members of the University of the Incarnate Word marching band will take to the field for the first time in new uniforms at Gayle and Tom Benson Stadium football games this fall. They wore the new uniforms for the first time in April's Fiesta parade. The fountain honoring the late Bernard O'Halloran, below, in front of the Administration Building has been turned into a colorful garden. A new walkway, right, allows students to walk safely up and down from the hill.





Music Building boasts modern features

By Elizabeth Aguilar
LOGOS STAFF WRITER

The University of the Incarnate Word's new state of the art Music Building is a revolutionary change for both students and faculty.

Russ Berger, a world master acoustician, and his team at the Russ Berger Design Group who specialize in acoustical and architectural design, designed the interior of the new building from floor to ceiling. Russ Berger Design Group's clients have included the NFL Network, Studio Records, and National Public Radio, just to name a few.



Courtesy of Music Department
Five hundred can attend concerts. And the new recording studio is state-of-the-art.

On the first floor of the new music building is a choir room, a room especially designed for UIW's Cardinal Chorale to practice in. There is also a small recital hall – named for Irene Seddon -- across the way that seats 100 people, a percussion studio and a band/orchestra rehearsal hall, each equipped with special sound diffusers unique to the Russ Berger Design Team. In nearly

every room in the music building, visitors will find it is filled with different types of special unique-looking sound diffusers.

What might look like decorations on the wall and ceiling are actually intricately engineered pieces of technology that control the noise and vibrations, providing each and every room the most perfect-sounding acoustics.

Also on the first floor, a new student instrument storage room now gives students a safe, easy and secure place to store their instruments while going to other classes.

The new building also includes 18 practice rooms on the second and third floors. Each student practice room is furnished with upright pianos and is soundproof so students are able to practice their instrument without disturbing any classes around them.

In addition to the student practice rooms are slightly bigger professor instruction rooms equipped with various grand pianos. These rooms allow instructors to work more one-on-one with an individual student or a small group of students outside of the classroom.

The new music building will have a catwalk that leads to the new Fine Arts Concert Hall next door. The new concert hall, which will be named after the late Sister Maria Goretti Zehr, is planned to seat around 500 people.

The Development Office is continuing to raise funds for the building. For the lecture hall honoring Zehr, the Sisters of Charity of the Incarnate Word have agreed to match every dollar raised up to \$15,000.

"Sister Goretti was dear to all who knew her in the UIW community," according to a news release from the office, adding that a dedication date is being studied for September.

A new top-of-the-line recording studio includes a control room, cutting room and two isolation booths (isoboosts). The studio is unique in that, each room in the studio is built on what is known as a "floating" floor, which essentially means each room is built on its own slab of concrete that does not touch one another which prevents any sound waves from traveling between the other rooms, providing perfect sound isolation for recording.

The recording studio will also include high-end microphones, as well as new kinds of cutting-edge recording technology, unlike any the university has had before. The recording studio is equipped with a Solid State Logic AWS 924 Mixer, one of the top name-brand studio mixers available, along with the highly revered Pro Tools HDX system.

A 7-foot-6-inch Yamaha Bisklavier covert grand piano, a piano that has the ability to play back what you play on it, also has been purchased to furnish the inside of the recording studio.

"The university has been very generous with what we are trying to do here, which is create something that is as good as anywhere," said Jim Waller, coordinator of the Music Industries Studies program and director of the Jazz Ensemble. "We want to be able to compete with anybody, and I think we can now."

ELS Center takes up temporary space

By Sahiry Fragoso Ortega
LOGOS STAFF WRITER

The ELS Language Center, which was in Marian Hall Student Center's basement for years, is moving to portable classrooms on an old baseball practice field for the next two years.

ELS had to vacate Marian Hall early this summer – along with several others in the building -- so the new Student Engagement Center could be constructed.

The space that ELS occupied formerly was the university's bookstore before it moved to the fourth floor of McCombs Center. Ironically, when the bookstore moves to the Student Engagement Center in 2017, the ELS will take its space in McCombs.

