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Players commit to UIW football



Help Wanted: university plan seeks direction

By Natalie Perez LOGOS STAFF WRITER

The Quality Enhancement Plan committee is seeking student, faculty, staff and alumni ideas until March 8 for what academic adventure they want next for the University of the Incarnate Word.

When finished, the QEP will be roughly a 30-page research paper consisting of a well-designed, five-year plan including dates, milestones, schedules, budgets and more — required as part of UIW's bid for reaccreditation – a process that comes along every 10 years.

The QEP is meant to improve student learning and success by prioritizing an idea that could be thought of by you, if you go to, http://www.uiw.edu/qepsurvey, and submit your thoughts, officials said.

Dr. Glenn James, who is on the QEP committee as UIW's associate provost and director of assessment said in order for UIW to continue to be a licensed and accredited university, the Southern Association of Colleges and Schools (SACS) based in Atlanta needs to give UIW a quality checkup.

Every decade, UIW is required to turn in two reports that prove accreditation and subsequently build UIW's reputation. The first is called the Compliance Report consisting of 89 different matters that have to be checked off after proof is shown. The second is called the QEP.

"The QEP is a proposal to do something new that's part of that 10-year review," James said. "It has to be an idea that will be a five-year plan, so it's to do something across five years, not just a little thing. It has to be something that has the prospect of helping improve student learning. Those are really the only two criteria for it, so it can be anything."

UIW is starting from scratch and is asking for input from everyone. No topic has been selected yet.

"I really want students to know how much all the faculty administrators appreciate when they answer surveys because we take their answers very seriously it's huge, huge, "James said.



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Volunteers help with tax returns

By Jenifer Jaffe LOGOS STAFF WRITER

If you make \$55,000 a year or less, volunteers will help you with your tax return preparation free Saturday morn-

mond is a certified public accountant. Accounting students gain valuable

experience by preparing the returns, Edmond said.

"We have two layers of students



Dean of Student Success Sandra McMakin speaks about new scholarship program for summer school.

Summer school cuts cost

ings through April 15 at the University of the Incarnate Word.

Trained undergraduate and graduate accounting students, professors and volunteers began offering this service Feb. 2 from 10 a.m. to noon in Room 62 of the Administration Building.

The program was established about 30 years ago with the intent of providing free financial service to the poor and elderly. It remains extremely beneficial to those in the community in need of aid, administrators said.

Taxpayers should bring their driver's license, a copy of their Social Security card, W-2 forms and a copy of last year's tax returns, said Dr. Tracie Edmond, an assistant professor in accounting. Edhelping: the undergraduates work with the graduate students one-on-one in the beginning so they have an expert who has done it before or who has taken some advanced classes," Edmond said. "After about the third week, the graduate students step back and become the reviewers."

The students volunteering also benefit from the program by earning community service hours required for graduation. Since the community is coming to the campus for the service, they're not restricted to the 15-hour, on-campus cap.

"It's the service component of a class," Edmond said. "If they work every single Saturday, they have all of their volunteer hours required by the school."



By Serena Elizondo LOGOS STAFF WRITER

The University of the Incarnate Word is offering a summer sale of sorts – summer school at half-price – to all undergraduate students attending classes on the main campus.

ContinUIW, formerly a scholarship-based program offering summer discount tuition for those who qualified, has been converted to a tuition-based program beginning with Summer 2013.

Participating students now will be able to catch up or get ahead with courses to meet degree requirements with this new discounted price, said Dean of Student Success Sandra McMakin, who is in charge of implementing the program.

"We are making the program available to all undergrad main campus students," McMakin said.

When current students get their PINS later this spring from their advisers to register for summer and fall classes, that's all necessary to get in on ContinUIW prices.

"We want to offer the classes that the students need to graduate faster," McMakin said. "We know it's difficult for students to graduate in four years, being that there's not a lot of leeway on the courses and when they can take them.

"We also want our students to be able to be involved in extracurricular activities, work and internships etc. Rather than them trying to take more hours during the fall and spring we want them to be able to utilize summer."

This change will help students to not have to use as much financial aid for the summer and instead save for the fall and spring semesters.

"We are excited about it," said McMakin.

The goal is for students to be able to plan with their advisers what classes they are going to take during the summer and then for the fall and spring.

"We want students to start thinking like that," McMakin said. "Instead of just fall and spring, think the whole year."

For additional information please visit: www.uiw.edu/continuiw or e-mail continuiw@uiwtx.edu.

New policy restricts smoking areas near buildings

By Rachel Cywinski and Priscilla Sauceda LOGOS STAFF WRITERS

Smoking on campus now is prohibited within 20 feet of any building at the University of the Incarnate Word.

As of Jan. 1, there is one designated smoking area on the main campus, the "deck on the (north side) of the (Dr. Burton E. Grossman) International Conference Center." There are a few other areas on campus, which are not designated as either smoking or nonsmoking areas and which do not fall under smoking prohibitions.

The smoking policy prohibits smoking within 20 feet of any building, in the courtyards of the Administration Building, Genevieve Tarleton Dougherty Fine Arts Building, the deck outside the media center and the areas around and between Agnese-Sosa Living and Learning Center, Marian Hall, Clement Hall and Gorman



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Compiled by Paola Cardenas, Assistant Editor

Horsemeat controversy

After testing samples of meat stored by Freeza Meets of Newry, a beef processing factory in Ireland, it was found that 80 percent contained horsemeat. Police have been assigned to investigate and keep the Republic of Ireland up to date concerning the meat-processing industry. An emergency meeting has been called by the Department of Agriculture and Rural development officials. This raises issues concerning food safety confidence.



Gas buildup cited in Pemex explosion

A deadly explosion due to gas buildup occurred at the headquarters of Mexican state oil company Pemex Thirty-seven have been reported dead, with more than 100 people hospitalized due to serious injuries. The source of the gas is under investigation, as many unanswered questions have been brought to the table. So far, there has been minimal evidence of the explosion being a bomb blast, which would point to an attack from one of Mexico's armed groups. Authorities question why the gas buildup was not reported in the first place, possibly preventing the incident.

Egypt foreign currency declines

In January, Egypt's foreign currency fell 10 percent The foreign currency has been dwindling due to violent protests on the streets and the political unrest. This decline has been occurring since the revolution to remove the former president in 2011. Egypt has been discussing possible loans with the European Union as well was with the International Monetary Fund, U.S. States and the African Development Bank.

Dell founder seeks buyback

Michael Dell, founder of Dell computers, announced he is going to buy back the company, with the help of Silver Lake, a technology investor, and Microsoft. Analysts say now is the right time to buy the company

and turn it around. Buying the company back will remove Dell off the Nasdaq stock exchange. Shareholders are being offered \$13.65 in cash per share. Before sealing the deal, a "go shop" period will be conducted, during which Dell's board will seek other offers to



Help Wanted

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The QEP can, quite literally, change the way UIW works. Ten years ago UIW was one of the first universities required to complete a QEP, James said. At the time, the QEP's main focus was to help first-year students with a concentration on student success. The result: the First Year Engagement program that every student has had contact with.

"Back then there was no Dean Sandy (McMakin), no office of Student Success, and literally, the QEP began with Dean Sandy, Sandy McMakin, and one-andhalf additional positions, that was it.

"That's how big an impact it can make if we think of a good idea. It's pretty exciting. This is not just something 'la la' we have to do it for SACS. It's something that lets (UIW) find our next big cool thing to do."

Ryan Zapalac, a student on the QEP committee and winner of 2011's Kemper Scholarship, said he was surprised to learn the role an earlier QEP played in the formation of First Year Engagement.

"I thought it (First Year Engagement)

to go to UIW's QEP website and refer to the list of 14 other schools with online QEP reports.

Do not be shy about submissions. "We have four questions on the survey," James said. "If they (students) really only have answers to No. 1, give it to us and send it in because right now we're just looking for big ideas, so more ideas are better. We're not worried about having something perfected in the submission process."

The committee is open to all suggestions. Other than going online, Zapalac said, "(Students) can pass any feedback to me, and I'll relay it to the committee.'

After the March 8 deadline, committee members can deliberate over ideas during and around spring break. However, even later, students will have a voice.

"Maybe we'll get five ideas," James aid. "We're going to ask students to help rank those five ideas, so there will be a couple phases of student input. I really want to encourage everybody that we really care what they say."

Smoking continued from page 1

Building, including Friendship Plaza and at shuttle stops.

For years, students have asked the Student Government Association to help lead an effort to restrict smoking on campus. On Nov. 27, UIW's Executive Council created designated smoking and nonsmoking areas.

What happens to people who smoke in these areas depends upon their status at the university. Employees and students may undergo their respective disciplinary processes, while visitors may be escorted off campus by university police. Janine Chavez of Campus Life said the Human Resources Department is responsible for the disciplining of stray smokers.

After piecing together the various smoking restrictions, the areas which are not designated as either smoking or nonsmoking areas, and therefore areas where smoking is allowed, include Lourdes Grotto, the Blue Hole, much of the lawn of Brackenridge Villa, half of the circle between Dubuis and Gorman buildings (the half closer to J.E. and L.E. Mabee Library), the middle half of Dubuis it will be a great way to create a balance Lawn, the flagpoles in Mission Plaza, the parking lots along Hildebrand, most of the parking west of the San Antonio River and the nature trail. Tony Allen, general manager of Sodexo, which provides catering service at UIW, said he welcomed the change. "I love it," Allen said. "I quit smoking 25 years ago. I hated that they smoked close to the building. I just don't know where they can go -- for the employees who will have trouble giving up smoking -- and students as well. I think they need a designated spot where they can go legally so they can all go there and kill each

other. We know it's harmful but people have the right to harm themselves. You have the right to harm yourself, but you don't have the right to harm me."

Nicholas Segura, a UIW chemistry graduate who regularly visits the campus, said he thinks the new policy is good.

"I think that's a good thing because it's important to not allow people to breathe the second-hand smoke," Segura said.

Doug Endsley, vice president of Business and Finance, said the smoking restriction will be noted with more signage.

The Department of Facilities Management wants to set up a uniform signage throughout the campus. The plan is to mark buildings with the highest density of people to decrease the amount of smoke entering the buildings. New signs will be put up around campus to remind people about non-smoking areas and the designated smoking areas.

Both smokers and non-smokers claim the use of signs will help everyone be on the same page about smoking on campus

was always there," said Zapalac, an English major and Honors Program student from League City, Texas. "It caught me by surprise. I think that's good though, the fact that everyone thinks it's sort of a omnipresent thing; it wasn't just conducted for a five-year plan.

"In simplest terms, it's (the QEP) just to make the school better," Zapalac said. "It's really trying to incorporate all the departments of all the colleges here on campus to make sure that whatever we pick for the next five-year plan really enhances every part of the school -- something for everyone."

For the last six months UIW has worked on an accessible and easy way students can contribute. Online there is a survey with tailor-made questions where people can submit ideas meant to benefit student learning and success in the long term.

James said, "Literally if somebody thinks, 'I wish we just played music in the tutoring center — whatever,'they can just put it in that block (found at, http:// www.uiw.edu/qep) and touch 'submit.' That will go to the committee who will think it through. It's the real deal."

Students with ideas who are curious, but unsure where to start, are encouraged

This plan, due in December 2014, is an experiment and like any, could fail at first, officials said. If so, adjustments would be made accordingly, and the experiment would be conducted again. Eventually, UIW will start executing the plan no later than Spring 2015, and outcomes are expected to be desirable, achievable and measurable.

