

Holiday Sweet Treats

Compiled by Joshua Cantu/ LOGOS FEATURES EDITOR

The holiday season is here and this is a guide to what you should be indulging on during this holiday break.

This is a list of many sweets that go in with our festivities.

•Ginger Bread cookies: The obvious staple holiday treat is sure to put a smile on your occasional holiday blues.

• Star-Shaped Sugar cookies: Easy Do-it-yourself project while bored at home.

• Abuelita Hot Chocolate or regular Hot Chocolate: Definitely a must. You can either go the safe route and get some instant hot chocolate, but if you want to experience a little culture definitely go with the amazing Mexican hot choicolate.

• Pumpkin Pie: Can't go wrong with anything pumpkin or pumpkin spice

• Buñelos: Just do it! You can't say no to this amazing holiday treat that's submerged in cinnamon and sugar.

• Truffle: Makes a good gift when you don't know exactly what to give.

• Peppermint candy canes: Classic sugar boost; you'll definitely need them while Christmas shopping in those dreadful crowds.

• Kettle Corn: Everything sweet is your friend during this season of

• Cheese Cake: Enough said. Graham cracker crust.

• Apple crumble pie: Make sure it's on the table waiting for you.

• Chocolate pie: Dreams packaged as a pie.

Dulce de Leche:
 Make sure you pair it with a hot cup of coffee.

President's pasta pleases students

By Darlene Jasso LOGOS STAFF WRITER

Professors, faculty, staff and even Dr. Louis J. Agnese Jr., president of the University of the Incarnate Word, served students at the annual President's Spaghetti Dinner on Wednesday, Nov. 20.

The elegant dinner doesn't just come together with a blink of an eye though. Hours of preparation take place to present the well-attended event in McCombs Center Rosenberg Skyroom.

The day before the dinner, employees of the university gather in the cafeteria to roll meatballs and fold silverware in napkins. Altogether, they made more 2,500 meatballs to serve an estimated 1,000 people.

Mary Jinks, a UIW librarian, folded silverware in napkins along with Dr. Bill Carlton, kinesiology department chair. Jinks said she has been participating in the spaghetti dinner preparation more than 20 years.

"Sometimes I do the silverware and other times I roll the meatballs," said Jinks. "Either way, I enjoy participating."

Carlton joked about the hard work and effort it was for him to participate.

"We've been here for an entire 15 min-

utes -- now that's dedication," Carlton said. He said he also enjoyed volunteering his time for the students. He said it is a way for the university to show its appreciation. "It's all for the students," he said.

What students needed to get in were their student IDs. Once they checked in, they waited in the long line to be seated.

The night was a special gift from the president and all the employees at UIW. With the

restaurant-style setting, students were seated at the decorated circle tables, and went to the line to get served food.

Professors, faculty and staff were serving food, drinks and seating the students throughout the entire night.

Students attending the dinner for the first time were really impressed by how the night was presented.

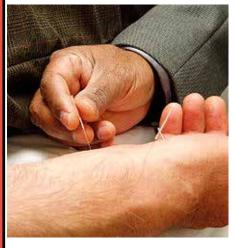
"I didn't expect it to be so classy and exclusive," said Omar Amin, an international student from Austria. "It was really nice to see that so many people came. It was well-attended, and the food was really good. There was a three-course meal, a starter, a main course and a dessert. I was expecting for it to just be spaghetti."

The plate included salad, cooked vegetables, sausage, and the president's secret family recipe for penne pasta spaghetti and meatballs. After students finished their plates, UIW employee volunteers came around offering different varieties of desserts.

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 President's Pasta

Acupunture en route to UIW

By Sana Harhara LOGOS STAFF WRITER



Acupunture is coming to the University of the Incarnate Word in January through its Debbie & Naty Saidoff Center on the northwest side of town.

The center, at Tezel and Guilbeau road, is home to UIW's School of Physical Therapy, Christus Santa Rosa Physical Rehabilitation Center and an ADCAP (Adult Degree Completion Program) unit.

But in January, Texas Health and Science University, formerly the Texas College of Traditional Chinese Medicine based in Austin, Texas – is scheduled to open a Traditional Chinese Medicine Clinic at the center, adjacent to the School of Physical Therapy and Christus Santa Rosa Physical Rehabilitation Center.

Dr. Louis J. Agnese Jr., UIW's president, was the

key mover in this arrangement as he also is on the board of trustees for THSU.

Although some details are yet to be worked out, there are expected to be some academic benefits for UIW's physical therapy students and health benefits for UIW employees.

THSU will offer day classes at bachelor's, master's and doctoral levels in Traditional Chinese Medicine and Acupuncture in ADCaP classrooms.

THSU was looking for space to expand the Austin programs in San Antonio and UIW had space for lease at Saidoff Center where Christus Santa Rosa Health System Rehabilitation Services already offers outpatient rehabilitation services to the public.

Until THSU releases its courses and schedule, it's uncertain how School of Physical Therapy students will be able to fit anything else in their busy schedule, said Dr. Caroline Goulet, founding dean of the School of Physical Therapy.

The addition of the acupuncture program is a plus for all students in health-related professions who might be interested in taking courses, she said.

-Cont. on page 2 -Acupuncture

Service dogs aid students

By Paola Cárdenas

Dogs are not only man's best friend. They are also here to protect and serve -- as Sherman the German Shepherd has done with University of the Incarnate Word student Chris Sullaway.

Sherman and Sullaway are among three pairs of students with service dogs on campus. Sullaway, a communication arts senior concentrating in convergent media, was partnered up with Sherman earlier this year.

Sherman is a retired veteran. He has led a life dedicated to serving the United States; he was stationed in Iraq for some time. Now, he has been trained to be by Sullaway's side.

"I've only had Sherman for a few months," said Sullaway, a diabetic. "He has had a truly remarkable impact on my life by notifying me when my blood sugars are extremely low or by helping me get out of a seizure."

Walking into places where dogs aren't normally seen causes many heads to turn. While attending Fiesta's NIOSA – a "Night in Old San Antonio" -- this year, Sullaway said he had an interesting experience with Sherman.

"NIOSA was a crowded night," said Sullaway. "Sherman caught everyone's attention as well as made way for me and my friends.

People stopped to pet him and take pictures of him, as well as tried to give him all sorts of food."

Michelle Beasley, coordinator of student disability services at UIW, said there is no paperwork required to bring a service animal to campus

"The first service dog that I am aware of was in January 2013," said Beasley.

International business major Melina Gomez said she remembers what her initial reaction was when she first encountered Sherman.

Gomez recalled: "At first I thought, 'I wonder what is wrong with his owner. Why does he have him? I also thought Sherman was a really sweet and well-behaved dog. I wanted to pet him but I wasn't sure if I could."

Although Sullaway said he and Sherman have a great relationship, Sherman is only assigned to be with Sullaway for five years. Sullaway, who is graduating in December, said he has experienced nothing but good things since he and Sherman have been together.

"Since I've had him I have yet to experience any drawbacks," Sullaway said.

www.uiwlogos.org November-December 2013



Compiled by Gaby Galindo/LOGOS STAFF WRITER

Billionaire to bank Mars trip

Billionaire Dennis Tito has revealed his plans of launching two astronauts to the Red Planet as early as December 2017.

Dubbed "Inspiration Mars," it would be a 501day, fly-by mission, no landing, and would exploit a rare alignment of Earth and Mars that minimizes the amount of rocket fuel required.

This cosmic dream would require cooperation from NASA and use of its space Launch System (SLS).

Typhoon shows response issues

The devastating Typhoon Haiyan emphasized limitations of the Philippine government's disaster preparation and relief capabilities.

While supplies and goods were flown citizens in American cargo planes, it shined a uneasy spotlight on the island nation's military as an overstretched, poorly funded force that has been criticized for its late arrival to the disaster zone.



Police: Son likely stabbed father

The day before apparently stabbing his father, Virginia State Sen. R. Creigh Deeds, and then shooting himself afterwards, investigators believe Austin Deeds underwent a psychiatric evaluation.

However, Austin Deeds was not admitted to a hospital as there were no beds available. Investigators believe he stabbed his father 27 times in the face and chest in a case of attempted murder and suicide,

Virginia's mental-health system is now under intense and closer evaluation

Bombs kill soldiers, police

A suicide bomber drove an explosives-laden car into a convoy of buses, killing 11 troops headed home on leave and wounding another 35 in Egypt.

The incident was one of the deadliest attacks against security forces there since 25 police officers were executed near the town of Rafah in August. While there was no evidence last Wednesday's attacks on the security forces were coordinated, they highlighted the broadening nature of a budding Islamist insurgency.

Politician: 'Guilty' of coke

Rep. Henry "Trey" Radel, a freshman Republican from Florida, pleaded guilty in D.C. Superior Court to a charge of possession of cocaine.

He allegedly bought nearly 3.5 grams of cocaine, estimated to be worth \$250, at a restaurant in Dupont Circle late last month during an undercover operation. Afterwards the congressman admitted he has been struggling with his alcoholism and apologized for his conduct.

President's Pasta

-Cont. from page 1



Dr. Flor Garcia-Wukovits, a math professor, rolls silverware.

A live band including Jim Waller, a music professor, played classical jazz music, which gave the atmosphere more of a restaurant-style feel and some holiday clas-

Edwin Mendoza Hipp, a religious studies major and an international student from Guatemala, said his favorite part for the evening was the music.

"Actually one of the things I am really enjoying is this wonderful music," Hipp said. "Right as soon as I got here, I just really loved the feel of the atmosphere."

Mendoza and Amin said they really enjoyed seeing the president serving the students, saying it was "a very humble gesture." Amin said he saw his Arabic teacher serving students.

"It really goes to show how much the teachers care about the students, Amin said. "It brings me closer to the teachers. It makes me feel that they care more about us than [the professors] would at other universities."

Acupuncture

-Cont. from page 1

"For UIW students, this is most definitely an opportunity for learning," said Goulet, who came to UIW in 2010 with

the School of Physical Therapy which offers two Doctor of Physical Therapy (DPT) programs. The first class of this program has 54 students enrolled in it as of 2012 who are expected to graduate in May 2015.

"We currently have two cohorts of students and a post-professional DPT program offered online to licensed physical therapists who want to transition to the clinical doctoral degree," Goutlet said. "For students enrolled in the degree program offered at THSU, this is a very serious endeavor."

As far as money is concerned, the didactic classes

will be offered for free to physical therapy students and at a reduced tuition cost for main campus students. Clinical courses will be at full cost.

"My understanding is that this will be available to all health professions students with more relevance for physical therapy, pharmacy or nursing students," Goulet said.



Dear Friends,

As you may know, fighting hunger is the central focus of Sodexo's community service efforts, and our STOP Hunger program mobilizes entire Sodexo communities, including employees, consumers, partners and suppliers to join forces to improve Quality of Life for the communities we serve.

I'm happy to share two opportunities for your students. First, Sodexo Foundation is accepting applications for the Stephen J. Brady STOP Hunger Scholarship program presently through December 5, 2013. Through scholarship awards, Sodexo Foundation recognizes and rewards students who are driving awareness and mobilizing youth to be catalysts for innovative models and solutions to eliminate hunger across the country. Scholarship recipients each receive \$5,000 for their education and a matching \$5,000 grant for the hunge charity of their choice.