For the summer, ELS has been holding classes in the Administration Building.

"We didn't have to change any schedules during the summer because the University of the Incarnate Word has worked with us incredibly, making everything go smoothly," said Dr. Ala' Alahmad, ELS director. "Summer was the perfect time for this change because not a lot of students are taking summer classes."

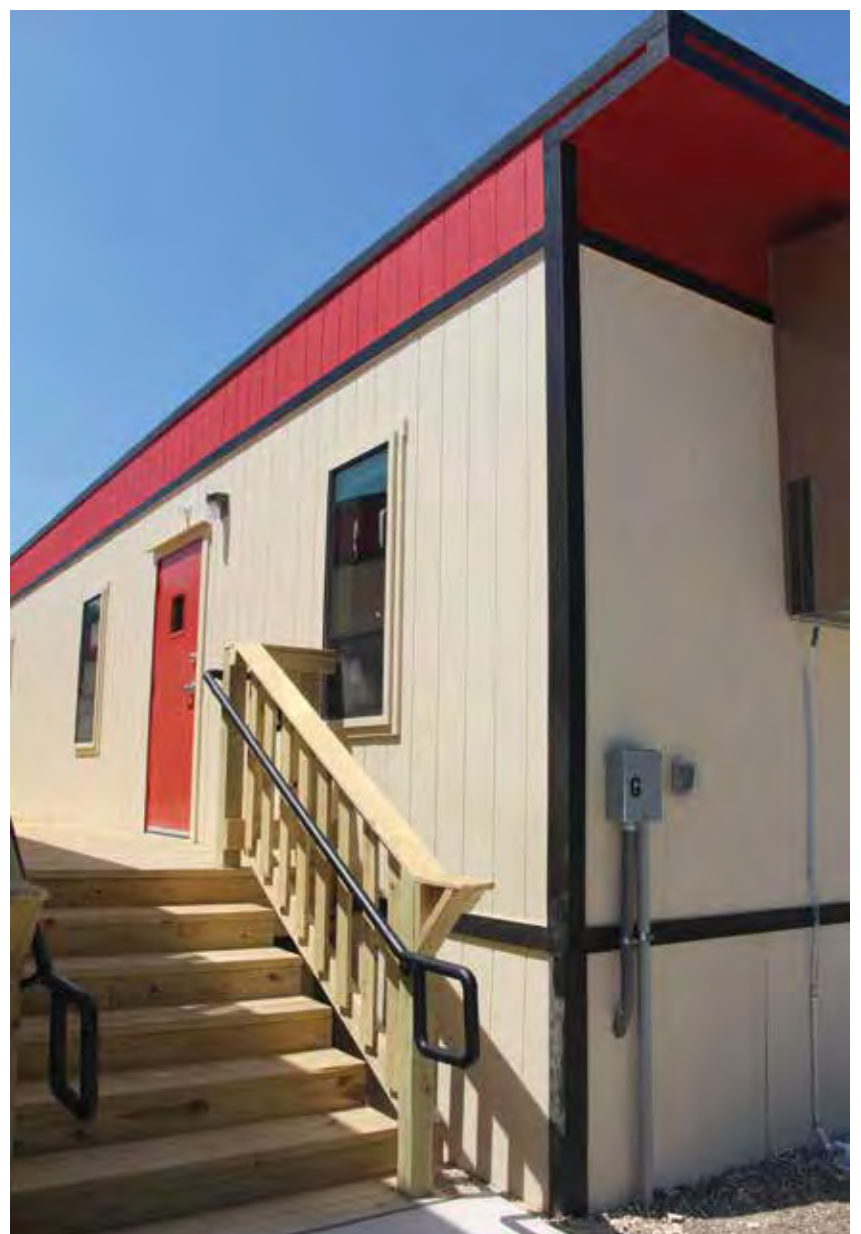
The ELS students were more than happy with summer change to the Administration Building because the classrooms were bigger, and they will even have a break room in the temporary location, he said.

