

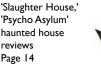
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Incarnate Word remembers fallen student By Sophia A. Rodriguez

LOGOS STAFF WRITER



the University of the Incarnate Word, leaves behind wonderful memories and an irrepressible spirit that continues, friends said.

Ruiz, 23, died Sept. 17 when he fell from a third-floor balcony railing at an apartment in The Mansions at Canyon Springs on Wilderness Oak off U.S. 281 north of town, authorities said.

Ruiz reportedly had been drinking around 6:30 p.m. A friend asked him to come back

lose Ruiz III over the railing onto the balcony but Ruiz slipped and fell to the concrete below, officials said. He was pronounced dead at the hospital.

A native of San Antonio, Ruiz was remembered fondly by those who attended the Mass of the Resur-

Jose Ruiz III, a student at rection for him Friday morning, Sept. 27, at Our Lady's Chapel.

> A 2008 graduate of John Marshall High School, Ruiz was working on his bachelor's degree in business administration with a concentration in marketing.

> Friends said Ruiz was known as a very social individual who enjoyed connecting with people, often introducing himself to people he didn't know on campus, offering his friendship. He had recently accepted a bid to Kappa Sigma Fraternity. Many said Ruiz lived a life of excitement and adventure.

> Alex Hoyl, a UIW sophomore studying sports management, said he considered Ruiz a best friend. The two met in a math class last year and developed an immediate friendship, Hoyl said, describing Ruiz as determined and fun-loving. They played basketball at the Wellness Center where Ruiz also was known to enjoy working out and making people laugh, he said.

"I'm trying not to dwell on the time I won't get to

spend with Jose, but rather be thankful for the memories and good times we got to spend together," Hoyl said.

Engineering management sophomore Andrew Grossman said he also remembers Ruiz fondly after meeting him early last spring.

"We were playing basketball in the gym late at night and we needed another player but there was only Jose in cowboy boots and pants, but he still played running funny and clunking around in his boots," Grossman said. "It was pretty funny to watch."

The Sunday before Ruiz died, Grossman said, the two had been to church.

"To share that last Sunday with him was very special because we both spent it growing our faith as friends and in the end our faith is all we take with us once we pass, so I feel honored and blessed that I got to share the experience with Jose," Grossman said.

Volunteers prepare strings for fall's 'Light the Way'

By Katy Raynes LOGOS STAFF WRITER

Volunteers repaired strands of broken Christmas lights Sept. 4 and Sept. 21 in Marian Hall Ballroom for the 2013 "Light the Way" ceremony at the University of the Incarnate Word.

In a room full of upbeat music and piles of Christmas lights, student volunteers wrote their names on a sign-in sheet to receive community service hours required for graduation.

Pizza, cookies and iced tea were provided, as well as a multitude of other snacks. At work stations in the ballroom, volunteers took a pair of pliers and gardening gloves, took a string of lights and began repairs on strands. Every table had boxes of new bulbs to ensure ease of replacement. Once a string was fully fixed, volunteers placed it in the "completed strand" pile.

responsible for organizing the workdays. Rice said students and members of the community participate in the workday to "be a part of the bigger event in November."

"With service being a big pillar of the university, I think students, faculty, and staff have a large passion for giving back," Rice said.



In addition to service hours and pizza, door prizes were given to volunteers who correctly answered Incarnate Word-related trivia throughout the workday event. These incentives were given to draw students and faculty into the workday. However, the community service hours and prizes weren't what enticed freshman Rosalee Espericueta.

"I saw 'Light the Way' for the first time when my aunt worked at Incarnate Word," Espericueta said. "I was 12 and I thought it was the coolest thing. When I heard that UIW was calling for volunteers, I wanted to come and be a part of setting it all up."

Similarly, Dr. Trey Guinn, a new assistant professor in the Department of Communication Arts, came to be a part of the bigger picture.

"Some of me and my wife's first dates were here at UIW seeing the lights at 'Light the Way,'" said Guinn, who teaches speech courses. "So that's why I'm here -- to bring things full-circle."

Along with countless volunteers, there were four student workers who helped keep the workday running smoothly.

"Honestly, I'm here because this is my job," said Erik Esparza, one of the student workers. "But if it weren't, I think I'd be here anyway. It's a great bonding experience for our community."

Kayla Rice, special events coordinator for UIW's Office of Public Relations, was

KATY RAYNES/LOGOS STAFF

Volunteers check strings of Christmas lights from the million bulbs used for the annual 'Light the Way' event.

FYI

The annual "Light the Way" holiday kickoff ceremony will be 7:30 p.m. Saturday, Nov. 23, in Gayle and Tom Benson Stadium.

Dean: Hi-tech gates to improve access to library, media center By Amanda Cruz-Lombraña

LOGOS STAFF WRITER

J.E. and L.E. Mabee Library will be installing new security gates before the spring semester that will allow students easier indoor access to the media center and library, the dean said.

The new gates will secure all three floors, which will uplift the restrictions, allowing students to access the elevator and enter the media center without walking around the building, said Dr. Cheryl Anderson, dean of Library Services.



Dr. Cheryl Anderson

The gates also will be placed in the media center allowing for an accurate calculation of the amount of traffic entering and exiting the building.

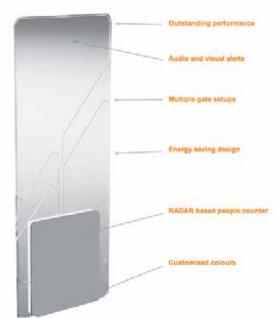
The new RFID Technology will be installed after the fall semester. The gates will be purchased from the Bibliotheca Company. The high-tech gates allow for an easier yet efficient inventory of the book collection that will both alarm and notify when and what book has been taken.

"It's been a group effort in retagging all the books in our collection to work with the new technology," Anderson said.

The library has an inventory of more than 280,000 physical items. A total 27,105 items were checked out within the last year, not including 2,728 items received through interlibrary loan. The library statistics show a steady increase of the facility since 2009.

"A possible future for the library might be to purchase a kiosk allowing (a) personal checkout/in system," said Anderson.

Tiffany Lopez, a junior nursing major, said easier access will open up new doors to the library. "Many students do not realize there is a media center," Lopez said. "The new indoor access will allow fellow Cardinals to utilize their library services to its full potential."



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Compiled by Valerie Bustamante/LOGOS STAFF WRITER

Double decker crashes into train

In Ottawa, Canada, authorities are trying to learn how a double-decker bus crashed into an early-morning, oncoming commuter train, leaving six people dead and 34 injured. The driver of the bus, identified as Dave Woodward, was among those killed. There's speculation Woodward may have suffered a heart attack or the accident was caused by some mechanical failure. The double decker went through safety barriers and straight into the passenger train. It wasn't until Woodward was close to the train that he braked. This is the second incident in Canada involving a train wreck.

Pandora wins music battle Abducted teen's mom knows suspect

The American Society of Composers, Authors and Publishers (ASCAP) cannot stop Pandora, the Internet radio service, from licensing all the songs in ASCAP's catalog. Just two years ago, publishers were taking away the rights to the music from ASCAP and BMI, causing Pandora to argue for a license to play the music to their listeners, even though in ASCAP's consent decree, it states when any service such as Pandora asks for music they must license it. By 2015, ASCAP must have every song in their catalog available to Pandora to stream.



Maria Magadalena Corral, the mother of 14-year-old Ayvani Hope Perez, has a history with one of the suspects who abducted her daughter from an Ellenwood, Ga., home this month. In February 2012, Corral was arrested along with suspect Juan Alberto Contreras-Rodriguez in a drug raid. They were both charged with trafficking drugs, but the charges against them were dropped when a judge ruled the search of the home was unconstitutional without a warrant. Corral's daughter, Ayvani, was taken from their Ellenwood home during a robbery, when the family failed to give the robbers jewelry and money. Authorities say the break-in was not random. The girl was found safe in Conyers, Ga.

Apple gets blame for network crashes

College wireless networks around the United States have been experiencing a multitude of crashes within the same time period. They place the blame on the new iOS7 system for Apple's iPhone. Due to thousands of students using the school's wireless networks, they continuously crashed. When Ohio University's network went down, students were told to refrain from downloading the new iOS7 until the problem could be fixed. Other campuses experiencing network difficulties include the University of Cincinnati and New York University.

Annual UIW Phonathon takes off

LOGOS STAFF WRITER

The annual Phonathon began over the weekend and is running through Sunday, Oct. 6, this fall at the University of the Incarnate Word.

The fund-raiser provides a great opportunity for the present and past of UIW to meet, administrators said. Every fall and spring, students communicate with alumni annually to update information and ask for pledges that will contribute to student scholarships, student activities, and technology advances. Alumni are also informed of upcoming UIW events.

Students learn precious job skills that will become useful in the future, Phonathon Director Patrick Greener said. On top of that, the best and most dedicated 30 to 37 Phonathon student callers will be paid \$7.75 an hour after they have completed their 15 hours of volunteer community service hours that can be applied toward the 45 needed for graduation. Before the Phonathon began, volunteers were involved on Fridays in training sessions where they received advice and tips to use when they called.

Greener, who has led the Phonathon almost a decade, said he has enjoyed over the years the enthusiasm of the students. One tip he gives the volunteers is to simply smile.

"It's contagious," he said.

Phonathon started back in the 1980s or 1990s when students had to use phonebooks and landlines. At first, students called from Marian Hall. Then the Phonathon was moved to the second floor of J.E. and L.E. Mabee and then in 2008, Brackenridge Villa. Now the Phonathon headquarters is located in the McCracken House

Bonilla Hall.

What once was six students over the years has increased greatly in number. AT&T has donated 50 cell phones for use in the Phonathon.

The pledges accumulated in Phonathon helps raise money in the annual fund,

which recently has been mostly for the Scholarship Fund doe to the enormous growth in student population.

