

Logos

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March-April 2016

Fencing student competes nationally

By Priscilla Aguirre
LOGOS ASSISTANT EDITOR

For the first time ever, a student from the University of the Incarnate Word fencing program made it to the 2016 National Collegiate Men's and Women's Fencing Championships.

Sophomore Alexander Sless competed March 24-27 in the NCAA Championships held at Brandeis University's Gosman Sports and Convocation Center in Waltham, Mass. The event consists of a 42-person round-robin where the fencers compete against each other and the four fencers with the best results advance to a direct elimination final.



Alexander Sless

Sless, a transfer student from the University of Texas at San Antonio, was announced as one of the 144 competitors selected to participate. He finished with a 10-13 record, landing him in 15th place out of 24 fencers in the men's epee, where points are made by touching any part of the opponent's body with the tip of the weapon.

"It was a really good experience to have because if I hopefully qualify again next year I know what to expect,"

Sless said. "I fenced against people from big schools. I like the challenge but for this being my first time, it was a bit hard."

Unlike other UIW sports transitioning from Division II to Division I, the fencing



Sophomore Alexander Sless, left, prepares to parry in the NCAA Championships for fencing in Waltham, Mass.

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-Fencing student competes



Gaby Galindo/ LOGOS Photo Editor

Going up

Passers-by now can see real progress as the foundation for the new Student Engagement Center has been laid. However, the \$31 million construction project won't be finished until 2017. Left, University of the Incarnate Word students expect to see a state-of-the-art facility.

Agnese celebrates 30 years as president

Pomp, party and a picnic. All three marked Dr. Louis J. Agnese Jr.'s celebration in March of his 30 years as president of the University of the Incarnate Word.

Pomp came into play March 21 at a Conferral Ceremony of Honorary Degrees in the Chapel of the Incarnate Word where Agnese received a Doctor of Humane Letters, the highest honor UIW can confer on an individual.

Sharing the spotlight with Agnese at the ceremony were two other recipients of the honorary doctorate – former UIW Board Chair Charles Amato – a co-founder and chairman of SWBC and co-owner

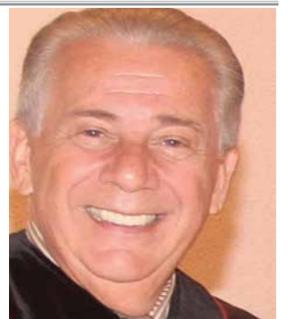
of the Spurs -- and another friend of the university, Harley Seyedin, who helped connect UIW and China in educational endeavors.

"I always wanted to be an alum of the university," Agnese said after going last in receiving the honorary doctorate at the ceremony where the recipients and participating faculty dressed in academic regalia.

On Tuesday evening, March 22, several hundred people including faculty, staff, administrators, friends of the university and members of the university-founding Sisters of Charity of the Incarnate Word partied in McCombs Center Rosenberg Skyroom. And a week later, Tuesday, March 29, several hundred more participated

in a picnic in Cardinal Courtyard.

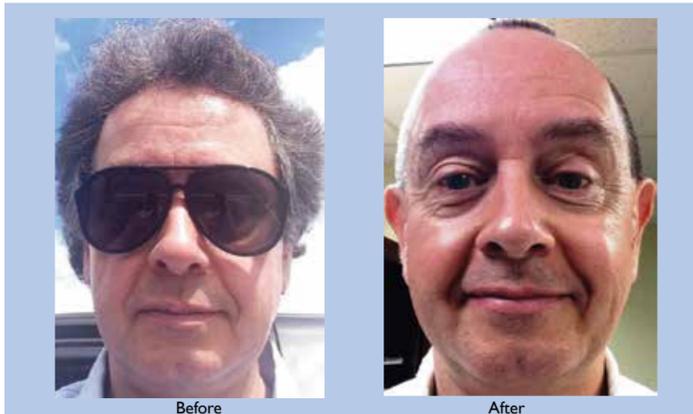
Other events held in celebration of this milestone included an International Convocation with guests from UIW campuses in Mexico and Heidelberg, Germany, as well as representatives from UIW sister schools, a luncheon, and a Mass of Thanksgiving celebrated by the Most Rev. Gustavo Garcia-Siller, archbishop of San Antonio.



Dr. Louis J. Agnese Jr.

- Cont. on page 2
-Agnese celebrates 30 years

Air Force veteran shaves head to help fight childhood cancer



By Joshua Gonzales
LOGOS STAFF WRITER

Before spring break, University of the Incarnate Word student Paul Warner sported a familiar frock of longer hair. Now it's gone to help raise money for childhood cancer research.

"Childhood cancer research is extremely underfunded so I decided to do something about it by raising money for cures," said Warner, an Air Force veteran who does work-study in UIW's Center for Veterans Affairs.

Warner, a communication arts major concentrating in production, had his head shaved March 12 in behalf of "Team Lyndsey," part of an effort that resulted in nearly \$90,000 raised.

"I know Lyndsey personally and have witnessed the courage that she has exhibited during her treatment and through her recovery," Warner said. "Every dollar makes a difference for the thousands of infants, children, teens, and young adults fighting childhood cancers."

SOCIAL MEDIA



OPINION



Learning to cherish pets.

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SPORTS



Ex-Cardinal soccer star set to play for new city FC team.

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ENTERTAINMENT



UIW's Theatre Department prepares to present last play

Page 14

FESTIVAL OF COLORS

UIW celebrates the coming of spring with the annual Festival of Colors.



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WORD UP

HAVE YOU HEARD THE NEWS?

Compiled by LOGOS STAFF WRITER Nancy Benet

Man shot at Capitol

U.S. Capitol Police shot a 66-year-old man from Tennessee March 28 after the man pulled out what appeared to be a weapon. A female civilian at the scene was injured, but no further injuries were reported. The suspect is alive, but in critical condition, and faces charges of impeding officers or employees with a weapon and assaulting a federal law enforcement officer with a dangerous weapon.



Authorities unlock iPhone

After getting no help from Apple, the Justice Department said it found a way to unlock a shooting suspect's iPhone on their own. Legal efforts were taken in an attempt to convince Apple to help investigators unlock an iPhone owned by one of the perpetrators of the San Bernardino, Calif., shooting where 14 people were killed. Apple has now said it will increase the security of its products as threats on data have become more frequent.



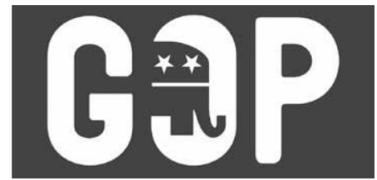
Mother charged in newborn's death

A 20 year-old student at New York University has been charged with second-degree murder of her newborn daughter. Sharon Seudat was taken to the hospital for severe bleeding, but denied having the baby. When officers went back to the student's home, they found an unresponsive newborn girl who was pronounced dead later that night.



Sharon Seudat

Party pushes convention guns



A petition called "RECOGNIZE OUR CONSTITUTIONAL RIGHT TO OPEN CARRY FIREARMS AT THE REPUBLICAN NATIONAL CONVENTION" was started on change.org by a liberal activist. In the first six days of the petition being posted, 50,000 people have signed it. The petition was taken so seriously the Secret Service issued a statement about it. However, it was later revealed the creator of the petition created it for satirical purposes.

Brussels bombing suspect freed

A journalist initially identified and arrested as the supposed third bomber in the Brussels attack in March has been freed. The authorities acknowledged the evidence they held against him was not strong enough to keep him in jail.

Cont. Agnese celebrates

When Agnese interviewed at then-Incarnate Word College in 1985, he was a vice president at Briar Cliff University in Sioux City, Iowa, where he was spokesman for institutional needs and shared responsibility for policy, long-range planning, budget and personnel.

Agnese assumed the presidency of Incarnate Word in 1985 -- and on March 25, 1986, he was inaugurated. Taking the post at the age of 33, he was then one of the youngest presidents of a four-year institution of higher learning in the nation. Now he's even rarer in his 30-year run.

Along the way, Agnese's tapped into a wealth of community resources, bringing aboard such people as Amato, who founded SWBC -- an international financial services company based in San Antonio -- and Seyedin, president of the American Chamber of Commerce in Guangzhou, China. Amato has been a member of UIW's board since 1999. Seyedin's connection to UIW goes back more than 25 years. He has played a pivotal role in UIW international initiatives and was instrumental in helping to establish China Incarnate Word in 2000, which allowed UIW to become the first university from the United States to offer accredited college degrees in China. Seyedin has also been involved in the development of sister school relations for reciprocal education throughout China -- UIW currently has agreements with more than a dozen).

During his presidency, enrollment at UIW has increased from 1,296 in 1985 to 10,984 in 2015. UIW is now the third-largest private university in Texas based on global enrollment. UIW

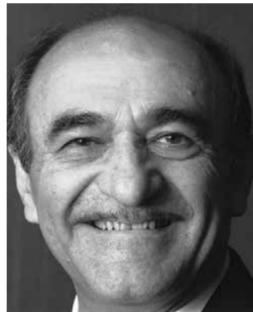
also added the first Ph.D. program and doctoral-level programs in pharmacy, optometry, physical therapy, nursing practice and business administration; Division I athletics; and opened

campuses in Mexico and Germany. A School of Osteopathic Medicine will open in 2017 at Brooks City Base.

Also during his presidency, Agnese has instituted two holiday-related traditions: "Light the Way," which has grown into a spectacle involving the lighting of more than a million Christmas lights that blaze from dawn till dusk on the campus beginning the Saturday night before Thanksgiving until Jan. 6, and the President's Spaghetti Dinner where he whips up his family's secret spaghetti sauce, and serves it to UIW students with the



Charlie Amato



Harley Seyedin

help of many faculty, staff and administrative volunteers who help serve the plates and donate desserts.

During the anniversary celebration, Agnese, a native of New York City, said he felt his greatest achievement was being married to his wife, Mickey, and raising a son and daughter who between them have brought the Agneses four grandchildren.

UIW's degree is another one the president can add to the B.A. in history and psychology he holds from St. Mary of the Plains College in Dodge, Kan.; master's degree in counseling and an Education Specialist degree in supervision of counseling services, both from Gannon University in Erie, Pa.; a Ph.D. in counselor education from the University of Pittsburgh; and an honorary Doctor of Business Administration degree from Korea's Woosong University.

"Of all the degrees I've been awarded in my life, this is far and away the most special," Agnese said in a statement. "This fulfills my dream of becoming an alum of UIW."

Rev. Gustavo Garcia-Siller, archbishop of San Antonio.

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Cont. Fencing student competes

team had a chance to send fencers to the NCAA since fencing is not a sport divided into divisions.

To qualify for the NCAA Championships, a fencer must have had at least 21 intercollegiate dual-meet bouts against a varsity team from four-year, degree-conferring schools and have a win-loss record of at least 20 percent.

"I've never fenced in a two-day tournament before and I guess I didn't have the mindset for it," Sless said. "The first day was OK and the second day was just a bad day. I wasn't too thrilled about it because I was so close. Although, overall it was a good experience."

Sless finished the 2015-16 season with a dual-meet record of 29-4, over an 87 percent winning record and one of the best in the nation.

At the Western Regional Individual Championships, Sless came in third and finished the meet with 11 wins and five losses. With the combination of his record during the season and at regionals, Sless was selected as one of the two allotted fencers from the West Region.