James said, "My job is to make sure that the QEP is not 'my' topic. That's it's 'our' topic. I'm just one of 17 people around the table. There are 15 faculty and administrators and two students."

James said that he helps to make sure UIW has a committee with open-minded people who will invite lots of input, reach out to the students, faculty, alumni and staff, bring in many ideas and sort out which ideas they think are going to be the most valuable.

After ideas have been syphoned down to the top prospects, Dr. Kathi Light, UIW's provost, will choose the final topic for implementation.

The QEP topic depends on everyone.

James said, "(The topic is) something that hopefully every student can identify with and will benefit from. Whatever it is we come up with."

Library sets 'Ticket to Knowledge'

The "Ticket to Knowledge" series at J.E. and L.E. Mabee Library, which began in January, features a number of topics.

Those remaining include:

Tuesday, Feb. 12: Google Skills, noon-1 p.m., Special Collections Room on second floor. Participants are encouraged to bring a lunch and a laptop. Snacks will be provided.

Tuesday, Feb. 26: Interlibrary Loan and Document Delivery, 4:30-5:30 p.m., Room 230.

Wednesday, Feb. 27: Primo, noon-1 p.m., Room 230.

Thursday, Feb. 28: Basic Business Research, 1:30-2:30 p.m., Room 230.

Wednesday, March 6: Interlibrary Loan and Document Delivery, noon-1 p.m. Participants are encouraged to bring a lunch and a laptop. Snacks will be provided.

Wednesday, March 27: Web of Science, noon-1 p.m., Room 230.

Evidence-based Healthcare Resources, noon-1 p.m., Room 230.

Wednesday, April 24: Evidencebased Healthcare Resources, noon-1 p.m., Room 230.

"By [putting up signs as reminders], for both smokers and non-smokers," said Endsley. "This process will take some time in developing but, it's a step."

SGA President Jonathan Guajardo said the new policy is a progressive step.

"Over the past few terms, including mine, they've all really had a focus of regulating smoking on campus so that students are not forced into being trapped to inhale the smoke," Guajardo said. "It's something we've been pushing for, for three or four years. Overall SGA is very happy with the outcome and we're glad we helped out the university in this manner."

Career Services coordinator seeks to make office visible

By Priscilla Sauceda LOGOS STAFF WRITER

This spring's job fairs represent much preparation and planning from the University of the Incarnate Word's Student Success Program, particularly its Office of Career Services.



who joined UIW last fall as office coordinator, said she's determined to bring awareness to students about expanding their employment op-

A graduate of

Our Lady of the

Lake University, Tejeda has experience working directly with students. She assisted students in the area of career exploration and job development at OLLU. At UIW, her first goal is to "increase

the opportunities for UIW students,"

she said, adding the office also wants to become more visible on campus and serve more students.

"I encourage students to visit our webpage for a schedule of upcoming events," Tejeda said.

She said she understands students are busy balancing school, a job and family matters so she encourages students to stay connected by following Career Services on Facebook. She also plans to continue getting the word out through e-mails, advertisements and faculty.

"Not many students realize how applicable certain workshops can be, whether you are a freshmen, senior or alumni," Tejeda said.

Many recruiters are very eager and active to help UIW students.

"I encourage students to become proactive in their development by checking our schedule, visiting the office and utilizing the services. Everything we offer is included in the cost of your tuition - so make sure to utilize our resources."



Clarissa Tejeda

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UIW student sees Beyonce up close at Super Bowl show

Special to the Logos

While millions watched Super Bowl XLVII and Beyonce's halftime show, a University of the Incarnate Word student got to run out on the field and see the superstar up close.

Mariana Dominguez, 19, a communication arts major concentrating in production, brought her sister, Erica, 23, along on an expenses-paid trip – courtesy of Pepsi, the halftime show sponsor – to see Beyonce.

Dominguez was among 25 winners nationwide of a Pepsi contest she entered Jan. 13 when she saw an ad promoting the contest and its prize in El Norte, a newspaper based in Juárez, Chihuahua, Mexico.

"The contest consisted of sending different pictures of yourself in different positions, such as jumping or moving your hands like the minute hand on a clock," Dominguez said. "If they liked your pictures, your photos would come out in the Super Bowl Pepsi commercial and if you were lucky enough, you (would) win a round trip to New Orleans with all (expenses) paid and a chance to participate on the halftime show with a (guest)."

Dominguez said she was notified Jan. 21 she was a finalist and underwent a background check before she was told Jan. 24 she was a winner.

"When they called me to tell me I was a winner I couldn't believe it. I never imagined I would ever win the sweepstakes. I chose my sister to go with me."

They flew out Friday, Feb. 1, via United Airlines but had to stay in a Covington, La., hotel about an hour away from New Orleans due to no room in the Big Easy. Dominguez also was given \$500 to spend which she and her sister used mostly for food.

"My sister and I both bought Super Bowl shirts and I bought a football. We also bought some souvenirs like shirts and caps for our family."

Before the halftime show, Dominguez, her sister, the other winners and their guests only could see the game on monitors as they prepared to run out onto the field and stand before the stage.

"I saw Beyonce like eight meters (away) more or less. I got to see her practice four times but the actual performance was amazing. She is beautiful and truly talented. I think it was one of the best experiences yet."

For Dominguez, it was her first trip to New Orleans and she got to see more of it with the other winners.

"I really enjoyed going to New Orleans as a city because it has a lot of attractions such as Bourbon Street. I thought everybody from New Orleans was exceptionally nice. I went to the Pitbull Beach Bowl Concert. I saw him like 15 feet away. In concert, I also saw Hunter Hayes and Jamie Foxx. I also loved it when my sister and



Mariana Dominguez holds a poster greeting winners of an expenses-paid trip to New Orleans to see Beyonce. I got to go with the other winners to a private 5th Quarter Pepsi party with celebrities. I got to eat and dance to the music of celebrities like Hunter Hayes, Little John and Jamie Foxx.

"The whole trip was incredible. However, my favorite part was when I got to see Beyonce perform at halftime. This was just a great experience for me. From now on I will enter every contest I hear about because these things really happen."

'Nelly's Echo' entertains UIW







By Katie Rivera LOGOS STAFF WRITER

University of the Incarnate Word students didn't get the "Winter Wonderland" promised due to technicalities but they did get a free concert Thursday, Jan. 24, featuring Nelly's Echo, a two-man band from TV's "The Voice."

The Campus Activities Board had planned to bring in a portable outdoor ice-skating rink and Nelly's Echo. However, the ice-skating portion had to be canceled last minute.

"We were supposed to have ice skating but the truck broke down, so unfortunately they were not able to come," said Italie Chavez, CAB's director of entertainment.

At first, students were disappointed about the rink cancellation.

Nelson Emokpae sings and plays guitar with 'Nelly's Echo,' a two-man band that appeared on TV's 'The Voice.' Emokpae's cousin, Mog, plays percussion.

"I was disappointed because it was going to be a different event that CAB was going to have from all the other ones they've had," said Crawford Higgins, a senior communication arts major. "We've had a really warm winter, and some ice skating would have been a little festive."

However, as 6:30 p.m. rolled around, more students showed up to enjoy the funky music of Nelly's Echo along with food catered from Panera Bread and a local Mexican bakery, as well as giveaways for the San Antonio Rodeo and Spurs games.

Nelly's Echo is comprised of Nelson Emokpae, and his cousin, Mog, who is the percussionist. Emokpae is originally from Nigeria and has been in the United States since 1996.

"The name 'Nelly's Echo' is based on the premise that music is a two-way street, music is give-and-take," Empokpae said. "So Nelly refers to me, the musician, and the Echo refers to the audience's appreciation of the music."

KATIF BOSWORTH/LOGOS STAFE

Uniquely, the audience for the band's tour is all colleges. Nelly's Echo is traveling the country to bring its fresh sound to students. The artists said their two-hour show features positive, funny and uplifting music that is "very engaging, full of colors, and original."

"I have been blessed to be successful in the college market for the past three years, so I'm building up networks with college advisers that book artists," Empokpae said. "I'm playing in a lot of Texas schools right now. You know Texas is pretty big. It's like 20 hours both ways.

Students prepare for Job Fair

By Lauren Taylor

LOGOS STAFF WRITER

Some University of the Incarnate Word students already are gearing up to attend the annual Job Fair from 1 to 4 p.m. Tuesday, Feb. 12, in McCombs Center Rosenberg Sky Room.

An estimated 70 companies are expected to greet the job-seekers wanting fulltime employment. A smaller job fair for internships and part-time jobs is planned Thursday, Feb. 28, from 2 to 4 p.m. in Marian Hall Ballroom.

"(The job fair is) a good opportunity for all seniors to see what's out there and try engaging in conversation with workers of the companies, and get their input about their company," senior Jandro Flores said. "I would like to attend the job fair because I know a lot of different companies will be there, and that to me is the easiest way for a person with no work experience to try for an internship with a company and



eventually, after graduating, hopefully get a full-time job at that company."

Junior Katie Patterson said she plans on attending the job fair - but not to get a full-time job. She plans to "network and get my name out there for an internship next spring. UIW has so many wonderful events to offer to its students you'd have to be crazy not to attend."

Katie Rivera, a senior, has a different take on the job fair as this is the time that counts to hunt and secure a job for after graduation.

"Being a senior, it's exciting and a little scary that I have to be in the grown-up world now," Rivera said. "I appreciate that UIW helps us with the transition by providing us the opportunity to meet possible employers."

Student Emily Carrubba said she has attended UIW's past job fairs and recommends it.

"UIW hosting a job fair is something all students should utilize -both new and graduating," Carrubba said. "New students can get a feel for the job market and what future employers expect to see in prospective employees. Anticipating graduation, I attended one of UIW's job fairs (in spring 2012), and was able to secure a position with Allstate as a regional sales manager in Florida."

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Follett bookstore pushes e-books

By Amanda Cruz-Lombraña LOGOS STAFF WRITER

Follett Higher Education Group, operator of more than 900 campus bookstores across the U.S. and Canada, is bringing something new to the University of the Incarnate Word: e-books.

Follett believes no single publisher, platform or device can meet the varied needs of students and faculty. This led Follett to allow student savings with various options, such as new, used, rental and digital textbooks accessible across multiple devices.

Currently, the UIW bookstore offers a variety of digital solutions, including Follett's CafeScribe and Inkling digital textbooks.

CafeScribe titles provide savings from 40 to 60 percent compared to the price of a new textbook, as well as access to a variety of tools that aid student study habits.

"You can create a Snap Summary that compiles all your notes and highlights into a quick, all-inclusive study guide with one click," said Haleigh Morgan, public and campus relations specialists for the Follett Higher Education Group. "Also featuring elements of social media, students can share their notes and ideas with fellow classmates or faculty all within their digital textbook."

The bookstore also offers Inkling's growing selection of digital textbooks, including popular titles. Specialized titles in the medical, MBA and scientific fields are offered as well. Inkling titles include features such as video, interactive assessment, animation, music, slideshows and 3D models. to "Pick 3": a cost-saving alternative that allows students to buy just three chapters for a fraction of the price of a full textbook.

Digital textbooks provide a variety of benefits including deep savings, a lighter backpack, access to materials anywhere, anytime, the ability to read and study on multiple devices, and never [having] to deal with out-of-stock scenarios," said Morgan.