But the final location in McCombs and its proximity to Dr. Burton E. Grossman International Conferenc Center is the one everyone is the most excited about. It not only means bigger classrooms for everyone, but it will also make the immigration process easier for international students since the office where the process is done will be in the same building where they will be taking classes.

This will be "more convenient for us since we are always dealing with the International Office," Alahmad said. "So far everyone in the department is more than happy for the change, as well as the students."



ELS Language Center students will have a break room in temporary quarters on an old baseball practice field.



Photos by Valerie Bustamante/LOGOS Assistant Editor



August Movies

Compiled by Valerie Bustamante
LOGOS Assistant Editor

Aug. 14

Amnesiac

Rated: n/a
Genre: Suspense/ Thriller
Starring: Kate Bosworth, Wes Bentley, Olivia Rose Keegan, Richard Riehle, Patrick Bauchau

Straight Outta Compton

Rated: R
Genre: Drama
Starring: O'Shea Jackson Jr., Corey Antonio Hawkins, Jason Mitchell, Aldis Hodge

Aug. 21

American Ultra

Rated: R
Genre: Action/Comedy
Starring: Kristen Stewart, Jesse Eisenberg, Walton Goggins, Connie Britton, Bill Pullman

Before We Go

Rated: PG-13
Genre: Comedy/ Drama
Starring: Chris Evans, Alice Eve, Scott Evans, Emma Fitzpatrick, Mark Kassen, Daniel Spink

Sinister 2

Rated: R
Genre: Horror
Starring: Shannyn Sossamon, James Ransone, Tate Ellington, Lea Coco, Robert Sloan, Dartanian Sloan