Throughout the Phonathon, student volunteers will be able to win numerous prizes as they work to make calls and earn pledges. The prizes can vary from a gift card to Spurs tickets. This year, the goal is the raise more than \$100,000 in pledges.



JENNY TRAN/LOGOS STAFF

across the Sky Bridge, but since last year, the Phonathon has been in Room 129 of

SGA launches campaign to hike student service fee

The Student Government Association is proposing a \$45-a-semester increase in the student service fee to make the University of the Incarnate Word competitive in student-leadership activities to comparable universities.

The so-called Student Legacy Fund will be used to improve outdated facilities and increase student ownership in UIW on a scale comparable to Trinity University, Southern Methodist University in Dallas and Texas Christian University in Fort Worth, according to UIW's SGA.

UIW's SGA budget is \$30,000 a year as compared to TCU's and Trinity's \$700,000, and SMU's \$300,000, according to UIW's SGA estimates. Proponents said the proposed \$45-a-semester fee or \$90 a year would raise \$450,000 a year based on 5,000 students with \$50 of the fee going toward a new student center and \$10 each toward student organizations, the Wellness Center, a Green Fund and the library.

Student organizations could use their portion toward their yearly budgets. The Wellness Center would use its portion for facility and equipment upgrades. The Green Fund could go toward solar panels, rainwater harvesting and community gardens. The library could use its portion to reduce students' printing costs and stay open longer.

After a new student center is built, the \$50 a year going to the center could be diverted to "large events, such as distinguished speakers, and well-known music artists."

"Although SGA understands that students never want to increase tuition, we also know that to stay competitive with other universities we must sometimes make unpopular decisions. We truly hope that the student body understands the overall impact of what these funds could accomplish, and we ask that every student makes it a priority to reach out to SGA and vote yes on this initiative. This is not the first type of proposal by a student government. Many other student bodies have voted on similar measures."

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Candidate makes bid for medical school deanship

By Angela Hernandez LOGOS STAFF WRITER

osteopathic medical school said she shares values the University of the Incarnate Word has.



"UIW has similar core values and missions that have been present in my work over the years," said Dr. Robyn Madson, an assistant professor of family medicine in the College of

Dr. Robyn Madson

Osteopathic Medicine at Pacific Northwest University of Health Sciences in Yakima.

Speaking Wednesday, Sept. 25, in the Special Collections Room of J.E. and L.E. Mabee Library, Madson made a short presentation before answering questions from the audience, which included members of the search committee and medical school task force.

The Board of Trustees is expected to discuss progress on the medical school plan, which got a boost in light of an agreement UIW is working out with the San Antonio Independent School

A candidate for dean of the proposed District to locate the school on land near Fox Tech High School.

> Madson is the first of two reported candidates for dean. The second, whose name hasn't been announced, is expected to visit UIW around mid-October, according to the provost's office.

> Madson made a case for her getting the job.

> "I believe there needs to be a sense of community at the foundation of anything, which is strongly held here," Madson said. "As well as the missions the university does with different types of volunteer work and charity, I've personally led medical and dental trips to Guatemala before so I can see the similarities in work and values."

> Madson has degrees from the University of Washington School of Pharmacy and Michigan State University College of Osteopathic Medicine. She has worked as a family physician at a private practice, director a clinic in North Seattle, and serves on the board of several medical associations. Madson then spoke about her familiarity with the educational aspect of her credentials.

Madson said there's a growing inter-

est in osteopathic medicine and preparing more in the field would benefit the San Antonio area which has seen rising numbers of patients dealing with obesity, heart disease and diabetes.

"Some people hear the word 'osteopathic' and they think that it's an alternative type of physician when in fact the same schooling is needed," Madson said. "The only difference is that the focus is switched from medication to changing an unhealthy lifestyle to see results."

Making a move from Yakima to San Antonio, she said, wouldn't be hard, "especially when thinking about the student body because there are a large number of minorities in both cities -- particularly Hispanics. There is also a great sense of community and that is important with medical students because they ultimately serve the people of their city.

"Incarnate Word already has a great infrastructure to take on a medical school. There are already programs like pharmacy, nursing, and nutrition and physical therapy. These schools can come together and learn how to work together as a unit to help a patient. This is an upper hand since these are things missing

in some medical programs when their students go to pursue a residency."

Madson said she has seen what has worked with medical students and what needs to be improved.

"Something I believe is important for the medical school is that it must have resources available to minorities and those who are first-generation college students in their families," she said. "UIW already has this in place and that's why it seems like a natural step for there to be a medical school. There should be more residency programs that deal with things falling under the umbrella of health of administration; such as billing and electronic records that each student struggles with. Every student needs individualized attention and that is already a big part of UIW."

Overall, Madson said she has nothing but positive outlooks on the possibilities of the medical school.

"San Antonio and UIW is a great place to have a medical school because it offers lots of opportunities to the community, business and ultimately the people."

Sodexo food services on the go By Rachel Cywinski

LOGOS STAFF WRITER

Sodexo, which operates food services at the University of the Incarnate Word, has a new executive chef in Marian Hall and a new general manager in its San Antonio office of Sodexo.

Wes Muncy most recently was executive chef at Sodexo's operations at Texas A&M University-Corpus Christi. New GM Yves Duguay moved here from College Station the beginning of August.

Since arriving at UIW, Duguay has tried to increase food service locations on campus. He transformed and renamed a section of Hortencia's Café to Sammie's in the Administration Building basement.

Duguay said, "Sammie's offers our customers fresh-made breakfast and deli sandwiches to order with options of adding soups and salads," Duguay said.

The eateries open at 7:30 a.m. Monday through Friday. Monday through Thursday they close at 10 p.m., and Friday at 4 p.m.

For customers who prefer to get "Simply to go" items and continue on their way, Duguay added a third checkout line inside the door of Hortencia's, and a cart that sells those items



around campus. "The food cart will provide simply-to-go menu items such as breakfast tacos, sandwiches, fresh whole fruit, salads and assorted cold beverages," he said. "The convenience of the food cart will allow students to grab and go between classes. The permanent location of the food cart is presently undecided and will be determined by which location will benefit the majority of students." The new general manager has had some plans declined, such as his plan to transform Marian Hall's game room. Duguay said. "We were not able gluten-free meals and give them to a chef to heat.

Last year, responding to concerns about waste from the university community, Sodexo introduced reusable green to-go containers.

"Food compost and refillable mugs are valid concerns which have just been brought to my attention," Duguay said. "I will need to investigate these options. Sodexo is dedicated to providing the students with quality food items and service and is making great strides in accommodating as many of the student's needs as we can. This includes gluten free menu, vegetarian menu, and a variety of pre-set menus that will be available on the Sodexo website. Current food trends will be included in our decision-making. Suggestion boxes are available for the students to provide our management team with any ideas or concerns."



A Sodexo worker parks a mobile 'simply-to-go' cart weekdays to serve students. to continue with the C-Store project due

to lack of electrical needs to operate the equipment necessary to make it successful," he said.

In the existing facilities, such as Finnegan's Café near the entrance inside J.E. and L.E. Mabee Library, the new GM has rearranged the presentation of food, added tables where possible, and made plans to improve the flow of traffic. In Marian Hall dining room, some things have been moved, and services changed. The deli area is now serviced by a Sodexo employee, and the condiments for deli and grill items are now located by the dining-room entrance to decrease congestion. Each of the salad bar items is presented in a green bin.

Looking forward, Duguay plans to soon make changes to facilitate diners with dietary restrictions being able to avoid foods to which they are allergic or to which they have medical restrictions. Menus will be posted and strictly adhered to by chefs. The same recipe will be used each time a dish is prepared, to prevent accidental inclusion of any item not on the menu. Diners will be able to select entire pre-wrapped,



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Feik Pharmacy sets 'White Coat' ritual

The founding dean of Texas Tech University's pharmacy school will speak for the annual White Coat Ceremony 1:30-3:30 p.m. Friday, Oct. 4, at the University of the Incarnate Word.

The ceremony is for the Class of 2017 at John and Rita Feik School of Pharmacy, an administrator said.

"This is an important ceremony for the first-year pharmacy students as they receive their white coats and pledge themselves to serving others by reciting the Oath of a Pharmacist," said Dr. Russell Attridge, an assistant professor who is helping to plan the program for Feik.

The speaker will be Dr. Arthur A. Nelson Jr., who was founding dean of the Texas Tech University Health Sciences Center School of Pharmacy in Amarillo. Prior to moving to Texas in 1994 to establish the new school, he was dean of the colleges of pharmacy at Idaho State University and University of Nebraska Medical Center.

Nelson, who remains on the faculty, served as Texas Tech's pharmacy school dean until this past July.

Nelson earned his bachelor's degree in pharmacy from Northeast Louisiana State College and master's degree in pharmacy from Northeast Louisiana University. He earned his Ph.D. in pharmaceutical marketing and health economics from the

University of Iowa.

His career also includes stints as the Department of Pharmacy Practice chair at the University of South Carolina and as a faculty member at University of Illinois Medical Center. He moved to Texas in 1994 to begin the process of planning and establishing the TTUHSC pharmacy program in Amarillo.

Nelson has published more than 100 journal articles and books and has received more than \$2.5 million in grants and contracts to support his research interests, which include diabetes and the impact pharmacists have on the care of diabetic patients. His wife, Sherida, also a registered pharmacist, is a clinical instructor in managed healthcare for Texas Tech's



Department of Pharmacy Practice. The Nelsons, who have a son and daughter, also have seen their offspring earn pharmacy degrees.

The White Coat Ceremony is open to the public, but due to limited space, a ticket is required.

96 phamacy students to receive white coats



2017 will recite oaths to formally mark their entrance into John and Rita Feik School of Pharmacy for the White Coat Ceremony.