Sustainability is well-served by digital textbooks. No paper, no ink and students can highlight and take notes within the digital version of the text, which minimizes consumption of those materials as well.

"We expect that more students will choose digital once they've experienced a digital textbook," Morgan said. "One of the main barriers to digital growth is the fact that it's still relatively new to students and faculty. Some customers choose print just because it's what they are used to."



For those who would like to try digital textbooks without making an official commitment, many of Follett's CafeScribe titles are available to try for a free, no-obligation, three-day trial.

This way students can explore the tools (highlighting, search, taking notes, etc.) and get a feel for the reader experience. The bookstore's assortment of digital textbooks are available in-store and online via efollett.com.

Students have the option to purchase the entire Inkling textbook or the ability

Master's degree returning to English Department

By Krystal Rincon LOGOS STAFF WRITER

The English Department at the University of Incarnate Word is returning its master's degree to the program this fall.

"I am delighted, personally and professionally, for the return of the English M.A. program," said Dr. Patricia Lonchar, a longtime English professor who also serves as assistant dean of the College of Humanities, Arts, and Social Sciences. "All of us in the (English) department have anticipated this return for some time and are confident that now is the proper moment."

Students in the M.A. program could focus on literature and criticism, or they could choose to focus on technical writing.

"We intend to add a special focus on technical writing -- a field that is expanding rapidly at this time with plenty of opportunities for persons with the appropriate preparation," said Letitia Harding, an English instructor. "In addition, each of us in the department enjoys the challenge and excitement of mentoring graduate students in their research."

Harding said the technical writing certificate is offered for students who are particularly interested in technical writing either because of career or personal interest but not ready to commit to completing a master's.

The M.A. in English, as is true with any graduate degree, provides enhanced experience in scholarly research. The opportunity to work closely with a faculty mentor is another benefit of the graduate experience. The technical writing emphasis offers a niche unavailable in other M.A. programs in English. department will develop a five-year, bachelor's-tomaster's pathway as well for those students who wish to move at an accelerated pace with their study.

Many school systems and the Alamo Area Colleges system encourage their faculty to continue studying beyond already-earned graduate degrees. Some students enroll in program courses to add to their own academic transcripts. Some Ph.D. programs in English may still require applicants to demonstrate research competence with an earned M.A. degree. The M.A. degree allows students to begin specializing in an area of particular interest to them.

The significant differences between the program now and the past M.A. program will be the added emphasis on technical writing and the development of the five-year, B.A.-to-M.A. option.

"Students will be allowed to register for graduate courses their junior year, so that way they will be able to complete their master's their fifth year," Harding said.

The M.A. will require 36 hours -- a standard in the discipline. The department still must decide on whether or not to require a thesis or include a thesis or a non-thesis option.



"Our goal is to offer the first courses in the newly invigorated program by fall 2013,"Lonchar said. "Once we have syllabi for new courses developed and approved, we can begin to accept students. Our goal is to begin accepting students by April 2013. An initial cohort of 10 students would be our goal; however, we would be able to accommodate up to 15 students in M.A. courses."

Specifics about actual times for class offerings have not been finalized at this point. Weekend offerings have not been ruled out nor has the possibility of offering classes at sites other than the main campus. The department is studying all possibilities for making the M.A. in English viable and accessible to people seeking the degree.

Graduate admittance requires submission of application and Graduate Record Examination scores to the Office of Graduate Studies and Research, per University Graduate policy. Departments identify one faculty member to oversee departmental acceptance into M.A. programs.

The department has not set minimum GRE requirements, but the department tends to follow national requirements.

At this time, there is no university funding for students in the M.A. program. The department does not see that fact changing soon.

Other universities that offer an English master's program are the University of Texas at San Antonio, St. Mary's University and Our Lady of the Lake.

The faculty is currently discussing ways to improve the program. The university's primary task is to ensure university policy regarding research is maintained. The "We encourage students to come talk to anyone in the English Department if they have any questions," Harding said. "So far we have half a dozen students who are interested in applying for the program. It's not a lot, but it's a start."

Grad students plan international travel for unique global program

By Alejandra Chapa Special to the Logos

Some University of the Incarnate Word graduate students are trying to raise thousands of dollars to fund opportunities for them to develop global competencies in leadership.

The training and international traveling are part of the Triple Helix Executive Leadership Global Competitiveness Program established by Dr. Osman Ozturget, an assistant professor in the Dreeben School of Education.

Ozturget said he hopes the program – the first of its magnitude in the United States -- can begin operating this summer. It is designed to provide a global perspective on global leadership practices through a broader understanding of the collaboration of academia, industry, and government across the continents.

The first of five training modules will take place in Asia, covering Hong Kong, China and Taiwan. Training sessions will include workshops conducted by government officials, business and higher education leaders in each of the three locations. The focus will be on how these three nations engage in a process of mutually beneficial leverage of resources to create or discover new knowledge, technology, or products and services.

The goal is to fund several of the modules which include: Middle East in 2014 (Turkey, Northern Cyprus and Greece); Africa in 2015 (Tanzania, Ghana and Uganda); Europe in 2016 (Germany, France and Italy), and Latin America in 2017 (Mexico, Chile and Peru).

"As a doctoral student, this will not only be an opportunity to experience Asia in a non-traditional manner but also an avenue to start gathering data for my dissertation proposal which is centered around the Triple Helix theory," said program participant Trinidad Macias.

Efforts to raise funds have begun and members of the program are reaching out to businesses and individuals asking for donations.

"These (donations) will allow for graduate students to limit out-of-pocket spending since funding is so limited to us," said Macias. "Money donated to (program) will in turn provide the university and surrounding industries the opportunity to utilize these students as resources for professional development at the global level."



Dr. Osman Ozturget Trinidad Macias



Community garden grows on students

By Holly Spellmann LOGOS STAFF WRITER

Fresh produce is now ripe for the picking on the University of the Incarnate Word campus, thanks to the efforts of an environmentally conscious handful of UIW students and staff.

Student co-founders Justin Arredondo-Guerrero and Stephen Lucke set out last fall

to raise environmental awareness around campus. They found a plot on the southwest corner of the Gorman Business and Education Building, and got to work.

Thanks in part to the advice of campus Master Gardener Roberto Hoffman, the garden has flourished with vegetables such as cabbage and kale, among many others.

The founders of this initiative want the student body to appreciate the benefits of growing what goes on the table. Arredondo-Guerrero said, "It's a healthier, more affordable, and fun way of life that we want everyone to share in."

However, Arredondo-Guerrero said, the leafy greens are not the only benefits

of the community garden.

"The most important function of our garden is to promote environmental education and wellness to the students, faculty, and administration in a way that expands upon classroom curriculum,"he said. "Our yield, the veggies, are truly just the icing on the carrot cake."

The UIW community garden is only one branch of the newly formed Campus Sustainability initiative. The program also has its sights set on a more robust recycling program, as well as introducing benefits of environmental wellness into curriculum.

The campus may see new recycling programs roll out soon, which could use waste in ways both environmentally and economically friendly. Arredondo-Guerrero said,

"We're in the process of working with our good friends at Aramark to set up a new recycling program in both our residence halls and academic buildings," he said. "There are new and exciting programs where large campuses can profit from bulk recycling of things we would normally toss in the trash."

MISSION

February 2013

www.uiwlogos.org

Natalie Grant to perform at UIW



temporary Christian music singer-songwriter Natalie Grant will be in concert at 7 p.m. Thursday, Feb. 21, at the University of the Incarnate Word

Natalie Grant

Her performance in Alice McDermott Convocation Center is in conjunction with the fifth annual 24-hour Pray-a-Thon sponsored by University Mission and Ministry. Cosponsors include UIW's Office of Residence Life, Office of Campus Life and K Love 91.3 FM radio station.

Admission is free.

The Pray-a-thon was the "brainchild of (alumni) Lauren Wapplehorst" said Beth Villarreal, director of University Mission and Ministry. "(We) co-sponsored the event with her the first year and then assumed sponsorship of it after that."

Mission and Ministry "has wanted to bring a popular Christian musician for a few years now," Villarreal said. "And this year, senior Aleck Rios approached UMM, UESP, and Residence Life with the opportunity to bring Natalie Grant to campus. This is an amazing opportunity for our entire campus to experience a wonderful musician and music that will inspire people of all faiths. Another connection we made this year was

Award-winning con- with KLOVE Christian radio station 91.3. KLOVE is promoting the Pray-a-thon and the concert. This provides us with a wonderful new way to connect to the San Antonio community."

> Grant, a native of Seattle, Wash., received the Gospel Music Association's Dove Award for Female Vocalist of the Year four consecutive years (2006-2009) and also won last year. In 2012, she also received a Grammy nomination for her performance of "Alive."

> Grant, 41, first started in contemporary Christian music when she auditioned for the traveling music group, Truth. Later she moved to Nashville, Tenn., to pursue her solo career where she signed with Benson Records in 1997 and released her self-titled debut in 1999.

> She left Benson for Pamplin Music soon after and released the album "Stronger" in 2001. When Pamplin folded, Grant ended up at Curb Records where she has made five solo albums, starting with "Deeper Life" in 2003. Her breakthrough album, "Awaken," released in 2005, went gold. Then came "Relentless" in 2008. Her last album, "Love Revolution," was released in 2010.

> Besides her music, Grant is noted for her fight against human trafficking - a struggle she began waging after she and her producer-husband, Bernie Helms, made a trip to India in 2004 where they witnessed what went on in the red-light district and what is being done to stop it.

The India trip inspired her founding in 2005 of The Home Foundation, which has since evolved into Abolition International, an international organization with the aim of eradicating sex trafficking through aftercare accreditation, advocacy, and education and provision of restoration homes for victims of sex trafficking. Last October, Grant received the 2012 Bishop Ketteler Award for Social Justice from the Sisters of Divine Providence, who honored her for her work against human trafficking.

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Grant also credits her India experience for bringing "a new passion and direction to (my) music," she said. Instead of focusing only on what song might be a hit, Grant said she focuses on songs that will inspire, give hope, and motivate others to make their lives matter.

Following an interview on "The 700 Club" where Grant revealed her struggles with bulimia, she wrote a book, "The Real Me: Being the Girl God Sees," in 2005 where she shares how God

helped her get over the eating disorder.

Grant was a speaker and performer on the Revolve Tour, a conference for teen girls from Women of Faith, and she starred in the Gospel Music Channel's madefor-television movie, "Decision," in 2011.

Grant -- who was told she could never have children and her husband have three daughters: 5-year-old fraternal twins Grace Ana and Isabella Noelle, and Sadie Rose, 2.



These children will benefit from Project Africa's construction of a school through Incarnate Word's efforts.

UIW to launch Center for Civic Leadership

Special to the Logos

Over the past few years, University of the Incarnate Word faculty and administration have been working towards a means of bringing many service-learning projects to greater visibility and coordination.