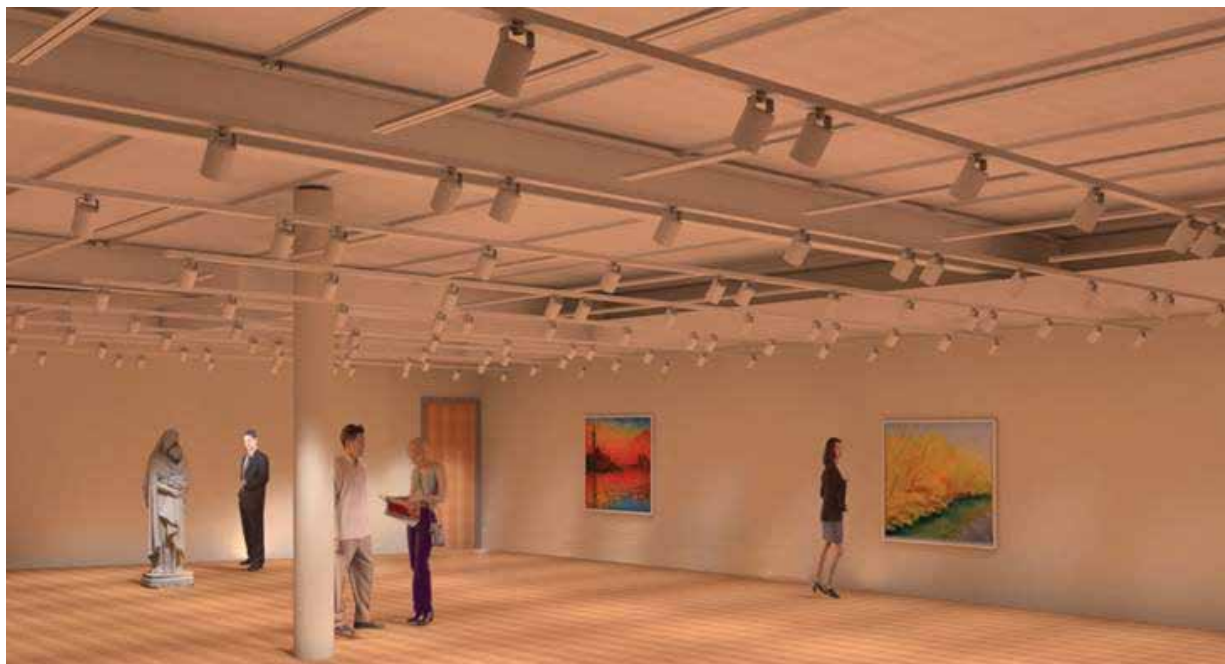
Aug. 28

Regression

Rated: R
Genre: Suspense/ Thriller
Starring: Ethan Hawke, Emma Watson, Davis Denic, David Thewlis, Dale Dickey

We Are Your Friends

Rated: R
Genre: Drama
Starring: Vanessa Lengies, Zac Efron, Emily Ratajkowski, Jon Bernthal, Jonny Weston, Wes Bentley

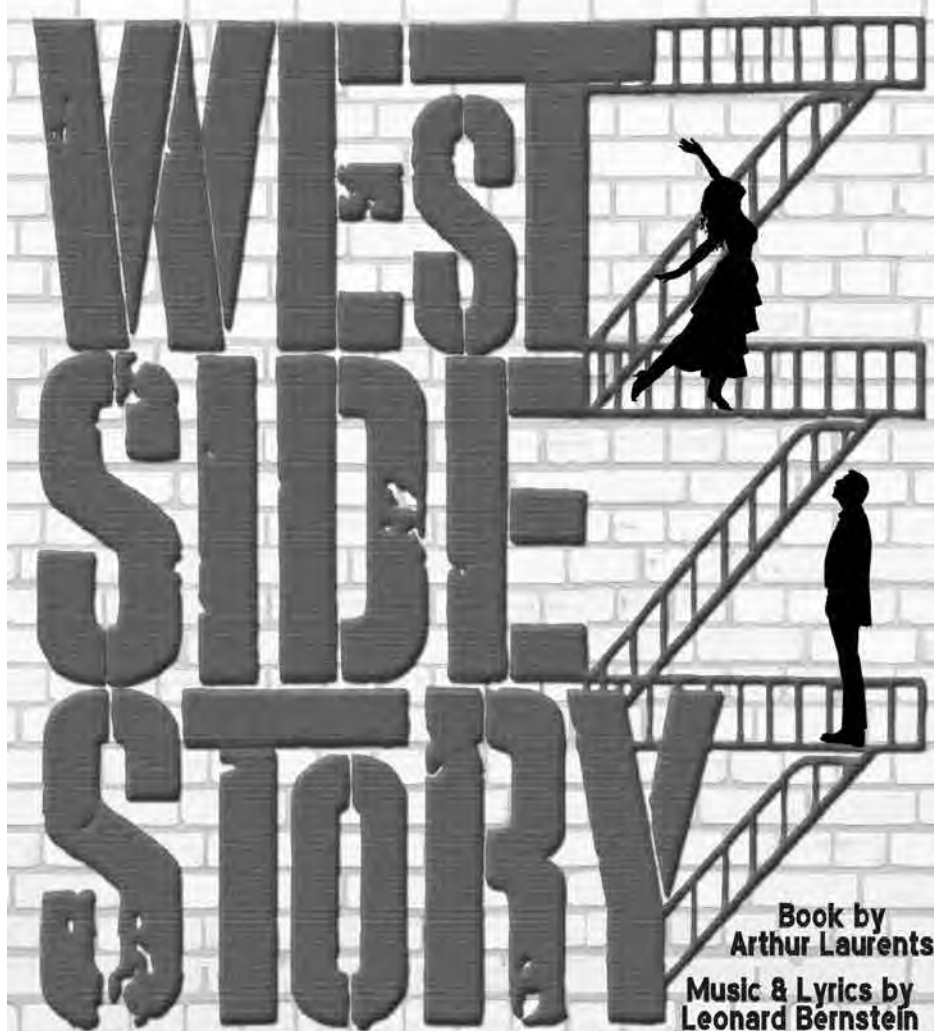


Arty Party

Patrons of the new Fine Arts Complex will see more room and improved facilities for art shows and exhibits at the University of the Incarnate Word.