The class includes Simplicio Aldover, Agustin Allende, Christopher Almaraz, Alyssa Anderson, Andrew Benigno, Zachary Bohmfalk, Danielle Briones, Blyss Burton, Barbara Bustamante, Janaina Cabell, Daniel Celaya, Jacqueline Chacon, Tasheika Christie-Gibson;

Daniel Colop, Favianni Cortes, Camille Cuellar, Meskerem Dagnatchew, Bita Davani, Sammie Davis IV, Julie De La Cruz, Matthew DeCesare, Damaris Delgadillo, Pranav

on the upper left arm."

Ninety-six students in the Class of Desai, Christina Devlin, Bethannie Ng, David Nguyen, Linh Nguyen; Drzymala, Devin Eddings, Sean Eifler, Eric Elfenbein, Earl Gacula;

> Hiral Gandhi, Juliet Garcia, Isaac Garza, Karla Garza, Marissa Garza, Annette Garza, Ashley George, Chelsea Glasgow, Samantha Gonzales, Elizabeth Haake, Jessica Herrera, Erin Hessler, Sara Hogan, David Iruegas, Jonathan Jost, Katherine Ketchum, Malik Khan, Huyen Khong;

Kelly Klar, Ligil Koshy, Ryan Lampien, Tram Le, Kyung Lee, Kelly Lopez, Tamai Loveless, Joel Manrrique, Zahra Maredia, Monica Martinez, Stephanie Martinez, Kacey McQuiston, Maridza Molina, Amrin Momin, Raymundo Mosqueda, San

Phuong T. Nguyen, Tanya Nguyen, Toan Nguyen, Lindsey Nichelson, Alice Onchari, Monika Pieniazek, Eileen Pierce, Dennis Prasad, Kristine Reymundo, Deseree Reyna, Francesco Russo, Jacqueline Salado, Bryan Salas, Nawid Saleh, Calvin Sanchez, Jesse Sanchez, Ching Yi Shiu;

Kaitlen Shumate, Erin Skehan, Rebecca Solis, Roxanna Soriano, Priya Sureja, Phuongvi Ta, Katie Truong, Gabrielle Uzzell, Stefanie Van Boskerck, Marta Varady, Marco Vidaurri, Jennifer Vu, Timothy Werkman Jr., and Clarissa Wilkins.

Campus police seek bicycle thief

By Jenn Adams LOGOS STAFF WRITER

University of the Incarnate Word Police have received three separate reports of bicycle thefts in recent weeks on campus amid similar thefts from the surrounding area.

At UIW, one bicycle theft was reported on a Friday and the other two incidents occurred on Saturdays. Trinity University Police, Alamo Heights Police Department

"My bike was locked up and it still got stolen," Hernandez said. "Whoever did this seems like they were a pro and they knew what they were doing."

UIW Police Chief Jacob Colunga said police departments "are trying to crack down" and nab the culprit.

suspect there was "a white or Hispanic male, approxi-

mately 6 feet tall, (with) short hair and a colored tattoo

"baiting bicycles." The detective wants to set out bicycles

locked up at all times using "bike racks and not the rail-

ings or handicapped ramps [because] it causes a safety

with GPS trackers to try and catch the thief.

One of the Terrell Hills detectives suggested using

Colunga said students should keep their bicycles

Alamo Heights police received a recent report of a home burglary where the only item stolen was an ex-At Trinity, an eyewitness to a bicycle theft said the



and Terrell Hills Police Department also have reported pensive bicycle. instances of multiple bicycle thefts over the course of the last few months.

The bicycle thefts on campuses were not isolated to a single location as they were in previous years. Several bicycle burglaries were reported next to UIW's Wellness Center, Marian Hall Student Center and Agnese-Sosa Parking Garage.

UIW student Chris Hernandez said he was devastated when his \$500 Fuji bicycle was stolen from Agnese-Sosa.

Students grade faculty



Bicycles on racks at the university are becoming a target for thieves

By Jenny Tran LOGOS STAFF WRITER

Every semester, random sections of certain classes are selected for University of the Incarnate Word students to evaluate their instructors.

Students in those classes receive emails through their Cardinal accounts that ask if they are willing to evaluate their professors for the specific class and section.

"The evaluations can be accessed online using smartphone, tablet, laptop, or desktop," said Roland Carrillo, assistant director of institutional research at UIW.

Within the e-mails, students will be notified of the class and professor selected for review and the access information needed such as the website and login.

It only takes a pinch of any student's time answering nine multiple-choice questions and three open-ended questions for any comments to answer within the last two weeks of class, Carrillo said.

The evaluations themselves are completely anonymous and the results won't be shown until grades have been posted. Response rates vary depending on specific classes but students have



hazard."

engaged themselves in evaluating their classes more over the years.

The evaluation is an opportunity to inform their professors what helps or works and what can be changed. As not to overload the students, their professors are reviewed randomly.

Each dean reviews the feedback with the professor and they converse about any changes that could be made in their teaching so they can effectively teach their students in the course.

Students are then benefitted in the coming terms as the past students provide helpful advice and review.





Mission accomplished Volunteers celebrate fall effort By Cassidy Fritts

LOGOS PHOTO EDITOR

September 2013

University of the Incarnate Word students, staff and faculty volunteers fanned out Friday, Sept. 20, for the 2013 "Meet the Mission."

The mission, coordinated by Dr. Chris Edelman, an assistant professor of philosophy, and Dr. Michael Frye, an assistant professor of engineering, got the volunteers going bright and early after a breakfast to their designated volunteer sites throughout San Antonio.

Although the sky was cloudy, and it rained off and on during the day, the weather didn't stop this Cardinal crowd from performing their tasks at such locations as the Ronald McDonald House, Salvation Army, Headwaters Coalition, and many others.

When they returned to campus, they ate pizza in Marian Ballroom and shared reflections on the experience. The volunteers discussed what they did, what they saw, and how it affected them.

While they were off campus, volunteers participated in different activities such as cleaning, assisting children, and even setting

up areas for future events.

Students who volunteered for the event not only fostered friendships with other students from UIW, but were also able to gain knowledge about the city and the

adversity that many of the community members face every day. "Meet the Mission was defi-

nitely an amazing experience," said freshman Jillian Oropeza, "It was a lot of fun to help out our community while getting to know other students and even the people we were helping out."

Staff and faculty volunteers also learned valuable lessons at the event and were able to enhance their relationships among themselves and with the students.

First-time volunteers said they generally enjoyed the experience because they were really able to immerse themselves in the community and learn the value of charity and helping others. Students also earned valuable community service hours required for graduation.

"Being a part of 'Meet the Mission' really helped me to get to know the city of San Antonio beyond the campus of UIW," said

freshman Megan Pho, "It really opened my eyes to what others have to face in their lives and made me want to volunteer more often to help them out."

Returning volunteers said they also enjoyed the experience in that it was able to refresh their mindset, and remind them there's always someone somewhere who needs help.

At Frank Garret Community Center, students of the UIW Honors Program were cleaning, preparing for the children's programs happening the next day, helping setting up a major event and even played bingo with a group of senior citizens from the neighborhood on the west side. While helping with the senior citizens, some of the students were able to converse with them and learn more about their lives and the significance the community center held in their lives.

"It really made me realize how external factors can affect a family," said freshman Emma Niel. "The experience spoke to me about the community and how they seek out a sense of family and security in the community center."



Students play bingo at one site with children during 'Meet the Mission



Other students clean up one of many community service agencies on Sept. 20.

Fellowship plans free Christmas Cantata

Some University of the Incarnate Word students are trying to start an International Youth Fellowship that is sponsoring a free Gracias Christmas Cantata Oct. 8 in San Antonio.

The San Antonio office of IYF's World Camp has had representatives wearing bright-red "Christmas Cantata" T-shirts on UIW's campus seeking volunteers for the three-stage musical musical Christmas concert set 7 p.m. Oct. 8 at 2,400-seat Scottish Rite Theatre. One of those volunteers will likely be UIW freshman Thuy Thi Lan Nguyen who is seeking to become president of a proposed chapter but needs a faculty adviser.

The concert features the Gracias Choir which IWF bills as "an international award-winning choral and orchestral group."

"The show is one of many events in the 2013 IYF World Camp, a global youthfocused leadership conference presented by International Youth Fellowship," said Daniel Jo, director of IWF's San Antonio office. "IYF and Gracias Choir have difficulties and hardships of daily life. It's just like how Jesus Christ brought hope partnered to offer Gracias Christmas Cantata absolutely free to the general public." "The Gracias Christmas Cantata is a music-and-stage spectacle that has touched

the lives of people in (more than) 40 countries around the world," Jo said. "Starting from 2011, the Gracias Choir began the Christmas Cantata Tour in seven cities across the United States, toured 11 cities in 2012 and will travel to 14 cities this year," including San Antonio.

Jo said Gracias Christmas Cantata boasts a "very diverse repertoire – (from) the Nativity scene in Bethlehem to cherished Christmas songs for the family and finally Handel's Oratorio 'Messiah.' Gracias Christmas Cantata does not just entertain. It leaves a lasting impression of Christmas joy in people's hearts, no matter what time of year it is."

"No matter where we go, we see the impact of the music and the Christmas spirit has on the audience," said Taeyoung Kim, Gracias Choir's deputy director. "Most people would say that Christmas is only a day in December, but we're showing people everywhere that it's a time of joy where peace and happiness can replace the into this world through his birth two thousand years ago."

FYI

For more information about International Youth Fellowship World Camp and its free Oct. 8 Gracias Christmas Cantata, visit http://www.IYFUSA.org Daniel Jo, director of the San Antonio office, may be reached at (210) 740-6164 or via e-mail at sanantonio@iyfusa.org Here is a link on youtube: http://youtu.be/39jnP51S-Bs

Pre-pharm students hold bone marrow drive

LOGOS STAFF WRITER

The University of the Incarnate Word's Pre-Pharmacy Association got several hundred students to sign up during a two-day bone marrow registry drive last week.