Additionally, Sodexo Foundation offers \$500 Youth Grants for youth-led service projects that bring together young people, families, Sodexo employees and other community members to address childhood hunger during Global Youth Service Day April 11-13, 2014. The application period closes Jan. 31, 2014.

Thank you for sharing this opportunity with your students and joining Sodexo in the fight against hunger. Please visit www.SodexoFoundation.org for official rules and the application and contact me at <u>jim.jenkins@sodexo.com</u> with any questions.

Regards,

Jim (J.J.) Jenkins Senior Vice President Sodexo Education







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uirk ready for UIW community spring submissions

By Gaby Galindo LOGOS STAFF WRITER

As defined by the reliable dictionary.com, a "quirk" is 'a peculiarity of action, behavior,

> And nowhere are all the quirks and characteristics of life more beautifully expressed than in the spring publication of Quirk, a literary journal sponsored by the English Department at the University of

r personality."

the Incarnate Word. Quirk features submissions from the UIW community put together and published by the ENGL 3365 Editing and

Publishing class each spring. The journal has been a longstanding tradition of the university for more than 30 years; even undergoing a

few different name changes before it finally became and remained Quirk in 1995. However, the journal has not been without its fair share of obstacles. Quirk continues the struggle of maintaining interest in a world where the written word is slowly losing its grip.

"I think the lack of visibility and recognition has always been a challenge with Quirk," said Dr. Tanja Stampfl, an assistant professor of English who advises the journal and teaches the English class responsible

The fact it is only published once a year and is tied to the class is also somewhat challenging, Stampfl said.

Those in The Logos, for example, have to work together continuously throughout the year to meet frequent deadlines for the newspaper, whereas the students in the Editing and Publishing class must come together very quickly to work on this project from January to

March," she said.

Despite all this, Quirk has endured through its diversity of literary and visual art. Quirk publishes practically anything from short stories to sketches. Stampfl noted the journal does tend to receive a significant number of poems each year, more than prose or short stories, but she hopes the upcoming edition of Quirk will have a wider variety of art forms.

"Good photography and paintings are always appreciated," Stampfl said. "I would very much like to see more submissions for ceramics, pottery and sculptures!"

To those who are still slightly reluctant to submit their work by the Jan. 31 deadline, Stampfl offers this advice: "Send it in! Do not be discouraged if it isn't published. If it is rejected, it may simply be because it is similar to many other submissions that we receive. It would be a great first trial run."

KUIW evolves through changes

LOGOS STAFF WRITER



Along with a new radio practicum professor and a string of new officers, KUIW – the University of the Incarnate Word's Internet radio station -- is going through a multitude of changes.

Joel Flores-Sanjur, a communication arts major concentrating in production, is KUIW's new program director, a position

last filled by Chris Sullaway. Amanda Alonzo recently took over as communications director, previously held by Ariel Monte. Mike Lugo, also a member of the new staff, has taken over as sports director. Mickey Martinez and Albert Salinas retain their positions, respectively, as representative of DJ Services and music director, but

Martinez is graduating in December.

In past years, the radio practicum class has been led by Communication Arts Director Hank McDonnell. However, Tom Scheppke now teaches the course. Scheppke is a radio veteran, having worked at KISS FM for some time. Alonzo said she has hoped to improve the station most this

semester by gaining exposure.

"As the communications director for KUIW, I am hoping to improve the station by bringing more awareness," she said. "I hope to promote it not just to more students on campus, but to local businesses. I want KUIW to be known as one of the top college online radio stations in San Antonio. Incarnate Word is only

growing and so can our station.' To help make these changes, Flores-Sanjur said, the students of radio practicum and volunteer DJs have new assignments.

"We are trying to emphasize the importance of fliers," Flores-Sanjur said. "If we can get our DJs to start advertising their shows around campus, we'll draw in more listeners.

"We're trying to go around to restaurants and businesses to promote the station and our radio shows. We're also trying to get a DJ out in (Marian Circle) every Thursday at noon to play some music for everyone and attract new listeners."

In regards to new equipment, KUIW has acquired a system that allows DJs to record their radio shows to add to their portfolios. Salinas, who has been music director a year and a

half, said the system is beneficial and easy to use.

"You just stick a USB drive in, hit 'record,' do your set, and you've got your show on file," he said.

Alonzo said these changes will positively impact volunteer DJs and radio practicum students.

"The larger audience we have for KUIW will only engage more students to join our organization," she said. "The volunteers and radio practicum students will be even more excited about being on the air if they know they have more than just two listeners tuning into their show. The more involvement we have, the more students will go out of their way to make their shows the best they can be. Then they will want to actually record their shows and be proud to add it to their personal portfolios."

As many positive changes as KUIW has undertaken, all of the officers are even more hopeful for the future. As Salinas puts it, "The change I'm most hopeful for is to hear KUIW played in every building on campus -- for everyone to listen in to (closed-circuit) Channel 15."

ogos staff redesigns front page for readers

By Chloe Gil LOGOS STAFF WRITER

The University of the Incarnate Word's Logos staff has revamped the newspaper in many ways and are excited to tell everyone all about it.

Logos Editor Katie Bosworth – and her two assistant editors, Paola Cardenas and Jeni Jaffe -- attended the National College Media Convention in New Orleans where they sat in on mini-seminars that taught layout and design.

"We were inspired by other publications and decided to make some changes to our Logos," Cardenas said. "I think adding a background picture to the header on the front page was very creative."

Drawing attention has now become the main goal. One class at the convention called "What's your above the fold rating?" discussed how to make the top half of the newspaper cover more aesthetically appealing. From this particular class, Bosworth said she learned the teasers used in the newspaper needed to change from clip art to photography-based images.

"I knew I wanted a cleaner look for the paper after sitting through this class," said Bosworth. "At that time ur paper looked too busy."

The editors left the convention with a fresh outlook



Editor Katie Boswoth, left, and assistants Paola Cardenas and Jeni Jaffe. ment. Although there were plenty of ideas floating around, the staff was faced with the responsibility of adhering to new rules regarding visual identity and licensing.

The Visual Corporate Identity Committee (VCIC) protects the university's identity and manages the use of the university's logos. This year, new regulations were put in place to protect UIW's trademarks.

on the school newspaper and saw room for improve- to this design, the steeple was included in the word must have a page, not a profile."

"Logos." Also, prior issues had a steeple at the corner of every page. Now, each issue will have a relevant image next to the header.

Another change to all following issues is the event calendar. The editors agreed adding an event calendar as a sidebar to the front page would be more visually appealing. Since making these changes, Cardenas said she's heard good feedback about the front cover of the Logos.

Not only did the print paper get a re-vamp, but so did the online paper. One major change to the website was the layout. Web Editor Charlie Young also wanted to add photo galleries to "grab reader's attention." The editors decided on a rotating photo gallery for the header of the online paper.

New rules from the branding committee again forced a change for headlines. Although some changes weren't by choice Young said they've heard nothing but positive feedback.

The social media for Logos also has been tweaked. Students can now "like" the Logos on Facebook.

"We changed the Facebook to a 'page' to adhere w The paper now has a new masthead design. Prior Facebook's guidelines," said Cardenas. "Organizations

observes 2013 Veterans Day

LÓGOS STÁFF WRITER

Veterans Day was celebrated Thursday, Nov. 7, on Dubuis Lawn at the University of the Incarnate Word.

An Air Force retiree, Dr. Glenn James, assistant provost at UIW, emceed the program sponsored by the Office of Veterans Affairs. The Rev. Dr. Trevor Alexander, an Army retiree who serves as director of ecumenical initiatives for University Mission and Ministry, gave the invocation.

Veterans Affairs Director Karen Wyatt, who served five years in the Navy, introduced the keynote speaker, Dr. Tony Patterson, an Army major who is a dual program student. Patterson is completing his master's degree in healthcare administration at UIW while completing his residency in optometry on active duty at Fort Sam Houston.

"It is a great honor to be at this ceremony among all the veterans who have attended or are attending this prestigious university," said Patterson, who is in his 11th year with the Army, has deployed to Iraq twice and has participated in numerous military service projects including assisting residents in New Orleans post-Hurricane Katrina.

"To me, Veterans Day is recognizing those service members that have served or are serving the great people of this nation and thanking each of them for the sacrifices they have endured in service to this country," Patterson said.

The Incarnate Word High School Madrigal Singers and the UIW Army Reserve Officer Training Corps Color Guard opened and closed the ceremony. Dr. Kevin LaFrance, an Army retiree and healthcare management professor, explained the flag-folding ceremony. The chaplain, the Rev. Dr. Tom Dymowski, a Trinitarian priest, gave the final blessing.

During the Nov. 7 ceremony and again during the Nov. 11 Veterans Day Luncheon hosted by Alumni and Parent Relations, members of the Marine Corps set up a collection station for their Toys for Tots program.

Sgt. Gregory Pugh of San Antonio said he was the

"instigator" of bringing the program to campus the past—year with the Marines after deciding "college was not two years. Pugh is a computer information student and a member of the Marine Reserves after four years on active duty in California.

"I volunteer," Pugh said. "I go to school here. I wanted to get more of the Marine Corps here. Last year we didn't collect many toys but we got our foot in the door. We have been networking with the Office of Veterans Affairs and campus ministry. They have been supportive. I've contacted the fraternities and sororities and other organizations trying to get more support. We have boxes around campus, and campus ministry helps us a lot."

Toys deposited in the collection boxes are collected and taken to a warehouse where volunteers sort them into age-appropriate groups, Pugh said. "Then the families go to the warehouse and each child picks one toy; until they are all gone. It helps

Sgt. Dustin Johnson of Brodhead, Wis., was collecting toys at UIW for the first time. Johnson first volunteered when stationed in Joliet, Ill., last year. Now in his sixth year in the Marines, Johnson is stationed at Fort Sam Houston.

needy families."

"I volunteered for this particular event," Johnson said. "There's some people who get more than 150 hours of volunteer time. Our work released us, but it's a volunteer event."

Johnson said that even though they have to make up the time at work, many Marines try to volunteer at collection stations throughout town during November and December to serve the local community.

Cpl. Christopher Cohen of St. Thomas, Virgin Islands, is in his fifth Walk to Church

for me and I needed a change in my life."

Cohen, who was previously stationed at Norfolk, Va., has volunteered with Toys for Tots every year since joining the Marines. The Veterans Day Ceremony at UIW was Cohen's second collection event since moving to San Antonio.

As for his feelings about UIW recognizing veterans, Cohen said, "I cannot even put into words; it's a sense of pride, being part of something greater than yourself, a sense of history, of the past."



www.uiwlogos.org November-December 2013

Navajo weaver shows her craft on campus

LOGOS STAFF WRITER

Beverly Allen, a Navajo master weaver, gave weaving technique demonstrations and instructions to students who stopped by her tent on Dubuis Lawn Nov. 11-14 in honor of Native American Heritage Month.

With the demonstrations being held mornings and afternoons, more students were able to experience Allen's unique talent. However, when a cold front hit the university on Wednesday morning, Nov. 13, Allen's demonstrations were moved to an open area in the Joyce Building a building next to.,

Allen's appearance was arranged by her friend, Dr. Sally Said, a longtime professor of modern languages at the University of the Incarnate Word.at the university.

Allen said she learned how to weave at the age of 17. Her mother-in-law taught her the craft, even though both her mother and grandmother both knew how to weave, Allen said.