UIW students are contributing many hours of commu-

nity service in San Antonio and far beyond into the global Leadership volunteers helped build playground at a school in Mexico. community. Many faculty

members give valuable leadership and mentorship to these projects, whether in "Meet the Mission" days or in ongo-



She was accompanied by five volunteers from San Antonio: Carlos and Margarita Martens; Dr. Josephine Ruiz-Healy; Mario Vasquez; Patricia Stout; and Henry Cisneros, a former San Antonio mayor and secretary of the U.S. Department of Housing and Urban Development. The USMF was launching its pilot People to People (P2P) program with a delegation from San Antonio traveling for five days (Nov. 24-28) in the region of San Cristobal, Chiapas, Mexico. The P2P program is intended to enhance international partnerships among Mexican Americans, communities, and NGO in both U.S. and Mexico. The intent is to achieve long-term engagement with Mexico in a strong, coherent way in order to improve conditions and quality of life of the people in the chosen localities in Mexico. San Antonio is the first of the P2P partnerships that the USMF hopes to create. The San Antonio-Chiapas partnership hopes to serve as a prototype for how a new model of civic partnership can be put into action. UIW's Center for Civic Leadership has been involved in this endeavor since its inception early in 2012. Projects, such as P2P can offer opportunities for UIW students to grow in their understanding of our Mexican neighbors and develop their capacity for civic leadership, Ettling said. The San Antonio delegation spent time with the team from the USMF as well as local residents of Chiapas visiting four specific projects in various Chiapas communities: a clinic project in Pocolum; a youth group with educational projects in Chenalho; a middle school with a number of development projects in Majosik and the Aid to Artisans group in San Cristobal. In each of these locations the visitors were warmly welcomed by local leaders and participated in traditional ceremonies and discussions on how collaboration could begin with San Antonio volunteers.

Mali school opens

An estimated 30,000 people will be educated during the anticipated 100-year life of a school that opened last year in Mali thanks to the efforts of Project Africa, supporters said.

• Project Africa, a non-profit, student organization started at the University of the Incarnate Word, raised \$33,204, reaching beyond its \$32,000 goal.

• Project Africa was founded during the fall semester of 2009 by student Cisse Drame, a Mali native who received her high school education in France before coming to UIW to study psychology and play varsity tennis.



• Drame's parents never received an education and Drame wanted to give back to her homeland, said Dr. John Velasquez, a longtime psychology professor at UIW who served as Project Africa's adviser.

• Working with buildOn.com, Project Africa raised the money to build the school, a basic structure that will accommodate an estimated 300 students a year, mostly children, but also adults in the country whose capital is Bamako, official language is French and official religion is Muslim.

• Classes will be offered in math, writing and reading during the day for children in kindergarten through high school and at night for adults.

 Present-day Mali was once part of three West African empires that controlled trans-Saharan trade: the Ghana Empire, the Mali Empire (for which Mali is named), and the Songhai Empire. During its golden age, there was a flourishing of mathematics, astronomy, literature and art. At its peak in 1300, Mali covered an area about twice the size of modern-day France, and stretched to the west coast of Africa.[9]

• In the late 19th century, France seized control of Mali, making it a part of French Sudan. French Sudan (then known as the Sudanese Republic) joined with Senegal in 1959, achieving independence in 1960 as the Mali Federation. Shortly thereafter, following Senegal's withdrawal from the federation, the Sudanese Republic declared itself the independent Republic of Mali. After a long period of one-party rule, a 1991 coup led to the writing of a new constitution and the establishment of Mali as a democratic, multi-party state.

• But Mali has been in the news most recently due to turmoil in the northern part of the country. French troops recently moved to oust Islamist militants from the fabled city, Timbuktu.

ing service projects locally and globally.

In January 2012, Dr. Lou J. Agnese Jr., UIW's president, engaged the University Planning Commission, with representation from across campus, to seek a way to bring important aspects of the UIW mission to greater prominence with some internal assistance and funding.

Since that time, planning has begun and an initial advisory board has been appointed by the provost, Dr. Kathi Light, to help create the Center for Civic Leadership.

The mission of the center is:

• In the spirit of Christian service, to develop leaders who promote social justice in partnership with diverse local and global communities.

• Its vision is fully in line with the social mission of UIW: to promote a commitment to social justice by educating enlightened and concerned civically engaged leaders committed to learning, research, advocacy and service for those in most need.

Civic engagement centers are prominent in many universities throughout the country. An innovative aspect of the Center for Civic Leadership at UIW is that it is being launched in partnership with another CCVI Institution, CHRISTUS Health. This will provide UIW faculty and students with "exciting possibilities for collaboration in the local and global community," planners said.

UIW's center initiated its first community service collaboration in late November when Sister Dorothy Ettling, a member of the Sisters of Charity of the Incarnate Word and a professor in UIW's Dreeben School of Education, traveled to Chiapas, Mexico, with the United States-Mexico Foundation (USMF) to represent the center. Ettling is co-chair of the UIW center's advisory board.



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Accessibly Inaccessible

The saying goes, "You never know someone until you walk a mile in his or her shoes." After this past winter break, I can fully attest to this theory.

Last April I learned I needed to have surgery to prevent further damage down the road on my foot. However, it wasn't until after my surgery in December when I found out exactly what I was getting into. And what I never want to go through again.

I had never broken a bone and believed I was designed with a high-tolerance for pain, but any possible prior near-death experience did not prepare me for this. That's why when I heard I needed six to eight weeks of recovery several months ago, the severity of the procedure did not sink in, nor did the additional importunes that came along with it.

A broken bone, a lengthy incision, a few setbacks and eight weeks later, I present my eye-opening experience and appreciation for my ability to walk, which I am currently awaiting to regain.

At first, five weeks of bed rest sounded like a blessing after a hectic fall semester, but this experience was anything but serene. I got a glimpse of what life would be like to lose the luxury of walking and experienced the challenge of completing the simplest tasks, such as getting from room to room in my own home. I quickly learned forced strict bed rest was not for me.

Although I knew it was temporary, it did not make the struggles of being handicapped any easier. Every challenge shined in limelight each day, as did every



unnecessary step cemented in front of every building in the city of San Antonio. From adjusting to crutches, getting dressed, making the steep step into my house and even going to the dentist for a cleaning brought on frustration and annoyance. I could only imagine the obstacles for a person in permanent circumstances. Not to mention the terrifying looks strangers give you, preventing you from forgetting your situation.

The one driving factor that got me through the unbearable weeks was that I knew with time, I would progressively get better and go back to normal. Although this goal has taken longer than expected, I know there are several who unfortunately could not do the same. Despite the required guidelines for accessibility facilities must follow, I can speak from experience it is anything but convenient.

Several handicap accessibility entrances are located in the back of the facilities, giving disabled individuals a longer route to take. If people get aid from crutches instead of a wheelchair, trust me, that ramp feels like an eternity to travel on. Also, if there is a ramp, you need to overcome a thick curb to use it at times. Moreover, not every entrance has an automatic option to open doors or indication of a handicap accessible entrance, contributing to the challenge.

To keep me from going certifiable insane, I broke doctor's rules and rolled my way to the movies, where I discovered just how unfriendly our environment really is when it comes to handicap accessibility. If I did not have another person with me, it would have been impossible to even enter the theatre by myself.

I know I did not make any revolutionary discoveries here, but these are issues constantly overlooked. This was certainly a significant learning experience and I have gained a new admiration for those who battle through this obstacle each day no matter how they got there. I encourage you, next time you see someone having a difficult time, help him or her out in any way you can because a little can go a long way. The Real Meaning of Valentine's Day



The overly anticipated month -- if you're taken -- and the month highlight-
ing "singleness" is finally here, and stores are jam-packed with oversized stuffed
animals, rich chocolates and mushy cards.

As I signed onto my laptop, my default homepage, Apple, appeared. In overbearing pink font on the side of my toolbar read the words, "THERE'S MORE THAN ONE WAY TO SAY I LOVE YOU THIS YEAR." Beneath the large letters were two iPads with large red hearts on them. After I closed my laptop, I proceeded to open my e-mail where I found a message from Nordstrom informing me of "What to get my 'hunny' this year." Underneath the verbiage sat a Dolce and Gabanna watch for men.

Although I would never turn down a Dolce watch, or iPad, these advertisements brought to my attention what we consider "tokens of love" in this highly materialistic world we live in. Television is chock full of commercials with the very cliché, yet good-looking, 30-year-old man who hands his flawless fiancée a diamond ring from Jared. Women often discuss the Michael Kors bag their boyfriend "oughta buy them," and make restaurant reservations months in advance for their special Valentine's night. Although showering your spouse in materialistic items might be nice, the word that is often overlooked during this time of year is love.

Love is not made from Godiva chocolate or patent-leather bags. Nor does it stem from a 12-karat diamond ring. Love, whether you're single or not, is around us on a day-to-day basis. Valentine's Day is about telling the people you blove in your life that you love and appreciate them. So forget your concept of the happy-go-lucky couple on Valentine's and take a closer look around yourself. Your parents who support you, your friends who are always there for you and your family who loves you unconditionally: they're all you need to have a great Valentine's Day.

So if you're single this holiday, ditch the ice cream or binge drinking you might usually engage in and instead take the time to tell the people who are important to you that you love them. Because in the end, that's all that really matters.

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letters to the editor

Student surveys lead to big improvements



Dr. Glenn James LOGOS CONTRIBUTOR

As if students didn't have enough to do already, right? Every semester you'll see e-mail invitations, posters around campus, and requests from your instructors: "Please fill out this survey for us. It'll just take 15 minutes. I promise...."

So what's the big idea behind all these surveys? Are they really worth your time?

First, let me bring you tidings of great joy. YES, your faculty and deans and directors and administrators really read all the student inputs from all these surveys. No kidding. And we really make decisions and improvements based on your inputs. Here are two quick examples.

For all you "senior" citizen-students, remember how long the end-of-course surveys used to be? You remember, the ones with 20-or-so fill-in-the-bubble (and we used to do them on paper) plus all sorts of short-essay questions. Those surveys were pretty tiresome for those of you with six or seven different instructors. Well, you can thank your faculty for listening to your feedback, and taking time to redesign the survey to the much shorter version we use now.

In another great example, we often survey graduating students to get their impressions of their UIW experiences. Thanks to that Graduation Exit Survey, many of UIW's business processes are now available online. Most of you would agree that represents a great improvement with benefits for every UIW student.

With all these surveys that we'd like to administer, we realize it's easy for students to get "survey fatigue." If we pass out too many surveys, we risk irritating the very people whose opinions and ideas we value, and we realize you have a lot of other demands on your time. So, I want to encourage you we take some careful steps to minimize that fatigue and to maximize the impact of your inputs on all these surveys. Who is this "we"? The UIW Assessment Committee – about a dozen representatives from offices all over campus – looks pretty far ahead (up to three years in advance), and spreads out the schedules of our big surveys so we don't ask for too many in a single term.

So there's the big picture. We sincerely value your input. YOUR opinions make a difference in how we improve UIW. We try our best to not intrude on your busy studies. Knowing all that, I want to give you a sneak peek at the major campus-wide surveys you're likely to see between now and June. You'll notice not everyone gets invited to play in every survey. That depends on the goal of the survey itself.

• Campus Interest in a Shared Bicycle Program – (Now through February) This survey of the entire UIW community will gauge our interest in taking part in San Antonio's growing network of shared bicycles. We'll use the results to guide our recommendation on whether to build a shared-bike site somewhere among our UIW campuses. • QEP INPUTS – (February through March) My personal favorite this year! This survey is also open to all students and employees. We're looking for ANY good ideas for ways to help improve student learning. Think outside the box and submit your thoughts! Please see the great QEP article (Page 1) in this Logos, and visit uiw.edu/qep for all the details.