In the United States, every four minutes someone is diagnosed with a type of blood cancer, such as leukemia or lymphoma. Every 10 minutes, someone who has a type of blood cancer dies.

The Pre-Pharmacy Association decided to hold the drive after taking a tour of South Texas Blood and Tissue Center. Jon Hudson, a Be The Match coordinator, led the tour. He explained how the registry worked and how the need for marrow donors is really important.

"The word 'registry' is important because it summarizes what we are really doing: "registering" to donate if we ever happen to be a match to someone in need," said Jennifer Hunter, the association's vice president. "It only consists of some simple swabs on the cheeks, information on the person and the individual's signature who could possibly save someone's life. We are all very strong advocates for spreading the awareness of the bone marrow registry and emphasize the need."

During the drive, the association collected information and swab tests of individuals around campus. Be the Match, a foundation that helps raise funds for patients who need a bone marrow or umbilical cord blood transplant, also had representatives.

"What Be the Match does is help patients suffering from blood cancer and illnesses such as leukemia, lymphoma, sickle cell or anything like that find marrow donors for life-saving transplants," said Zach Moore, a recruiter.

With today's generation of medical advancements, 70 percent of bone marrow transplants are done through the bloodstream in a type of donation called PBSC. It is similar to plasma donation, where blood is removed, filtered for stemorming cells, and returned to the donor. It can take four to five hours to save someone's life with minimal discomfort.

"It is in fact safe," said Moore. "I signed up three and half years ago and donated to a 36-year-old female in Frisco, Texas. I've gotten to know her since; she's a family friend. It's a great experience."

On the first day of the registry, the association was able to register more than 200 students.

"I have spent over a month coordinating this effort and trying to spread the word," Hunter said. The students of UIW went above and beyond my wildest dreams for this being our first bone marrow registry drive. With all the (association) members who volunteered, got informed and got involved, I am honored to be a little part of something much bigger then any of us.

"Since our organization is composed of members who all have the goal of becoming pharmacists, it is important as an organization to become informed about many aspects of the medical field even beyond pharmacy."





VALERIE BUSTAMANTE/LOGOS STAFF Several hundred students sign up for the Pre-Pharmacy Association's bone marrow registry drive that took place along the walkway near Marian Hall Student Center. Some students may match up with someone in need and possibly become a life-saver.



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www.uiwlogos.org

September 2013

From the **Editor's Desk:** By Katie Bosworth



iPhone, iPad, iNeedIt: My Personal Addiction to My Cell Phone

I recently realized how much I actually rely on my cell phone, after it was tragically submerged in water.

I can remember the event like it was yesterday. It occurred around 10 p.m. on a Sunday. As my phone sank into the water, my heart also sank. I went out, got some rice and played the waiting game (in case you don't know, rice is supposed to help dry out cell phones).

Now this shouldn't have been such a stress-

ful event (besides the stress of pos sibly hav ing to buy a new phone. which ended up happening by the way), but to me it was entirely stressful. I sat there thinking the rational thoughts a person would be inclined to think when

their phone breaks, "How will I pay for another phone? Do I have to get a new contract? What if some random emergency happens before I get a new phone?"

Then I realized I was also sitting there thinking about things that shouldn't even be an issue. "How will I wake up in the morning, since my Am I missing out on awesome SnapChats? What if someone is actually trying to get a hold of me? If I have to drive somewhere, I may get lost. I shouldn't they weren't physically

have made fun of Siri so much -- this is karma." I kept thinking of really small issues that didn't matter. In that moment, I had an epiphany; I am addicted to using my cell phone.

I think most people nowadays are addicted to their cell phones. Our cell phone is our friend that goes out to eat with us. Our cell phone is our constant companion, so we never feel alone.

> One of my friends was talking to me about how we use our cell phones to not feel alone in the world. He said people have a fear of dying alone, so having your phone with you makes you feel like there's 0

someone with you, that someone always cares about what you have to say and that you will never be alone in the world.

always

At first, I thought he was just being a bit theatrical, but then I thought about it and I entirely understood the feeling he was talking about. Since I'm not from the San Antonio area, when I first moved here I didn't know little while... or at least phone is my alarm clock? a single soul. I was always cut back on our phone alone, but my cell phone served as a connection to everyone I had left behind at home. I felt better knowing even though

with me, I could contact them at any point in time.

Having your phone by you all the time is like Linus from the "Peanuts" comic strip and his blanket; our phones are our security blankets that will always be there for us when we are physically alone. Until they fall in water, then you really and truly are alone in this world.

People did survive without cell phones in the past. Every time I think about that, I always wonder how that was possible. I don't think I can get through my day without checking my phone for texts, calls, e-mails, or other things.

I'm very saddened to have this addiction, to be a part of a generation that can't get by without having their phones attached to their hip. Yet, the thrill of new phone updates and other technological advances will always get me; I will always be drawn into all the hype. It's a problem I have and I acknowledge it.

Maybe we all need to sit down, turn off our phones for a while, and try to break away from this addiction to technology. We all need to get reacquainted with the world and experience life without our phones for a usage.

Misrepresented **Miss** America



By Dana Sotoodeh LOGOS OPINIONS EDITOR

On Sept. 15, 2013, 24-year-old, Miss New York, Nina Davuluri, was crowned Miss America 2014. She is the first contestant of Indian-American descent to ever wear the beautiful crown.

Sept. 15 marked a very important day in history. It was a steppingstone for minorities who often feel undermined when the typical "blond-hair, blue-eyed beauty takes the crown. The Michigan State college graduate graced the stage in a floor-length yellow gown that complimented her skin perfectly. Her strive for a change in healthy lifestyles and education, and her overwhelming beauty, wowed America as she accepted her award. It truly was a memorable moment in history.

While half of America stared at the television in awe of her beauty and accomplishments, the other half of America showed its ugly, ignorant, and just plain disappointing side. Much like the incident that occurred earlier this year during the Spurs playoff game, with young Mexican-American Sebastian de la Cruz, Twitter was bursting with negative comments regarding Davuluri's win.

The ignorant twitter users tweeted away, saying negative comments such as "This is America, Not India" and "Egypt Dancing? This is America." These comments were just some of the thousands of racial and uninformed comments streaming under the hashtag, #missamerica. Twitter users ranted about how she may have ties to Al-Qaeda by creating comments such as "Miss America is a terrorist, whatever it's fine," and plenty of others. People argued the bombshell blonde, Miss Kansas, should have won because she's a "real American" and loves





idea that an Indian-American was not worth our "oh so precious" American crown? Last time I checked, we all had equal rights and equal protection under the law. Last time I checked, we pride ourselves on being the best nation in the world. How can we put ourselves on a pedestal when our citizens are so close-minded and ignorant?

These are questions that have vet to be answered and I'm not sure if they ever will be. All I know is respect for one another is crucial in making this nation the wonderful nation we build it up to be. We should pride ourselves on our beautiful, and well-deserved, Miss America, and use this steppingstone as a beacon of hope for nations who

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tattoos and hunting.

Let me stop this nonsensical talk right there. Since when was beauty in American defined by a blonde bombshell that likes hunting and tattoos? Since when did this "free" country we are so proud to call home, accept the experience inequality on a daily basis. Until that happens, we are not, in any way shape or form, the "best nation in the world."

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J.D. Salinger marks return through unpublished works

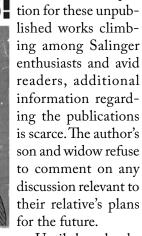
By Dana Sotoodeh LOGOS OPINION EDITOR

Deceased in 2010 at the age of 91, J.D. Salinger's work lives on through a series of five unpublished books, set for release around 2015.

Shane Salerno's documentary released Sept. 6 and book on Salinger, titled "Salinger," surpasses the expectations of a detailed account of the very private author's life. Within his work, Salerno releases secret information regarding Salinger's instructions for his estate to publish five additional books -- some entirely new, after his passing. Believed to be done writing after his last publication titled "Hapworth 16, 1924," which appeared in the New Yorker, those in touch with Salinger said he continued writing consistently. (We think he was working on his secret line of publications.)

This is exciting news for Salinger fans who can't get enough of his award-winning works, such as "Catcher in the Rye" and "Franny and Zooey." One of the unpublished

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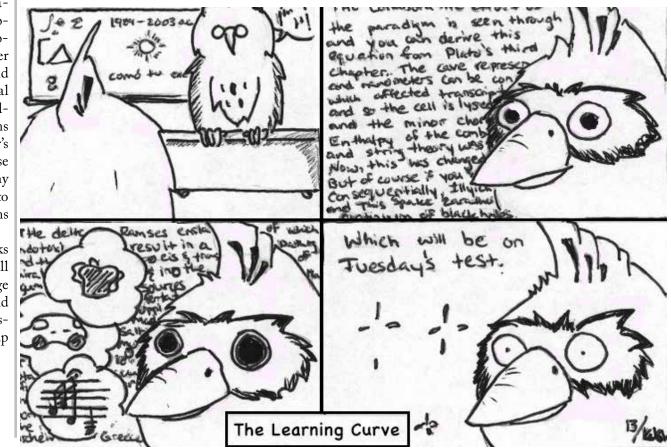
Until these books are published, we'll sit back with a large bowl of popcorn, and see what other mysteries we can dig up

from Salerno's film.