"It was neat seeing how she was making the rug," UIW student Jessica Gonzales said. "I couldn't believe how fast she was doing it and never messed up. It was perfect every time. Hearing her story about how she learned was something that caught my attention. I loved how her mother-in-law had taught her at a young age and (Allen) has carried on that tradition."



VALERIE BUSTAMANTE/LOGOS STAFF

Dr. Beth Senne-Duff, left, a nutrition professor, and a UIW student admire the handiwork of Beverly Allen.

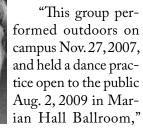
Native American dancers share skills, culture

By Angela Hernandez LOGOS STAFF WRITER

Danza Azteca de Yanaguana conducted a Day of Native American Dance workshop at the University of the Incarnate went along with the drumming rhythm." Word in honor of Native American Heritage Month.

Ray Ríos, head of Danza Azteca de Yanaguana, offered to come perform and talk with students. This would be the third time the Danza group has held an event at UIW, said Dr. Sally Said, a longtime professor of modern languages. She said the Danza tribe has had a longstanding relationship with the university and the Headwaters Coalition, a ministry

> of the Sisters of Charity of the Incarnate Word.



Dr. Sally Said Said said. "They often come to the Blue Hole, headwaters of the San Antonio River, to conduct prayer

services, as they consider the spring and its water sacred."

For this year's event, the Danza group incorporated more cultural materials, which aided in starting discussions about Native American culture as well as more community involvement.

"This time around, there's less dancing than on the two previous occasions, but it left more time for interaction among attendees and the Danza group," Said said. "Also, a group of students, community members and employees who play the Peruvian flute stopped by and joined the group in playing indigenous music."

Representatives of the different tribes attended the event, where they talked about the materials they had on display, and specifically spoke about the cultures of their particular tribes.

"A discussion was opened with questions posed for comment by anyone present," Said said. "Something new was that the Danza members held drumming sessions and taught dance steps that

The event was meant to demonstrate Native American dance and display an array of cultural artifacts.

"Clothing, jewelry, hunting implements, and ceremonial objects were brought to show complexity of different Native American tribal traditions - including Coahuiltecan, Apache, Comanche, Mohawk, and Cherokee," Said said. "The displays, performances, and discussions were excellent."

Although there are people on campus and in San Antonio with Native American ancestry, it is important to showcase it more often, Said pointed

"We have Native American students, yet no place where their cultures are recognized. In our society, indigenous people are often invisible. Some people believe they died out or were completely assimilated in the last century. This is not so, and the Danza group is just one of many active Native American identity groups in San Antonio."

With more help from Native American students and students interested in Native American culture, more events with a spotlight on these tribes would be possible.

"I think that if Native American students had been involved in the planning of the event, they could have gotten the word out to other students and attendance would have been better," said Said.

The spring season would be idle for the next visit the Danza tribe could

"Some students asked if the Danza Azteca de Yanaguana could come back in the spring and perform outdoors rather than inside, both as a way to interest other Native American students in perhaps forming a student group, as well as a vehicle for informing non-Native American students about Native American culture." Dr. Sally Said





WorldFest brings different faiths, cultures together

LOGOS STAFF WRITER

World music, free popcorn, henna tattoos, and international foods enticed the University of the Incarnate Word community to experience WorldFest on Dubuis Lawn Monday, Nov. 11.

The Department of International Affairs partnered with the Asian Culture Club, History Club, Saudi Club, Interfaith Club, Study Abroad Office, Institute of World Cultures and the ELS Language Center to promote multicultural learning. The two-hour WorldFest was the first event to kick off International Education Week.

At the outdoor event, many booths were set up, as well as tables and chairs for attendees to sit on and to take in the atmosphere. Flags from around the world decorated the lawn.

Dr. Lopita Nath, one of the representatives of the History Club, was giving free henna tattoos.

"This would cost about \$15 on a normal day," Nath said. "But today it's free for a good cause and learning experience."

She said the events of International Education Week, and WorldFest in particular, will raise awareness and curiosity among the students at UIW.

"The benefit of this event I think stereotypes to rest."

is to be more aware of what different cultures and countries are doing," Nath said. "It showcases the diversity we have on campus and allows students to get an insight to how the campus is changing. It really shows the changing of colors on the campus."

Similarly, Kelsee McVey, representative of the Asian Culture Club, said WorldFest helps students, staff and faculty gain exposure to world culture.

"The biggest profit of this event is for students to realize how international UIW has become," McVey said. "The ELS students don't always have the same schedules as us, so we don't get as much exposure to their cultures and views. This is a good way for people to experience all of the international influence we have on campus."

Amira Alsareinye, president of the Interfaith Student Organization, said, "Sometimes people have a certain impression of an outside faith or culture. When people carry this kind of stereotype, it closes their mind. The purpose of this event is to enlighten others about new and foreign cultures. When we learn about faiths and cultures other than our own, we expand our minds and help put



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Honors Program ventures near border for social justice, mission opportunity

By Cassidy Fritts LOGOS PHOTO EDITOR

Seventeen Honors Program students spent part of their fall break doing mission work near the U.S.-Mexico border.

The University of the Incarnate Word group boarded a bus Oct. 17 with Sister Martha Ann Kirk, a religious studies professor, and Jean Loden, director of the Honors Program, to begin their trip to the Rio Grande Valley.

The purpose of the trip was to provide the students the opportunity to learn about the South Texas communities and issues involving the border. Along with the learning opportunity, the trip also gave students the opportunity to volunteer with several different community organizations.

By the end of the trip, the students' reflections showed nothing but gratefulness for the opportunity they had received to learn more about the South Texas communities and services they were able to provide to the organizations.

The first stop on the group's adventure was Kenedy Ranch Museum. The students were able to learn about the Kenedy family, the first Mexican cowboys, and the early influence of Mexican culture in the United States.

After stopping at the museum, the group traveled to a small town to volunteer with Proyecto Azteca, an organization that provides residents of colonias the chance to build their own homes. The students helped at the volunteer site by picking up trash, painting the insides of already-built homes, and digging paths for piping.

At the end of that day's work, the group traveled to Proyecto Azteca headquarters to eat dinner and listen to a presentation about the organization presented by Director Anne Cast.

"Ann Cast extended my education [about the colonias] further and opened my heart to the concern of the situations," said UIW student Megan Pho.

Other stops included colonias in Hidalgo County, Hope Clinic in McAllen which serves uninsured people and undocumented citizens, San Juan Basilica, a portion of the border fence in Brownsville, and ARISE South Tower in Alamo, Texas.

ARISE and the Equal Voice Network works to help the colonias and surrounding communities by providing citizens with a variety of programs including child development, community development, women leadership, and youth leadership programs.

"It is everyone in the community coming together and using their own individual strengths and putting them together," said Erica Ciat of the center.

After listening to the presentations, a few of the organization's representatives showed the group the colonias in the surrounding county. It was here that the group was split in half and each group went to meet two different families of undocumented citizens who live in the colonias. The families shared their stories about how they came to the United States and how ARISE has helped them find a home, raise their children, and live healthy, happy lives.

"Hearing how these people are going through all of this and still making something positive out of it makes me feel joy and hopeful," said UIW student Sedetta Mejia.





Jean Loden, right, director of the University of the Incarnate Word's Honors Program, helped plan the trip

The students did mission work, learned about social justice and also stopped for a tour of San Juan Basilica

TheARISE Center has offered the University of the Incarnate Word the chance to bring 10 students to their center in Alamo for a week in June 2014. They're hoping the volunteers who come will be able to gain some knowledge about the South Texas communities and colonias. The weeklong trip will not only be a learning opportunity, but a service opportunity as well. The group of volunteers has been asked to create activities for the local youth to provide education and fun during the hot summer. Another bonus is that this trip covers all 45 hours of community service that UIW requires for graduation

International Food Festival draws many

By Sana Harhara LOGOS STAFF WRITER

University Mission and Ministry held its annual International Food Festival in Marian Hall Ballroom, but this time the affair was planned as part of International Education Week.

The week, a joint initiative of the U.S. Department of State and U.S. Department of Education, was held on campuses all around the country and throughout the world.

For the food festival, different ethnic representatives came together to serve their respective dishes. More than 20 countries were represented. There was food from Turkey, Mexico, India, Italy, and many more. There was everything from sweet dishes to rice and meat. There were also refreshments from other cultures.

There was eating, storytelling, and friends mingling. Music from different cultural backgrounds was played. Attendees were given a total of eight tickets to receive samples at each table.



Sana Harhara/LOGOS STAFF



Golden Harvest collects food for needy families at annual drive

LOGOS PHOTO EDITOR

Students from the University of the Incarnate Word gathered more than 1,500 pounds of food for the needy Nov. 2 at the annual Golden Harvest sponsored by the Student Government Association.

The SGA, with help from the San Antonio Food Bank, asked students to gather at John and Rita Feik School of Pharmacy early that morning before venturing through surrounding neighborhoods to collect canned foods and nonperishables. The food collected was donated to the food bank.

The morning started with a short orientation for the event accompanied by a tacos-and-

Djenaba "Daji" Aswad

doughnuts breakfast. Students were told what they would be doing for the day and received their bus and location assignments. They were also told about the importance of the event and what it symbolized.

"Golden Harvest reinstalls the importance of fighting hunger," said

Djenaba "Daji" Aswad, student concerns and public relations officer for the SGA. "It gives you the chance to put yourself in someone else's shoes and see from their perspec-

The orientation for the event also included a speech from Eric Cooper, chief executive officer of the food bank. Cooper told volunteers taking part in the Golden Harvest was an incredible experience because Golden Harvest allows the volunteers to "engage the community in service" and help the entire community make a difference.

Cooper said talked about some of the adversity the recipients the food bank serves are facing, including the recent reduction in family benefits in the welfare program.

"This reduction has resulted in some families not even being able to afford to buy enough groceries to feed everyone in their family," Cooper

The food bank estimates the 1,545 pounds collected will provide 1,207 meals.

There were some new features introduced at this year's Golden Harvest. One of these new features was a session where students watched a portion of a BBC documentary, "This World: America's Poor Kids," which was followed by a short group reflection on the film and the topic of hunger and poverty throughout the world and San Antonio.

Another new feature was a pickup service provided with the help of the food bank. If volunteers' collections of canned goods and non-perishables got too heavy to be carrying around the neighborhoods, the groups had the option of calling a pickup service to pick up their current amount of food in order for them to continue collecting and avoid carrying heavy loads.

After spending several hours collecting food, volunteers returned to Feik School with the donations.

"Golden Harvest and UIW give me hope that the meal gap will soon be sealed," Cooper said.



Eric Cooper of the San Antonio Food Bank speaks to volunteers.

www.uiwlogos.org November-December 2013

From the Editor's Desk:



By Katie Bosworth

Good luck, graduates on life, others on finals

As the Christmas lights go up and the cold weather sets in, we think about the holiday season and how we are grateful to be alive with our friends and families by our side.

Now, I'm not trying to be super cheesy or cliché with all of you, but let's be real -- as the holidays begin and the year comes to an end, we think about the current status of our lives and our future.

Although I am not graduating until next semester, I can entirely understand the thoughts that are going through the minds of the Class of 2013 before they walk across that stage on Dec. 8. Many of my friends that are going to graduate then have been telling me about what their worries are or what they hope to do with their lives after graduation.