"I thought it was cool when I first heard about being the No. 1 fencer in the west," Sless said. "But the only thing it did was help me qualify for NCAA. If I wasn't first and I got a lower position, then I could have not qualified for the NCAA."

Only 24 fencers in each weapon -- foil, saber and epee -- are selected from 34 schools that support men's

fencing in the United States. Of those 34 schools, only 16 qualified to go to the 2016 NCAA Championships. A school may qualify two fencers in each weapon. Other than UIW, some schools that competed at this year's championships included Columbia, Ohio State, Princeton, Notre Dame, New York University, Stanford, Penn State, University of Pennsylvania, and Yale.

"UIW was highly complimented on qualifying a fencer to the championships in our first year of competition by other schools," John Moreau, UIW fencing head coach, said. "I think (Sless) did exceptionally well and it was quite an accomplishment."

Sless started fencing eight years ago. Born to parents of Russian and Ukrainian backgrounds, Sless was exposed to fencing as a child. Sless decided to try fencing after meeting some fencing coaches at a family party.

"I didn't grow up wanting to play fencing," Sless said. "I just picked it up around 11 years old. I still enjoy other sports. I feel like I play basketball more than I fence. I'm not that good at it but I mean I like it. I do fencing competitively and everything else is recreational."

When he was out of high school, Sless contacted several universities inquiring about fencing. However, he then decided during the application process he would instead concentrate on his studies. From that decision,

he started at UTSA and just practiced fencing at a local club in San Antonio.

Shortly after Moreau offered Sless a full-ride scholarship if he joined the fencing team at UIW. Knowing Moreau from his past, Sless took up the offer and joined UIW this spring where he is majoring in biology major and wants to go to medical school to become a surgeon.

"I still focus on school more but being a part of the fencing team is a learning experience," Sless said. "As the years go on we hope to get more fencers and to keep getting better and better."

The fencing team at UIW started last fall with Moreau as head coach. The team includes five men and five women, the minimum requirement to qualify for a tournament. On the team, there are walk-on members and members who have fencing experience.

Although Sless was the sole competitor from UIW at the NCAA Championship, the fencing team had a strong regional competition with four other fencers qualifying and a few of them narrowly missed winning a selection nomination.

"Alex has gotten the word out with his finish at the NCAA Championships that UIW is going to be a force to reckon with," Moreau said. "And as a result we are expecting an even stronger team and more qualifiers next year."

Medical school to offer biomedical master's degree

By Nancy Benet
LOGOS STAFF WRITER

The School of Osteopathic Medicine, set to open fall 2017, is starting a master's degree program this fall for students interested in biomedical sciences.

The Master of Biomedical Sciences degree was originally brought up last summer, said Dr. Pangela Dawson, who will direct the program.



Dr. Pangela Dawson

"The idea for this program stemmed from recognizing the service commitment that the university has regarding granting students access to opportunities," Dawson said. "We wanted to make sure that students from all sorts of various backgrounds had the opportunity to pursue careers in healthcare professions."

The MBS program is a full-time, one-year, 37-hour program that will provide students with the knowledge necessary to succeed in a variety of careers, Dawson said. The classes – which will be offered in space on the medical campus at Brooks City Base -- can be completed over two semesters and one summer term, she added.

"We were aiming primarily for students who plan on, or are thinking of attending medical school," Dawson said. "However, prospective students can also include but are not limited to any career in the health professions such as physical therapy, physicians assistants, and even some

pharmacy students."

This program is one way for prospective medical students to strengthen their education credentials, expand their resume, and increase their chances of getting into medical school, she pointed out.

"After doing extensive research for this program, I found that many students applying to medical school were not getting in," Dawson said. "We wanted to create a program that provided students who had experienced stumbles along their educational path, and whose grades had suffered an opportunity to be able to get into medical school because there are various students who have the aspiration, but lack the credentials necessary to get into medical school."

The curriculum consists of graduate-level biomedical science coursework, research exposure, and early clinical experiences in interactive small and large group learning.

"The courses are very hands-on, and provide students with a lot of patient contact, which is not something you usually see in these programs," Dawson said. "Through this specific program, students will actually have the opportunity to go out into the field and begin working with patients. It is almost like we are giving them a glance of medical school the year before they actually enter so we can make sure that they are prepared once they have to present their experience to a panel."

BIOMEDICAL BRIEFING

Applications for the 2015-16 cycle in the Master of Biomedical Sciences are now being accepted.

Candidates must submit a Graduate Admissions application and a MBS Supplemental Program application. To be considered for admission into the program, applicants must submit their completed application on or before April 15. Both applications and a \$50 non-refundable fee for the Supplemental Application must be submitted online.

A bachelor's degree, and several prerequisite courses are required for all applicants. Additional information can be found on the University of the Incarnate Word website for the Master of Biomedical Sciences. Official transcripts, letters of reference, and test scores must be submitted to the UIW Office of Admissions.

The estimated cost for tuition and expenses of prospective students is estimated to be around \$35,000 for the 2016-17 school year. Although there are no specific scholarships for this program, financial aid is available, and prospective students are encouraged to visit UIW's Office of Financial Assistance.

Student's match saves life

By Nancy Benet
LOGOS STAFF WRITER

University of the Incarnate Word senior Alex Ramirez hasn't met the child who received his life-saving donation of bone marrow. But he hopes to when the time comes.

Only about five in 10 patients receive the transplant they need to save their lives. After the Team Tony drive last year at UIW, a match was made between Ramirez and a child with leukemia.

"In September of 2014, my girlfriend at the time was a pre-pharm student volunteering at the drive they had going on," Ramirez said. "I went to go take something to her and ended up signing up. I got the call around February or March saying that a 10-year-old boy was in need of a marrow transplant, and that I could be a potential match."

Although the chances he might be a match was one in five, Ramirez went through about six sessions of blood work in order to confirm he was.

"I was a little nervous, but psyched about getting the chance to help," Ramirez said.

The operation took place last June. According to Ramirez, he could walk right again by August.

"It was totally worth it knowing that I was able to give a child the gift of life," Ramirez said. "From what

I have heard, he is doing fine."

Be the Match has a policy stating it can't disclose any personal information about the donor or recipient, but the family of the boy has sent Ramirez a variety of thank-you cards.

"I got a Christmas card from the family," Ramirez said. "The boy himself drew some really cute doodles and Michael Jackson lyrics. It was really heartwarming."

A year after the transplant, both parties are given the option to meet.

"I have no idea where in the country they live, but when the times comes I really hope they want to meet



Alexander Ramirez is looking forward to the chance to meet a boy who received bone marrow from him.

me," Ramirez said. "I really want to meet them."

Campus gets fresh sip of 'Diversi-Tea'



Rooibos Chai Rooibos Tea

Spicy cinnamon, cardamom husks, piquant ginger and lightly citrusy lemongrass brew to a blissful honey-amber infusion. Caffeine-free.

Victoria O'Connor/ LOGOS Staff

One of the teas offered during a Thursday 'Diversi-Tea' that brought back a tradition started by the nuns who started UIW.

By Victoria O'Connor
LOGOS STAFF WRITER

The idea of bringing back an old tradition with new accommodations is what created the biweekly "Diversi-Tea," which began Feb. 11 and ends April 21 in Cardinal's Courtyard.

"The tradition dates back to 1867, when the Sisters of Charity of the Incarnate Word would participate in tea time following afternoon vespers," said Paul Ayala, director of University Events and Student Programs at the University of the Incarnate Word.

Ayala said Dr. Barbara Aranda-Naranjo, an associate provost for civic engagement, suggested renewing the tradition to Ayala and Dr. Ricardo Gonzalez, program coordinator with the Ettling Center for Civic Engagement.

The event featured tea every other Thursday at 1 p.m. with the theme of teas from around the world. Students had the chance to taste Irish, Chinese, Indian, Middle Eastern and British teas.

"Campus Life and the Ettling Center for Civic Leadership are renewing the tradi-



Students pour hot water in cups provided to sample some of the teas.

Victoria O'Connor/ LOGOS Staff

tion and updating it to meet the needs of our students," Ayala said. "We encouraged students to stop by and grab a free cup of tea, some cookies, and have a conversation with peers or simply take a moment to reflect."

Though the tradition of tea time has changed, Sister Joni Polen said she was pleased to see the tradition return and evolve.

"This is really part of the evolutionary process," Polen said. "We used to do this, but now we are doing it in different ways with different people. It really is an evolution of an old process so we have to keep reinventing things in new ways, keeping old ways new."

Students appeared to enjoy participating in tea time while experiencing an old tradition being brought back to campus.

"Tradition is good to bring back, especially if it is to bring people together to just talk about tea," freshman Gustavo Gutierrez said. "It's a lot different than the tea I'm used to drinking. It is an acquired taste, but I think it's pretty good."



April Upcoming Events

Compiled by Gaby Galindo
LOGOS Photo Editor

KUIW Fiesta Fest Thursday April 7, 7 - 9 p.m.
Location: Dubuis lawn
KUIW will be kicking off fiesta season with fun, live music, dancing, and raffle prizes.

Viva UIW! Thursday, April 14, 11-2 p.m.
Location: Dubuis Lawn
This pre-fiesta celebration will feature live music and performances, food, and lots of fun activities on Dubuis lawn.

The Hunting Ground Film & Panel Thursday, April 14, 6 -9 p.m. Location: ICC.
In recognition of Sexual Awareness Month, a screening of *The Hunting Ground*, a moving documentary about campus sexual assault, will be featured in the ICC followed by a panel discussion that will include information on campus and community resources.

Earth Day Observance & Award Presentation Thursday, April 21, 12 p.m. Location: AT&T Center
Earth Day observance and presentation of the William Mulcahy Stewardship Award by large oak near AT&T Science Center.

Pre-Pharm students sponsor ‘Be the Match’ drive

By Nancy Benet
LOGOS STAFF WRITER

The GenCure marrow donor program joined members of the Pre-Pharmacy Association at the University of the Incarnate Word this spring to register potential stem cell/marrow donors on campus.

The association hosted its first bone marrow drive at UIW in 2013. The students work with Team Tony, an organization in honor of Anthony Barasa, a San Antonio police officer who died from complications related to acute myeloid leukemia after no adult matches were found.

By carrying Barasa’s memory, the students hope to raise awareness on the need for committed marrow donors and cord blood donation.

Volunteer donors have to be within the ages of 18-44, in general good health, and have no serious illnesses or back problems. They must also be willing to help any patient in need of a transplant.

In order to register, donors were asked to complete a registration and consent form. The donor was then given a kit containing four cotton swabs to perform a self-collection process to obtain cheek cells for tissue typing.

If registered successfully, their names are added to the Be The Match Registry until their 61st birthday. The registry consists of volunteer donors who have joined in hopes to be the match for a searching patient.

“This was my brother’s dream while he was in the hospital,” said Barasa’s sister, Lorraine McCool, who helped launch Team Tony in an effort to find a donor for her brother. “He looked at me and asked me why we hadn’t been doing this for people all along.”



University of the Incarnate Word students sign up to be possibly life-saving marrow donors. Nancy Benet/ LOGOS Staff

Students get tips to how to dress for success

By Andrew Palacios
LOGOS STAFF WRITER

Just in time for two spring job fairs, University of the Incarnate Word students who attended a workshop learned the do’s and don’ts on how to dress professionally.