• National Survey of Student Engagement (NSSE) -- (February through May) NSSE is one of our regular surveys (about every other year) where we ask a sample of students their impressions about how they're engaged in their learning and in campus life.

• ECAR – (March and April) This is a new survey coming this spring, to a random sample of students, to get an idea of student impressions of UIW's technology capabilities.

• Graduation Exit Survey – (April and May) This important survey will be available to all graduating students at all levels, bachelor's to Ph.D., and professional degrees. This is a great place to leave a legacy of continually improving UIW as a whole.

• End of Course – (April and May) Like usual, students will have the chance to give feedback on most of their courses toward the end of the term. Faculty and deans use those inputs to make improvements on courses and programs. Please continue to take time to reply for all courses you're invited to critique.

Finally, thank you for taking precious time to respond to these surveys.

THANK YOU - you make a difference at UIW.

E-mail James at gjames@uiwtx.edu



February 2013

www.uiwlogos.org

Have a healthy heart this Valentine's Day



Losing weight and eating healthy always seem to be at the top of everyone's New Year resolutions lists until February comes along.

As Valentine's Day approaches, we are bombarded with love and sweets, and our resolutions go out the door. We start seeing the aisles of the supermarkets become occupied by one of the most evocative foods of Valentine's Day: chocolate.

Each holiday has its own way of swerving us from our goal, but let's remember besides being the month of love and sweets, February is also American Heart Month. Although it is easy to deviate from our resolutions this month, we should make a resolution to take care of our heart. Let's join forces to advocate

heart health.

Food is certainly one of the biggest pleasures in life. Food brings people together, because it is our common ground. Although food can bring us together, it can also break us apart.

In our country, heart disease is at the top of the list in mortality charts. With an increasing number of individuals suffering heart conditions each year, we have to pause for a minute and reflect on what we are doing wrong, or better yet, how we can make things better.

Living a long, healthy life is the greatest compensation following a healthy lifestyle. There are many ways to maintain this lifestyle and physical activity and optimal nutrition are key factors in achieving it.

First, we must understand what factors contribute to the development of heart disease and how we can counteract them. From dietary ingestion of cholesterol and saturated fats, your arteries create a plaque that can obstruct blood

flow to the heart, thus causing heart problems. Limiting foods that are high in cholesterol is important in maintaining a healthy heart. Red meat, ice cream, eggs, cheese and fried food in general are all foods with elevated level of cholesterol and saturated fats.

Lowering cholesterol and saturated fats is not the only way to improve your eating habits. Remember to hydrate often and incorporate fruits, vegetables and whole grains into your diet. This is a great way to maintain a healthy diet and healthy weight. Being overweight and having high blood pressure increases the risk of developing heart disease. Besides diet, the risk of developing cardiovascular disease comes from family history and smoking.

Every single day is a new opportunity to improve your health and wellbeing. American entrepreneur Jim Rhon once said, "Take care of your body, because it's the only place you have to live."



Heart-healthy breakfast recipe Breakfast: Oatmeal (microwave directions)

Oatmeal contains soluble fiber that may help reduce cholesterol - 1/2 cup oatmeal

-1 cup water

*Combine water and oatmeal on a medium-microwavable safe bowl and microwave on high for 2-3 minutes or until thickened. Then stir before eating. Then top with

- the following ingredients. -4-5 strawberries (or any other fruit such as banana, diced apple or berries)
- -3-4 tablespoon fat-free plain yogurt
- -1 tablespoon honey

-¼ cup granola

FITNESS FOUNDATIONS Giving upper body some definition



By Barbara Trevino LOGOS STAFF WRITER

Ladies, I'll let you in on a little secret. If you do weighted upper extremity exercises, I promise you won't look like a bodybuilder.

And men, if you need a little variety or help executing upper-extremity workouts, listen in to this one. In fact, building a little upper-body muscle won't hurt anybody.

Don't be intimidated by the weight room. Fully commit to it. Some of my favorite exercises to do at the gym involve upperextremity movements. This month, my friend Andrew and I focused on exercises that mainly target your shoulders.



b) Slowly lift weight up towards the ceil ing, maintaining hands in a pronated position. Keep arms extended. Try not to bend at the elbow for this one.

c) Bring dumbbell slowly back to starting position, keeping arms extended. Repeat second step for opposite arm. For this exercise, alternate working arms.

About 'Going Green': Tackle sustainability



By Miriam Guajardo LOGOS STAFF WRITER

"Being green" signifies being environmentally conscious in all our choices concerning a natural ecological balance.

Fundamentally, it is playing a role in life as a considerate individual who is friendly to the natural environment. A citizen who is sustainable to the earth and contributes towards preserving the planet. The term "green" is the exact way our earth deserves to be: clean, unpolluted, peaceful and healthy. We have to transform our community, starting with our campus, into one where we are dedicated to preserving the beauty of nature and encouraging others to take a step in minimizing the harm we do to the environment. Being one of the greenest institutions, our campus highlights innovative sustainability initiatives focused on buildings, curriculum and community. The overall goal in our community should to adopt five basic principles that will help ensure living on this earth is prolonged. 1.) Be the solution and reduce consumption

great examples in respecting the lives of other living creatures.

In our day-to-day activities we release toxic substances into the environment. It may be hard to leave zero trace or create no pollution, but there are plenty of things one can do to reduce the impact of our daily routines on this earth. For example, blue bins are located inside campus buildings where one can place recyclable items. These blue bins are later emptied into green totters that are located outside campus, and collected and picked up by GreenStar for sorting, and distribution to facilities for re- use of materials.

Earth's resources are limited, and if we do not take the effort to conserve now, soon there will be none left. Our school campus is considered to be a higher education community that is improving energy efficiency, conserving resources, and creating healthy living and learning environments. Last October we collected 8.6 tons of paper, according to the UIW campus sustainability committee made up of faculty, staff, students and alumni to promote recycling and other sustainability efforts in the university community. As a result, we saved 145 trees, 35,000 kilowatt hours of energy, 59,850 gallons of water, and 28 cubic yards of landfill. We also eliminated 513 pounds of air pollutants created when making paper from virgin wood pulp. If we continue to work together as a whole, all of these efforts will ontribute now and in the future in keeping this beautiful campus sustainable.

Upright Rows



a) Start in a neutral position with feet at a shoulder's width. Hold dumbbells (appropriate weight) with hands in a pronated position. Make sure the dumbbells are close together in front of your body.

b) Slowly pull dumbbells upward, keeping the weights together and leading with the elbows.

c) Make sure your wrists

and elbows flex as you raise the weight.

d) Lower the dumbbells back to the starting position.

Alternating Front Raises

a) Start in a neutral position with feet at a shoulder's width. Hold dumbbells (appropriate weight) with hands alongside your body.

Lateral Raises

a) Stand in a neutral position with feet at a shoulder's width. Bend your arms to 90 degrees with your elbows level to your hips, holding the dumbbells alongside your body.

b) Keeping your elbows bent, slowly lift the weights away from your body to shoulder level. Keep your shoulders down and relaxed as you lift.

c) Slowly lower the weights back and to starting position.



So there you have it. Next time you are at the gym, don't be afraid to work your upper body. You won't look like a bodybuilder, but slowly and surely you will start seeing some definition. Executing upright rows, alternating front raises, and lateral raises will sure strengthen your upper body in no time.

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2.) Reduce pollution

3.) Conserve resources

4.) Conserve energy

5.) Protect earth's ecological balance.

These actions should not be done as a matter of convenience but as one where our environment comes first. Furthermore, we should encourage those around us to do the same. Keeping an organic garden, using or ganic products, or donating to wildlife conservation works as

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Coach: UIW signs 'bigger, faster' football players

Special to the Logos

Twenty-eight Texas high school seniors committed Wednesday, Feb. 6, on National Signing Day to play football this fall for the University of the Incarnate Word.

The 28 – several of whom from the San Antonio area – join a few junior college transfers, some from as far away as California, who will put on Cardinal uniforms when they hit the gridiron.

National Signing Day -- usually on the first Wednesday of February -- is the first day a high school senior can sign a binding National Letter of Intent for college football with a school that is a member of the NCAA, the main governing body for college sports.

UIW's incoming freshmen include six linebackers, five running backs, four offensive linemen, four wide receivers, three defensive backs, three defensive linemen, one quarterback, one tight end and one athlete, administrators said.

High School Seniors committed to UIW

Michael Allen, 6-0, 205, LB, Garland John Almaraz, 6-3, 317, OL, Houston Jared Ambres, 6-0, 180, S, Manvel Daryl Brooks, 6-3, 175, WR, Teague Michael Cameron, 6-1, 275, OL, San Antonio Tyler Colbert, 6-1, 315, NG, Fort Worth Taryn Davis, 6-6, 220, DE, Dallas Jamari Gilbert, 6-1, 178, S, Baytown Kaleb Hardy, 6-3, 230, QB, Round Rock Jordan Hicks, 5-8, 167, WR, Arlington Joel Higgins, 6-0, 195, LB, Austin Austin Jennings, 6-3, 275, OT, San Antonio Blake Klumpp, 6-3, 210, OL, San Antonio **Corey Lee**, 6-0, 260, DT, Humble Greg Lemon, 6-2, 220, LB, Austin Keshon Leonard, 5-7, 160, RB, Rosenberg Matthew Mayle, 6-0, 70, WR, Schertz Breylann McCollum, 6-1, 200, ATH, Cibolo Adrian Norwood, Jr., 5-11, 185, S, Waco John Oglesby, 6-1, 200, RB, Katy Chase Ragusa, 5-8, 170, WR, Cypress Broderick Reeves, 5-9, 185, RB, Mexia Justin Roberts, 6-4, 240, OL, Schertz Johnny Session, 5-10, 218, RB, Mesquite Allen Smith, 6-2, 210, LB, Missouri City Michael Thomas, 6-3, 220, TE, Angleton Deion Williams, 5-10, 190, RB, Katy Josh Zellars, 6-0, 195, LB, Baytown

These new players, combined with returning ones, will make the Cardinals "bigger and faster," just the prescription for what ails the program, Head Coach Larry Keenan said at a news conference held in the fieldhouse adjacent to Gavle and Tom Benson Stadium.

Keenan, who will see his second season as the Cardinals' head coach, said UIW has had the "slowest and smallest team" as opposed to the teams he saw across the field last season. "This is a really fast group overall."

Because UIW is beginning the transition to Division I this summer and joining the Southland Conference, coaches had a lot to sell about the program as they recruited, Kennan said. And UIW also was able to take advantage of its last run as a Division II school and make more contacts with potential recruits than will be allowed under Division I, he said.

Some of the junior college players recruited already are enrolled and taking classes this spring at UIW. "We can get them conditioned," he said.

Because UIW lost a lot of seniors last fall from those former freshmen who helped kick off the program, a substantial number needed to be re-



Football Coach Larry Kennan talks to the media Wednesday, Feb. 6, at a National Signing Day conference. placed and some more scholarships were added, Kennan said.

He attributed UIW's recruiting success to his assistants who had to go up against bigger schools already in Division I for players. "When we lost (recruits), it was to schools like Arkansas State," he said.

"(UIW) coaches (were) tireless recruiters. They were out there a lot. On the road a lot. It's hard on the coaches and families."

Kennan also thanked the administration for its support in recruiting junior college players from California.

"We went out to California for the first time," Kennan said. "(The administration) gave us the resources to do that."