So here is my unsolicited advice for what to do with your life after college: do whatever you want! As I say that, I mean do what you want within reason; if you want to be something like a pirate, you might want to look at your life and your choices before fully committing to that. Anyway, back to the point. This is the time in your life to do what you want; if you want to move away or seek out your dream job, go for it!

As you get older and life gets more serious (with families, jobs and such), you won't be able to move where you want to or try out different jobs to find what you love. This is the time in your life to take chances. Yes, be responsible, support yourself, but if you are debating

whether or not to try something new just think, "What's the harm in it?"

I know risks and chances aren't for everyone; so if you ask yourself -- "What's the harm in it?" -- and you have some valid concerns, then just do what you feel is best. Just keep in mind that life is about moments and opportunities and you can't go back in time. So don't let moments pass you by that you may possibly regret.

So I just want to say good luck to the December Class of 2013. May you accomplish all the things you want to do in life!

To everyone else who is not graduating right now, I'm sorry if I have neglected you in this article thus far but what I can say to you is good luck on your finals. Let's get through this together!

Happy holidays to everyone; may you have wonderful moments be filled with joy! To all of you who will be back next semester, we at the *Logos* appreciate your readership thus far and we will see you again in the spring!

E-mail Bosworth at bosworth@stu-dent.uiwtx.edu

Goodbye, college -- hello, real world

By Paola Cárdenas LOGOS ASSISTANT EDITOR It was in August 2010 when I settled into my dorm room in

Dubuis Hall. It was my first time moving away from El Paso, Texas, where I was born and raised.

Although I was a year younger than all the other freshmen, I was ready to begin this journey. Independent and determined, I settled into my changing life in a new city and in a new chapter of my life: college. Little did I know in a blink of an eye, I would be writing a goodbye column three years later. Time flies when you're having fun, so you have to make the most of it.

In high school, I was never really involved in school activities. I wanted to change that when I came to college, which is one of the reasons why I decided to join the Logos. I remember being very excited when Mr. (Michael) Mercer (the adviser) called me the summer before I started college. He was very enthusiastic about the *Logos* and made me feel like I could be a great addition to the publication. My first two years I was news and features editor, and ever since August 2012, I have been an assistant editor.

After three years, I'm still getting used to the fact I am living in San Antonio. Now, I have to get used to the idea I am going to be a college graduate. It is a big deal for me since I am the first in my immediate family to graduate college. Since the start, I always told myself, "I can't wait until I graduate; I want to graduate already." Here I am, near graduation, thinking how much I am going to miss this place. Graduation seemed so far away, but before I knew it, I was ordering my cap and gown and watching how the countdown quickly went from months to weeks, and soon it

will be only days before I walk the stage.

I've always been very independent. I wanted to do it all. At first, I felt like Superwoman because of how successful I was despite my hectic schedule; taking 18 hours every semester, working with the Logos, having a part-time job and a work-study job, paying for everything including my living expenses, car, food, gas, etc., and managing to try and have a social life somewhere in between. What I have learned from all of it is this: You can do anything, but not everything. I am only human, or better yet, I am still only a young college student and sometimes I forget I need a break. Being successful doesn't necessarily mean you have to saturate your schedule with work. So current and future college students: don't forget to make time for yourself and enjoy your college experience because it really does go by faster than you realize.

I used to think graduating would mean I would know exactly what I wanted to do and where I wanted my life to be headed. All I've ever known is school, and now that I am near my graduation, I can't help but feel some uncertainty. I know it is only the fear of not knowing what's next. However, now is the time to really scope out the world and take advantage of all the opportunities that come my way.

I am really going to miss being a college student, specifically, a student at UIW. On a side note, how cool is it to be a December grad? That means you get to experience the beautiful Christmas lights one last time!

Here's to the next chapter of our lives, December Class of 2013!

E-mail Cardenas at pgcarden@stu-dent.uiwtx.edu

Letter to the editor: SGA: Students should approve

The Student Government is currently polling the student body regarding the proposed Student Legacy Fund.

We opened the polling Nov. 11 and received a steady flow of votes for the first week (approximately 800). The polling will close on Nov. 30, and then our Board of Trustees student representative, Stephen Lucke, will present the results to the board. At the moment (Nov. 17) it is a close race, with the "yes" votes outnumbering the "no" votes by a total of 30.

The Student Government (Association) has been actively campaigning in favor of the Student Legacy Fund in numerous ways: Westgate Circle, UIW website, and every other form of public relations available. There has been a push-back against the vote with students asking "Why can't existing monies be reallocated?" or "Isn't UIW expensive enough?", but SGA believes this is in the best interest of UIW students at large.

This poll is not a new idea. It has been implemented at universities across the nation, most recently at the University of North Texas, which voted to raise the fee \$115 a semester. SGA and many other students believe \$90 is a nominal fee with regard to what we already pay. This is a small investment for a huge return. Students will see a return on their investment immediately, with funds going into effect in the fall of 2014.

If approved SGA will be 100 percent transparent in the allocation and spending of the funds. The spring of 2014 will be a paramount opportunity for the student body to tell us what it is they want to see. Although SGA has crafted a potential budget, we will actively seek input from all cross-sections of the student body. Whether you are a business or biology major, whether you are an athlete or commuter, SGA will approach you for an opinion.

In conclusion, SGA understands the price of education is overpriced, but that is not something we can address in one term. It will take decades for this nation to find a suitable resolution to the inflated prices of higher education. What SGA can do this year is create more opportunity for those of us who have been blessed to attend UIW. The Student Legacy Fund will attract and create better student leaders. The better student leaders will then become more successful as alumni. Those successful alumni will then be able to donate more generously back to Incarnate Word, in turn raising the equity of your degree. At the end of the day the value of our degree is the most important part of the equation. This Student Legacy Fund will improve the present culture at UIW, and leave a legacy for future generations.

Vote yes to improve the Nest!!!

Stephen Lucke SGA vice president E-mail lucke@student.uiwtx.edu



Cardinal's Log November 15th, 2013

The weather continues to worsen in San Antor We have reached a low of 60 degrees.



The Learning Curve





November-December 2013

FITNESS FOUNDATIONS



Proper squatting gives nice finish to workouts



By Barbara Trevino LOGOS STAFF WRITER

It's so sad to say it's time to retire my press hat and typewriter as this will be my last fitness column for the Logos.

I hope I have inspired, educated and motivated my readership into living more active lifestyles. Physical fitness and health, besides journalism, are absolute passions of mine. It has been an absolute pleasure to share my favorite workouts as well as inspiring young women to weight lift (it's not just for the boys).

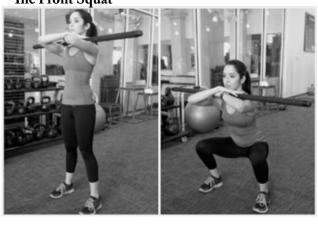
Although I'm officially retiring from the newspaper because I'm graduating, it is still important to continue pushing yourself and challenging yourself in the gym. I'll end on a good note to make this last one count. Here's my favorite burnout and finish to an excellent workout -- squats.

The Back Squat



1.Start by placing desired weight onto barbell (no weight pictured for form). Position barbell across posterior deltoids (contour of shoulder) but directly underneath the trapezius. Hold the barbell in a neutral position, with palms facing forward. Stand with feet slightly outside shoulder width and point toes forward.

2. Begin the squat by lowering your hips parallel with your knees, keeping a neutral position in the spine and neck while doing so. Be sure to keep your knees aligned with your toes throughout the entire movement. This ensures proper muscle activation and protection of the knees. Push through the heels of your feet and return to the starting position.



1. The front squat can be executed in two ways but I prefer this way. Start by placing desired weight onto barbell (no weight pictured for form). This time, position barbell on the upper part of the anterior deltoid. Cross arms over the barbell to help with balance. Make sure that when holding the barbell up, elbows stay aligned with shoulders. Stand with feet

slightly outside shoulder width and point toes forward.

2. Next, begin the squat by lowering your hips parallel with your knees, keeping a neutral position in the spine and neck while doing so. Be sure to keep the barbell up the entire time. Maintain proper knee alignment with toes throughout the entire movement. Push through the heels of your feet and return to the starting position.

The Overhead Squat



1 .Here comes the hardest squat of all -- the overhead squat! Start by standing with your feet slightly wider than shoulder-width apart, toes pointed forward. Hold barbell in a neutral position and with an overhand grip. Position hands beyond shoulder width apart, and raise the barbell

(no weight pictured for form) overhead.

2. As you keep your arms raised overhead, keep shoulder blades down and back, careful not to tense upper traps. Squat down by lowering your hips parallel with your knees, keeping a neutral position in the spine and neck while doing so. Be sure to keep your knees aligned with your toes throughout the entire movement. Keep holding the barbell overhead. Push through the heels of your feet and return to the starting position. Finish strong, make it count.

E-mail Trevino at batrevino@student.uiwtx.edu

Goodbye UIW: Tips for ultimate UIW success



By Dana Sotoodeh LOGOS OPINIONS EDITOR

I remember my first day at Incarnate Word. I bounced down the Communication Arts hallways so excited for the

beginning of my college journey.

I remember a warm and welcoming Mr. (Michael) Mercer in Journalism 1, eager to help me learn everything there is to know about journalism. I remember him telling us there were opportunities to get involved with the *Logos*, and how great of an experience it would be. My mind raced as I pictured myself as a writer of a college newspaper and the kinds of opportunities that could potentially be opened to me if I got involved.

I sit here today, just days away from graduating college, completely and utterly stunned that it's already over. As I write my contributing column to the *Logos*, as a section editor, I replay the last couple of years in my head. The good times, the stressful times, the times in which caffeine was the only thing that could keep me sane as I crammed for a test (some things you never learn.)

As I replay my college experience over and over in my head, I decided it "fitting" to give you all a few pieces of advice about college. This advice entails what to do and what not to do, and to offer some reassurance that graduation isn't as far-fetched as it may seem when you begin your college career. It's doable, and if you push yourself far enough, you can succeed.

I figured I would list these "helpful tips" to surviving college at UIW by using bullet points. Make a note that these aren't in any sort of order. All are equally important, and all are extremely useful.

•Buy a parking pass: This really can't get any simpler. I know entertaining the idea that you are invincible and don't need a parking pass is cool. However, you will get tickets. There is nowhere to hide on this campus. It's just not big enough yet. Purchase the parking pass and suck up the reality of having to walk a mile and a half to class. There's just no other way.

•DO NOT postpone your community service: Take it from a girl who practically had a panic attack because she thought she wouldn't finish. Start doing your community service ASAP! The last thing you need to worry about is who can possibly "sign you off" when you are rushing to turn in grad applications. Sacrifice a Saturday or two and get it done!

•Forget about the shuttle and elevators: I have come to the conclusion that the shuttles aren't getting any bigger and the times between picking up and dropping off aren't getting any faster. I have also come to the conclusion that the elevator in the AD Building will NOT move any faster than 1 mph. Save yourself the frustration and walk yourself to class or take the stairs. We could all use a little exercise anyway.

•Plan your next semester out three weeks before registration: We have all felt the panic that overcomes us when something goes wrong during our 7 a.m. registration time. Save yourself the stress. Plan your next semester's schedule at least three weeks prior to registration. This saves time when it comes to advising periods — and your sanity when it comes to registering.