The Woodlawn Theatre Presents

Aug 14 - Sept 6



Fri & Sat 7:30 pm
Sun 3:00 pm

Student Discount

Directed by Christopher Rodriguez
Musical Direction by Darrin Newhardt



Auditions set Aug. 18 for two fall productions

The Department of Theatre Arts is holding auditions for two fall plays -- "Almost, Maine" and "Reckless" -- from 6 to 10 p.m. Tuesday, Aug. 18, in Evelyn Huth Coates Theatre.

A sign-up sheet will be posted on the callboard outside the theatre's Green Room on the first floor Monday, Aug. 17, in the Halligan-Ibbs Theatre (HIT) Building, when University of the Incarnate Word classes begin.

The joint auditions require those trying out to prepare comedic and dramatic monologues not more than 90 seconds in length for both plays, said Chrissie Young, department secretary. Those that exceed that time will be stopped, she noted.

"All theatre arts majors are expected to prepare for theatre arts scholarships are required to audition," Young added.

Callbacks for "Almost, Maine" will be Wednesday, Aug. 19, and "Reckless" call backs will be Thursday, Aug. 20.

"Almost Maine," by John Cariani, is scheduled Oct. 2-4 and Oct. 8-10, is billed as a romantic comedy where "magical realism abounds."

"Reckless" by Craig Lucas, is set Nov. 13-15 and Nov. 18-20. It's about a "housewife (who) leaps from her comfortable home and embarks on a dreamlike odyssey of self-realization." Dr. Robert Ball, a professor of theatre arts and chair of the department, will direct.

Stringham will return in the spring to direct "The House of Bernarda Alba" by Federico Garcia Lorca scheduled Feb. 19-21 and Feb. 25-27. "Tensions flare and secrets are revealed in this tale of a widowed Spanish matriarch and her five daughters," according to a plotline.

Ball also returns in the spring to direct the last play, "Blueberry Toast" by Mary Laws, set for an April 16-17 and April 20-23 run. It's billed as a "food-fight comedy" where "suburbia meets murder."



Mark Stringham

audition and those on condition but anyone can be 6:30-9:30 p.m. call backs will be 6:30-9:30

under the direction of theatre arts. The play,



Dr. Robert Ball

Extended Run Players to present 'Thurber Carnival'

Extended Run Players to present 'Thurber Carnival'

The Extended Run Players, described as "a group of theatre-lovers ranging from seasoned veterans to stage-struck tyros," will present scenes from "A Thurber Carnival" as the fall production.

The group will stage the show at 7 p.m. Oct. 23 and 2 p.m. Oct. 25 in J.E. and L.E. Mabee Library Auditorium. Proceeds go toward scholarships for the theatre arts majors at the University of the Incarnate Word.

Founded in 1996, the group dedicates itself to:

- Performing fine productions of wor-

thy plays or musical revues in a Reader's Theatre format.

- Spreading their love of theatre throughout San Antonio and its surrounding communities.
- Nurturing the next generation of theatre artists.

UIW students, faculty and staff get free admission with I.D. Otherwise, tickets are \$10 for adults, \$9 for seniors, \$8 for non-UIW students, and \$6 each for groups of 10 or more.

For more information, call the box office at (210) 829-3800 or the theatre arts office weekdays at (210) 829-3810.



Employees get time off due to workplace award

The University of the Incarnate Word's growing reputation as an institution where one can enjoy employment got some Main Campus employees time off on five days in July.

Dr. Lou J. Agnese Jr., UIW's longtime president, cited Incarnate Word's sixth consecutive year to be named one of the "Great Colleges to Work For" by The Chronicle of Higher Education and third consecutive year as a "Top Workplace" in the San Antonio area by the San Antonio Express-News as reason to celebrate.