The Office of Career Services and Professional Development held the workshop Wednesday, Feb. 24, in J.E. and L.E. Mabee Library Auditorium.

Brittany Mann, a representative for Fashion Institute of Design & Merchandising, advised students on how to properly dress during an interview and in the workplace.

Business attire has changed over the years and many people have forgotten why proper business attire is important, Mann said, adding that more companies are doing away with formal dress attire and moving to business casual attire.

First impressions are lasting and the way one dresses can have an impact on the impression employers get of potential candidates based on their appearance, she noted.

“Think about how you want to portray yourself,” Mann said.

When picking out clothing, women need to make sure their attire has the proper neckline, hemline and fit. Good hygiene is also an essential when dressing professionally.

As for men, the same principles apply. Men need to ensure they’re wearing a tie, their clothing has the proper fit, good hygiene, and to make sure their belt and shoes match.

Mann also gave five key pieces every male and female should have in their wardrobe for interviews or for the workplace. Women should have in their wardrobe an A-line skirt, white button-down shirt, pencil skirt, trousers,

and a black dress. Men should have a blazer, khaki pants, and a button-down shirt among their wardrobe.

“Dress to impress for the position and respect the process and never assume,” said Mann.

Some things are generationally acceptable, but not acceptable for the workplace. If you are unsure of something is appropriate for the work environment, don’t wear it, she advised.

During interviews, Mann said, men and women should avoid outgoing fabrics, but wear mostly neutral fabrics, and to iron the clothing.

Mann recounted a man who showed up to an interview dressed nicely, but he only had ironed the front of his shirt. Mann said he had known about the interview for three weeks and should have taken the time to iron the back of his shirt.

“First impressions are everything,” Mann said. “Dress for the role.”

FYI

The Office of Career Services and Professional Development is holding a Part-time Job Fair from 2 to 4 p.m. Thursday, April 7, in McCombs Center Rosenberg Skyroom. Dress to impress and bring resumes.

‘Quirk’ staff sets April 12 release

By John Paul Coronado
LOGOS STAFF WRITER

The 2016 spring edition of the *Quirk* literary journal will be unveiled at a release party at 6 p.m. Tuesday, April 12.

The party, which will feature selected presentations of the journal’s prose, poetry and art contents, will be in the Special Collections Room on the second floor of J.E. and L.E. Mabee Library.

Copies of the new book will also be available for \$10.

It features original art such as photography, paintings, poems, short stories and essays. While the majority of submissions were from University of the Incarnate Word students and faculty, this year alumni were allowed to send in pieces.

For the first time this year’s submissions were submitted through a website called Submittable, a fast and secure platform used by other organizations, publishers and schools.

“At least 200 submission total [were] submitted this year for the ‘16 issue of

the *Quirk*,” said Dr. Joshua Robbins, an assistant professor of English who teaches ENGL 3365, the Editing and Publishing class which produces the journal.

Students in the class select the pieces through a blind submission process. After organizing the journal, the class collaborates with Professor Doris Palmer-McManus and her graphic art students to organize the journal’s layout.

The literary journal started almost 30 years ago under the name, *The Thing Itself*. At the time, three of San Antonio’s Catholic colleges -- Incarnate Word College (now UIW), Our Lady of the Lake University, and St. Mary’s University -- formed a group and conjured the journal.

However, the group ended its three-school collaborative in 1983. After it disbanded, Dr. Jo LeCoeur, now a retired UIW English professor, continued the journal onto the UIW campus and changed the name to *Expressions*. In 1995 *Expressions* became *Quirk*.



TRIO SUCCESS

Student Support Services participants get involved in a number of community service projects on and off campus. TRIO is a federal funded program that provides academic support, leadership development and educational support services to more than 200 mostly first-generation, low-income students.



One of two houses on the west side of San Antonio gets a fresh coat of paint, courtesy of around 50 students who volunteered some of their spring break mornings and afternoons to the annual alternative to just chilling out.



Some faculty also spent time with the students on one of the two houses.



Priscilla Aguirre/ LOGOS Assistant Editor

Old paint had to be scrapped off the homes, a tedious task for the students. But it had to be done before a new coat could be applied.

Teams repaint houses during Alternative Spring Break

By Priscilla Aguirre
LOGOS ASSISTANT EDITOR

While most University of the Incarnate Word students were relaxing during spring break, others were helping the community by repainting two homes March 11-14 on San Antonio's west side.

Students, faculty and non-students had the opportunity to volunteer for six hours on the homes of two different families near Frank Garrett Community Center during the seventh annual Alternative Spring Break.

"The students are getting several values of what real life is like," said David Espinoza, student engagement coordinator for the Ettlting Center for Civic Leadership, which works with the sponsoring Office of Mission and Ministry on the project.

Mission and Ministry and other faculty members find the homes that need assistance. For the past several years the program has stayed in the same community, fixing one house at a time.

"Mission and Ministry and the Ettlting Center have a lot of partnerships with groups and organizations," Espinoza said. "We stay at the location because we know the resources are there. When you have something well-structured, you continue to make it grow."

At 8:30 each morning, the students met on campus in front of Alice McDermott Convocation Center and boarded a shuttle with Sister Walter Maher, vice president of Mission and Ministry, and faculty volunteers. They were shuttled to Frank Garrett Community Center for a light breakfast and to meet other people who took time out to provide service. Around 30 students signed up to help along with the Cardinals softball team.

After breakfast, volunteers loaded up the shuttle and trucks with equipment to take to the two houses

where they worked until 1:30 p.m. for the return trip to the center for lunch and a time to share their reflections about the day's work before cleaning up and returning to campus on the shuttle.

Fifty volunteers started that Monday by scrapping old paint off the homes, one larger than the other. The softball team helped out on the bigger house and by the end of the day it was ready to get primed.

"The first day I saw a young boy about 8 or 9 helping," Espinoza said. "One of the best visuals I had was seeing Sister Walter right alongside this young man scrapping paint together. One generation with another generation doing service for someone else."

The next day the smaller house was scrapped while the larger house was being painted. Due to the weather, some work was delayed but by the time Friday came around both houses were painted and fixed.

"I was able to meet a few residents of the houses and they were grateful for having us be there," Espinoza said. "What we did does make the neighborhood different. It keeps it maintained and restored."

Some students said they learned how to scrap houses while others said it made them feel grateful for what they had.

"I saw one of the owners of the house that I was helping and she was super-nice," student Maria Gonzales said. "I plan on graduating soon so I'm glad I participated in this before I do."

Because of Alternative Spring Break, "the students are getting several values of what real life is like," Espinoza said. "This Alternative Spring Break was a different perspective of fun. It provided engagement and education

for what you can do for others. Service is the history of UIW and we are all trying to show the students that. Seeing it firsthand in action was much different than hearing about it. All the work we are doing together is making a difference. We are building on that and learning from it. At this time the students develop that skill in doing something while helping out the community. I encourage people to try it at least once while you're here. You never know what to expect but if you don't try it, you may never know at all."

"I did this for community service hours but I learned a lot doing this," student Selena Gonzales said. "I met a lot of people and that was pretty cool. I want to come back and do it again."

NEXT: Arise Emerging Trip

For a summer project, the Ettlting Center of Civic Leadership has the Arise Emerging Trip.

The weeklong trip takes students in the summer to the Rio Grande Valley to help youth in the community. Transportation is provided. Students can sign up on the Ettlting Center website. Questions can be answered at the Ettlting office on the first floor of the Administration Building.

"We've had very good reflection of experiences from this trip in the past," said David Espinoza, student engagement coordinator for the Ettlting Center. "There is so much need for help everywhere. If a student has an idea, we take that into consideration. We are really about people coming together and engaging."



From the Editor's Desk:

By Angela Hernandez



Passion for a profession



By Valerie Bustamante
LOGOS ASSISTANT EDITOR

Wishing for more financial aid

Along with the money won from the scholarships and granted to me from financial aid, I still have to work 30-plus hours a week in order to make ends meet paying for school.

Paying for school is a hassle and I am grateful there is some form of financial aid to help people pursue their higher education. But I do believe there can be some improvements.

First off, FASFA – the Free Application for Federal Student Aid – thinks all the money in your household is going completely towards a college education. If a student lives at home with their parents, the government thinks a family doesn't have bills to pay and mouths to feed.

There are so many middle-class families struggling to send their kids to college. I really hope one day that changes.

While at work, and trying to pay for my education, I see lots of Alamo Community College students using their financial aid money to purchase food.

On break I brought it up with a fellow cashier, who attends a community college. She told me the money she was awarded from financial aid was more than what she needed to pay for her academic semester.

I stared at her, wide-eyed and said, "What do you mean you have money left over from financial aid?!"

She went on to explain community colleges are doing a great job of providing affordable education, so good that her whole tuition bill was paid off. She also went on to tell me the money gets wiped from her account after the semester, so she pulls all the money out at once to use it on other important things, such as buying the new iPhone, shopping at the mall and of course food.

My jaw dropped. I would never dream of having money left over from financial aid. Let alone using that extra money on trivial things such as a new phone and clothes. I had never heard of that. Sure, once I got a small refund from the Business Office left over from my hard work of applying for scholarships. That refund was \$50, which went back to food and gas.

Why should I be punished for going to the school of my dreams? Sure I made the conscious decision to go to a private school, but I think if a student wants to go to a more expensive school that will provide the education they want and need, then he or she should be awarded a greater amount of financial aid.

I went on with the rest of my day very bothered by this news. I have met people from all walks of life since attending a private university. I have met people who are well-off and still use their money for school in a practical way, as well as people who work their butts off each weekend and between classes to just barely make their tuition payment in time to register for class. There are athletes who have to prove themselves in class and in their sport to get financial aid.

I think there should be ways for these people who are abusing their financial aid money to get a correct portion to pay for school and other school-related expenses. With the money left over, more students can get an increase in aid to help take the burden off juggling school and work.

I want to make it clear I am not saying people who go to community college deserve less financial aid because they are not attending a major university. I just want the money they are spending senselessly to be distributed evenly, so everyone pursuing their higher education can have their schooling paid off.

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From a very young age I knew I wanted to become a journalist some day.

I grew up admiring professionals such as John Quiñones, Diane Sawyer and Michael Quintanilla. I wanted to be just like them. As I got older I started developing a passion and an admiration for the field. My goal has always been to be the voice of the voiceless.

Recently during spring break I was reminded though of how much I really do enjoy and love it.

For my magazine writing class we had to go out and find someone around San Antonio to interview. It was up to us what angle we wanted the story to go.

I automatically knew who I wanted to write the story on.

Last semester I was exploring the area my dad grew up in for another project. When doing so we stumbled upon Efrain's Food Market, a store not even a block from my dad's childhood home.

I don't know what was better. The refreshing water I had purchased or the appetizing smell of the breakfast tacos the store was selling. However, the one thing I do remember from the visit was the smile of Efrain's owner, Evelyn Lopez.

Lopez's humble character stuck with me since then and I decided she was the person I was going to do my article on.

When we were on break I visited Lopez at the store and learned all about its history. But I also learned about her as a person.

During the time I was interviewing Lopez I could not help but notice her passion for running the store. She cared for it so much and it was so noticeable in the way her eyes brightened up every time she spoke of it.