•Read the *LOGOS*: This sounds biased, however, the *Logos* is a great source of campus information, not

to mention the large hardworking staff that interview, photograph, and dig for stories constantly. It provides information for upcoming events, deep in-person interviews for current events, and full coverage of all things UIW. Pick one up and enjoy!

•Enjoy yourself: This one sounds easy, however, most of us are too stressed and panicky to really take time to enjoy our college experience. Work towards your goals every day and know that each day is an investment in your future. Connect with professors, meet new people, and network, network, network! We often forget to do these things because we are too caught up in the hustle and bustle of the semester. What you do today affects the rest of your life, So remember to stay positive and take advantage of all the bonuses UIW has to offer you!

I wish this column were posted before I started my UIW career. It would have saved me a lot of time and parking tickets. However, take these suggestions into consideration.

As for me, I hope to gain a position within a PR firm within the next few months. If it weren't for my awesome adviser, the friendships I gained along the way, and this great organization I have been so blessed to become a part of, I don't know where I would be today. With that being said, I encourage you all to strive for the best and never to stop until you get there!

Wishing you good luck on finals and the rest of this year!

E-mail Sotoodeh at sotoodeh@student.uiwtx.edu

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The *Logos* is a member of the Associated Collegiate Press and Texas Intercollegiate Press Association.

UIW celebrates Diwali - the Festival of Lights

By Joshua Cantu LOGOS FEATURE EDITOR

Diwali, a five-day Indian celebration known as "The Festival of Lights," was celebrated Nov. 5 at the University of the Incarnate Word with authentic cuisine, traditional dances, and hymns.

Depending on the position of the moon, Diwali falls somewhere between mid-October and early November. This year Diwali – a celebration of the struggle and triumph between good and evil — began Nov. 3. The struggle between good and evil is represented symbolically by lighting lamps filled with oil and keeping the lamps going all night long.

The food prepared for the festival, held in Dr. Burton E. Grossman International Conference Center, featured vegetarian dishes that included curries and an array of vegetables. On the pastry side, there was Gullab Jambu, a fried dough that was moderately sweet.

Despite some technical difficulties, the dances performed were accented with traditional clothing. The storytelling of the dances performed were very emotive and showcased the side of Indian culture where they use mediums such as dance and music to tell ancient stories of good and evil.

The central figure of Diwali is the goddess Lakshmi; she represents wealth and abundance. Lakshmi is an important figure to Diwali as she is sought after the harvest as a form of gratitude for the agricultural yields.

Devotional hymns were sung as to give thanks for the blessings of that past year. One of the hymns -- "Laxmiji Ki Aarti" -- was devoted to Lakshmi. The loose English translation of the hymn speaks about how the goddess brings good luck, bestows light on Earth and protects worldly treasures.

The décor at ICC Conference Hall included many Christmas-like lights hanging from the ceiling. At the tables, lamps were placed in the center. On the stage where the dances took place, there was a group of lit candles. For one of the dance numbers, the candles were used to tell the story of how light triumphed over darkness

As the night waned and came to a close, the group that was about to perform the last dance invited the attendees to participate in the traditional stick dance.

Angela Hernandez, a sophomore communication arts major concentrating in journalism, said she learned a lot going to the festival.

"I really liked how there was authentic cuisine and dances and it gave an exposition of the Indian culture," Hernandez said. "Sometimes it's hard for other cultures seeing how a dish can go without meat and still be delicious and filling. The dances were fabulous, and the storytelling behind them display very valuable life lessons."









Photos by Katie Bosworth

Colorful costumes, dancers and exotic food marked the celebration of Diwali, the 'Festival of Lights,' an Indian observance, at Dr. Burton E. Grossman International Conference Center. Diwali is a celebration of the struggle and triumph between good and evil. It's symbolically noted with the lighting of lamps which stay on all night long. The observance brought out several people.









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The 2013 edition of the Cardinals football team finished 6-5 -- after coming close to a near-perfect home game win record that included a first-time victory over Abilene Christian University which beat UIW 40-6 earlier.

Football looks to improve following winning season

LOGOS STAFF WRITER

The University of the Incarnate Word completed its first winning football season

That achievement included a 5-1 home record with a season-ending 7-0 loss Nov. 16 to visiting Angelo State University and UIW's first defeat of Abilene Christian University – an even sweeter 34-31 home victory Nov. 9 after losing 40-6 to ACU

Confidence and exuberance effervesced from the football team Nov. 9 as they entered Gayle and Tom Benson Stadium, determined to avenge their disappointing away loss against ACU and retain their perfect home record.

Within the first five minutes of the game, freshman running back Broderick Reeves scored the first touchdown of the game on a four-yard run, and by halftime, UIW maintained a 21-14 lead. However, at the end of the third quarter, things began to appear bleak for UIW as ACU pulled ahead 31-21.

Once the fourth quarter began, UIW picked up its intensity. Casey Jennings scored his second touchdown of the night via an 11-yard pass from freshman quarterback Trent Brittain. The point-after kick was blocked, making the score 31-27. UIW quickly regained possession after ACU was unable to complete a first down

and steadily drove on towards the end zone. With almost two minutes remaining in the game, Brittain rushed for a one-yard touchdown, electrifying the team and the crowd. But the fight was not yet over. ACU etched closer to the end zone and scored a touchdown, which was revoked because of a penalty. On second and goal, ACU's quarterback was sacked and fumbled the ball, which UIW's linebacker, Joel Higgins, recovered, securing the 34-31 home win.

With a winning season clinched but wanting to go out 7-4, the Cardinals entered the Nov. 16 game against Angelo State more relaxed, yet confident in their capabilities to achieve another home game win.

In the first quarter, Brittain completed several good passes, but UIW's running game was stopped by Angelo State's solid, tight defense. During the second quarter, UIW's Brandon Tankers Ely, Robbie Horton and Nick Ginn played solid defense and kept ASU from scoring. Going into halftime the teams were scoreless. In the third quarter, UIW was able to move the ball into field-goal position but was unable to capitalize because of a bad snap, and ASU took possession of the ball.

On the next series of plays with less than five minutes remaining in the quarter,

- Cont. on page 10 -Football winning season

Bronze cardinal finds place on campus

By Maddy Mendoza LOGOS STAFF WRITER

The biggest Cardinal on campus is massive and made of bronze. And it's nestled

Gavle and Tom Benson Stadium.

Like many University of the Incarnate Word students, Jay Perez was surprised to see the new addition of the statue when he returned to school this fall.

"I was pretty shocked to see it the day I moved back in," said Perez, a communication arts major concentrating in journalism. "It's awesome. I've already taken pictures by it. It's about time we have something like that."

Mark Papich, director of athletics, said the statue is a symbol of the university's and sculpting process begrowth, specifically the transition from Division II to Division I.

The bronze cardinal was installed June 27, just in time for the July 1 celebration which welcomed UIW into the Southland Conference. The conference will oversee and assist in the four-year shift expected to result in UIW becoming eligible for NCAA Division I events beginning the 2017-2018 academic year.

Larry Stevens, owner of Stevens Art Foundry, approached the university with a proposition to create and sculpt the statue, Papich said. Stevens is also the artist behind the bronze pieces in front of the Wellness Center and other places around

The Stevens Art Foundry has been "molding clay into metal" more than 40 years in Bulverde, Texas, according to the company's website. The foundry is full-service, specializing in bronze but also creates silver and metal works. Only 100 percent silicone molds are used to create the sculptures. Although there are less-expensive alternatives, the silicone option allows sculptors to reproduce pieces with the finest details possible. A lengthy 11-step process went into creating the 1,800-pound bronze sculpture.

"He's got a good group of people," Papich said. "It's a lot of work, a lot of dirty work," he added about the foundry and the process. "Larry and his group did a phenomenal job."

But before the casting gan, the design of the statue had to be thought out.

"I actually was involved in going up and reviewing a lot of the work that was done from the initial foam state," Papich said. "We looked at probably 15 to 20 variations in clay."



Maddy Mendoza/LOGOS STAFF Artist Larry Stevens approached UIW about making this bronze bird.

One of the biggest questions in the initial design process was whether the sculpture should be created to look like the school's mascot or an actual cardinal.

"We had a couple of areas where we'd set them up and people would look at them and make comments. And we slowly narrowed them down to about three variations," Papich said.

The new statue is not only a shiny indicator of growth for UIW, but according

Cont. on page 10-

Veteran soccer coach retires with Lady Cardinals



By Wynton Thomason OGOS STAFF WRITER

On a cold November Sunday afternoon, the University of the Incarnate Word women's soccer team would take the field for the ast time under retiring Coach Tina Patterson.

Their opponents, the Ladyjacks (15-3-2, 10-1-1) entered the game needing to tie the Cardinals (10-6-3, 4-5-3) in order to ensure a Southland Conference title for the regular season. In a physical matchup, the Lady Cardinals scored first on the visiting team after senior Sydney Solomon (Schertz/Randolph High School) dribbled down the left end line into the 18-yard box and sent a perfect low cross to freshman Heather McKinney (Beeville/Jones High School) who rushed past SFA's goalkeeper with a shot to the lower right-hand corner of the goal at 38:14.

The Cardinals held this lead well into the second half until Ladyjack Dallas Brown nearly tied the game in the 62nd minute when her shot hit the crossbar and bounced straight down before being cleared out of the zone, leaving the Lady Cardinals to maintain their lead. SFA finally tied the game when Hailey Hunt collected a loose ball just outside the 18-yard box and hit a perfect shot into the top right corner of the goal 72:01 into the game. The game remained tied until the end of regulation.

Then came the overtime period. Zuri Prince of SFA nearly gave the visitors the win with a strong header in the 98th minute. UIW's Heather Kowalik (Boerne/ Champion High School) had to make a dynamic leap in order to protect the goal. The ball nearly crossed the goal line before she was able to stop it. In overtime, the opposing Ladyjacks attempted 15 shots while the Cardinals had seven shots.

Overtime ended and the final game of the Lady Cardinals ended the season with a tie. Kowalik finished with four saves while Lacey Lee made one save for SFA.

The Lady Cardinals' three seniors -- Sydney Solomon Katie Miller and Sarah Flores -- took the field one last time for their collegiate careers. Patterson also took the sidelines for the last time after a successful 20-year run as Lady Cardinals coach. Patterson's legacy: 18 winning seasons, 16 double-digit winning seasons, and six seasons with at least 15 wins. During her tenure, where she helped the program transition from Division III to Division I, she boasted a record of 246-102-34 that included 11 conference titles, three regional championships, and seven conference Coach of the Year awards.



Originally from Lincoln, Neb., Patterson played high school soccer in Plano, Texas, before going on to play collegiate soccer for the Aggies of Texas A&M University, where she was an All-American. Following that, in 1986, she was a starting member of the gold medal team at the U.S. Olympic Festival. She earned her bachelor's degree in kinesiology at Texas A&M University before earning her master's degree from UIW in sports management, which led her to becoming the Lady Cardinals head coach.

Patterson also is a member of the National Soccer Coaches Association of America and the Women's Sports Foundation. She lives in San Antonio, with her husband, Mark, and her two children, Katie and Cole.



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Bronze statue

Cont. from page 9

to Papich, it is hoped the statue will help build traditions and perk interest. "It's hard to get students to get out of the dorms to come to games and events," he said.