"In recognition of these important accomplishments," Agnese announced in a statement, Main Campus employees were released for lunch at 2 p.m. on July 3, July 10, July 17, July 24 and July 31, and not required to return to work "with the exception of essential personnel."

Before July was over, UIW was named a "Great College to Work For" for the seventh consecutive year by the Chronicle in its annual report on "The Academic Workplace."

UIW won honors in nine categories: collaborative governance; confidence in

senior leadership; job satisfaction; professional/career development; respect and appreciation; teaching environment; tenure clarity and process; work/life balance; and Honor Roll.

The publication's survey gauges specific best practices and policies at small, medium and large institutions of higher learning. UIW was included among the medium universities, reserved for institutions with 3,000-9,999 students. In addition, this UIW received the prestigious Honor Roll designation for the sixth consecutive year.

The survey results are based on a two-part assessment process: an institutional audit that captured demographics and workplace policies from each institution, and a survey administered to faculty, administrators, and professional support staff. The primary factor in deciding whether an institution received recognition was the employee feedback.

"This is affirmation of the positive campus environment we've created for our employees and students," Agnese said. "It's gratifying recognition for both UIW and San Antonio."



Dr. Susan Hall



Terry Peak



Jessica Martinez



Dr. Paty LeMay Burr



Dr. Scott Roberts



Dr. Chris Edelman



Dr. Amanda Johnston



Dr. Barbara Millis

Center offers incentives for 11 faculty workshops

The Center for Teaching & Learning at the University of the Incarnate Word is offering \$100 stipends in some cases and light refreshments, breakfast and lunch at faculty workshops this fall.

The stipends and food are incentives for faculty to sign up for 11 different workshops this fall which except for one will be offered in the center in Room 212 of the Administration Building.

However, there is no need to sign up for "Blackboard Walk-Ins" where light refreshments will be offered between 10 a.m. and 2 p.m. Tuesday, Aug. 18, and Wednesday, Aug. 19, in AD 212.

Participants may "drop in any time during the scheduled hours for personal assistance with your Blackboard site," said Dr. Susan Hall, the center's director. Participants should bring a copy of their course outline and/or documents they'd like to post. Two UIW instructional technology specialists -- Terry Peak, technical training coordinator, and Jessica Martinez, an instructional designer -- will be the facilitators.

The other workshops include:

"Quality Feedback with a Clever App: Socrative," 8-9 a.m. Wednesday, Aug. 26. Breakfast included. Limited to 10. Participants should bring a laptop to learn about Socrative, a free app that allows students to use any digital device as a clicker. It supports several types of questions and gives students graded or ungraded feedback on their performance. Participants will participate in a demo quiz and then explore how to create Socrative questions. Dr. Pat Burr, a chairholder and professor of international business in the H-E-B School of Business and Administration, will be the instructor.

"Quality Feedback with a Clever App: Kahoot!," 4:30-5:30 p.m., Wednesday, Sept. 2. Wine and cheese included. Limited to 10. Kahoot! is a free app that allows students to use any digital device as a clicker. It uses multiple-choice questions in a game format and gives students graded or ungraded feedback on their performance. Participants will participate in a demo quiz and then learn to create Kahoot! questions of their own. Hall, who also is an education professor with the Dreeben School of Education, will be the instructor.

"Managing the Interactive Classroom," noon-1

p.m., Monday, Sept. 1, and 8-9 a.m. Tuesday, Sept. 15. Lunch (Sept. 1) and breakfast (Sept. 15) included. Hall will discuss how including group work or interactive activities in a class session also involves sharing control of the classroom with students -- and sometimes that results in wasted time or confusion. In a fast-paced and interactive session, participants will try out simple classroom management strategies that can make it less risky to step away from the podium.

"Using the Blackboard Blogging Function," noon-1 p.m., Tuesday, Sept. 22. Lunch included. Limited to 10. Participants in this hands-on session will need to bring a laptop to learn how to use the Journal/Blog function of Blackboard. They also will consider the advantages and disadvantages of including student blogging in a course. Dr. Scott Roberts, an associate professor of marketing, will be the instructor.