ONLY IN THEATERS SEPTEMBER R

E-mail Sotoodeh at sotoodeh@student.uiwtx.edu

collections titled "The Family Glass," serves as an expansion of the fictional Glass Family, first seen in "Franny and Zooey." It has also been said a "retooled" version of the publicly known but unpublished tale, "The Last and Best of the Peter Pans," is to be collected along with new stories and existing work about the "Claudfields" as seen in "Catcher in the Rye." With anticipa-



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September 2013

FITNESS FOUNDATIONS

Try tractor tires for exercise



By Barbara Trevino LOGOS STAFF WRITER

My gym is starting to invest in new fitness equipment for its members -- and it's about time, too.

Some of these items include a brand-new sled, agility ladder, medicine balls, resistance bands, and tractor tires.

I decided to give the equipment a try and incorporate some into my workouts. What I was most excited to work with this month was the tire. These things vary in weight, but can be used by everyone. Many of you have probably heard of using tractor tires in crossfit workouts, but wouldn't know how to utilize it to its maximum potential on your own. You'd be surprised how many exercises you can do with it (besides rolling it around for fun). Tire flipping, pull-to's, and elevated pushups are excellent tire exercises to try next time at the gym.

Tire Flipping

1. Start by placing feet slightly outside shoulder's width and pointing directly forward. Begin to position yourself in front of the tire in a deep squat position, keeping knees directly aligned with toes and back in a neutral position. Hold the bottom part of the tire with a supinated grip and maintain both arms fully extended.

2. Push through the heels of your feet, into an upright position. Be careful not to lift only using your back. Make sure to use upper-body

strength in unison with lower extremity movement when positioning tire upright. 3. Lastly, when standing, reposition feet into a tandem stance for stability. Now, using upper-body force, push the tire over and begin the exercise again.

Tire Push-Ups 1. Start in a prone position with feet together on the tire. Keep your arms extended and shoulderwidth apart on the floor. Lift your hips until torso is parallel with the floor. Squeeze your glutes and draw in your core. Hold this position.

2. Slowly, using core muscles and upper-body strength, go down into a full pushup position, maintaining both arms at 90-degree angles. The elevation of the tire makes this pushup a little more challenging.



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3. Lastly, push body back into beginning position and continue exercise to fatigue.

Tire Pull-To's

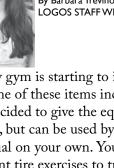
(Modification of tire flipping, if unable to carry tire's weight)

1. Begin this exercise exactly like step 1 for tire flipping. This time however, keep body slightly flexed forward more. Hold the top of the tire with a pronated grip and keep both arms fully extended.

2. This next part gets tricky. Keep your arms extended with a pronated grip, and take a jump away from the tire. Next, pull the tire in toward your body, engaging latissimus muscles as you do.

3. Your body should now be back into the starting position. Continue tire pull-to until fatigued.







If you see a gigantic tire at the gym, or happen to have one lying around, don't be afraid to use it. Tire flipping, pull-to's, and elevated pushups can be performed easily. These exercises are great for full-body workouts and can even help you get rid of your "spare tire"- AKA, your gut. E-mail Trevino at batrevin@student.uiwtx.edu

PR producer: Freedom of press in jeopardy By Destine'e Flores LOGOS STAFF WRITER

A National Public Radio producer, speaking for Sept. 18's observance of "Constitution Day," presented alarming evidence that journalism is in peril,



Web Editor: Charlie Young

Cartoonist: Kaela Caballero

Adviser: Michael Mercer

NPR Associate Producer Sam Sanders, a 2007 graduate of the University of the Incarnate Word, delivered an interactive presentation concerning the freedom of the press in J.E. and L.E. Mabee Library Auditorium.

Sanders, who double-majored in government-political science and music, said the idea

of the freedom of press is evolving due to new constraints presented by the advent of the Internet.

What has evolved on the news side are what Sanders called the "(news) makers, takers and breakers."

There are fewer newsmakers such as the New York Times and Washington Post who make the news, Sanders said. And when they make news - often after spending months of investigative reporting - then the "takers" take the articles they spent months putting together, and breaking them down into one paragraph, he said.

Fewer people are subscribing to papers and maga-

Public Relations Coordinator: Sarah Stockman

zines, and turning to news sources such as Newser, to get the laymen's version of the article, Sanders said. In turn another source such as Buzzfeed takes article and water them down further, making it digestible for more of an audience. If the makers fail, there would no takers nor breakers, as they would find no one is left to report the news, he said.

Alarmingly, as the makers fall, "six companies control 90 percent of what you watch, read or listen to every day," Sanders said.

The problem that brings is news sources are now monopolized, and the consumer is only getting six different sides of the story that come from the same "kind of people," he said.

Circulation of newspapers has dropped 15 percent in the last 10 years, and for every \$16 lost in classified ad revenue, \$1 has been made, Sanders said.

In trying to keep up with the changes, new advertising tactics such as native advertisements have been introduced, questioning the integrity of the news the makers are presenting. Recently in Atlantic magazine, a story was published about the success of Scientology, and to the public's disapproval, it was discovered it was in fact a paid advertisement. Sanders said that practice is becoming common, and has spread to other news

outlets, making it hard to distinguish between what is news and what isn't.

How much the government should get involved was also another controversial subject presented. The FBI was brought into the limelight recently when it was discovered the agency had illegally wiretapped The Associated Press after leaks had been made that exposed a double agent working for the U.S. government.

Does the FBI have the right to do this, Sanders asked. The only people who have a say-so in that really is the U.S. government. He said the Obama Administration's policy has been to side against the news community when it came down to these issues.

The good news, Sanders said, is that the ethics of such practices is being questioned and if it's in the interest of the American people that media be monopolized. News is more social, and more accessible, he noted. Sanders encouraged the audience to listen to other people's opinions even if they disagreed with them in order to keep an open mind and promote diversity. In order to keep good media going, and to help make it more diversified, he emphasized purchasing subscriptions and finding ways for the news media to make money so the industry could thrive.

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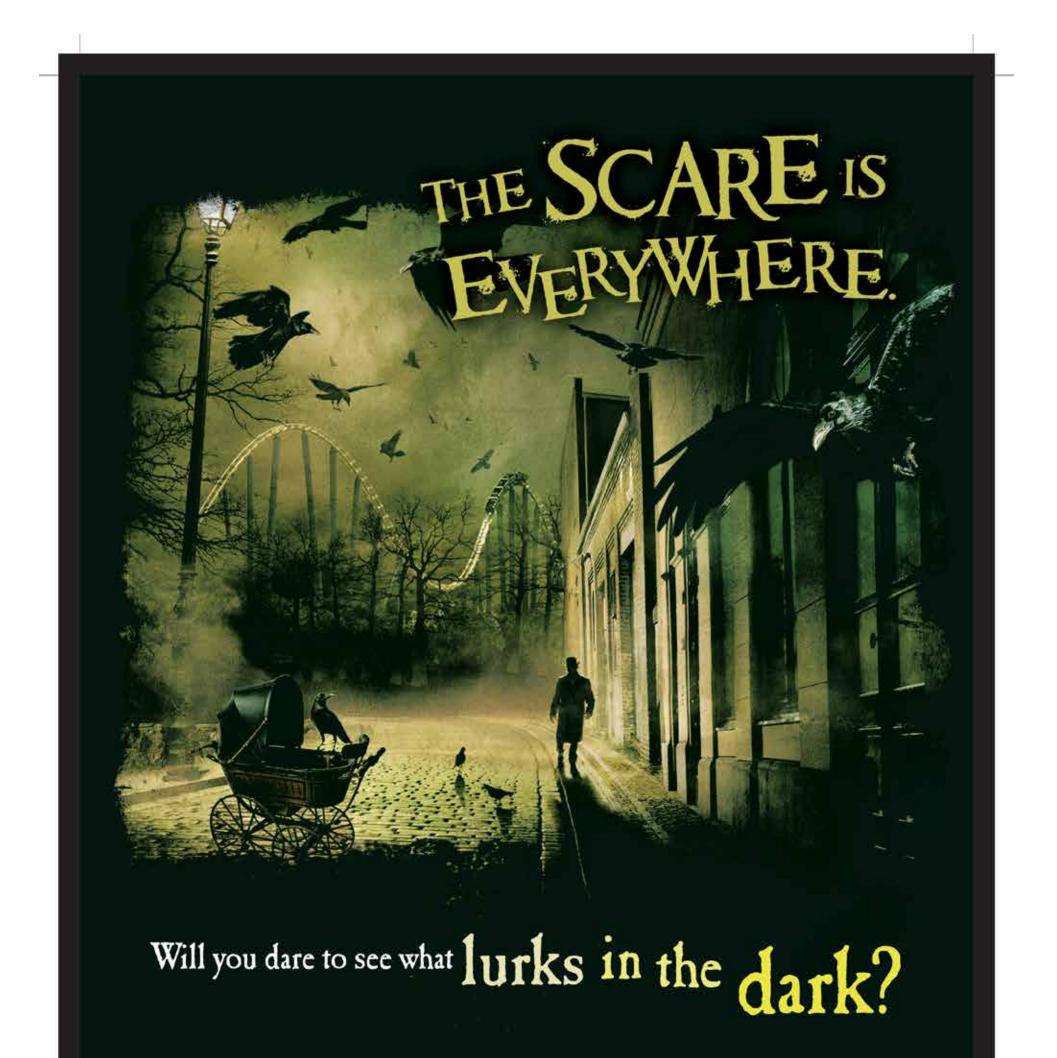
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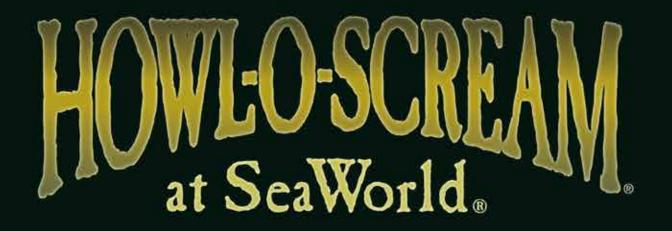
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LOGOS SPORTS:

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Cardinals get revenge on Eastern New Mexico

By Olivia Gutierrez LOGOS STAFF WRITER

Lightning warnings delayed the game twice but the Cardinals came out on top 33-26 Saturday night against the Eastern New Mexico University Greyhounds at Gayle and Tom Benson Stadium.