While talking to Lopez I saw myself in her. Her strong passion of being a business owner reminded me of my love for reporting, interviewing and journalism.

There are so many things I love about it. From the crisp pages of a brand-new steno pad to the ability of

piecing together a whole story from quotes.

I enjoy sitting in front of a stranger with my self-made table called my lap, scribbling down their remarks. It amazes me the relationship that can be easily built in a 20-minute or even hourlong interview, even if the person is a complete stranger to me. The idea of pairing together 900 words and a few photographs on a layout spread is pure magic. Staying up till 1 a.m., trying to shrink down a single story is something I adore doing so much while others despise it.

I honestly do not know what I would do if I could no longer write and practice this passion.

Sometimes when we get so caught up in our lives we forget about the reasons we love the things we do. There are even times we feel discouraged and question those passions. Sometimes it is not even ourselves who cause the discouragement, but instead other people.

Since starting college there have been numerous times where I have encountered people such as professors who have told me journalism is not a real job. It at times has caused me to question why I am majoring in what I am – communication arts with a journalism concentration -- or why I want to pursue the career I do.

My advice though is to never give up. Do not let anyone discourage you from practicing your passions and the things you love (unless they're illegal things). But most importantly do not discourage yourself.

Sit back sometime and remember your passions are worth it. Take the time to breathe and remember they are what makes you unique. No one can take your passions away.

After interviewing Lopez I was reminded I enjoy journalism for a reason. The way her eyes lit up reminded me of the way my eyes light up when I talk to someone about my passion for journalism. It makes me happy and makes me feel free -- as cheesy as it may sound. I am never going to forget how passionate I am for it and you should not forget about yours either.

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Cherish your pets



By Priscilla Aguirre
LOGOS ASSISTANT EDITOR

Pets come and go. That's life.

I've dealt with the death of a pet before and I wasn't really fazed by it.

But when my dog passed away a month ago, it hurt. She left with no warning and in a matter of minutes.

The first time I saw her was at the Humane Society. She had just come in that day and through the cage you just saw a black lab retriever staring right at you. The reason my boyfriend and I adopted her was because of her eyes. When we looked in her brown glowing eyes, you couldn't help but feel happiness.

Lana was her name. Every time anyone met her she would welcome him or her with nothing but playfulness. Her arms would wrap around your waist and hug you, while her tail wagged with excitement. Sometimes I would have to apologize for her craziness, but that's the way she was. She had so much love to give.

She would forgive you right away if you ever got mad at her. She once chewed up about seven phone chargers in a month, and I was furious. No treats for her. When

I was done yelling at her she would give you a look of pure sadness. I couldn't stay mad. Not at her face. The moment she saw my smile she would come up to lick me to say she was sorry.

When I tucked her in at night in her kennel, she never wanted me to leave. The amount of effort it took to put her in the kennel was ridiculous, but needed. I would tell her, "Be a good girl." Then she would give a big yawn that squeaked every time and get snuggled up. It was hard to walk away from her because of those eyes.

The way she ate was too funny. When I fed her, I would have to stand there until she was done. She wouldn't eat if nobody were there. Either my boyfriend or I had to be there to cheer her on, telling her, "That's a good girl" or "Eat your food, girly." It was so cute. I felt needed.

Lana knew when I was sad or upset. She would comfort me with her happiness and in the moment I felt like everything was going to be OK. It's true when people say dogs are great at being there for you. She brought joy to everyone with her cleverness and cheerfulness.

We used to go on runs together and that was my time with her. She would pull on that leash so hard I had to run to keep up with her. Every time somebody

was outside she would use all her strength to go meet him or her. Her strength was amazing and inspiring.

Before her, I never considered myself a dog person but she changed that about me.

When she died, it didn't really hit me. I cried but not too much. I kept thinking positive and tried not to think about it.

But on Easter, I went on my first run without her. It felt different. I felt empty. Once I realized my workout buddy was gone I stopped running. But I just imagined her by me and my feet started jogging again. I imagined her pulling on the leash, making me hurry up and run.

She made me feel comfortable and loved. I was myself around her and she still loved me. She's not with us anymore but she lives within our hearts. The memories we shared together will never be forgotten. Every time I feel empty or lost I imagine her beside me uplifting me.

Pets come and go. That's life. But cherish them. Love and remember them while they are here. They can leave without warning and when that happens it hurts. Lana, you will be missed and never replaced.

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letters to the editor



Follow-up: Driving too fast on spare led to fatal wreck

Kirsten (Casteel) was on her way home from work at 11:40 p.m. Saturday, Oct. 24, and was hit by two cars racing at high speeds, causing her car damage and knocking her off the road that night.

She called her father -- scared and panicked. He talked with her and helped her drive home safely not knowing the severity of the damage to her car. The drivers of the other cars were never caught or reported.

Kirsten drove to Kaiser Auto Mechanic that Monday and they told her her car was driveable but to drive cautiously until her dad came into town. Kirsten was told to bring it in the following Monday for repairs. Her father, Marc Casteel, was driving down to take care of the car and get her a rental.

Well, on (Oct. 29), on her way to work that afternoon, her left rear tire blew apart and she called AAA to help her put her spare tire on. Early Sunday, Nov. 1, around 6 a.m., her little dog, Teddy, woke her up to go potty. She decided to go shopping for breakfast and left for Wal-Mart and then on to Krispy Kreme for fresh doughnuts and kaloches.

Kirsten's cell was turned off because I wouldn't pay the \$1,000 bill that she racked up on her Alaskan cruise in September. She used Wi-Fi in the Wal-Mart store

trying to reach her boyfriend (DJ Moffett) that she was scared about something (we don't know what) -- her last message to (him).

On her way home, she tried to avoid some water from the viaduct in the far left lane on (the) service road of (Interstate 10) and when she tried to correct she lost control by locking up the brakes. The witness behind her saw the spare tire just buckled under and (Kirsten) tried to regain control but the vehicle spun backwards into the ravine hitting the bridge, rear driver side--first, then slamming driver-side into (the) bridge causing Kirsten severe head injury. She had no broken bones from this tragic accident. Just some bruising.

Kirsten wasn't driving over the speed limit. She was driving too fast on the spare. The witnesses said they all were driving the speed limit, except she was driving too fast on the spare. This is where the reporter took words out of context. She wasn't speeding. She was driving too fast on the spare. A witness behind her saw the tire buckle and knew she was going too fast on it. He was an auto mechanic where her accident occurred.

An Army medic was (the first) to attend to her and when he saw her, he said she looked like she was just in her seat asleep. He then checked her vitals and assumed she had a broken neck. Then the paramedics arrived within a few minutes. They told us they had to pull her out from the driver front seat through the passenger side and immediately administered lifesaving protocols. They told us no one could survive a crushing blow like

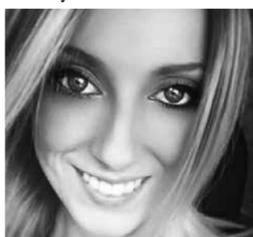
that for a concrete bridge has no give. (Kirsten would have been 23 Feb. 8).

Kirsten was a loving and kindhearted gentle soul. She was always giving to the homeless and giving rides to those in need. She was even buying groceries for those needing food. She also was a big supporter of animal rights. She had many dreams and dental school was one of them. She was currently attending Champion Real Estate School to be completed in May to get her real estate license. She also planned to finish her last two years at UTSA where she was studying psychology.

We donated Kirsten's corneas to the San Antonio Eye Bank, as well as her kind and loving heart (valves) to newborns born with heart defects. I almost forgot. (The) toxicology reports came back clean. No alcohol or drugs. I never doubted (that) for she was always the designated driver.

Karen L. Castell
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Editor's Note: In the November-December 2015 edition, the Logos reported the death of Kirsteen Casteel, 22, in an automobile accident. Reports say Casteel, from Carrollton, Texas, was driving too fast -- but further details provided by her mother will help clarify the true cause of the accident.



Kirsteen Casteel

Is Caffeine Good for Me?



By Jose Deanda
LOGOS STAFF WRITER

The topic of caffeine's health benefits, or health risks, is certainly not a new one nor one in which health professionals all tend to agree.

One day caffeinated beverages are revered as integral to health; next they're the culprit to such conditions as irregular heartbeat,

high blood pressure, difficulty sleeping, staying asleep and contributors to increased anxiety and panic.

Although caffeine can be beneficial -- by way of its ability to increase focus and alertness -- the source and quantity are of extreme importance.

You might be on your way to class, just coming off the weekend and you're just not feeling it, so you decide you need some caffeine in your system and now you're trying to figure out if you go to Hortencia's or Finnegan's and what to get.

First, what to avoid and why. Energy drinks such as Monster are just way too much of everything. They contain a mixture of stimulants, which according to a physician specializing in internal medicine and psychiatry, "...are very dangerous and have caused users unexpected trips to the emergency room."

If you take a look at the label, you'll notice the energy blend is 2,000 mg, and one of the main ingredients in the mix is caffeine. Moderate intake, according to the most recent dietary guidelines, is 400 mg a day, considerably less than 2,000 mg. Sodas are also good to stay away from, especially taking into account they contain anywhere from 40-65 grams of added sugars coming from high fructose corn syrup.

The next thing to avoid -- that is, if you're trying to be healthy with your caffeine intake -- are beverages such as frappuccinos, or lattes with some extra sugar and whole milk. All this added syrup and sugar turn a good beverage into a bad one. So be careful. Many times you're looking for the caffeine and you inadvertently get a lot of sugar with a little caffeine.

So what is a healthy amount of caffeine then? Well, the dietary guidelines flat out recommend you don't start consuming caffeine if you already don't, but if you

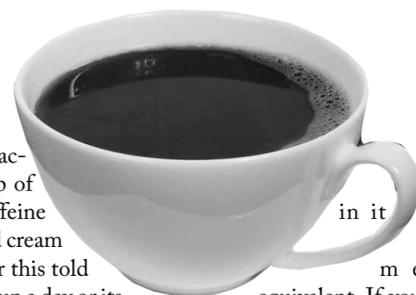
do, a moderate intake is considered acceptable (up to 400 mg a day). A cup of coffee can contain up to 120 mg of caffeine and is best taken black (without added cream or sugar). The doctor I interviewed for this told his general recommendation was one cup a day or its equivalent. If you like black or green tea, you can have about two cups and still be at the same level of caffeine as if you had a cup of coffee.

Enough about the sources we'd be better off at avoiding. Let's go over some of the better choices for caffeine consumption, if that's what you decide on. Black coffee, espresso, green tea, black tea, oolong tea, yerba mate and chocolate are all good options. The thing to watch with the chocolate is it's not attached to tons of added sugars from milk. Generally the dark chocolate is the good one. But beware, it does contain a good amount of fats.

Something to consider as well is the time of consumption of your caffeine, particularly if you're prone to insomnia. You want to avoid consuming anything caffeinated after 3 p.m. And if you go to bed early, earlier than that. Drinking your coffee or tea in the morning would be your best bet and avoiding it later in the day would be best and make for a restful night of sleep.

I recently tuned in to a discussion on National Public Radio regarding coffee. NPR went over a lot of the points that have been discussed in this article, but what was of particular interest was they pointed out research is indicating healthy gut bacteria feeds off of the coffee and therefore enhances coffee's beneficial aspects. That's certainly a good point for the proponents of coffee.