Asked if any tradition is being created in line with the statue, Rick Smith, an assistant athletics director who oversees the spirit team that includes the mascot, cheerleaders and dance team, replied: "Traditions are hard to create. Most of the time, traditions simply happen. We are hoping that students will rub the statute on their way into the stadium for good luck, and hope that it can become a tradition."

Football winning season

Cont. from page

ASU marched 85 yards for a touchdown, making the score 7-0. Beginning the fourth quarter, ASU was able to move the ball into field-goal range but missed the attempt from the 25-yard line. Several minutes later, Angelo State regained possession by intercepting a pass from Brittain. Incarnate Word's linebackers Ginn and Padyn Giebler made several good stops for no gains against ASU, who etched closer to the end zone. With less than three minutes remaining in the game, UIW wide receiver Jordan Hicks caught a 20-yard pass to get a first down and set the team into position for a touchdown. With less than two minutes remaining and 22 yards from the end zone, UIW futilely attempted several passes to tie the game.

The loss of the last game and the eradication of the perfect home game record did not affect Head Coach Larry Kennan's optimistic perspective.

"Every week, we learn more about ourselves." Kennan told the players after the loss. "We're 6-5, and we're going to own that. We met our major goals, which shows how far we've come as a team. Our guys are really good people, hardworking, and determined. I'm very proud of our players."

Giebler said, "After coming off the big win against ACU, we were still high off the win and weren't too focused because we're a young team, but we know how to fix our mistakes for next season. It was a big step having a winning season and being Division I. Our expectations were raised, and it was nice achieving

our goal."

The team is pleased overall with the season but not satisfied, said senior fullback Matt Bass.

"We need to realize that it's never going to be enough," Bass said. "We need to push for more and keep working harder and harder and never be content."

Reflecting back on the success of the season, Kennan said, "I don't think we won or lost any games we should've. We're much better in every regard and totally transformed. We need to make a similar growth because next season will be even more difficult. Our offense and defense need to be bigger, faster, stronger, and more mature."

The difference in the success of the season, according to the players, was Kennan's positive mentality, relaxed yet challenging method, and organized plan, all of which have had obvious results -- a winning season.

"I'm most proud of the team because they do the right thing in football and in life -- most of the time," Kennan said. "I'm more proud of what classy young men we have more than our winning season. I tell the players that you're accountable all the time. You represent me, the coaching staff, and UIW football."

Looking to the future, the head coach said he plans to continue growing his team by recruiting even better players and envisions his team, in three years, competing at a high level -- even for the championship.

But before then, Kennan stressed, there's "lots of work to do."

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Catch the Cardinals

December games calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I		3	Men's Basketball VS St. Edward's University	Men's Swimming and Diving at University of Texas Women's Swimming and Diving at University of Texas	Men's Swimming and Diving at University of Texas Women's Swimming and Diving at University of Texas	Men's Swimming and Diving a University of Texas Women's Swimming and Diving at University of Texas
8	9	Women's Basketball at University of Arkansas - Little Rock	"	12	13	Men's Basketball VS McMurry University
15	Men's Basketball VS The Open Bible College Men's Swimming and Diving VS UIW Chistmas Invitational Women's Swimming and Diving VS UIW Christmas Invitational	Men's Basketball VS The Open Bible College Men's Swimming and Diving VS UIW Chistmas Invitational Women's Swimming and Diving VS UIW Christmas Invitational	Men's Basketball VS The Open Bible College Men's Swimming and Diving VS UIW Chistmas Invitational Women's Swimming and Diving VS UIW Christmas Invitational	19	20	2 I Women's Basketball at Angelo State University
22	23	24	25	26	27	28
29	Men's Basketball VS Huston-Tillotson College	31				

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JIW to open off-campus apartments on Burr

By Amanda Cruz-Lombraña LOGOS STAFF WRITER

University of the Incarnate Word students will have a new option in January for off-campus living but they'll have to live under on-campus rules and regulations.

A new 10-apartment complex funded by the university will open on Burr Road not far from its intersection with Broadway near Bill Miller Bar-B-Que restaurant The new apartments, expected to be named at the December Board of Trustees

meeting, will house 40 students, said Dr. Louis J. Agnese Jr., UIW's president.

"It is another campus living option with the off-campus convenience," said Dr Louis J. Agnese Jr., UIW's president. "We are always looking for other land close to the university that we can do more work on. We're always investigating other options for our students."

The apartments will be similar to the Avoca apartments with a kitchen, dining room, two bedrooms and two baths. Rates also will be similar to Avoca.

UIW biology major Lizzette Alvarez welcomed the news about the Burr Road apartments.

"I think having another option for students would make it much easier for us to want to live on campus," Alvarez said. "Sometimes that's just what we need – a sense of the real world but somewhat on campus."

'Candy bomber' shares sweet WWII experience

LOGOS STAFF WRITER



Retired Col. Gail Halvorsen

Retired Air Force Col. Gail Halvorsen, also known as the original Candy Bomber or "Rosinenbomber," spoke at the Texas Children's Choir Presentation Nov. 8 at the University of the Incarnate Word.

Halvorsen revealed how he was given a quirky title, explaining to the audience at McCombs Center Rosenberg Skyroom that at the end of World War II, the allied forces divided Germany and the capital of Berlin into four occupied zones. Due to tension and disagreements between Soviet forces and Western allies, many of the zones occupied by the West were not allowed food supplies.

"They intended to starve the people," said Halvorsen, "and I was one of the pilots that helped the people get supplies via the Berlin Air Lift."

On one flight in particular, about 30 children had gathered to talk to Halvorsen through a fence in Berlin. After about an hour, not a single child begged for candy, which was unusual. He checked his pockets for some candy to share with them and handed them two sticks of gum he had in his pocket. The children divided those sticks between each other and treasured the offering.



ese unnamed University of the Incarnate Word student apartments are off-campus and will open in January.

Sophomore gets honorable mention slot on conference volleyball team

University of the Incarnate Word sophomore Angelique Vidaurri received honorable mention honors for inclusion on the Southland Conference's 2013 volleyball all-conference team... Vidaurri, a business major concentrating in financial planning, helped lead the Cardinals to a 7-7 conference record – the irst as a Division I team -- and 13-13 overall season with 2.97 kills per set and posted a .223 attack percentage along with

0.71 blocks per set. The conference's head coaches – UIW's coach is Jennifer Angelique Vidaurri Montoya -- and sports information directors – UIW's is Shane

Meling – voted on the individual awards and all-conference teams. Vidaurri, who played volleyball, soccer, softball, basketball and ran track at Southwest High School, led the Cardinals with 2.56 kills per set and added 0.56 blocks per set as a redshirt freshman.

She was a starter as an outside hitter for most of the season. Before the honorable mention announcement, Vidaurri had a season high 23 kills and 12 digs to go with a .410 attack percentage in a loss against Dallas Baptist. She reached double figures in kills in 11 matches and had three double-doubles. She posted 12 kills without an attack error in a loss to Cameron. She had a season-high five blocks in a three-set win at Cameron earlier in the season. She finished the year with 215 kills and a .137 attack percentage.

Vidaurri's sister, Daniella, played volleyball three years for UIW and earned all-conference honors.

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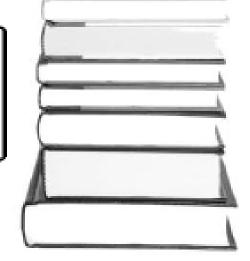
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LIGHTTHE WAY

www.uiwlogos.org November-December 2013

Celebration continues to shine

Rain move fails to dampen spirit of 'Christmas around the world'

By Rachel Cywinski LOGOS STAFF WRITER

The 27th annual "Light the Way" was moved indoors to celebrate "Christmas around the world" the Saturday before Thanksgiving but thousands still came.

Inclement weather forced the pre-Christmas celebration to move to Alice P. McDermott Convocation Center where it had previously been held many years before moving to Gayle and Tom Benson Stadium.

The convocation center has a capacity of 2,000; the stadium sits 6,000 – but an estimated 7,000 including those standing outside the stadium had attended the celebration in recent years.

This year's theme celebrated "the international diversity of our campus," said Margaret Garcia, UIW's associate director of public relations. She said Nov. 23 was the first time a change had been made to the annual event due to weather in recent years. So news went out Friday, Nov. 22, to remind those who couldn't get in that the celebration would be streamed online.

For those who could get in, the convocation center was packed. Two rows of seats farthest from the stage were designated seating for people with disabilities.

Doors opened 45 minutes before the event. Among those who braved the steadily falling light rain in temperatures hovering around 40 degrees was Tatiana Saenz, a freshman from Weslaco majoring in pre-pharmacy chemistry.

Saenz, who was attending for the first time, said, "I was very excited. I've heard a lot of good things about ("Light the Way"). It would have been worth it to wait in the rain, but we came right in when we got here at 6:45."

Desmond Ndikum, a junior philosophy and pastoral ministry major from Dallas, said, "It's like a family moment -- a diverse family. Black families, Hispanic, Asian families. The event embodies what UIW is all about -- a diverse family. I feel good being here. It's cold outside but it makes you feel warm."

"It's a great event for the university," said Assistant Athletics Director Rick Smith, who served as the official escort for the Cardinal mascot, "Red," for the evening. "It's a long tradition. One of the longest we have. And I'm glad Athletics can be part of it."

Plastic candy canes balancing plastic world globes, wreaths, poinsettias, The Nutcracker ballet-themed decorations, and a "Light the Way" banner with fruiting nopales set the stage for the international-themed celebration.

KSAT 12 television news anchors Steve Spriester and Isis Romero, who officiated the Light the Way ceremony, began by asking UIW students with various native languages to greet the audience. Students from more than 40 countries also carried their national flags through the crowd.

Sister Yolanda Tarango, congregation coordinator for the Sisters of Charity of the Incarnate Word, led the audience in prayer, thanking God for coming to earth in flesh as Jesus.

Dr. Louis J. Agnese Jr., UIW's president and founder of "Light the Way," donned in a Cardinals running outfit, presented official recognitions, pointing out that "Light the Way" marks the beginning of the holiday season in San Antonio.

"There are over a million lights," Agnese said. "If you don't believe that, you can go count them."

UIW graduate Dione Bedell, coordinator of admissions and guidance for UIW Prep online high school, sang the national anthem. Bedell, who graduated in 2003 with a bachelor's degree in business information systems, said she had donated to the "Light the Way" Elf Louise toy collection every year but had never attended.

"Believe it or not, this will be my first time attending 'Light the Way,'" she said. "Every year there has been something to prevent me from attending. I am very excited and sincerely honored to be a part of such a wonderful event. I've sung the national anthem at a few other campus openings and ceremonies on campus, but this is definitely the largest event. The Christmas lights are great, but it means so much more. UIW is true to God, our country and supportive of our military. It is a constant reminder of where we have been and where we are going.

"This is a huge event for the University for numerous reasons, and it gives those who might not normally visit the main campus an opportunity to do so," she added. "So much time, effort and preparation goes into making this a special event for all. It's an opportunity to unify the community through the spirit of Christmas. UIW's mission is about excellence in education, the appreciation of diverse backgrounds, social justice, and community service. 'Light the Way' is a culmination of all the mission exemplifies."