Once the game started after the first delay, the Cardinals delivered their own lightning within the first 10 minutes of the first quarter. The Cardinals recovered two of Eastern New Mexico's fumbles, senior fullback Matt Bass scored the first touchdown of the game, and Jake Wilcox kicked a 25-yard field goal. Before the quarter ended, Eastern New Mexico scored a touchdown, leaving the score UIW 10-7

. UIW started the second quarter strong with Wilcox securing a field goal, and Junior Sessions scoring a touchdown after an 89-yard run. UIW scored again on a pass that went 90 yards from freshman quarterback Trent Brittain to wide receiver Clint Killough. It was the longest pass play in UIW's history. Eastern New Mexico, however, blocked UIW's kick for the extra point. The Greyhounds' David Strickland made a PAT return to make the score 26-9. With two minutes remaining in the second quarter, the game was postponed due to lightning, and the 30-minute intermission evidently offset UIW's momentum – especially on defense in the third quarter.

Eastern New Mexico took advantage of Incarnate Word's mistakes by scoring a touchdown after getting an interception. In the fourth quarter, Incarnate Word's defense continued making mistakes, and Eastern New Mexico's Christian Long



Rain dampened the crowd but not the enthusiasm Saturday night, Sept. 28, at Gayle and Tom Benson Stadium as the Cardinals took on the Greyhounds of Eastern Mexico State University. Before the game kicked off, a lightning warning was issued, Players left the field and fans left the stands. A second warning was issued later in the game, probably causing some lost momentum but the Cardinals came out on top.

scored a touchdown, making it a three-point game quite reminiscent of last year's UIW 34-24 loss in Arlington, Texas, at then-Cowboys Stadium to the Greyhounds.

However, Incarnate Word would not permit history to be repeated. The intensity picked up as UIW's Troy Lara recovered a fumbled punt, setting Incarnate Word closer to the end zone. Junior Sessions ran a touchdown to make the game 33-23 as the crowd and the Cardinals exploded with excitement. Eastern New Mexico was able to move the ball down the field to score a field goal with two minutes left, making the score 33-26. After receiving the ball after UIW made an incomplete pass, the Greyhounds came closer to making a touchdown, but UIW's defense was able to contain them.

"It was an ugly game, but it doesn't matter because we won," Head Coach Larry Kennan said. "We're 3-2, and we've never been 3-2 in our history ever. So it's a big deal to us. It's a great win and we'll address our mistakes (later)."

Bass, who scored the first touchdown, said, "I feel disappointed. We won, but we had a lot of misses on both sides of the ball. We're a better team than that. We need to make some good corrections. But tonight, we celebrate with our 3-2 record."





Basketballer makes preseason team

Special to the Logos



University of the Incarnate Word junior Denzel Livingston has been named to the College Sports Madness 2013-14 Southland Preseason All-Conference Men's Basketball Fourth Team.

Livingston, 20, the top returning scorer for the Cardinals, averaged 12.6 points, 4.5 rebounds, 2.5 assists, 1.9 steals and 1.5 blocks a game last season from his guard position. He also was a two-time Lone Star Conference Player of the Week during the season. He was one of the top defensive players in the conference leading the team with 41 blocks and he was second on the team with 52 steals.

Denzel Livingston

Livingston's legacy on the basketball court started at Waltrip

High School in Houston where he led his team to three playoff appearances. During an overtime victory against Cameron when he was a freshman, Livingston had 12 points and went 7-for-7 at the foul line. He played in all 28 games as a sophomore, making 22 starts.

The 6-foot-4 Livingston, a business major with a kinesiology minor, and the Cardinals open the season Nov. 9 at Northwood University in Cedar Hill, Texas.



Junior guard Denzel Livingston tries to dribble around a St. Mary's University opponent in a home game last season.

Synchronized swimming gets new coach

By Jenn Adams LOGOS STAFF WRITER

The University of the Incarnate Word has a new head coach for the nationally ranked synchronized swimming team to replace its longtime first coach who resigned over the summer.



The new coach, Megan Deatherage, from the Dallas-Fort Worth area, has extensive experience in coaching synchronized swimming as well as being a member of a synchronized swimming team, administrators said.

Deatherage said the previous coach, Kim Wurzel-Lo Porto, an Olympian, sent her an e-mail about the opportunity. Worzel-Lo Porto resigned to go into private business as a licensed real estate agent for Coldwell Banker D'Ann Harper.

Deatherage previously coached the Pirouettes, a synchronized swimming team based out of Irving, Texas. UIW's synchronized swimming team is not in the NCAA, but is run by the same rules and regulations as the NCAA organization.

Megan Deatherage Since coming to UIW Aug. 26, Deatherage said she has been working towards building an even better team than last year for a sport she describes as "dancing in the water."

"Last year [the team] was ranked No. 5 in the Collegiate Championships," Detherage said. "This year, I want the team to place even higher."

Water show, auction set

The University of the Incarnate Word's synchronized swimming team will hold its 10th annual Water Show and Auction at 2 and 7 p.m. Saturday, Oct. 5, in Ann Barshop Natatorium.

"A Night at the Movies" is the theme.

Admission is \$4 for students and faculty with ID and children. Otherwise, admission is \$8 for adults.

For more information, call Coach Megan Deatherage at (210) 829-2796 or e-mail mdeather@uiwtx.edu

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www.uiwlogos.org

September 2013

UIW's cross country teams

set Oct. 12 invitational

A record number of Division I teams will be competing in the 2013 Incarnate Word Cross Country Invitational set Saturday, Oct. 12, at Live Oak (Texas) City Park, the host director said.



Sven Division I teams besides UIW are entered thus far when only one or two might have entered in the past, said the director, Dr. Derek Riedel, coach for the host University of the Incarnate Word men's and women's teams.

Check-in begins at 6:30 a.m. at the park off Pat Booker Road at the intersection of Interstate 35 and Loop 1604.

"This is the eighth annual (invitational)," Riedel said, Division I teams entered thus far include the University of Texas-Pan American, Abilene Christian University, Texas State University, Prairie View A&M State University, Texas Southern University, Texas A&M-Corpus Christi and a partial team from UT-San Antonio.

Dr. Derek Riedel

Non-Division I teams coming thus far include Our Lady of the Lake University, Trinity University, Texas A&M-Kingsville, Sul Ross University, Schreiner University, UT-Permian Basin,

UT-Brownsville and Ranger Junior College. Riedel said college men will begin an 8K race at 8 a.m.; college women a 6K run at 8:40; boys' 5K gold race at 9:10; girls' 5K gold race at 9:30; junior varsity boys a 5K run at 10; junior varsity girls two-mile race 10:25; and the junior high school two-mile race combining boys and girls at 10:50.

Entry fees are \$10 an athlete for high school and junior high school students; \$350 a school -- \$175 for each gender --- for college members of the U.S. Track and Field coaches' association; and \$450 a school -- \$225 for each gender of nonmember association schools.

All team payments must be received before the meet date or on the morning of the meet at check-in. Teams will not be allowed to compete until payment is received.

Medals will be awarded for the top 10 Varsity Gold runners (boys and girls) and top 10 boys and girls in junior high school. A team trophy will go to the top Gold boys and girls teams and first-place junior high boys and girls teams. T-shirts also will go to the top 10 collegiate finishers and a team trophy to winning men's and women's teams.

Cardinal men's and women's teams have won the invitational in recent years, he said.

"The reason we hold this is to give our local teams a chance to compete at home in front of friends and family," Riedel said.

FYI

For more information, call Dr. Derek Riedel at (210) 805-3566 or e-mail him at riedel@uiwtx.edu

Women's golf team moves up

Special to the Logos

The University of the Incarnate Word women's golf team moved from 11th place to a tie for eighth in the final round of the Fred Marx Invitational in Monroe, La.

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All five of the Cardinals playing in the tournament at Bayou DeSiard Country Club shot 77 or under in the final round on the par-72 course. Freshman Jamie Bibby (Corpus Christi/Incarnate Word Academy) led UIW with a 75 and finished in a tie for 27th overall with a 76-79-75=230.

Joana De Sa Pereira (Porto, Portugal/Kaplan Prep) and Flower Castillo (San Antonio/Lee HS) each shot matching 77s on the final day and finished tied for 32nd with 232 total strokes. Jessica Cornish (San Antonio/Randolph HS) and Maddy Buhler (Victoria/St. Joseph HS) each finished strong with a 76 in the final round. Overall, the Cardinals finished with a 310-317-304=931 total.

Catch the Cardinals

October home games calendar						
Sunday	Monday	Tuesday WVB vs Texas A&M University - Kingsville 7:00 PM	Wednesday 2	Thursday 3	Friday 4 WSOC vs Oral Roberts University 7:00 PM	Saturday 5
6 WSOC vs University of Central Arkansas I:00 PM	7	8	9	I 0 WVB vs Sam Houston State University 7:00 PM		WVB vs Lamar University 2:00 PM
I 3 WSOC vs Houston Baptist University I:00 PM	14	I 5 MSOC vs Trinity University (Texas) 7:30 PM	16	17 MSWIM vs Texas A&M University	18	19
20	21 MSWIM vs Texas Christian University WSWIM vs Texas Christian University	22	23	24	25	26 FB vs Houston Baptist University 6:00 PM
27	28	29	WVB vs Stephen F. Austin State University 7:00 PM			

SANANTONIO

September 2013

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Work Day takes aim at Headwaters mess

By Joshua Cantu LOGOS FEATURES EDITOR

FYI

The Headwaters at Incarnate Word is an Earth care ministry that hopes to restore and preserve the natural habitat around the Blue Hole, Headwaters Director Helen Ballew said.