To keep things simple, avoid the products heavy with added sugars, such as sodas and the majority of coffee products sold. Definitely stay away from the energy drinks and limit your consumption of caffeine to up to four cups of coffee or the equivalent -- even better just one. Don't drink it too late and remember plain coffee and tea beverages are the real healthy options when it comes to caffeine.



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Life looks perfect on social media



By Abdulwahab Alshehri
Special to the LOGOS

Social media is all about appearance these days.

People are more concentrated on making others believe they are having the time of their lives -- greater than they are actually having. It is important that the whole world knows and sees their "coolness." Everything else is compromised.

It is a modern world where the pictures we take at a late-night party are more relevant than the night on its own. The pictures we take with family, close friends or someone we love are more important than people themselves. Facebook, Instagram, Snapchat and their likes are gaining more and more popularity and if anything fails to land on these platforms, it is assumed to have not happened at all.

Nowadays people go further than this. Some of them even overspend their budgets because of their itch to post an expensive dress or a luxurious car on social media. It's better they struggle to make ends meet but fake it all on Twitter or elsewhere.

Social media networks such as Twitter and Facebook have produced a generation, which is obsessed with itself, having childlike desires and short attention spans for continual feedback about their lives. Social media platforms are controlling peoples' lives in ways they may not realize.

The impact of this type of obsession can control the level of happiness of people. A recent study revealed that obsession with social media platforms to make life look better is correlated with increased levels of unhappiness. The bulk of social media addicts feel posting seemingly perfect images of themselves and their lives has prevented them from appreciating and enjoying life's experiences.

When people start to get more attention on trying to make their lives seem perfect, they will start to become less sociable in reality. It is sad that people care about online perceptions rather than communicating with people who live around them at the same house or school.

People's obsession with making their lives look perfect on social media platforms is insidiously crippling their potential to better themselves and their environment. This results in the conflict between the premeditated fixed perceptions of what others are made to believe, and the actual characteristics of their personalities.

In the online world, people are formulating their posts and tweets, spending unreasonable amounts of time modifying their photos and Pinterest boards to project an idyllic persona of themselves. In the end, dealing with the new social applications should be under your control, not the opposite.





Dr. Zenon Culverhouse, upper left, an assistant professor of philosophy at the University of the Incarnate Word, brought his two young children to 'Celebrate Spring' at the Denman estate off Mockingbird Lane where they had the opportunity to play and learn with refugee children.



Arts and crafts brought many a smile to a participating refugee child's face.



Refugee children got a chance to play instruments at the event that's become an annual gathering of families from near and far sharing culture.

'Celebrate Spring' brings UIW, refugees together

By Mariella Metz-Yeverino
Special to the LOGOS

On an average two refugee children a day have been drowning in the Mediterranean as they try to get to safety. This is the worst refugee crisis in 70 years.

In the face of this, University of the Incarnate Word students, faculty and friends of UIW's Ettlting Center for Civic Engagement have hope that newcomers to San Antonio can be recognized as potential friends, not people to be feared and rejected.

For the sixth year, UIW held its "Celebrate Spring" gathering March 25, on Good Friday morning, for refugee children and families. This year, the gathering was at the Denman Estate off Mockingbird Lane in San Antonio.

Sister Martha Ann Kirk, a longtime religious studies professor at UIW, started the "Celebrate Spring" gathering six years ago because she had seen the challenges for refugee families in the Middle East.

This year almost a hundred people attended and between the refugees, the UIW international student hosts, and other hosts, there were 17 countries represented including the United States, Rwanda, Austria, Switzerland, Turkey, Mongolia, Mexico, Iran, Iraq, Somalia, Central African Republic, Vietnam, Northern Ireland, South Africa, Germany, Sudan and Kenya.

"Celebrate Spring" not only celebrated Easter, but three other religious celebrations of spring. These included Holi, the Hindu celebration of colors that is a time to enjoy spring colors and say goodbye to winter; Narouz, the Persian New Year which has roots in Zoroastrianism; and Passover, the Jewish celebration that remembers when God freed the Jews from slavery in Egypt. (Barbie Gorelick, a Jewish American, brought tools of Passover in Israel).

As all the participants learned about the four spring

holidays, they made arts and crafts together to represent something traditional from that culture. The activities included: egg dyeing, puppet making, drawing rangolis and other symbols, face painting, and making an Easter tree. The participants moved from table to table and met new people while learning about the different cultures. The celebration brought together people from many backgrounds and created a space where everyone could share their experiences and learn from one another.

"Hearing some of the refugees' stories made me realize how much people don't know about what the refugees are going through," said Ettlting Center representative Leslie Reneau who helped organize the gathering. "They came here escaping danger, but some people don't know that. It was a great learning experience."

The event helped the refugees and UIW students and faculty enjoy each other's company, allowing many of the students who participated in this event to be face-to-face with those who have gone through so many difficult situations, often at a young age.

"Working with the refugees during the 'Celebrate Spring' event was truly an eye-opening experience," said Ashley Kowalczyk, a UIW sophomore English major. "It was amazing to see all the different activities and possibilities various refugee centers provide for these individuals."

Throughout the day, all of the participants were able to learn about each other personally and culturally, this being an important part of global issues.

"Being a part of 'Celebrate Spring' allowed me to interact with the refugees that are a part of my community and learn about the way different religions around the world celebrate the springtime," said sophomore English major Mariella Metz-Yeverino. "This beauti-

ful activity was proof that coming together to celebrate our different cultures and learn about each other is an effective way to communicate peacefully and lovingly among each other while lending a hand to our brothers and sisters to say 'I am here for you.'"

As the event progressed, all participants found new friendships with people from across the globe, and everyone seemed to enjoy the food, music and games. The atmosphere was peaceful and demonstrated the connection that can be created when people from different cultures communicate, learn about each other, and find respect for each other.

Dr. Zenon Culverhouse, an assistant professor of philosophy, brought his two young children to the event where they had the opportunity to "play and learn with refugee children."

"It afforded me the opportunity to see how diversity reveals the humanity common to us all," Culverhouse said.

One of the individuals leading activities was Yvonne Naylor, a professional puppet-maker from Northern Ireland who uses puppet-making to help people overcome prejudice. Naylor, who has created programs and curriculum for children, is in San Antonio because of her participation in the Fulbright professor program that promotes international exchange. She is currently at St. Phillip's College with her husband, Richard.

Naylor said the Good Friday gathering meant much to her.

"We learned that there was a wide variety of diversity in San Antonio," Naylor said. "We felt joy in everyone's presence and also in the sunshine and beautiful setting. And the food was lovely. In all a great occasion."

Logos Sports

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Spring football game offers fall preview



By Sye Bennefield
LOGOS STAFF WRITER

spring football.”

Spring football is vital in teaching technique and fundamentals without the worry of a game the coming weekend for college programs. It not only gives players an opportunity to shine but it allows coaches to form some sense of what the fall depth chart will perhaps look like and give attention to a wider variety of players.

For the University of the Incarnate Word community, the chance to see what fall football has to offer will be the annual intrasquad spring football game that will kick off at 6 p.m. Saturday, April 9, in Gayle and Tom Benson Stadium.

Last year's team finished 6-5 -- the second winning season in program history -- and placed fourth in the Southland Conference, riding strong performances from the defense, led by All-American outside linebacker Myke

In the words of former Texas sports information director Jones Ramsey, “There are only two sports in Texas: football and

Tavarres, and games filled with offensive explosions led by quarterback Trent Brittain. Along with a host of other All-Conference honorable mention recipients, the Cardinals are on track to improve.

Returning players have been engaged in winter workouts aimed at strengthening their mind, body and team chemistry. The first of 15 spring practices started March 22. Be it schemes, personnel or even identifying new leaders for the fall, spring football is beneficial to any program around the country.

Cardinals Head Football Coach Larry Kennan sees it no different.

“Our approach to spring is -- and I talk to the coaches about it all the time and the players -- whatever you've been in consequence,” “What we're what are you

Kennan staff don't worry was a “knuck-“young fresh- yet proven him- football is an erase all nega- let the players them- they want to be from this point on.

“We're looking for a number of particularly young guys who haven't stepped up yet to step up,” Kennan said. “There's a huge difference between being a high school player and being a college football player in Division I.”

Although most of the attention will follow the newer members of the Cardinals football team, don't expect the veterans to fall far behind.

“We're particularly interested in the young guys No. 1, but we also got some veterans, whose time (it is) for them to step up and be real players,” Kennan said. “But there's no question the talent level is better than it's ever been here.”

Speaking of that talent, it was on full display March 21 at Benson Stadium where six former Cardinals -- including Tavarres -- were tested on NFL combine drills by NFL scouts. Seventeen different NFL teams were on hand for this “Pro Day.”

Tavarres had a record-breaking season for the Cardinals in which he was recognized by the American Football Coaches Association and the Southland Conference as a first-team player on their respective lists.

Tackling NFL combine drills was a whole different



Head Coach
Larry Kennan



Trent Brittain



Myke Tavarres

Ex-Cardinal soccer star set to play for city team

By Jorge Jones
LOGOS STAFF WRITER

Max Gunderson is ready to make his debut Saturday, April 9, at Toyota Field with the newly formed San Antonio FC soccer team.

Gunderson, a three-time, all-conference-performer defender from Henderson, Nev., played with the University of the Incarnate Word's soccer team for four years, starting in 2008. During his time at UIW, Gunderson played 77 games, scoring two goals and three assists.

After graduating from Incarnate Word, Gunderson went on to play for the USL PDL's Laredo Heat and the USL's Oklahoma City Energy FC and Austin Aztex -- the latter where he played 2,000 minutes in more than 25 matches.

This year, he is ready for a new challenge with the Spurs-owned soccer team, looking to improve and work hard this season, starting with the first game against the Swope Park Rangers.

“I think it's a great opportunity for everybody to showcase what we have, showcase our talents and represent the city well,” Gunderson said. “We have good atmosphere and a great fan club behind us.”

Gunderson said his time at UIW helped him develop the necessary skills any profes-



Former Cardinals men's soccer star Max Gunderson will make his debut with the new San Antonio FC.

- Cont. on page 10
- Spring Football Game



Issys Garcia/LOGOS Staff



Issys Garcia/LOGOS Staff

Staying in Sync

Members of the nationally ranked synchronized swimming team go through their paces in Ann Barshop Natatorium to stay on top of their game. The team finished third in March at the 2016 U.S. Collegiate Synchronized Swimming Championship in Gainesville, Fla., trailing Stanford and Ohio State.

UIW narrows search for women's coach



John Williams

The University of the Incarnate Word is getting closer to hiring a new women's basketball head coach in the wake of Kate Henderson's resignation March 7 following a 6-23 season.

“We have had three candidates in and expect to make an announcement soon,” John Williams, director of athletics, told the Logos in a statement.

Before Henderson resigned, she had been with the program for 11 years, including the last nine as a full-time assistant coach or head coach. She was the top assistant coach for the Cardinals

in their last six seasons as a member of Division II. The program went 100-69 during her time as the top assistant coach winning a Heartland Conference Tournament. She spent three seasons as head coach of the Cardinals in the program's transition years as a Division I program. She was 19-66 overall and 7-43 against Southland Conference opponents.