The event featured performances from UIW's Chorale; Incarnate Word High School Madrigals; choirs from St. Peter Prince of the Apostles and St. Anthony elementary schools; the jazz band of St. Anthony's High School with Sarah Centeno; UIW Brainpower Dance Team; UIW Institute of World Cultures Lion Dance Team; UIW Cardinal Marching Band and Spirit Team; and Tejano star Patsy Torres.

Torres last year graduated as Dr. Patricia Lucero after completing her bachelor's, master's and doctoral degrees from UIW.

"It's hard to believe it's been more than 10 years. Dr. Agnese," Torres said, that she's performed annually at "Light the Way."

"I can't say enough. I thank God every day that I got my degree at the University of the Incarnate Word, and I thank you for that. I have grown spiritually. It's my privilege to share that gift. We come together to

celebrate God's great gift to us: His only begotten son, Jesus Christ, our Savior. We're celebrating the birth of Jesus Christ."

Then Torres danced through the audience, motioning for selected audience members to dance and sing with her.

Spriester introduced "Santa and Mrs. Claus" courtesy of corporate sponsor Jon Wayne Heating & Air Conditioning. After the concert, attendees streamed outdoors to witness Agnese throw a switch to symbolically light the night. Workers simultaneously turned on lights dangling from trees all over campus.

Agnese's signal started the annual fireworks finale which was sponsored this year by Tobin Lofts. The University Mission and Ministry Advent Nativity scene which had been set up for the fifth annual live portrayal of the baby Jesus, his mother Mary, Joseph and visitors to the baby Jesus, stood empty due to the ongoing drizzle.

The ceremony location was not the only adjustment due to inclement weather. In recent years, mariachi musicians led candle-carrying attendees from the fireworks finale across the San Antonio River through campus to the parking lot of the adjacent Central Market. This year's plan for Mariachi Las Cornelas to lead participants by candlelight to Dubuis Lawn was changed. All attendees were given one-time-use light bands rather than candles. Cocoa and cookies were given away by corporate sponsors Sodexo and H-E-B in the parking lot opposite Ann Barshop Natatorium.

Another change involved the cancellation of the annual Light the Way Mass. The Rev. Dr. Thomas Dymowski, university chaplain, said there would be no Mass because neither he nor another priest were available. Dymowski was attending the ordination and Mass of Thanksgiving for Father James Mark Adame, who has been University Mission and Ministry's assistant chaplain, at Our Lady of Sorrows Church in Victoria, Texas.

Kayla Rice, special events coordinator for the Office of Public Relations, said, the "Christmas Around the World" theme was brought out by the "73 countries represented this year on campus, We want to showcase our diversity and highlight the exciting opportunities we have for all students.

"'Light the Way' was started 27 years ago by Dr. Agnese," Rice added. "During the interview process for the position of president of UIW, Dr. Agnese was taken through the Windcrest neighborhood by the Sisters to see the fantastic light decorations they had. He thought with UIW being such a beautiful campus and having so many trees, we could do the same thing and invite everyone to campus to enjoy. It has continued to grow ever since."









LIGHTTHE WAY

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Pictures by Gaby Galindo and Chris Sullaway

'T-Bone,' the official mascot for the San Antonio Rampage hockey team, was among the special guests at 'Light the Way.' Not to be outdone, 'Red,' the Cardinals' mascot, also joins in the fun. Fireworks were a fitting finale for an evening that included performances from choirs and dancers. Dr. Lou J. Agnese Jr., UIW's president, wore a Cardinals track suit to the occasion which had an international flavor with holiday greetings from several international students and others bearing the flags of their countries. And of course, Mr. and Mrs. Santa Claus had to make an annual stop.













ENTERTAINMEN

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November -December 2013

Dec. Movies

Compiled by Valerie Bustamante

Dec. 13

A Madea Christmas

Rated: PG-13 Genre: Comedy, Starring: Tyler Perry, Chad Michael Murray, Larry the Cable Guy, Kathy Najimy

The Hobbit:The **Desolation of Smaug**

Rated: PG- 13 Genre: Fantasy/Adventure Starring: Martin Freeman, Ian McKellen, Benedict Cumberbatch, Lee Pace

Saving Mr. Banks Rated: PG-13

Genre: Drama Starring: Emma Thompson, Tom Hanks, Colin Farrell, Paul Giamatti

Dec. 18

American Hustle

Rated: R Genre: Crime/Drama Starring: Christian Bale, Bradley Cooper, Amy Adams, Ieremy Renner, Jennifer Lawrence

Dec. 20

Anchorman 2:The Legend Continues

Rated: R Genre: Comedy Starring: Will Ferrell, Paul Rudd, Steve Carell, Christina Applegate

Inside Llewyn Davis

Rated: R Genre: Drama/Comedy Starring: Oscar Isaac, Carey Mulligan, Justin Timberlake, John Goodman

Dec. 25

The Wolf of Wall Street

Genre: Black Comedy Starring: Leonardo DiCaprio, Jonah Hill, Jean Dujardin, Matthew **McConaughey**

The Secret Life of Walter Mitty

Rated: PG

Genre: Comedy/ Drama/ Fantasy Starring: Ben Stiller, Kriten Wiig, Patton Oswalt, Shirley MacLain

August: Osage County

Rated: R Genre: Dark Comedy Starring: Meryl Streep, Julia Roberts, Juliette Lewis, Ewan McGregor

Labor Day Rated: PG- 13

Genre: Drama Starring: Josh Brolin, Kate Winslet, Gattlin Griffith

Grudge Match

Genre: Sports/Comdey Starring: Sylvester Stallone, Robert De Niro, Kevin Hart, Alan Arkin ------

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'Uncommon Ground' showcases six seniors' works

LOGOS STAFF WRITER

The University of the Incarnate Word Department of Art opened its enior capstone exhibit with a Nov. 15 reception showcasing the work of six seniors graduating in December.

The exhibit titled "Uncommon Ground" features the work of Bachelor of Art candidates Roxy C.J., Thomas A. McGehee and Ellen A. Wise, and Bachelor of Fine Arts candidates Monica Mae Castillo, Julia Novikova and Sara Samano.

"I've been stressing out about this for weeks," said Samano, whose ligital prints feature portraits of childhood toys and present a lightnearted perspective to the show.

"Now I can finally catch my breath."

The other digital work on display includes Castillo's exploration of rotted food, bugs, and other still life in very detailed prints, while Novikova gives a very up-close view of the delicate nature of flowers.

The work of six seniors is featured in 'Uncommon Ground,' available for weekday viewing.B-

The acrylic work of Roxy C.J., however, presents a very penetrating ook. Her work reaches to the psychology of the viewer, giving perspective into the lives of abused women.

"Our individual work reaches to different viewers," Samano said. We are all very different artists, with different messages to give to the world."

Wise's acrylic on canvas presents deer skulls in their relation to hunting life in Texas, while the ceramic works of McGehee are loosely pased on self-portraits.

"'Uncommon Ground'was chosen as the title for the exhibit because The walls of Semmes Gallery are filled with the varying works of the six graduating seniors. of the varying artistic styles of work," said Miguel Cortinas, an associate professor of art and chair of the department. They are all very unique styles, but they are connected through the medium. They've worked very hard to put this together, and I think it turned out rather nicely."





"Uncommon Ground" is on display weekdays from 8 a.m. to 5 p.m. through Dec. 9 in Semmes Gallery on the first floor of Genevieve Tarleton Dougherty Fine Arts Center.

Book Review: 'Dash & Lily's 'Book of Dares'



By Valerie Bustamante LOGOS STAFF WRITER

When I have the chance I like to make lists of books I want to read next.

It's really become a personal thing to do just because I like exploring the

different adventures within the pages of words. I like to call it "Val's Book List," sort of like a bucket list for books.

It so happened when I went to Barnes & Noble one afternoon this bucket list of books was what helped me get my hands on the story of Dash and Lily. Although the sales associate was probably pulling her hair out because she could not find it at all, it was worth waiting and

waiting for her to finally discover it because not once did I want to ay it down after purchasing it.

The book consists of handwritten notes and dares scribbled in a red moleskin notebook; they are the conversations of two unseen friends, Dash and Lily. The young teenagers are unseen friends to each other because they have actually never met one another in person. Yet they pour out personal memories to each other, which not once they had ever shared before with others. It is as if they have known each other for years.

While exploring the numerous shelves of used books at his

favorite bookstore "The Strand," Dash uncovers a red moleskin journal with a blank spine and only the words "DO YOU DARE?" written in Sharpie on Scotch tape posted to the cover. When Dash opens it up, a whole new secret life begins of adventure. This moleskin consists of going through the bookstore and trying to uncover the clues mystery girl Lily leaves behind.

"I've left some clues for you. If you want them, turn the page. If you don't, put the book back on the shelf, please" is where the start of

a quite odd relationship begins between these two strangers.

Just near the bookstore, Lily is contemplating the project her older brother, Logan, and his new boyfriend have made for her. Logan has put in Lily's moleskin different challenges, in hopes of trying to give his sister's depressing winter break a spark of excitement and finally maybe even a boyfriend. Of course with little faith in her older brother, Lily believes it's just a ridiculous waster of time. Until when she goes to pick up the red moleskin and instead of finding the end of this just-started project, it is indeed the beginning of embarrassing dares that brings her close to a boy she spends more time thinking about even though she has never laid her eyes on him.

The sticking of a hand inside a sweaty Santa suit, dancing alone at a Jewish punk-rock concert and definitely getting out of comfort zones is what Dash and Lily bring through their journal of dares. As they circle throughout New York City leaving the moleskin in places, so one can pick up where the other left off, creating new passion that both teens are needing in their own lives. With the help of this red moleskin notebook, Dash and Lily uncover new things about each other, bringing them closer and closer each day of winter break in hopes of actually meeting someday.

"Book of Dares" is all sorts of on-the-seat emotions as you flip the pages wanting more and more. It's a bunch of strong opinions, smartaleck vocabulary, and love in a whole book.

From the bestselling authors of Nick and Norah's Infinite play list, Rachel Cohn and David Levithan come together once again to bring together two individuals that maybe were never supposed to meet in the first place, but end up doing so in a new twist.

Instead of bringing together two individuals through social networks such as Facebook and Twitter, Cohn and Levithan take advantage of the old form of handwritten entries back and forth, creating a shaky foundation for our two main characters.

What if the only connection these two have is just the red moleskin? Could it actually be possible to connect to each other outside of the

After finishing the Book of Dares, I've been quite enticed to see what would happen if I left a moleskin journal somewhere to be found, would it turn into an adventure like Dash and Lily's Book of Dares? E-mail Bustamante at vbustama@student.uiwtx.edu

Review: 'Thor: The Dark World'



By Diego Ortega LOGOS STAFF WRITER

movie that has something to offer the whole family.

Alan Taylor's "Thor: The Dark World" has taken over the box office since its release. The sequel to the superhero's story is an enjoyable

The movie takes a different approach by closely following the different internal struggles that Thor and Loki encounter. Thor's expectations to fill the shadow of his father, Odin, as future king of Asgard is just one of the many battles he encounters throughout the film. Chris Hemsworth does an excellent job finding a balance between the superhero who saves the world and the true human within him by portraying strong emotion throughout the film.