"The mission of the Headwaters at Incarnate Word (Inc.) is to preserve, restore and celebrate the rich natural, cultural, historical, spiritual and educational values of the headwaters of the San Antonio River, especially within the 53-acre Headwaters Sanctuary, and to cultivate an ecological ethic embracing environmentally responsible behavior and actions," she said. "The Headwaters at Incarnate Word (Inc.) is a non-profit sponsored Earth care ministry of the Sisters of Charity of the Incarnate Word."

Sept. 14 was the Headwaters' first large turnout of the fall with volunteers from the University of the Incarnate Word -- including the women's basketball team -- and others from across the city who came to clear invasive species.

The area was filled with stubborn invasive species to the likes of Chinaberry trees, which alter the composition of the soil, leading it to out-compete native vegetation. Towards the end of the workday, the following project that was going to be tackled was the clearing of thorny vile vines that plague the area that is at the foreground of U.S. 281.

The work being done at the Headwaters sanctuary is a great start to spark the interest of San Antonio as a society. It's also an amazing effort to restore the area around the Blue Hole, which is the starting point of the San Antonio River, to its natural state.

"We are preserving the birthright of our city," said

Ballew. "The headwaters of the San Antonio River, including the historic San Antonio Spring (Blue Hole). We are showing by example the value of good work protecting and restoring native landscapes in our city, particularly here where humans have lived for nearly 12,000 years.

"As we work to heal the earth, we are healing something inside ourselves while fostering a closer relationship to nature, or as the religious would say, to God's Creation. People need this even if they don't realize it at first. Citizens of our city will benefit most by visiting the Headwaters Sanctuary, which is a work in progress, by walking our trails, saying a prayer for the return of spring flows at the Blue Hole, and volunteering, joining us in this historic work of restoring to health our part of the San Antonio River headwaters."

The San Antonio River was known as a pristine and sacred source of water. When the Papaya people inhabited the area, the river's name was Yanaguana, which means, "up-flowing waters of the Spirit."

"We already welcome the whole city to participate in the project" (keeping the Headwaters clean)" said Ballew. "Principally by volunteering, supporting us financially, attending our special events, telling others about us and the work we are doing, collaborating with us on shared goals such as the so-called Spirit Reach of the San Antonio River, which would truly complete the San Antonio River Improvements Project by connecting the Blue Hole and Headwaters Sanctuary to Brackenridge Park and all the way to the southernmost Spanish Mission, Mission Espada."





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Headwaters volunteers meet behind the Sullivan Field baseball diamond near a shed with a banner reading,

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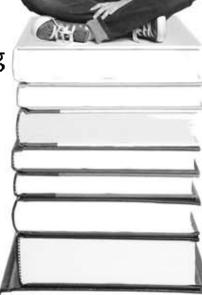
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September 2013



Taco Truck Wednesday Photos by Ariana cervantes



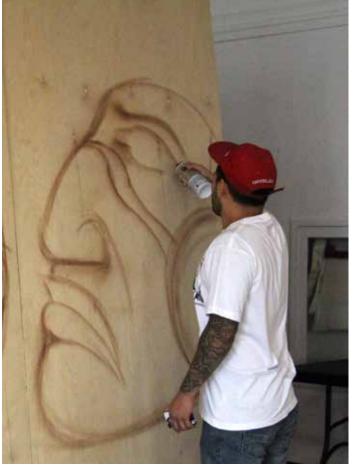


PHOTOS BY ALEXIS TOPPES

DIECISEIS DE SEPTIEMBRE CELEBRATION







HISPANIC MONTH

September 2013

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This Hispanic Heritage Month event originally was scheduled outdoors but rain forced it to move inside Marian Hall Ballroom where participants enjoyed music, playing loteria, and eating various food.



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Oct. Movies

Compiled by Angela Hernandez

Sept 27

Don Jon Rated: R Genre: Comedy, Drama Starring: Joseph Gordon-Levitt Scarlett Johansson , Julianne Moore , Tony Danza , Brie Larson

Dark Touch

Rated: Not Rated Genre: Thriller, Horror Starring: Marcella Plunkett, Padraic Delaney , Aidan Gillen

We Are What We Are Rated: R Genre: Thriller, Horror Starring: Ambyr Childers , Kelly McGillis , Bill Sage , Julia Garner ,

Michael Parks **Oct** 4

Gravity Rated: PG-13 Genre: Science Fiction. Thriller Starring: Sandra Bullock , George Clooney

Runner Runner Rated: R Genre: Drama Starring: Ben Affleck , Justin Timberlake , Gemma Arterton , Anthony Mackie , Oliver Cooper

Oct I

Machete Kills Rated: R

Genre: Action Starring: Danny Trejo , Mel Gibson Michelle Rodriguez, Sofía Vergara Jessica Alba

Romeo and Juliet Rated: PG-13 Genre: Romance Starring: Hailee Steinfeld , Douglas Booth , Ed Westwick , Kodi Smit-McPhee, Paul Giamatti

Captin Philips Rated: PG-13 Genre: Drama

Starring: Tom Hanks, Max Martini, Catherine Keener, Michael Chernus, Corey Johnson

0ct 18

Carrie Rated: Not Yet Rated Genre: Horror, Thriller Starring: Chloë Grace Moretz, Judy Greer, Portia Doubleday, Alex Russell Ansel Elgort



By Diego Ortega LOGOS STAFF WRITER

Microsoft and Sony have been going head to head all summer long in an attempt to win the race for the top video-game console developer. This November, two new consoles will hit the market and are ex-

Xbox One vs. PS4:

pected to be the highest-selling, video-game consoles in history.

This summer, both Microsoft and Sony held conferences at the Electronics Expo in Los Angeles, also known as E3. First Microsoft introduced the all-new Xbox One, the next generation console that follows the Xbox 360.

This console may take gaming and entertainment systems to a new level. Voice commands to turn on and off your console, the ability to play and live video chat with your friends simultaneously, and real-time updates during gameplay are a few of the many new features that gamers will experience. The system, which will cost \$499, will be available on Nov. 22. The Xbox One will include a KINECT camera, which also allows gamers to personalize their avatars and apply voice commands for gameplay.

Microsoft's archrival, Sony, will release its newest gaming system -- the PS4 -- on Nov. 15. Sony's system includes a new redesigned controller, the ability to download videogames online while playing, instant media uploads, and a sharp new redesigned system. The PS4 will cost you \$399, a \$100 difference from the competition.

Both companies have directed their attention to the improvement of gameplay and entertainment by revolutionizing new ways to watch TV and surf the web. With the improvement of cloud sevices, both companies have made things such as video sharing and live game updates possible, and have almost completely eliminated matchmaking lobbies for multiplayer online games.

The implementation of mobile device compatibility is another great tactic developers are using to lure gamers. Mobile devices such as tablets and phones will contain personalized applications that allow gamers to play on the move. This gaming style will be limited in order to provide a fun and competitive environment but will be a magnificent way to keep gamers online and connected.

Finally, both companies have also directed much of their attention



to independent (Indie) developers. These independent developers have significantly lower budgets than big-name companies and have been given the opportunity to develop new arcade and small games for new consoles. The sole purpose of aiding Indie developers is to promote the development and popularity of video games.

Alongside the release of next-generation consoles will be new major video-game franchises and newest editions of the games we love to play today such as "Call of Duty," "Ghosts," "Halo 5," "Killzone: Shadowfall" and "Battlefield 4."

Check out the next edition of the newspaper for the newest video game installments, a close look at two of the most anticipated games of November and release dates for your next-generation exclusives.

What will you be playing this November?

E-mail Ortega at diortega@student.uiwtx.edu

If you dare, come get your scare

By Shannon Sweet LOGOS STAFF WRITER

loween costumes, trick-or-treating and above Arkham Asylum," and the television show, better scares. all, haunted house attractions.

"American Horror Story: Asylum."

Halloween is upon us. Candy apples, Hal- because of media such as the game, "Batman: and their passion for developing bigger and

The location of these attractions couldn't be

Fifth Estate

Rated: R Genre: Drama Starring: Benedict Cumberbatch, Carice van Houten, Anthony Mackie, Stanley Tucci , Laura Linney

Escape Plan

Rated: R Genre: Action Starring: Sylvester Stallone , Arnold Schwarzenegger , James Caviezel , Vincent D'Onofrio , Vinnie Jones



Jackass Presents: Bad Grandpa Rated: Not Yet Rated Genre: Comedy, Starring: Johnny Knoxville , Jacksor Nicoll

Psycho Asylum and Slaughterhouse, both opening Friday, Oct. 4, at 1305 E. Houston St., are the latest additions to San Antonio's haunted-house family, and you're in for quite the treat, or, should I say trick.

Psycho Asylum is a high-concept haunt that will take its victims on a journey through an archaic '60s-inspired psychiatric hospital that has gone awry. Guests will check in at the front desk for added authenticity before being taken on a hell ride through various scenes that seem as if they had been lifted from a horror movie a gruesome one, I may add.

This haunt will be very popular due to the recent fascination with asylums gone mad

Slaughterhouse is a completely different animal. Its theme is exactly what its name implies: a blood-curdling maze through a gory animal-processing plant designed to butcher the nerves of its guest. Applause should be given to all the dedicated cast and crew members behind the screams.

Together, Slaughterhouse and Psycho Asylum employ around 100 team members, who all have one thing in common: to scare the life out of you.

After speaking to the head chainsawwielding maniac, Adam Alvarado, and the coordinator, James Walker, I understood the heart and soul that goes into these haunts, any better. There will be plenty of food trucks, live music, and much more to guarantee a terrifyingly good time that will last the whole evening.