“We thank Kate for everything she has done over her 11 years at UIW and we wish her the best in her future endeavors,” Williams said following her resignation.



Kate Henderson



Cont. Ex-Soccer Star



sional player must have. He credits his coaches for the success he had as a Cardinal and now as a professional player.

“Playing at UIW developed me mentally and helped me be fit while playing a lot of games and enjoying every moment of it,” Gunderson said. “(Coaches) Vince Martinez and John Smith helped establish a good winning mentality. They taught us to always give a hundred percent and leave everything on the field.”

At UIW, he was a member of the 2008 Heartland Conference championship team and the team that made it to the second round of the 2011 NCAA Soccer Tournament.

“The best moment at UIW has to be senior year when we beat Midwestern State in the playoffs and advancing through to the second round,” he said. “It was a great experience that I will never forget.”

He said time away from UIW has left him with reflections of a unique college experience that cannot be duplicated anywhere else.

“The atmosphere at UIW was really nice,” Gunderson said. “(UIW has) a beautiful campus with really nice buildings -- just really pretty to be on. Sometimes you take it for granted and then you go back there and you’re like, ‘This is really pretty.’ But for the most part I just remember really good teachers, good coaching and a great college atmosphere.”

UIW loses 3-0 vs. new city soccer team

By Stephen Anderson
LOGOS STAFF WRITER

The San Antonio Football Cub closed out preseason play with a 3-0 win over the

University of the Incarnate Word team Thursday, March 24, at Toyota Field.



In the first game, SAFC took on the Cardinals despite solid chances from both squads. The game went into the halftime scoreless after 45 minutes. SAFC got on the scoreboard in the second half with a penalty kick goal from Danny Garcia in the 55th minute. SAFC extended its lead just over seven minutes later when midfielder Victor Araujo put home a pretty shot to make it 2-0. Eventually SAFC would add one more goal to seal its 3-0 win.

“Over the course of (the) preseason, our defensive discipline has been very good,” San Antonio FC Head Coach Darren Powell said. “Towards the end of the game, things got a little sloppy. Not sure if it was fatigue or not doing the right thing at the right time. We’ll check the video later.”

FYI

Fans can see San Antonio’s newest professional soccer club – San Antonio FC -- in action on Saturday, April 9, when the team hosts the Swope Park Rangers at Toyota Field.

It will be the new club’s first home game in franchise history.

Cont. Spring Football Game

matter, said Tavarres.

“‘Pro Day’ went good,” Tavarres said. “It was good, not great,” he added with his trademark smile. “I did a lot of good things and I did a lot of bad things. But it was fun. Talking to the coaches, scouts and different teams it was surreal because I remember last year (UIW) only had two different scouts there and this year they had multiple ones from different teams. It was a blessing to be there.”

Tavarres said he felt a little rushed during “Pro Day,” but he didn’t let that stop him from doing what he does best: having fun and performing.

Although he graduated in December with a communication arts degree con-

centrating in media studies, Tavarres’ preparation for possible life as a pro has been packed. Due to his schedule and the NFL draft later this month, he said he may be unable to attend the spring game. But that won’t take away some of his fondest memories of spring ball.

“Just hanging with the guys you know, getting through practice and having a good time,” Tavarres said. “Just seeing the look on each guy’s face and seeing how much they love the game and love being here. That’s what I miss about it.”

E-mail Bennefield at bennefie@student.uiwtx.edu

Catch the Cardinals

April games calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------|--------|---------------------------------|---------------------------------------|----------|--------------------------------------|------------------------------------|
| | | | | | 1 | 2 |
| | | | | | WSB vs. Houston Baptist @2 p.m. | WSB vs. Houston Baptist @12 p.m. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | | | | | MBB vs. Nicholls @6:30 p.m. | MBB vs. Nicholls @3 p.m. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| MBB vs. Nicholls @1 p.m. | | | MBB vs. A&M-Corpus Christi @6:30 p.m. | | MBB vs. Sam Houston State @6:30 p.m. | MBB vs. Sam Houston State @3 p.m. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| MBB vs. Sam Houston State @1 p.m. | | | | | WSB vs. Stephen F. Austin @2 p.m. | WSB vs. Stephen F. Austin @12 p.m. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| WSB vs. Stephen F. Austin @1 p.m. | | WSB vs. Praire View A&M @1 p.m. | | | MBB vs. Lamar @6:30 p.m. | MBB vs. Lamar @3 p.m. |

UIW grads merge media companies

Three University of the Incarnate Word graduates are involved in the merger of two media companies serving San Antonio.

La Prensa, San Antonio's only bilingual semiweekly newspaper, and HeartFire Media announced the merger in a March 21 morning news conference just outside City Hall. The companies will be moving in together at the Fine Silver Building, 816 Camaron St., Suite 260

Until recently, La Prensa had been operated more than 27 years by Duran Duran Industries. However, the merger also marked the retirement of Publisher Tino Duran and the naming of daughter Nina Duran as the new publisher. Nina Duran is a vice president at HeartFire Media, a creative marketing firm, founded in 2012 by Samantha Najera.



Former La Prensa Publisher Tino Duran talks about paper.

Najera and Nina Duran, both from San Antonio, recently added Blanca Morales, a Pleasanton native, to the team as marketing coordinator. All three women hold communication arts degrees from UIW. Najera concentrated in production while earning her bachelor's degree. Nina Duran concentrated in journalism for her bachelor's and media studies for her master's. Morales concentrated in bilingual communication arts for her bachelor's and master's degrees.

The merger of HeartFire Media and La Prensa will allow the newspaper's legacy to continue rather than pass on with Tino Duran's retirement, according to a news release.

"Twenty-seven years ago my father took on the role of publisher and since then has done nothing but great things for San Antonio," Nina Duran said. "With my mother (Millie) at his side and her brilliant ability to push my dad to new levels of success, we knew early on La Prensa would become a staple. Although the road was not easy, my parents' faith never wavered. There is a beautiful and necessary transformation that will soon take place at the paper in order for us to continue on this legacy they created."



Blanca Morales, left, Nina Duran and Samantha Najera chat outside City Hall where they announced a merger.

"I am extremely proud of my daughter, Nina, and know she will be able to continue on the legacy we created for the city of San Antonio," Tino Duran said in a statement. The Duran family also has provided many scholarships to UIW students and internships over the years.

New changes announced for the newspaper included a rebrand, digital presence, video content, marketing services and more that will be rolling out in the next few months – an outgrowth of its merger with HeartFire, which specializes in video production, web design and development, online marketing strategy, and marketing/PR consulting

"La Prensa is a very important part of San Antonio history, serving as the only bilingual publication, and the voice of the Hispanic community," Najera said. "As Nina and I discussed, how could we not continue on the legacy her mother and father worked so hard to create? I am very honored and humbled to be welcomed by the Duran family to take on this new endeavor and we can't wait to reveal all the new things the paper will offer."

Veterans Center help students with military benefits

By Horace Williams
LOGO STAFF WRITER

The Center for Veterans Affairs at the University of the Incarnate Word is the liaison between UIW and the U.S. Department of Veterans Affairs.

The center assists students with military connections attending UIW in all programs using educational benefits under the federally funded Veterans Affairs Educational Assistance Program and the pursuit of their educational goals.

Center Director Karen Wyatt talked about the work of the center in a recent interview with the Logos.

LOGOS: What exactly does the Veterans Center do?

Wyatt: "Our mission is to welcome and recognize all service members who are serving and served to protect the rights of our country. The center is here to assist the students attending UIW in all programs using educational benefits under the (U.S.) Department of Veterans Affairs Educational Assistance Program and the pursuit of their educational goals."

LOGOS: How useful is (the Veterans Center) to the average person?

Wyatt: If they want to use their GI Bill or VA benefits, every student is asked to go and seek out the person who can certify them, meaning reporting the enrollment. So everyone who wants to use their GI Bill or VA benefits goes through us.

LOGOS: How did the Veterans Center start?

Wyatt: When Post 9-11 first started to kick off, there were several colleagues that met together and said, "All right. Looks like we're going to have a brand-new GI Bill that's really going to change the map of how VA benefits work and we need to be able to designate someone who can devote most of their time to this." And that person was me. I was an academic adviser with UIW Online at that time working with the military audience. It was a natural transition for me to go ahead and pick this up.

LOGOS: With such a big job, how much staff do you have?

Wyatt: There are two certifying officials -- myself and Madeline Cruz. And we have four work-studies and we're looking to add more.

LOGOS: Do you have any direct ties to the military?

Wyatt: I am a veteran of the U.S. Navy. I served during Desert Storm.

LOGOS: Was that a prerequisite to become the director?

Wyatt: Not at all. The VA (Veterans Administration) would not mandate that someone be a veteran to be able to work in this position.

LOGOS: It does help?

Wyatt: Yes. I know the acronyms, I speak the language. That commonality of

experience that we share. But anyone with an open mind or open heart is really going to do well in this.

LOGOS: Do you have a rough number of how many veterans come to the center?

Wyatt: We've assisted over a thousand students so far this academic year. We're probably going to hit around 1,200.



Karen Wyatt, center, directs the Center for Veteran Affairs which also involves staff and work-study employees.



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CCVI Spirit Award Winners for 2016



Gaby Galindo/ LOGOS Photo Editor

Dr. Amalia Mondríguez will keep this handmade CCVI Spirit Award in her office as part of a tradition.

"Last September, she was invited to participate in a mission trip to Oaxaca with Los Quijotes, 43 professors, students, and health professionals, who conducted a weeklong health fair in Oaxaca."

Spanish professor gets praise for work

A longtime professor who developed a Spanish certification program for health professionals at the University of the Incarnate Word and mission-oriented radio programs received a special award Monday, April 4.

Dr. Amalia Mondríguez, a professor in the Department of Modern Languages, was nominated for the annual CCVI Award by a department colleague, Dr. Sally Said, a past winner of the award as well.

The CCVI Spirit Award recognizes a full-time member of the faculty, administration or staff who has demonstrated, in service to UIW and/or the broader civic community, "the spirit of our founders, the Sisters of Charity of the Incarnate Word."

Mondríguez, a native of Puerto Rico, received the award before a Mass celebrating Incarnate Word Day in Our Lady's Chapel.

Dr. Louis J. Agnese Jr., longtime president of UIW, announced March 29 that Mondríguez would be this year's CCVI winner. A faculty member since 1988, Mondríguez teaches Spanish and the literature and culture of Spain and Latin America.

A faculty member since 1988, Mondríguez was lauded in Agnese's announcement "for exemplifying the Spirit of the Incarnate Word in support of the UIW educational mission."

Agnese said UIW's mission "flows directly from this spirit."

After nominations come in each spring, the honorees are selected by a committee comprised of past recipients.

In her nomination letter, Said wrote Mondríguez "embodies the core values of faith, service, innovation, truth, and education in all that she does. No class that she teaches is without emphasis on community service and the needs of others, especially the poor."

Said pointed out that Mondríguez has traveled to Spain, Cuba and Puerto Rico to gather materials for the courses the honoree teaches, adding that Mondríguez also has taken students for study abroad to Spain, France, Italy and North Africa.