But the coach emphasized he was especially proud of the local recruiting that resulted in three players from Steele High School in Cibolo who were involved in the school's winning a state championship in 2010 and running up in a return to the state championship in 2011. Players also are coming from Churchill, Alamo Heights and Smithson Valley.

Now the key is getting the players in, teaching them the ropes and seeing the results, the coach said.

"Everybody thinks they had a great recruiting year at this point," he said.

Track-and-field gets set for last DII competition

By Caitlin McKinney

into the end of the year. The track-and-field teams will end their indoor meets at the

LOGOS SPORTS EDITOR

With a move to Division I just months away, the Cardinals men and women's trackand-field teams are looking to end their last Division II season strong.

Training started earlier in the year during August and all athletes kept up workouts over winter break, said Dr. Derek Riedel, head coach. He said he has high expectations.

"Our women's team is pretty strong this year," Riedel said. "We have 31 women on the team so it's the largest we've had in a while. And our men's team finished in the top eight in the national meet last year and they are all coming back so that's encouraging.

"Our main goal for indoor and outdoor conference would be to finish top-two teams on the women's side and top-three for the men's team."

Track-and-field is made up of team and individual events. Riedel talked about two athletes who have done well in individual events so far: women's sprinter Shaneve Swift and men's pole-vaulter Jacob Ulbricht, a freshman.

"(Ulbricht) is doing really well," Riedel said. "He qualified for nationals in his first college meet. And Shaneve Swift is a multiple-time national qualifier. She individually qualified in the 200 and the 400 (meter sprints) so far."

"I am excited for this upcoming season because it is my first year as a collegiate athlete, and because this year can put me on the map as a recognized pole-vaulter," Ulbricht said. "Before I jump or run, I just like to tell myself why I'm here' and then tell myself that 'I can do this, and I know I will because 'I can do all things through Christ who strengthens me.'"

"I feel excited about this upcoming season since this past indoor meet," Swift said. "I already set personal records in my respected events."

Swift also has goals that are beyond school meets. Her sister, Shantel Swift, runs for the University of Texas-San Antonio and they both have a chance to run in the 2016 Olympics for their home country, Belize, she said.

With the indoor meets just under way, the 2013 track-and-field season will stretch

end of February and start their outdoor meets in March and finish up the year just after finals.

The meet that Riedel said he is most looking forward to is the UIW Invitational home meet March 1-2 at Gayle and Tom Benson Stadium. Free to all UIW students, faculty and staff members, the March 1 event will feature distance and some field events and the March 2 event features sprinting and additional field events.

"We always enjoy having a lot of students, staff and fans to come watch the

athletes," Riedel said. "This is a big meet for us and it is nice for the athletes to perform at home."

With big conferences coming up and the pressure to finish out the last Division II season strong, Riedel expressed the importance of coming home with success at the Lone Star Conference meet that takes place Feb. 23-24.

"This is our last year in Division II so our team mantra is to finish strong at this level," Riedel said. "It would be good to have some conference championships and have as many All-Americans as possible. We want to leave the Lone

Star conference with some great success."

Baseball starts last season with Lone Star Conference

By Zach Perkins LOGOS STAFF WRITER

The University of the Incarnate Word's baseball team will be looking to improve



its 23-21 record from last year in Head Coach Danny Heep's 16th season.

Heep's posted more than 500 wins at UIW.

For Incarnate Word's last season in the Lone Star Conference, the Cardinals are expected to finish fourth in the race for the championship, according to a preseason poll. Reigning champ Angelo State University is expected to repeat.

Incarnate Word won the conference regular season championship in 2011. The team started its 2013 campaign Feb. 1 at Minute Maid Park in Houston at the Division II Invitational. The Cardinals beat Emporia State of Kansas 14-3, whipped Arkansas Tech 8-0 but lost 12-5 to Lone Star rival Abilene Christian, who ended the Cardinals' season last year. This year the Cardinals are a mixture of young talent to go along with nine seniors on the roster. Senior outfielder Jason Stone from Georgetown, Texas, led the team last year with a .388 batting average.

Heep comes with an abundance of knowledge and experience stemming from his days as a Major League Baseball outfielder, first baseman and designated hitter for 12 seasons with the Mets, Astros, Dodgers, Red Sox and Braves.

Heep won two World Series over his 12-year career; first in 1986 as a member of the New York Mets, who were managed by current Washington Nationals manager Davey Johnson as they defeated the Boston Red Sox in seven games following the infamous Game 6 error by Boston first baseman Bill Buckner. Heep united with victory and another World Series title just two years later as a member of Tommy Lasorda's Los Angeles Dodgers alongside Orel Hershiser and Kirk Gibson, as they defeated Jose Canseco and Mark McGwire's Oakland Athletics club managed by Tony LaRussa in just five games.

Heep retired from Major League Baseball in 1991, joined the Incarnate Word staff as an assistant in 1992 and was named manager in 1998.

Coach Danny Heep

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February 2013







Senior guard nets conference honors

By Sebastian Carbajal LOGOS STAFF WRITER

Ashlyn Green, a senior guard on Incarnate Word's women's basketball team, already has been thrice-named Lone Star Conference Women's Basketball Defensive Player of the week.

The Cardinals brought the broom last week as they went out and swept Texas A&M Kingsville both home and away. With Green's powerful playing on Jan. 23, she led the team with 13 points, four steals and seven rebounds in a 57-33 win on the road.

Just three days later, she played a key role at home in the Javelinas' total 26 turnovers and only being able to shoot a mere 37.5 percent from the floor. With a great team win, Green applied 20 points, five steals and six rebounds in a 63-47 victory.

The 5-foot-7 Green, an accounting major from Irving, Texas, averages 12 points a game and 3.7 steals a game. She is currently ranked sixth in the nation in steals and leads the Lone Star Conference in steals with 56 as of the last count.



Photos by Samantha Cuellar

Catch the Cardinals!

February Home Games Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|---|---|
| | | | | | Baseball vs Emporia State Softball vs UT-Permian Basin Women's Synchronized Swimming @University of Arizona Men & Women's Track and Field @McNeese State Invitational | 2 Baseball vs Arkansas Tech Women's Basketball @Cameron Softball vs Southeastern Oklahoma Men's Basketball @Cameron Softball vs Texas A&M-International Women's Synchronized Swimming @University of Florida |
| Softball vs Lubbock Christian Baseball vs Abilene Christian Softball vs St. Edward's | 4 | 5 | Men's Tennis vs 6 Gustavus Adolphus Softball @St. Mary's (DH) Women's Basketball vs Texas Woman's | 7 | 8 Men's Tennis vs OLLU Women's Tennis vs OLLU Softball @Texas Lutheran (DH) | 9 Baseball vs Florida Southern (DH) |
| LO Baseball vs Florida Southern Men's Tennis @Texas-San Antonio | Men's Golf @Texas A&M- International Women's Golf @Texas A&M-International | 12 Men's Golf @Texas A&M- International Women's Golf @Texas A&M-International | 13 Women's Basketball vs Texas A&M-Commerce Men's Basketball vs Texas A&M Commerce Men & Women's Swimming and Diving vs RMAC Conference Championship | 4 Men's Swimming and Diving vs RMAC Conference Championship Women's Swimming and Diving vs RMAC Conference Championship | L5 Softball @St. Edward's (DH) Men's Tennis vs Tyler JC Women's Tennis vs Tyler JC Baseball vs Colorado Christian Women's Synchronized Swimming vs Lindenwood University and Stanford University | Softball vs Colorado Christian Women's Tennis @Texas A&M Kingsville Baseball vs Colorado Christian Women's Basketball @Tarleton State |
| I 7 Baseball vs Colorado Christian | 18 Men's Golf vs Incarnate Word Invitational Women's Golf @St. Mary's Invitational | 19 Men's Golf vs Incarnate Word Invitational Women's Golf @St. Mary's Invitational | 20 | 21 Women's Basketball @ West Texas A&M Men's Basketball @ West Texas A&M | 22 Women's Tennis @ Sam Houston State Men's Tennis @ Laredo CC Men & Women's Track and Field vs LSC Indoor Championships | 23 Men's Tennis @St. Mary's University Women's Tennis vs McMurry Men & Women's Basketball @Eastern New Mexico Women's Synchronized Swimming @South Collegiate Regionals Men & Women's Track and Field vs LSC Indoor Championships |
| 24 Men & Women's Track and Field vs LSC Indoor Championships | 25 | 26 Baseball vs St. Edward's | 27 Men & Women's Basketball vs Abilene Christian | 28 Baseball @UH-Victoria (DH) | | |

SAN ANTONIO

February 2013

www.uiwlogos.org

Nominations sought for significant awards

University of the Incarnate Word community members – students, alumni, faculty and staff -- may submit nominations now for three major annual awards.

Feb. 28 is the deadline for the 2013 Presidential Teaching Award and CCVI Spirit Award. And April 15 is the deadline for the 2013 William E. Mulcahy Ecological Stewardship Award.

The Presidential Teaching Award "acknowledges and rewards a fulltime faculty member who exemplifies excellence in teaching that leads to student engagement," according to the provost's office.

Dr. Lou J. Agnese Jr. will present the winner a \$5,000 stipend at an annual Faculty Appreciation Luncheon later this spring. Past recipients become members of the selection committee.

Nominations should be accompanied by the reason the nominee is deserving of the award. For full details and a nomination form, visit www. uiw.edu/teacher.

The CCVI Spirit Award recognizes a member of the faculty, staff or administration "who has demonstrated in service to the University and/ or to the broader civic community, the spirit of the Sisters of Charity of the Incarnate Word," according to the nomination form.

The CCVI nomination form – available from Sister Walter Maher, vice president of University Mission and Ministry, if you e-mail her at maher@uiwtx.edu – ask the person making the nomination to tell why "this person represents UIW core values," how the nominee "demonstrates major service to UIW," and how the person "serves the local/national community."

The CCVI forms should be returned through campus mail to Maher at Box 139 or her office, AD 151.

The Mulcahy Award was first conceived and given to the award's namesake in 2007 in recognition of Bill Mulcahy, grounds superintendent, for his leadership in ecological conservation and care of UIW's land resources.

Nominaitions for the Mulcahy Award, which should include a short summary of the nominee's "contribution to the preservation of the planet," may be submitted to the Earth Month Committee, in care of Dr. Sally Said, AD 258, said@uiwtx.edu.



A noted clinical neuropsychologist will discuss how national changes in healthcare policy will impact psychology research and practice at the annual spring Psychology Colloquium set Monday,



March 25, on campus. Dr. Mark T. Barisa, who is on staff at Baylor Institute for Rehabilitation in Dallas, will speak 9-10:30 a.m. in J.E. and L.E. Library Auditorium at the University of the Incarnate Word.

Dr. Mark T. Barisa Will Dr. Mark T. Barisa present an overview of the Patient Protection

and Affordable Care Act, followed by discussion of the impact of healthcare policy on psychology research and clinical practice," said Dr. John Velasquez, an associate professor of psychology at UIW. "This will include a detailed discussion of how outcomes/evidence-based research will play a vital role in the implementaat Veterans Administration Medical Center in Little Rock Ark., with an emphasis in neuropsychology and health psychology. Barisa went on to complete his post-doctoral residency in neuropsychology and geropsychology at the VA Center.

Barisa is a diplomate of the American Board of Professional Psychology in Clinical Neuropsychology and is active in numerous professional organizations. Dr. Barisa has worked in a variety of clinical settings, maintaining a focus in clinical neuropsychology, health psychology, rehabilitation and geriatrics while maintaining teaching and training activities for pre-doctoral interns and post-doctoral residents.