Parking is free and one ticket will pay for both haunted houses, which is perfect for those who don't want to break the bank. If you want a taste of true terror, I suggest you visit Slaughter House and Psycho Asylum -- only if you dare.

E-mail Shannon Sweet at ssweet@student. uiwtx.edu



FYI

Psycho Asylum and Slaughter House open Friday, Oct. 4, at 1305 E. Houston St.

General admission is \$18; a \$22 VIP includes admission plus "frontof-the-line" access.

The houses are open 7 p.m.-midnight Oct. 4-5, 11-12, 18-19, 25-26 and 31, and Nov. 1-2, and 7-11 p.m. Oct. 6, 10, 13, 16-17, 20-24 and 27-30.

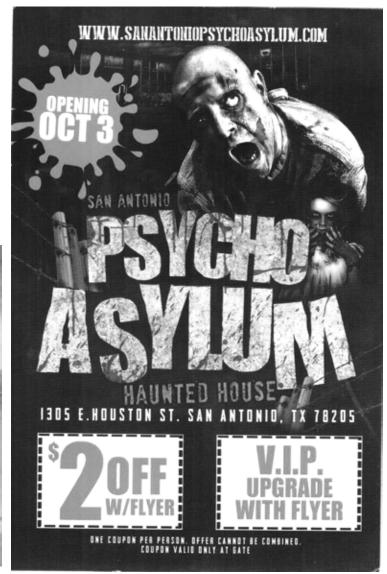
When purchasing tickets at HEB locations, ask for Catalina Ticket Service.

For more details, check http://www.sanantoniopsychoasylum.com or http://www.sanantonioslaughterhouse.com



A visitor to 'Psycho Asylum' or 'Slaughter House' will see such sights as an old hearse, above, or a chainsaw-wielding maniac, right, just itching to get his hands on you. The houses, 1305 E. Houston St., are among the newest attractions to a traditional Halloweenoriented assortment of haunted houses where people pay to perhaps run away. Many actors assume roles for this seasonal treat.





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Emerging technologies - science fiction becomes fact



By Phil Youngblood

Each fall I look forward to teaching a CIS course titled "Emerging Technologies" because -- as with other courses in this rapidly changing field -- a year is a long time.

And in that time there are always new developments, many of which are exciting to share with my students.

But new developments in technology and practices also mean I can never teach the same class twice. To adequately prepare I must read constantly from a variety of sources about technologies in the research, testing or piloting stages of development and about changes in current practices.

Even then I may miss something important, so my pedagogy (really andragogy a la Malcolm Knowles) for "Emerging Technologies" involves treating students like I might in graduate school, that is, introducing the subject and the concept of technology (device, practice, science, skill, and art inclusive) and emerging technologies (systems life cycle and hype cycle as well), then having student teams research topics of interest and present to the class, after which I facilitate a discussion on categorization and related tech, users, use or potential use, impact, potential abuse, comparisons with other technologies presented, and other considerations.

Among the emerging technologies we have explored so far are 3D Virtual Worlds (I started with this one, as I always do), Self-Healing Materials (a surprise for me), and Holograms (an old technology with new life). Let me share a bit about these and others [Note – add http://www.youtube.com/watch? to the YouTube video links (v=etc) and http://www to the other links below]:

-- 3D virtual worlds hold the potential to combine the advantages of virtual communications with working in a real-time, natural-looking world (see exitreality. com/?page_id=156 and v=W2xbezvxZVY and web3d. org/realtime-3d/videos) eventually accessible on the Web through a browser (using Unity3D and HTML5) and including all of the subtleties of face-to-face, non-verbal communications once gesture controls (see thalmic.com/en/myo/) are able to read finer facial expressions instead of gross movements

--- Self-healing materials have the potential to save lives by having critical surfaces such as pressurized spacecraft hulls and gas containers repair themselves the moment they are punctured, as well as extending the life of ordinary materials such as metal, glass, concrete and plastic through use of polymer laminates or vascular networks (see v=gMsq86GmCJo and v=Bx3WTSSD5f0 and v=oSpifeA4G30)

--- Holographic and 3D images used for meetings and remote surgery or diagnostics (see v=jAIDXzv_fKA and v=AXhGfkGh4vM and v=droAANtDzB0 and v=-

X5REU4LdU0 and 3dtelepresence.com/)

--- The Internet of Everything (IoE) is an extension of the ubiquitousness of connectivity today.

In the near future you could elect to have your workout clothes or shoes track your progress and give you pointers on how to improve your jogging efficiency and the vitamin pill you take in the morning can also check your vital signs, how well you slept, and detect problems in your circulatory or other vital systems (see quantifiedself.com/guide/ and cisco.com/web/about/ ac79/innov/IoE.html)

--- Alternative energy sources – Norway is using common household garbage to fuel electrical generators (see bbc.co.uk/news/world-europe-24209185) and a Harvard professor is creating the ultimate energy source, an "artificial leaf" that gets energy from the sun and converts water to hydrogen and oxygen cheaply (no expensive platinum) (see bbc.com/future/story/20130815artificial-leaf-gives-raw-power)

--- How about seagoing drones? (see wired.com/ dangerroom/2013/09/hydra-darpa/)

In 2013 I am writing about the global impact of computer technologies. As always I invite your feedback, dialogue, and differing opinions on this topic.

E-mail Youngblood, head of the Computer Information Systems (CIS) program, at youngblo@uiwtx.edu

Campus physician gets community medicine award

By Jason Ucab LOGOS STAFF WRITER

Twice a week, Dr. Norma Parra sees University of the Incarnate Word students in the Health Services office on



What she's done practicing medicine in the UIW community and the community at arge has not one unno-On Aug.

Dr. Norma Parra

22, Parra received the Distinction in Community Medicine award at Westin Riverwalk San Antonio Hotel, scene of the 2013 Women in Medicine Distinc-

for advocacy, community service, public health and volunteerism.

"It was an honor to be recognized in an area of medicine that I'm so passionate about," Parra said.

The doctor has worked part-time at Incarnate Word since 1991, about the same time that she started her career with CentroMed, where she works as chief medical officer. Her mission: to establish a healthier community by providing access for patients whether they set appointments or just walk in. And she deals with her fair share of walk-ins both on campus and off.

Regarding the difference between university and community medicine, Parra said, "The healthcare-related issues are similar. The difference is in the access

less of it on campus than in the field – something she credits to the excellence and availability of on-campus counseling.

What Parra sees from students, mostly, are situational problems including elevated blood pressure not only from the constant push of student life but also often from the stress of being away from home for the first time. However, every situation is handled with respect to a patient's total wellness, she said.

"If a patient walks in here for a headache or abdominal pain, we always address their weight, their blood pressure and other things. So you don't just

0%OFF

look at the one concern that they came in for. That's the same thing we do for community medicine."

Parra's mission is a continual source of inspiration in her professional life and even after having been recognized for her leadership, she exudes an inspirational selflessness.

"My legacy, I hope, would be to leave behind a healthier community. A community that's more educated on their own healthcare needs, and that would be because of the efforts of the institutions such as CentroMed or the university."

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tion Awards Dinner sponsored by the Mexican American Hispanic Physicians Association.

Dr. Elena Rios, president and chief executive officer of the National Hispanic Medical Association in Washington, D.C., presented Parra and a host of other healthcare professionals her award. Others – including State Sen. Leticia Van de Putte, D-San Antonio - were awarded

to specialty care, if needed. The students have access and usually the community at the health centers is unfunded so they're challenged to get access."

In community medicine, she handles more rigorous situations such as HIV screening, cancer screening, and management of chronic diseases such as diabetes, elevated cholesterol and depression. Concerning depression, she sees

The Fall 5

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Mabee Library outlines series concerning domestic violence

Library Services will present a four-part series on domestic violence at 7 Wednesday evenings in October in J.E. and L.E. Mabee Library Auditorium.

The series will begin Oct. 2 with a film presentation on "Domestic Violence." The film, "Telling Amy's Story," will be shown. The speaker will be Marta Pelaez, director and CEO of Family Violence Prevention Services in San Antonio.

"Date Rape and Acquaintance Rape" is the Oct. 9 subject. Besides a film, the speaker will be Kelsey Banton, public education coordinator for the Rape Crisis Center in San Antonio.

Banton will return Oct. 16 to show another film and discuss "Bullying/ Sexting."

The series will end Oct. 30 with the spotlight on "Sexual Assault in the Military." A film that was nominated for an Academy Award, "The Invisible War," will be shown. Afterwards, Karen Wyatt, director of UIW's Office of Veteran Affairs, and Dr. Gail Heather Greener, a military sexual trauma counselor, from the San Antonio Vet Center, will lead discussion.





Study Abroad

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Frequently Asked Questions

Is there still time to apply for study abroad this spring? YES! Application deadlines depend on the school you are planning to study at. Most deadlines for the spring are in mid or late October, so there's still time! Don't delay, apply today.

Are there summer programs?

YES! There are programs that offer summer sessions including Germany, Italy, Greece, France, England, Hong Kong and South Korea.

Can I use my financial aid?

YES! Financial aid is applicable towards a semester abroad. Visit the Office of Financial Assistance for more details.

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Where can I use it? Can be used at UIW's European Study Center, a UIW sister school, or on a faculty-led trip.

Who can apply?

UIW students who are eligible to study abroad, have a minimum 3.0 GPA at UIW, a minimum 75 percent completion rate, and demonstrate need based on their 2013-2014 FAFSA.

How do I apply?

Download application from the study abroad website. Submit completed application and essay to the Office of Financial Assistance.

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Visit the Study Abroad Office for more details.

For more information on studying abroad, contact: Alanna Taylor, Study Abroad Coordinator Phone: (210) 805-5709 E-mail: studyabroad@uiwtx.edu Dr. Burton E. Grossman International Conference Center, F106