After UIW started John and Rita Feik School of Pharmacy, Mondríguez was enlisted to help with a Spanish certification program – and it spread to other UIW professional schools. She has written textbooks and produced audio and video materials for two courses in Spanish for Pharmacists and two for Spanish for Optometrists. She also will create curriculum materials for Spanish for Physicians for the new medical school.

Mondríguez's Spanish in the Media course, with many field experiences, is a mainstay of the bilingual communication arts degree program. Her students have produced 30 radio programs on health, social issues, education, and literature for broadcast to the

poor in Peru, in collaboration with the CCVI mission there.

Mondríguez also regularly collects and publishes anthologies of student writing. She also co-edited several early issues of the faculty publication series which became *Verbum Incarnatum*, now edited by Professor Phil Lampe of the Department of Sociology and Criminal Justice, and Dr. Julie Miller of the Department of Religious Studies who also directs the cultural studies program.

Mondríguez has translated children's books for Wings Press, including Carmen Tafolla's book on early labor activist Emma Tenayuca, as well as published her own collection of short stories, and a CD of lullabies in Spanish. She has also edited preschool bilingual books for the Intercultural Development Research Association, a Hispanic advocacy group.

Annually, Mondríguez coordinates the annual Christmas/Three Kings luncheon for the housekeeping staff. She organized a plan of continued involvement for retired professors, including meetings, dinners, and attendance at theatre productions. As a member of the CCVI Bilingual Committee, she has taught Spanish classes to the Sisters at the Incarnate Word Retirement Center, and wrote a textbook for them, "Misiones y Misioneros." She assists optometry students in an annual health fair in conducting screenings for Spanish monolingual patients and trained her advanced Spanish students to assist with the health fair. Last September, she was invited to participate in a mission trip to Oaxaca with Los Quijotes, 43 professors, students, and health professionals, who conducted a weeklong health fair in Oaxaca.

In her native Puerto Rico, Mondríguez volunteers in the food service area and also gives talks on health and nutrition at Celia T. de Mondríguez Elder Hostel, named for her late mother and hostel founder.

She is an active member of Casa de España and gives regular public lectures for this organization, open to UIW students and faculty, on literary topics. She also participates in the Puerto Rican Heritage Society, involving their members in volunteer activities at Incarnate Word, and serving on their scholarship committee.

As a member of the Texas Society of Children's Book Writers and Illustrators, Mondríguez has arranged the organization's annual meeting at UIW, and has opened their workshops and lectures to UIW faculty and students.

Mondríguez was unavailable at press time for comment on her being named CCVI's 2016 winner.

Senior English major receives recognition for academics, service

Olivia Almirudis is founder and president of The Sisterhood of UIW

University Mission and Ministry announced Monday, April 4, during Incarnate Word Day that the recipient of the 2016 Student CCVI Award was an English major who is graduating in May.

Olivia Almirudis, who is minoring in business, received the award before a special Mass in Our Lady's Chapel.

A native San Antonian, Almirudis has been on the Dean's List every semester. She has served as president of Alpha Lambda Delta honor society and been inducted in the National Society of the Collegiate Scholars Honor Societies. She has served as a Kemper Scholar, which included doing summer research in Chicago. She was a 2015 Miss Fiesta San Antonio finalist, and won the 2015 Excellence in Student Leadership Award.

Almirudis is founder and president of The Sisterhood of UIW – a women's Christian Book Club. She is public relations representative and treasurer for UIW's Fellowship of Christian Athletes. She has been a staff writer for the Logos student newspaper and a sports and news anchor for UIWtv.

In her spare time, she enjoys writing historical fiction novels and poetry, reading 19th-century British novels, playing soccer, doing CrossFit, taking long runs, and cooking Pinterest recipes.

The Logos was unable to get a statement from Almirudis by press time regarding her winning the CCVI award.

However, Mission and Ministry Director Beth Villarreal said Almirudis "is passionate about her education, her faith, service to the community, seeking truth and is so innovative in her ways of encouraging others to pursue their dreams and to live with passion, priorities and purpose."



Gaby Galindo/ LOGOS Photo Editor

Olivia Almirudis, left, poses with Dr. Kathi Light, provost at the University of the Incarnate Word, before a special Mass.



Victoria O'Connor/ LOGOS Staff

University of the Incarnate Word students sport white T-shirts that later will get doused in a sea of colors thrown during the annual 'Festival of Colors' or Holi held outside in the Dubuis Lawn area among food, fun and games.



Gaby Galindo/ LOGOS Photo Editor



Victoria O'Connor/ LOGOS Staff

The festival continues to grow each year from the time it started four years ago.



Victoria O'Connor/ LOGOS Staff

Festival of Colors continues growth

By Victoria O'Connor
LOGOS STAFF WRITER

University of the Incarnate Word celebrated Holi with the annual Festival of Colors on Dubuis Lawn. The March 23 event brought students of all backgrounds together for the colorful and cultured celebration.

"Festival of Colors started as just a normal Holi festival four years ago and it was in combination with Campus Life and the History Department," said event coordinator Sheena Connell, assistant director of UIW's International Students and Scholar Services office. "They both decided to bring a little more of the Indian culture to campus and it ended up morphing into a whole event celebrating the different ethnicities and cultures on campus."

This year's event attracted nearly 500 students to learn and experience the many cultural facets at UIW.

"We have flags everywhere because we want people to know that it's not just one culture that can participate in Holi, but that everyone can come join us," said Priyangana Risal, an international student adviser. "We do these events so that people can come together. Holi

has a history of how the gods defeated evil and this is the celebration of it. The colors represent love, joy, happiness, family, and coming together. That is what Holi is about, the defeat of evil and the celebration of life."

There were several UIW clubs and nonprofit organizations presenting information on their culture to participants. Kosovo was even represented through a Fulbright-type program with an organization called World Learning.

"UIW's mission is to create global leaders and you can't be a global leader without knowing about the world," said Sevda Tas, a representative of the Turkish American Association of San Antonio. "If you only live in San Antonio, then you only know about some of the Mexican culture, but coming to UIW has all the different cultures. San Antonio has more Indian, Asian, and Saudi Arabian citizens so it is becoming more important to become culturally aware, especially in school, at work, and in the community. That way we exchange all the different cultures, religions, foods and such."

Students appeared to enjoy the opportunity to learn about multiple cultures, while seeing the importance of sharing culture.

"I always like events like these because it's always fun to learn about new cultures," junior Amanda Burgos Claudio said. "In the States we don't really have anything centered on one culture, so it's nice to be able to see all the cultures and learn how people live around the world. I think culture is meant to be shared. That's how it lives on through people."

The coordinators of the event plan to make the event even more diverse in hopes of educating and sharing culture throughout the community.

"We are making sure not only our international students, but our campus and community are aware of all the different countries and celebrations," Risal said. "Lack of education makes people small-minded about the world. We want to show people on campus that everyone is welcome to join in and maybe even educate their own friends and families."



April Movies

Compiled by Valerie Bustamante LOGOS Assistant Editor

April 8 Before I Wake

Rated: PG-13
Genre: Horror/ Suspense/ Thriller
Starring: Kate Bosworth, Thomas Jane, Annabeth Gish

The Boss

Rated: R
Genre: Comedy
Starring: Melissa McCarthy, Kristen Bell, Pete Dinklage, Kristen Schall

Demolition

Rated: R
Genre: Comedy/ Drama
Starring: Jake Gyllenhal, Naomi Watts, Chris Cooper, Judah Lewis

April 15 Criminals

Rated: R
Genre: Action/ Adventure/ Drama
Starring: Ryan Reynolds, Kevin Costner, Tommy Lee Jones, Gary Oldman

Green Room

Rated: R
Genre: Horror/ Suspense/ Thriller
Starring: Anton Yelchin, Imogen Poots, Patrick Stewart, Alia Shawkat

The Jungle Book

Rated: PG
Genre: Action/ Adventure/ Drama
Starring: Neel Sethi, Bill Murray, Ben Kingsley, Idris Elba, Scarlett Johansson



Freshmen Megan McHugh, left, and Nicholas Guerrero play the leading roles of Barb and Walt, a married couple in 'Blueberry Toast,' set to open April 21 and end April 30 in Cheever Theatre.

Theatre serves 'Blueberry Toast' at season's end

By Marco Cadena LOGOS STAFF WRITER

From comedy to drama and everything in between, "Blueberry Toast" showcases the resentment that can arise when people who are supposed to love one another refuse to accept one another.

The play by Mary Laws, which opens April 21 and ends April 30 in Cheever Theatre, is the last UIW Theatre production of this academic year.

Directed by Dr. Robert Ball, professor of theater and department chair, "Blueberry Toast" tells the story of Barb and Walt, a couple with the "perfect" life and family whose disturbing reality surfaces through extreme acts of violence. Staging these acts realistically has been a great challenge for the production team.

"Barb and Walt's married life hasn't been great for a while, but they put a good face on it for appearances," Ball said. "Once they speak honestly with each other, everything starts to break down."

Megan McHugh, a freshman majoring in theater arts, will take on the role of Barb, a homemaker who loves her family and wants to give her husband everything he needs.

"Constantly attempting to keep up appearances can be extremely draining, and because of years of wearing a mask of 'simple housewife,' when the mask is removed she finds herself doing things she never dared to before," McHugh said.

Walt is played by Nicolas Guerrero, a freshman double-majoring in theater arts and criminal justice.

Kendall Davila and Seth Guerrero will play the couple's children, Jill and Jack.

"Walt is insecure, straightforward, and empathetic," Nicholas Guerrero said. "I would like every member of the audience to be able to identify with one of the characters, to look at it and say 'Wow. That reminds me of me.'"

Every two years, the Theatre Arts selects the plays it presents based on submissions made by members of the UIW community. Each season, the department chooses at least one play from another culture or time period, such as Federico Garcia Lorca's "The House of Bernarda Alba," a Spanish piece performed in February.

"The department tries to pick plays that will provide a variety of experiences to our audiences and to students," Ball said. "The first two shows of the year were comedies. 'Bernarda Alba' was a drama and now we have 'Blueberry Toast' which is half-drama and half-comedy."

"Blueberry Toast" features scenic design by Christopher McCollum, costume design by Margaret Mitchell, sound design by Vania Vasquez, and lighting design by Melissa Gaspar.

"This play is an intense, violent, funny, and beautifully poetic way to tell a bizarre story of misunderstanding over breakfast leading to a gory unearthing of years of feelings and lies," McHugh said. "This show can be a real eye-opener to most people."



Sketch By Margaret Mitchell
A sketch shows the backstage work applied for each play.



Marco Cadena/ LOGOS Staff
McHugh is majoring in theatre arts. Guerrero is a double major in theatre arts and criminal justice.

2016-17 Season

The 2016-2017 theater season at will include four plays that involve the search for truth as the central theme. In early October, the Department of Theater Arts will present "The Day Room," a crazy comedy set in a psychiatric hospital where it is hard to distinguish the patients from the doctors. In mid-November, "Rosmersholm," a haunting psychological drama written by Norwegian playwright Henrik Ibsen, will be staged. And in February, "Arcadia," a British play that alternates the action between the past and the present in the same old manor house. The fourth play scheduled next April is yet to be determined.