In addition, Barisa maintains an active role in research and is an accomplished presenter and speaker, making numerous invited addresses at local, national, and international conferences covering a wide array of topics including neuropsychology, rehabilitation psychology and the business aspects of psychological practice. His research interests have focused on outcome measurement in rehabilitation, functional correlates of neuropsychological data, and return-to-work issues following injury/illness. Barisa is the author of the book, "The Business of Neuropsychology: A Practical Guide."

Anti-death penalty advocate to speak for SAGE meeting

A former Bexar County district attorney who once advocated the death penalty in Texas and now opposes it will share why he changed his stance at a Feb. 19 meeting of Students Against Government Executions.

Sam Millsap, who still practices law with the degree he earned in 1973 from the University of Texas in Austin, will speak 1:30-2:45 p.m. Tuesday in J.E. and L.E. Mabee Library Auditorium.

When Millsap was district attorney, he prosecuted Ruben Cantu for capital murder in the 1984 shooting death of a workman. Cantu was executed in 1992.

In 2000, Millsap proclaimed himself a "lifelong supporter of the death penalty" in a commentary published in the San Antonio Express-News.

Later a key witness who identified Cantu as the perpetrator of the 1984 murder recanted his story. In December 2005, as a result of investigative reporting by the Houston Chronicle, serious questions were raised concerning Cantu's guilt. Millsap, acknowledging he made an error in judgment when he decided to seek the death penalty on the basis of the testimony of a single eyewitness, has assumed personal responsibility for Cantu's execution. Since then, Millsap said he has changed his stance on the death penalty.



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News, Millsap said: "It (the death penalty) is troubling to me personally. No decision is more frightening than seeking the death penalty. We owe ourselves certainty on it." He said he had that degree of certainty in the 1980s when he was the district attorney, "when I was in my 30s and knew everything." Now, "there is no way to have that kind of certainty." He went on to say that if Cantu was innocent, that means the person who committed the murder remains free.

In February 2006, Millsap was a featured speaker at the World Congress Against the Death Penalty in Paris, France. In October 2008, Millsap spoke at the United Nations in support of its death penalty moratorium resolution. He has worked closely with abolition groups in New Jersey, New Mexico, Montana, California, Nebraska, Kansas, Missouri, Ohio and Georgia.

tion of healthcare policy and the future of clinical practice."

At Baylor Institute, Barisa provides inpatient and outpatient consultation/ liaison services.

He received his doctorate in counseling psychology from the University of Memphis and completed his internship

In a 2005 interview with the Express-

ELS Center takes foreign students to higher levels

By Veronica Riojas LOGOS STAFF WRITER

University of the Incarnate Word houses the only English Language Learning Center in South Texas, providing foreignexchange students a comfortable, one-on-one English-learning atmosphere.

The ELS center offers language classes to students through four-week programs. During a set of four weeks, students are able to advance to a higher languagelearning level. Class sizes average about 15 students and every program session contains anywhere from 120-180 students in total. The center also offers courses on American Literature and film.

Erin Melton, an international student adviser at the center, describes the program as a steppingstone to attending a university.

"The ELS Center has a special partnership with UIW," Melton said. "Once a student reaches Level 9 of the program, they are able to take undergraduate classes."

The majority of students who enroll with the ELS Center will continue their studies at UIW.

Ayako Ogawa, a former ELS and UIW student, said the classes helped not only with her speaking abilities but also with her confidence.

"I think since I knew there are a lot of people who make mistakes when they speak English, I also can make mistakes," Ogawa said. "This makes me more positive."

Students come in knowing various levels of English. In order to ensure each student is properly placed, they must take a placement test to determine the levels they're at.

"I didn't talk English when I was in Japan and I couldn't talk with people after I arrived in San Antonio," Ogawa said. "ELS Center is the place to stretch and use English before the university classes."



Administration Building Room 113; Phone: (210) 829-3931

Email: careers@uiwtx.edu; Website: www.uiw.edu/career

The University of the Incarnate Word provides reasonable accommodation with adequate notice. To request disability accommodation for this event, visit <u>www.uiw.edu/ada</u>.

HEALTHY HEARTS

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Red Dress Pageant spotlights heart awareness

By Leticia Neve LOGOS STAFF WRITER

Eight students strutted the runway Tuesday, Feb. 5, wearing original outfits designed for the 10th annual Red Dress Fashion Show and Health Fair in Marian Hall Ballroom.

The fashion show only lasted a few minutes but it was among the highlights of the event designed to increase awareness of women's heart diseases by promoting cardiac health and providing information and tips to maintain a healthy life.

Students, faculty and staff showed their support to the cause not only by attending but by wearing red -- creating a very "healthy" and pleasant atmosphere.

During the Health Fair, attendants were able to buy purses, jewelry, scarfs and other accessories and eat some chocolate snacks while learning and evaluating their health in the different stands manned by students from the Ila Faye Miller School of Nursing and Health Professions, John and Rita Feik School of Pharmacy and the Department of Nutrition Science.

Participants could have their blood sugar, blood pressure and cholesterol levels checked.

UIW student's participation was very noticeable.

The fashion show began at noon. The apparel varied from fancy dresses and classy capes to casual clothing. The crowd turned in ballots to show their favorites.

First place went to Allison Speakmon, second to Kossla Veasna and third to Ricky Yanez.









Photos by Ashlynn Morales and Jalen Cain Rocha

Students model some of the 'Go Red' fashions on a runway in Marian Hall Ballroom. A health fair also was part of the festivities.





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Students try crafts, connections



Maegan Peña





University of the Incarnate Word students stood in line to try their hands at making license plates and keychains the first week of school. Mary Bustamante, left, and Megan Rae Guitan display their plates proudly. Another student, wearing a disguise, poses for various photographs going in a flipbook. At a comedy concert, ben Kronberg pulls out notes to ensure he censures himself during a performance in Marian Hall Ballroom. He also played guitar and rapped silly songs. Below, the Student Government Association's spring Activities Fair seeks to help students make connections with various organizations. The event was held in Marian Hall Ballroom.







Photos by Laurel Smyth

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Feb. Movies

Compiled by Mae'gan Peña

Feb. 1

Warm Bodies Rated: PG-13 Genre: Romance, Comedy, Thriller Starring: Nicholas Hoult, Teresa Palmer

Stand Up Guys

Rated: R Genre: Comedy, Drama Starring: Al Pacino, Christopher Walken, Julianna Margulies

Bullet to the Head Rated: R Genre: Crime, Action, Adventure, Gangster

Starring: Sylvester Stallone, Sung Kang, Sarah Shahi

Josh Groban Live:All That Echoes Rated: G

Feb. 4

Genre: Music Starring: Josh Groban

Feb. 8

Identity Thief Rated: R Genre: Crime, Comedy Starring: Jason Bateman, Melissa McCarthy, John Cho

Side Effects Rated: R Genre: Thriller Starring: Channing Tatum, Jude Law, Catherine Zeta-Jones, Rooney Mara, Vinessa Shaw

Feb. 14

Escape From Planet Earth Rated: PG Genre: Adventure, Comedy, Family, Animation, Kids Starring Voices: Brendan Fraser, Rob Corddry, Sarah Jessica Parker, Craig Robinson

Safe Haven Rated: PG-13 Genre: Drama, Romance Starring: Josh Duhamel, Cobie Smulders, Julianne Hough, David Lyons, Noah Lomax, Mimi Kirkland

Beautiful Creatures Rated: PG-13 Genre: Drama, Romance Starring:Alice Englert, Viola Davis, Emma Thompson, Emmy Irons, Thomas Mann

'The Memory of Water' reveals family's secrets

By Sophia A. Rodriguez LOGOS STAFF WRITER

"The Memory of Water," a play by Shelagh Stephenson with a message of how to never lose love and hope, opens at 8 p.m. Feb. 22 in Cheever Downstage Theatre.

The Department of Theatre Arts bills the two-hour play as a "gloriously funny and deeply felt story about three bereaved sisters who have come together for the funeral of their mother, (Vi)."

This reunion of the sisters – Catherine, Mary and Theresa – who bring their spouses along leads to the uncovering of family secrets, quarrels over funeral arrangements and the sisters' mixed memories of a "highly feminine working-class mother."

Mark Stringham, an assistant professor of theatre arts, is directing a cast that includes Sandra Alonso as Mary; Eric Montoya as Mike; Joshua Hutchinson as Frank; Caitlin Roberts as Teresa; Kristin Mancha as Catherine; and Lauren Garcia as Vi.

Stringham said he has encouraged the cast to be honest in their roles, which will captivate the hearts of the audience. Costumes are by Margaret Mitchell. Scenery and lighting is by Melissa Gaspar.

"Time of grievance is complex and extremely emotional," Stringham said. "The realistic depiction during this process will ring familiar with those who have experienced this firsthand. We hope to see the good and the bad within each character, thereby raising some tough questions about ourselves and how we treat others."

FYI

"The Memory of Water" runs 8 p.m. Feb. 22-23 and March 1-2; 2 p.m. Feb. 24; and 7 p.m. Feb. 28 at Cheever Downstage Theatre. UIW students, faculty and staff may attend free with their UIW ID.

Otherwise, tickets are \$10 for adults, \$9 for seniors, \$8 for non-UIW students, and \$6 for groups of 10 or more.

For more information or reservations, call (210) 829-3810 from 8 a.m. to 5 p.m. weekdays or the theatre box office at (210) 829-3800 beginning at 3 p.m. during production weeks.



'The Memory of Water' cast takes a break from rehearsals in UIW's Cheever Downstage Theatre.

Fashion show to honor deceased designer

The University of the Incarnate Word and the Sisters of Charity of the Incarnate will pay tribute Wednesday, Feb. 20, to a deceased designer who put her stamp on the fashion world and UIW.

The late Lila Bath, an international fashion designer who has a UIW gallery and scholarship bearing her name will be honored in a "Hats off to Lila" fashion show at McCombs Center Rosenberg Sky Room



in Las Vegas. In 1968, Joske's, a San Antonio department store, gave her the Camillia Award for the opening of The Hemisphere. The Institute of Mexican Fashion gave her a Golden Scissors Award, and her clothing has been exhibited many times at the Goldstein Gallery at the University of Minnesota. In Mexico and San Antonio, she was the founding regional director of Fashion Group International, a professional organization of fashion industry executives.

A Good Day to Die Hard Rated: R Genre: Thriller, Adventer, Crime, Action Starring: Bruce Willis, Jai Courtney, Cole Hauser, Amaury Nolasco, Sebastian Koch, Julia Snigir

Feb. 22

Snitch Rated: R Genre: Adventure, Drama, Crime, Action, Gangster Starring: Dwayne Johnson, Susan Sarandon, Michael Kenneth Williams, Barry Pepper, Harold Perrieneau, Jon Bernthal

Dark Skies Rated: PG-13 Genre: Thriller, Suspense Starring: Dakota Goyo, Keri Russell, Josh Hamilton, Annie Thurman, Trevor St. John, Michael Patrick McGill The event marks the 100th year since

Bath's birth. Bath was raised in New York City where she studied at Parson's School of Design and the Art Students' League.