"Getting Started with Service Learning," noon-1 p.m. Wednesday, Sept. 30, and Friday, Oct. 2. Lunches included. Dr. Chris Edelman, an assistant professor of philosophy, will discuss how well-designed, service learning projects such as Meet the Mission and the Alternative Spring Break address community needs and help students meet course outcomes --- while being practical for a busy faculty member to implement. Participants will learn efficient strategies for planning and implementing service learning.

"Minimizing Plagiarism," 4:30-5:30 p.m. Thursday, Oct. 1, and noon-1 p.m. Tuesday, Oct. 6. Wine and cheese (Oct. 1) and lunch (Oct. 6) included as well as a \$100 stipend to the first 10, full-time faculty members registering who teach undergraduates. Dr. Amanda Johnston, director of the Writing and Learning Center, will discuss how decades of surveys suggest plagiarism is fairly common. However, it is possible to minimize this problem in courses without becoming "the cop in the classroom." Participants will explore ways -- mostly non-technological -- to shape a course environment less conducive to cheating.

"Learning and Low-Stakes Quizzes," noon-1 p.m. Wednesday, Oct. 7, and noon-1 p.m. Monday, Oct. 12. Lunches included. Hall and Dr. Teresa Partridge, an assistant professor of psychology, will discuss how research

into "the testing effect" suggests answering questions about material is one of the most effective ways to study it. Participants will discuss ways to apply this promising research and explore efficient ways to incorporate frequent low-stakes quizzes into their courses.

"Want Better Papers? Provide Earlier Feedback," noon-1 p.m. Monday, Oct. 26, and 8-9 a.m. Tuesday, Oct. 27. Lunch (Oct. 26) and breakfast (Oct. 27) included as well as a \$100 stipend to the first 10, full-time faculty members registering who teach undergraduates. Johnston returns to discuss how it's a bedrock principle of effective writing instruction that students benefit from a limited amount of specific feedback on their writing -- delivered when they can actually use it for improvement. Participants will explore ways to provide useful comments on early drafts without doubling their workload.

"Informal Writing," noon-1 p.m. Tuesday, Nov. 3, and 4:30-5:30 p.m., Nov. 4. Lunch (Nov. 3) and wine and cheese (Nov. 4) included as well as a \$100 stipend to the first 10, full-time faculty members registering who teach undergraduates. Johnston returns to show how writing-to-learn, informal writing involves short activities designed to help students grapple with new material. Informal writing is typically done during class and is lightly graded, if it's graded at all. Participants will experience several informal writing activities and create one for their class.

"Writing Your Teaching Statement," noon-1 p.m., Monday, Nov. 9. Lunch -- beginning at 11:30 a.m. -- included. Dr. Barbara Millis, a retired educator who formerly headed the Center for Teaching and Learning at the University of Texas-San Antonio, will lead the session in the Special Collections Room on the second floor of J.E. and L.E. Mabey Library. She will describe how focusing on one's philosophy of teaching helps faculty consider what is valued most in teaching and how to make that apparent to students. UIW requires a teaching statement as part of the annual faculty self-inventory and promotion packets. Millis, who has published widely in this area, will help participants get started on their teaching statements.

'Why are you here? What is the purpose of 'university' today?



By Phil Youngblood

"Why are you here? Right now, today, in this classroom, at this university, when you could be anywhere else?"

That is the first question I ask students in my "intro" course. The first reaction is usually silence, I think partly at the thought of having any other choice. The first answers are often

the tentative and patent "to get a job and earn money" or "to be well-rounded."

Besides starting a thinking and questioning dialogue -- always a good way to start any university course -- this question leads to discussion about what "well-rounded" means, including why University of the Incarnate Word core courses are important to better work in, and better understand the people with whom they will work, in this globally connected world, precipitated by but also made possible by computer technology.