FYI

"Blueberry Toast" opens at 9 each night Aug. 21-23 and April 28-30 at Cheever Theatre. There will be no intermission for the 75-minute play. Due to adult language and content, the Department of Theatre Arts is advising "no one under 17 should attend." University of the Incarnate Word students, faculty and staff may enter free with ID. Prices for others include \$10 for adults, \$9 for seniors 60 and up, \$8 for non-UIW students and \$6 for groups of 10 or more. For more information or reservations, call (210) 8929-3800 or (210) 829-3810 during regular business hours.

Local San Antonio Singer Becomes a Kidz Bop Kid



By Shannon Sweet LOGOS OPINIONS EDITOR

San Antonio native Sela Hack is experiencing life as a Kidz Bop Kid while living several miles away from her home.

Selling more than 16 million albums in a span of 15 years, KidzBop is a music group of cherubic pre-teens who sing popular songs and refurbish them by taking out any potty

or crude language. The group has even released holiday and decade-themed compilations, including the "100% Kosher Kidz Bop Hanukkah." Several singers such as Zendaya, "Teen Beach" hunk Ross Lynch and Latina sweetheart Becky G have emerged from the group.

Hack, 15, started out as an understudy last year for the group after going to open auditions. Hack also has opened up a couple of shows for them.

"I started singing and dancing when I was little and I've always enjoyed it," Hack

said. Hack is currently living in Los Angeles, where she is rehearsing with Kidz Bop before they head out on tour.

"I miss my friends, [the] cool restaurants, Fiesta Texas, and going shopping at La Cantera," Hack said.

Hack hopes to write and record her own songs as a solo artist in the future. "There's so much training involved, but it all comes together at the end so it's worth it," Hack said.

FYI

Catch the "Life of the Party" Tour at the Tobin Center, 100 Auditorium Circle, at 6 p.m. Sunday, April 24, and pick up "Kidz Bop Greatest Hits" which dropped April 1. Tour tickets range from \$22.50 to \$32.50. For more information, call the center at (210) 223-8624

Nutrition professor, students plan for Peru

By Karissa Rangel
LOGOS FEATURE EDITOR

A new collaboration between University of the Incarnate Word's nutrition faculty, nutrition majors and community-based health educators in Peru aims to combat malnutrition and promote wellness.

The partnership is being developed in conjunction with Women's Global Connection (WGC), a ministry of the Sisters of Charity of the Incarnate Word. WGC has several long-term, sustainable development projects in the poorer areas around Chimbote, Peru, including the maternal/early childhood developmental program known as Sembrando Infancia.

"WGC has partnered with Sembrando Infancia since they first became part of the Chimbote community in 2010," Dr. Lisa Uribe, executive director of WGC, said. "The work of Sembrando is significant and sustainable in that it becomes part of the immediate community."

Sembrando Infancia, supported in part by the Christus Foundation, is also a part of the Verbo Encarnado (Incarnate Word) System in Chimbote.

Dr. Beth Senne-Duff, an associate professor of nutrition at UIW, is planning a student research project in conjunction with the local public health organization. Planning started while she was on a WGC immersion trip to Peru last December.

"It's a poorer country, but you need to have programs that are sponsored at the community level," Senne-Duff said. "In Peru you have iron-deficiency anemia. That's a big problem for young children, especially because of

parasitic infections."

Growing children need micronutrients such as iron, copper, zinc, and other vitamins and minerals. The Peruvian diet consists largely of starchy carbohydrates and, depending on a family's financial state there is little meat. Proper nutrition during pregnancy and childhood remains a large issue considering the poverty of the area.

Senne-Duff is gearing up to take three students from the nutrition practicum class to Chimbote for two weeks in May and June as part of the WGC summer immersion trip. The trip will promote the interchange of learning between cultures and peoples.

"We are just hoping to create a synergistic, research-service learning opportunity and project development experience," said Senne-Duff.

The staff of Sembrando Infancia and Dr. Julia Vega, general director of the Verbo Encarnado system, have been enthusiastic and helpful during the entire process. The completion of the research project will hopefully help Sembrando Infancia receive grants, gaining proper funding to continue to expand. Senne-Duff's data analysis will serve as an independent analysis determining the effectiveness of the local health program's work.

"We have people going into homes, teaching about and evaluating sanitary conditions, looking for parasitic infections, and helping families learn about eating healthily," Senne-Duff said. "That model of health could easily be used elsewhere."

Senne-Duff has been a faculty member at UIW for 25 years. She's also been connected to WGC and Chimbote, Peru, in the past, working with the late Sister Dot Ettlting, WGC's co-founder. Ettlting asked Senne-Duff and Dr. Neeta Singh, another associate professor of nutrition at UIW, to become involved in Peru. Senne-Duff said she felt the fulfillment of her Peruvian project was a logical calling after Ettlting died.

Senne-Duff first went to Peru on a study trip with Sister Martha Ann Kirk, a religious studies professor at UIW, about 12 years ago. Looking back, she can see how the city has evolved.

"Things are being cleaned up," Senne-Duff said. "It's exciting to see that, because you know that people's lives are better and that public health is being improved."

Thanks in part to monumental programs such as Sembrando Infancia, Senne-Duff, UIW nutrition students and WGC are working hard to ensure the program has the capacity to continue and expand its reach.

Similarly, Verbo Encarnado has also met



Dr. Beth Senne-Duff and graduate student Priscilla Benavides

with Dr. Renee Bellanger, an associate professor at John and Rita Feik School of Pharmacy, on potential future collaborations. Bellanger traveled as part of the Ettlting Center of Civic Engagement, which is working to begin offering service-learning experiences internationally. Students interested in getting involved can contact the Ettlting Center.

Currently, Nicholena Vranicar, an Incarnate Word missionary, is working with the healthy mother/child program through WGC. She and other health workers have recently completed a series of door-to-door parasite checks at the houses of children from ages 6 months to 5 years.

Currently, UIW nutrition students planning to go to Peru are developing brochures and educational materials in their classes. They will ultimately go to Peru to see different models of healthcare and provide nutrition education through workshops.

"For our students, it's a growing experience," Senne-Duff said. "When you go outside the United States, you appreciate the opportunities and the blessings this country has. When you see people who are truly in need, I think you get a different perspective. You also open your hearts to people of a different culture and you learn from them. It's a reciprocal relationship. It's not just us giving our knowledge and expertise, but rather we are learning about their culture, long history, and richness. You really bring a new openness back."



Dr. Julia Vega

Social bots are coming – Exploring intelligence and artificiality



By Phil Youngblood

Have you ever wanted to be in two places at the same time?

Well, short of cloning yourself, which is fraught with dilemmas, you may soon have the next best thing – a virtual assistant who knows you so well it can act in your stead.

In the 1980s, personal computers enabled us to do more. In the 1990s, the Web enabled us to share what we did. Social media in the 2000s enabled us to share it with the world. I have been watching for the "next big thing" that will mark this decade and I believe this is it.

We conduct so much of our lives online these days. We talk/text with friends or comment on what they share on social media, we conduct work via phone, e-mail, and file-sharing software, we keep up with the world through a variety of media, and we write articles such as this destined for a printed publication.

We could use some help. The personal computer and information and communications technologies (ICT) have assisted us in gathering and sharing information, but the intelligence associated with making sense of what we see and hear and what we share has so far been left to us.

A dozen and a half "intelligent personal assistants" (IPA), including Siri, Cortana, Google Now, Alexa, Echo, M, and S Voice, have been helping us to find information and connect with others over the past five years. Siri, for one, can also make suggestions once "she" (in the United States) gets to "know you" based on your interactions, such as music you might like or an app you seem to use at a particular time of day.

Now, "social bots" are starting to do much more, such as suggesting answers to e-mail. I know I personally would love to have a virtual assistant go through my e-mail, mark ones of interest to me, send others to the "delete" folder, provide basic assistance to students and others, negotiate days/times for appointments, pull up documents I need to work on, and perform or suggest other tasks I could approve.

Microsoft revealed at its Build 2016 conference that Cortana will soon become a personal assistant across platforms and applications ranging from Skype, Android, iOS, and their HoloLens augmented reality (AR) headset. For example, Cortana could listen in to what you and a colleague say or type and suggest a hotel or plane flight or other solutions based on your conversation. I can next imagine receiving messages on my AR headset such as, "You were talking to your wife Sunday about going to dinner. There is a highly rated place nearby which serves food she likes. Shall I make reservations for two on Friday?" Or, "Traffic is stalled ahead. Follow my directions and I will get you to your meeting at 11."

Companies such as Microsoft have turned social "chatbots" loose on social media so the software can study and learn how people talk and act in their "native environment" and become more adept at understanding conversation. A chatbot named Xiaolce has become a huge success in China since 2014, talking with more than 40 million people. A similar experiment went awry this month when a chatbot named Tay, who took on the persona of a college-aged female, was unleashed on the "wild west" medium of Twitter and was goaded by a group of "trolls" into repeating what would be considered racist rants if they came from a human. The same thing could happen to an impressionable human with no moral compass.

Where will we go from here? I believe the next steps will be to replace the annoying "Press 4 for customer service" with "How may I help you today?" intelligence and to incorporate social bot software into help-desk calls, Website search assistants

(such as Nuance's Nina), and reservation interactions (your bot conducting negotiations with a business bot). Eventually, we will have robot assistants who can attend meetings for us, act as companions for lonely people, shopping assistants for people with limited mobility, and assistants who may help us in a variety of ways I will leave to your imagination.

E-mail Youngblood, head of the Computer Information Systems (CIS) program at the University of the Incarnate Word, at youngblo@uiwtx.edu

SENIOR AND FIRST YEAR STUDENTS, WE NEED YOU!

Your feedback matters to UIW!

On February 10, you may receive the invitation for the National Survey of Student Engagement (NSSE) in your Cardinal e-mail.

It takes approximately 15 minutes to complete. Your responses are confidential and will be used to help administrators and faculty improve policies, curriculum and campus activities. Don't miss your opportunity to help improve the UIW experience for you and your peers.

If you have questions about the survey or are interested in the results, please contact the Office of Institutional Research, at surveyir@uiwtx.edu or (210) 283-6330.



Omega Psi Phi fraternity sets interest meeting

Omega Psi Phi, a historically black fraternity, plans to hold an "interest meeting" beginning at 6 p.m. Wednesday, April 13, in the Joyce Building at the University of the Incarnate Word.

The meeting planned by OPP Men of Indignation comes after a six-month process in which UIW's Multicultural Greek Council approved the expansion of Omega Psi Phi to the campus. A spokesman said the meeting is open to the public and will inform the community about the fraternity and the process of obtaining membership.

Omega Psi Phi was founded at Howard University in Washington, D.C., in 1911. Its motto is "Friendship is Essential to the Soul."

A spokesman said the purpose of Omega Psi Phi is to bring about a "more perfect union of college men of similar high ideals of scholarship and manhood in order to occupy a progressive, helpful and constructive place in the civic and political life of the community,

as well as to prepare its members for greater usefulness in the cause of humanity, freedom, and dignity of the individual."

Through community service, the fraternity will focus on aiding "downtrodden humanity and will partner with (the Multicultural Greek Council) to impact the entire campus in a positive way.

The organization will contribute to the success of young men on the campus, particularly those of color, by providing a vehicle by which students

could perform community service, while improving their academic standings, the spokesman added.

For more information, call Ron Washington at (210) 838-0341, Faiz Kerai at (210) 409-3844, or Russell LeDay at (318) 436-8181.

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