She started as a commercial artist but her experience with fashion merchandising led to a career as a buyer for Best and Company in New York where she honed her fashion sense and retail skills. In 1943, Bath moved to Mexico City where she was hired as a buyer by Salinas y Rocha, the owner of a furniture store who wanted to expand it to include apparel.

After four years of traveling to Chicago, New York and California as a buyer, Bath decided to set up her own fashion design shop in Taxco, Mexico, with the backing of a local businessman.

At the 1948 International Trade Fair in Chicago, her Mexican-inspired designs were shown for the first time. The fabrics she used were loomed, painted and embroidered by hand. Many of her ideas were inspired by Mexican regional costumes, adapted to

the needs of the modern day. She reportedly regarded a Mexican wedding dress as her most popular, original design. It Lila Bath

is constructed using tucked cotton and lace.

Her signature trademark was found in the way she highlighted blouses, skirts and pants made of Mexican cotton paisley with sequins and beads. During her time in Mexico, she also worked with native craftsmen, teaching them how to develop their skills for haute couture. She was a pioneer in the apparel industry in Mexico and brought worldwide awareness to the beauty of the fabrics and artistry of the country that inspired her designs.

Bath's works have been exported all over the world. In the 1950s, some of her major clients included Neiman-Marcus, Saks and Harrods of London. She eventually owned several boutiques in Acapulco and Mexico City but closed her businesses in the early 1980s.

Throughout her distinguished career, Bath received many awards including the Golden Accolade at the International Fashion Show



MEXICO, D.F. AND ACAPULCO, SRO

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Bath's love of fashion design and the realization that a good education extends beyond the traditional classroom inspired her to donate her designs and a monetary gift to UIW. The result of her generosity is the Lila Bath Scholarship – primarily meant for Mexican citizens enrolled in the UIW design program -- and the Lila Bath Gallery in the Joyce Building. Her gallery is the foundation of the UIW Textile and Apparel Collection. The scholarship is awarded in April in conjunction with The Cutting Edge Fiesta[®] Fashion Show.

The Lila Bath Gallery is designed as an interdisciplinary venue incorporating fashion design, theatre production and other academic specialties at UIW. The gallery serves as a teaching and research facility for students. Both visiting and permanent exhibits address current issues of society, expressed through works of art and design.

The vision of the Lila Bath Gallery is to: • Enhance and supplement the teaching, research and marketing missions of the Fashion Management program and related disciplines;

• Involve university students in the planning and execution of exhibits and programs sponsored by the Lila Bath Gallery;

• Schedule visits of top international designers and local talent to share their expertise and experiences with University students;

• Host events with major fashion retailers in support of the Fashion Management program;

• Create a permanent collection of fashion expanding on Bath's historically significant collection to include other classic and contemporary works; and

• Promote an appreciation of the importance of Latino culture.

Bath died in 2006.

FYI

Admission is \$10 for adults and \$5 for students with ID. Children under 12 get in free.

Thurman, Trevor St. John, Michael Patrick McGill used were loo by hand. Ma by Mexican to Compare the second second

This gallery is a major foundation for textile and apparel study at UIW.

The "Hats off to Lila" fashion show will be 6:30 p.m. Wednesday, Feb. 20, at McCombs Center Rosenberg Sky Room.

ADMINISTRATION February 2013 www.uiwlogos.org

Faculty members receive accolades

Eight University of the Incarnate Word faculty members received special awards at an annual preschool workshop and reception.

The awards given and the recipients included:

Robert J. Connelly Faculty Leadership Award: Dr. William Carleton, professor and chair of the Human Performance Program in the Ila Faye Miller School of Nursing; and Dr. Pat Lonchar, professor of English and assistant dean of the College of Humanities, Arts and Social Sciences.

Piper Professor Nominee: Dr. Annette Craven, professor of business and director for Doctorate in Business Administration program in HEB School of Business and Administration. Craven, who has served as Faculty Senate president the past four years, donated the \$1,000 stipend that comes with the award to the capital campaign for the Fine Arts Building.

Sister Maria Goretti Zehr Innovation Award: Dr. Pat LeMay Burr, professor and distinguished chair of business in HEB School of Business and Administration.

Sister Eleanor Ann Young Truth Award: Dr. Julie Miller, associate professor and chair of religious studies in College of Humanities, Arts and Social Sciences.

Sister Margaret Rose Palmer Education Award: Dr. Alakananda Chaudhuri, professor of analytical chemistry in School of Mathematics, Science and Engineering.

Mother Columkille Colbert Service Award: Dr. Michael Frye, assistant professor of engineering management in School of Mathematics, Science and Engineering

Sister St. Pierre Cinquin Faith Award: Dr. Lopita Nath, assistant professor of history in College of Humanities, Arts and Social Sciences.

Grad, professional students start 'Women of the Word'

By Yosi Ortiz LOGOS STAFF WRITER

Female graduate and professional students at the University of the Incarnate Word are getting in on a new organization – Women of the Word.

Students met Jan. 23 in the Special Collections Room on the second floor of J.E. and L.E. Mabee Library to discuss final details about the new organization which recognizes most of UIW's grad and professional students are women.

Many may assume grad and professional students don't have the time or interest to

> participate in different organizations because

mainly focuses on fitting extracurricular activities in their schedule because of their full-time jobs, family or heavy course load.

"We realized there is limited student organization at the graduate level, so we wanted a program that would allow women to have some type of support system that fits the needs of a graduate student and accommodate their schedules," grad student Trinidad Macias, a founding member, said.

As a result, Women of the Word will not only reach out to students on campus, but also try to reach out to the outside community and practice strong networking, said Macias, originally from Corpus Christi and a doctoral student in international education and entrepreneurship. The organization's goal is to provide its members with a society that will have time for them and not vice versa; however, undergraduate students are also welcome to assist with mentoring and volunteer at events. Women of the Word's mission, Macias said, is to "promote networking, leadership and mentoring within our organization, so we could work with the university community and outside community."







Dr. Patricia Lonchar Dr. Annette Craven

Dr. Pat LeMay Burr





Dr. Michael Frye



Dr. Julie Miller Dr. Alakananda Chaudhuri

Dr. Lopita Nath

Rosenberg School professor receives historic certification

An assistant professor at the University of the Incarnate Word's Rosenberg School has been certified as a Diplomate of the American Board of Optometry.



"As a member of the UIW community I am so proud to be the first doctor at (Rosenberg) to become a Diplomate of the American Board of Optometry," said Dr. Narges Kasraie. 'The board certification process is meant

Dr. Narges Kasraie to enable optometrists to stay current with

the most recent changes in the profession enabling us to continue to provide an excellent quality care to our patients and

to principles of the Optometric Oath. Additionally, the process involves the completion of the exam application requirements, which include the completion of 150 points of post-graduate requirements and evidence of three years of active licensure and clinical practice or completion of an optometric councilapproved residency.

Kasraie provides patient care as an attending optometrist at UIW Eye and Vision Care Clinic and also teaches lectures and laboratories in various optometric fields at Rosenberg, the only faith-based school of optometry in the country.

She earned her Doctor of Optometry degree from Southern College of Optometry in Memphis and also completed her residency in primary care optometry at Veterans Affairs Hospital in Memphis.

Rosenberg matriculated its first class



of their schedules; however, it is not the case with many of them. For instance, graduate students at UIW have special needs, which

education to our interns at (Rosenberg)."

Board certification is a rigorous process including graduation from a school or college of optometry accredited by the Accreditation Council on Optometric Education, having an active license to practice therapeutic optometry in a state, District of Columbia, U.S. commonwealth or territory, and adherence in 2009 after receiving approval by the Accreditation Council on Optometric Education of the American Optometric Association. Optometrists provide comprehensive eye and vision care which includes refraction and dispensing, detection, diagnosis, management and rehabilitation of the conditions of the visual system.

Y2K, Mayan Apocalypse and other imagined catastrophes



By Phil Youngblood

Why are we so attracted to "imminent" catastrophes?

Hollywood has certainly taken advantage of our fascination and their movies are seen worldwide. I remember watching "Earthquake," "The Towering Inferno" and "The Poseidon Adventure" when I was a college student in the early 1970s.

One explanation I read about the common message of these movies was they were released in a time when many viewed American society, with its riots over race and the Vietnam War, as coming apart, on fire, or overturning traditions.

Traveling back in time, movies in the early 1960s included the chilling "Fail Safe" and campy "Dr. Strangelove," both about the catastrophe of thermonuclear war, which was also the topic of the chilling "The Day After" and less serious "War Games" nearly in the early 1980s, nearly 20 years later, when that fear persisted.

Back in the 1950s, popular alarm about the effects of nuclear radiation led to the "Godzilla" movies. Before that, the popular alarm about the effects of modern technology precipitated movies such as "Metropolis" in the 1930s.

Of course the disaster genre is nothing new (think "The Epic of Gilgamesh," "The Great Flood," and millennial scares). Each age has its themes. In the 1990s, for example, the discovery of the demise of the dinosaurs

and the number of extraterrestrial objects roaming around out there brought on the asteroid/comet and volcano catastrophe movies such as "Deep Impact," "Armageddon" and "Dante's Peak."

Aliens have long been a source of potential catastrophe and movies about them over the decades have ranged from the serious "War of the Worlds" and "The Day the Earth Stood Still" to the less-serious "Independence Day" and "Mars Attacks!" Weather, plagues, failures of various means of transport, and the concept of the "living" undead, a favorite theme today, all have starred in disaster movies.

The movie, "2012," released in 2009, seemed to cover just about every disaster imagined except an alien attack. It was based on the far-fetched premise that somehow the Mayan calendar turning over to the next b'ak'tun (Long Count 13.0.0.0) on Dec. 21, 2012 (one equivalent date anyway, in the Gregorian calendar), would bring about the end of the world (by various possible causes, which is likely why the movie contains so many of them). Just as the alarm over that date has a germ of truth in it (the calendar exists), the catastrophe was imagined. A similar situation occurred in the computer world with the turnover of the Gregorian calendar to 2000 A.D./C.E. and, yes, there was a disaster movie called "Y2K" made about it in 1999. The germ of truth in this situation was that programmers were unsure what software that did not contain the full year (81 rather than 1981) either as part of a date or imbedded

in data would do when the date changed from Dec. 31, 1999 to Jan. 1, 2000, because

2000-1999=1 but 00-99 =? - the so-called "Y2K crisis." So companies whose software contained this potential problem handled it in different ways (not to trivialize this process - more than \$400 billion in 2013 dollars were spent globally to fix, or at least put a "bandage" on, the problem)... and some did not (there were some interesting results), but the world did not come to an end, just as we are still here after 2012.

Not many know that Y2K was only one part of the problem and that there was a similar software problem in 2010 (as a result, 20 million bank cards in Germany became unusable) and a software problem in 2038 may arise as well (or, more than likely, companies will clear up the problem without much publicity).

What will be the next disaster movie theme? Whatever it is, you can be assured it will have a tiny germ of truth embedded in a huge amount of imagined catastrophe because we love our disasters!

This year I will be writing a series of articles on the global impact of computer technologies. In past years the theme has been social impact (2012), virtual environments (ways we communicate other than faceto-face, 2011), and computer literacy (2010). As always, I invite your feedback, dialogue, and differing opinions on this topic.

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For more information on studying abroad, contact: Alanna Taylor, Study Abroad Coordinator Phone: (210) 805-5709 E-mail: studyabroad@uiwtx.edu Dr. Burton E. Grossman International Conference Center, F106