Since a job and money is always part of the discussion, we discuss the purpose of work and money. If a job and money are most important to you, why are you here and not out working? [This IS your work right now and you should treat it as such.] What is the value of a degree to an employer that they would want to hire you over someone without one? [Hint: it has nothing to do with course content.] What can you do to make sure your degree is more than just a piece of paper? [Treat school as seriously as work.] Is there another purpose to work besides making money? [Contribute to society, help others, take pride in your efforts, and lots more.] How much money do you need? [Living wage vs. minimum wage and the complex web of dependencies of job, house, car, perhaps family, city, roads, school, taxes] These questions lead to using a spreadsheet to create a personal budget and calculate a loan and to guided and productive research on the Web and other activities.

Why do I take time to ask these questions? "The University Experience" is part of my "intro" course because I have become increasingly aware that each of us must develop a continually evolving understanding of why we are at a university, this university, and that our answers are of paramount importance to our personal and

collective experiences, as well as to our future.

Education is not just about content. If it were, you can find all the content you want online and plenty of online courses that deliver content. A living university must also be about sharing thoughts and experiences and current and innovative ways to use knowledge and skills. It must be about questioning, experimenting and learning how to fail well. It must include intelligently and respectfully discussing all sides within a diversity of backgrounds and cultures and ranges of experience, not just confirming what you believe with like-minded people. It must also help students reach a deeper understanding of their world so they can make informed decisions.

My students arrive thinking they know about computers, but I find they have little or no understanding of how science helps us to believe what we do about how the world works, about how to create and control electricity and its role in computer technology, or about what happens to this document when I submit it to the Logos. They know computer technology is a powerful tool that enables us to find information and to communicate, but not enough about how to discern the value of information and its source. Their university experience will help them to learn these answers, but also to learn how to ask and to find answers to questions they might never have thought about when they arrived.

I think this year I will ask my senior students the same questions I do my new students so I can better understand what they have learned during their university experience. I realize their answers are not measurable outcomes, unless I believe there are patent answers to them, but they will be testing their answers soon and I want them to know how to find intelligent and respectful answers to these and other questions. That, after all, is the value of the university.

In 2015, I am writing about exciting technologies that will change the way that computers work and how we work with them. As always, I invite your feedback, dialogue, and differing opinions on this topic.

E-mail Youngblood, head of the Computer Information Systems (CIS) program, at youngblo@uiwtx.edu

~~Adventure~~

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STEP 2: *Where will you go?*

- 1) UIW's European Study Center in Heidelberg, Germany
www.studyabroad-germany.eu
- 2) One of UIW's Sister Schools (more than 130 to choose from)
www.uiw.edu/studyabroad/sisterschools/

STEP 3:

Have you visited the Study Abroad Office?

To set up an appointment, contact:

Alanna Taylor
Study Abroad Coordinator
(210) 805-5709
studyabroad@uiwtx.edu
or
on Facebook:
Uiw StudyAbroad

Where is the Study Abroad Office?
International Conference Center (ICC)
F111 (next to the black couches)

Upcoming Events

Aug. 26, 11:30 a.m.-12:30 p.m.
**European Study Center
Information Session**
ICC, Boardroom 1

Sept. 1, 11 a.m.-1 p.m.
Study Abroad Fair
Dubuis Lawn

Sept. 9, 11:30 a.m.-12:30 p.m.
Funding Your Study Abroad
ICC, Boardroom 1

Sept. 17, 6-7 p.m.
Parent Information Session
ICC Auditorium

YOUR ADVENTURE AWAITS

Study Abroad Fair

Tues., Sept. 1, 2015

11 a.m.-1 p.m.

Dubuis Lawn

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For more information on studying abroad, contact:
Alanna Taylor, Study Abroad Coordinator
Phone: (210) 805-5709 E-mail: studyabroad@uiwtx.edu
Dr. Burton E. Grossman International Conference Center, F111