In contrast to Thor, Loki is the power-hungry brother who struggles to find his place within the family. Loki, played by Tom Hiddleston, struggles with jealousy and the ability to swallow his own pride in hopes of eventually ruling Asgard. These two great actors complement each other and give their own spin to the dramatic sequel.

Alongside the two main characters, Natalie Portman and Idris Elba play much more important roles. Portman's character, astrophysicist Jane Foster, has an important role

"Born to be a king, I ask one thing in return: a front seat to watch Earth burn.' -Loki

as she attempts to keep Thor on the "human" side by helping him find himself.

The fact that Thor, a very masculine character that has always been portrayed as invincible, is struggling and has lost his place due to his love for a woman is a very modern approach to a superhero story. Elba also has a bigger impact on the story. Although his roles are minor, he is a key figure to the development of the movie. I personally expect him to become a major character in a future Thor movie and can see the potential in his role as a mentor.

Finally, the director effectively implemented the humor aspect into the film. Just like the first movie, "Thor: The Dark World," will keep you laughing and at the edge of your seat with numerous battles and action-packed scenes. The use of several characters as comic relief throughout the movie is a very refreshing way to attract viewers.

"Thor: The Dark World" is a must-see. It is a unique superhero movie that is worth every penny.

E-mail Ortega at diortega@student.uiwtx.edu



PROS

Lots of humor between Loki and Thor. Idris Elba takes a bigger role.

Unexpected twists, many loose ends that allow us to use our imagination.

CONS

The beginning starts at a low pace. Villain's style seems very familiar -- a 'Lord of the Rings" feel.

Deception concept was used a bit more than necessary.

ADMINISTRATION

November-December 2013

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Administration picks founding dean for UIW osteopathic medical school scheduled to open doors in fall of 2016

The University of the Incarnate Word has hired a founding dean for its School of Osteopathic Medicine expected to open in fall 2016.

The new dean, Dr. Robyn Phillips-Madson, is expected to begin work in January. Madson most recently has been dean and chief academic officer at Pacific Northwest University College of Osteopathic Medicine in Yakima, Wash., where she had previously taught and served as chair of the Department of Clinical Medicine and assistant dean of clinical sciences.

Madson was the first of two candidates who gave public presentations in the Special Collections Room on the second floor of J.E. and L.E. Mabee Library.

Madson holds a B.S. in pharmacy from the University of Washington in Seattle; master's degree in public health from Nova Southeastern University in Fort Lauderdale, Fla.; and her Doctor of Osteopathic Medicine degree from Michigan State University in East Lansing. She has been a hospital pharmacist, family physician and clinic director.

In 2007, Madson, who has been married since 1978 and is the mother of two adult children, was doubly honored. She was named Physician of the Year by the

Washington Osteopathic Medical Association and received the Founder's Award from the Northwest Osteopathic Medical Foundation for a quality-of-health program she was involved with in Guatemala.

Besides her professional achievements, her "warm and caring personality" impressed many who met her at UIW, according to a news release.

"It is the belief and hope of the University Administration that Dr. Madson will lead the effort to inspire a new generation of doctors to serve with the same enthusiasm and dedication that has motivated Dr. Robyn Madson throughout her medical career," said Dr. Denise Doyle, UIW's chancellor who chaired the search committee.

medical school for South Texas," Doyle said.



"We welcome her to our community and to San Antonio and commit to supporting her in the enormous task of creating a distinctive and quality osteopathic

Screens in the Classroom: Teacher and student perspectives



By Phil Youngblood

I do not ban personal computing devices (screens) in my classrooms. I believe in responsible use, not abstinence

When students pile into my classrooms, I observe them unloading an assemblage of items from those enormous book bags, including textbooks and notebooks and laptops and tablets and smart phones. There may also be a computer lab screen staring blankly at them. From the time they arrive until they leave, many of them are staring at a screen of some sort, looking up when something more interesting to them than their screen catches their attention. I try to maximize the frequency of this.

Many faculty members here at UIW find screens in classrooms a real problem for them, and it has become a routine discussion topic in various types of faculty meetings. So I decided to have an informal discussion on this issue with my freshmen and non-traditional students to gain some student perspectives and share with them teacher perspectives I have heard. And yes, there have been all kinds of studies done on this. The typical faculty study is negative (see http://bama.

ua.edu/~sprentic/695_Sana_et_al._2013-laptops. pdf); the typical student study is positive (see http://www.nmu.edu/education/sites/ DrupalEducation/files/UserFiles/Vanwelsenaers_Marc_MP.pdf and a meta analysis of 40 years of studies on the effects of technology in the classroom (at http://rer.sagepub.com/content/81/1/4.full.pdf+html) finds that...it depends, which is probably the most accurate answer.

When teachers speak about this issue, the words I hear most often are "respect" and "engaged." By this they mean when one person is talking (usually the teacher, with one speaker at a time being the practical limit in a traditional face-to-sea-of-faces classroom), if other (passive) participants make eye contact with (or at least stare at) the speaker, then this shows "respect" and they are viewed as "engaged."

The expectation is that participants who stare at the speaker are also listening and might be able to answer or ask questions appropriately. Student explanations for this view range from teacher-centered ("I earned this and I need you to appear to be paying attention to validate my position" or "I find this subject interesting and you should also") to more student-centered ("I am sharing what I know with you and I want you to learn because you need this" or "This needs to be passed on to future generations.")

Students also think this may be a generational or digital divide thing – teachers who are less comfortable with technology or who could not imagine multitasking are more likely to prohibit it in classrooms. However, one student shared a story that their professor who is

most adamant about no screens in the classroom pulls out his iPad and works on it whenever his students are taking exams or doing projects!

When students speak of this issue, the words I hear most often are "multitask" and "challenged." By this they mean they feel they can do more than one thing at a time (or need to because of demands on their time) and that listening to a teacher talk is not challenging enough to engage their whole attention. All students agreed opening up a device during a one-on-one, faceto-face situation such as a date or social setting like church would be gauche, and using devices during a chemistry lab would be unsafe, but classrooms are not viewed as personally or as involving as any of these environments. Some students say they use their screens to take notes or look up things pertaining to the class, but most admit they are doing things not associated with class, though they have excuses for doing so – so they can stay awake and alert in class (particularly ones not in their area of interest), because UIW has broadband (fast) access they do not have at home, because they feel what they are doing is not impacting their learning or others in class, and because doing more than one thing is what they do all the time and is comfortable to them.

In 2013 I am writing about the global impact of computer technologies. As always I invite your feedback, dialogue, and differing opinions on this topic.

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Institutional Review Board monitors research rules

By Rachel Cywinski LOGOS STAFF WRITER

Some students may attend the University of the Incarnate Word and never hear about the Institutional Review Board until they need approval for a survey or other research project for a class.

Such projects have to be reviewed to ensure they are conducted in an ethical manner and to protect the confidentiality, privacy and rights of the research participants.

"The IRB is mainly charged with protecting the safety of human subjects that are participants in research," said the IRB's chair, Dr. Helen Smith, an associate professor in the Department of Pharmaceutical Sciences at John and Rita Feik School of Pharmacy, who chairs the IRB.

"It is a mandate of federal law that institutions conducting research using human subjects have an IRB or access to one that can review proposed projects," Smith said. "The IRB determines whether proposed research projects that involve humans as subjects may be conducted. The IRB evaluates the risk to the subjects and makes a determination of whether the research should be carried out based on the risk to the subjects involved."

The university's IRB Manual specifies those who must apply to the IRB for approval:

- All faculty and other employees conducting research with human subjects.
- Graduate students doing master's theses or doctoral dissertations involving human subjects.
- Students conducting research that does not fulfill requirements of a course.
- Students conducting research that fulfills requirements of a course, other than thesis or

dissertation, and that falls under the expedited review or full board review categories.

The Manual also specifies some students do not have to obtain IRB approval for their projects, if they are completing student research which falls into the exempt category in order to fulfill requirements of a course, and will not present or publish their findings outside the class.

The Manual assigns these responsibilities to instructors:

(a) explaining the Protection of Human Subjects in Research policy and procedures,

(b) submitting to the College/School IRB representative a syllabus that explains student

participation in research,

(c) protecting the human subjects affected by the course work.

Researchers from other institutions who wish to

perform research here must include approval of their own institutions with applications to the IRB. The Manual defines three categories of research

that must be approved by the IRB:

1. Exempt research: Involves no personal risk of

1. Exempt research: Involves no personal risk of physical, psychological, or social harm (for example:

educational testing, surveys, interviews, observations, if subjects cannot be identified), approved by college/school IRB representative.

2. Expedited research: Involves no more than minimal risk (for example: collection of data from voice or video recordings, moderate exercise by healthy volunteers), approved first by the college/school IRB representative and then by the IRB chair.

3. Research requiring full board review: Involves more than minimal risk, approved by the full board.

"The IRB is composed of representatives from each college or school at the university that are either elected to the position by their colleagues or appointed by their dean," Smith said. "There is also an external member of the IRB. All members of the IRB are responsible for reviewing research protocols of investigators that wish to do research using human subjects. The chair of the IRB helps the ex-officio member keep up with the administrative aspects of running the board.

"We protect the university from harm to its reputation and legal action by making sure UIW investigators are conducting research that will not protect the rights of human subjects. Students must be informed how human subjects research should be conducted, safeguarding their subjects' rights. Students that graduate without this knowledge run the risk of conducting human subjects research improperly on their own, potentially harming their subjects."



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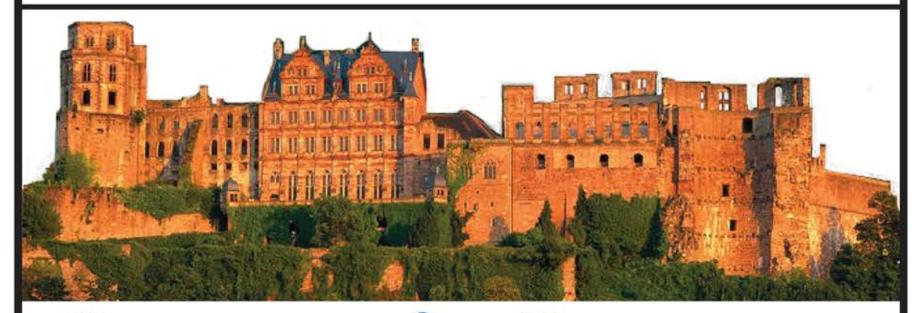
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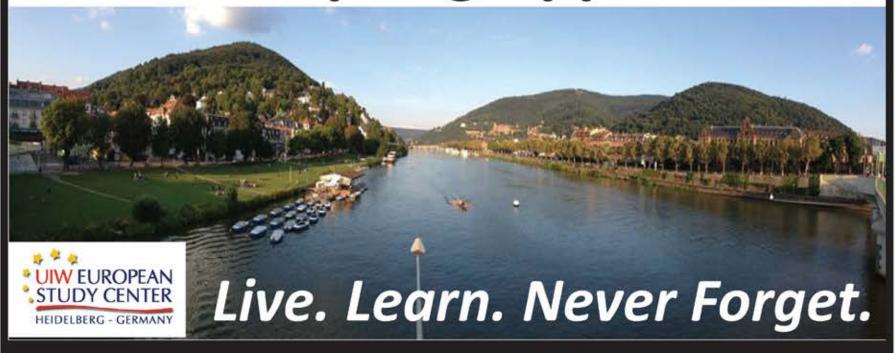
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