

Logos

Student-Run Newspaper for University of the Incarnate Word

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Gaby Galindo/ LOGOS PHOTO EDITOR

'Source of Life' adorns the facade of the Fine Arts Complex at the University of the Incarnate Word. The work will be lit at the Oct. 15 dedication.

Mural sends spiritual message

By Shannon Sweet
LOGOS STAFF WRITER

The glistening aluminum mural shines amidst the century-old architecture -- like an ode to the past while reminding to look forward to a bright future.

At 10:30 a.m. Oct. 14, the new "Source of Life" mural will light up for the first time when the University of the Incarnate Word dedicates its new Fine Arts Complex.

The 40-by-20-foot mural combines different aspects of UIW, such as light, water, spirituality, and the message of God, said Sister Kathleen Coughlin, vice president for institutional advancement and chair of the five-member committee who chose it.

The mural was created and designed by sculptor Cakky Brawley, an art instructor at Palo Alto College in San Antonio.

"This was our way of giving back to local talent," said Coughlin, whose committee included Dr. Denise Doyle, immediate past UIW chancellor; Dr. Jack Healy, former dean of the College of Humanities, Arts and Social Sciences; artist Robert Sosa, UIW's director of foundations, corporate and governmental relations; and Michael McChesney, who's drawn up many UIW projects as the university's architect.

"We felt that was good (getting local artist Brawley) vs. going outside of San Antonio," Coughlin said. "We wanted it to be uplifting, reflective, spiritual, and creative, and she got it head-on. She nailed our depiction."

- Cont. on page 2
- Mural message cont.

General Counsel: UIW will opt out of state's campus carry law

University of the Incarnate Word's Board of Trustees will be asked to consider opting out of the state's law allowing people with gun licenses to carry concealed weapons on campus.

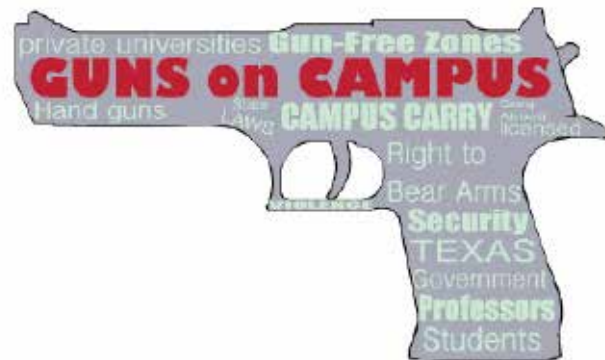
That's the stance General Counsel Cyndi Escamilla is recommending to Dr. Lou J. Agnese Jr., UIW's longtime president, when he approaches the board about the matter.

"The University of the Incarnate Word plans to follow the statute which allows private universities to consult with university students, faculty and staff with the recommendation that we opt out of campus carry," Escamilla wrote in a statement.

The Campus Carry law, signed by Gov. Greg Abbott in June, allows students at public-funded universities such as the University of Texas-San Antonio to carry their concealed weapons in some areas of the campus starting August 2016. Universities can declare some areas of a campus "gun free," but not the entire campus.

Under the law, private universities in the city such as UIW, St. Mary's, Our Lady of the Lake, and Trinity have the option to keep guns off campus altogether. School presidents -- such as Agnese -- can write "reasonable rules, regulations or other provisions" related to guns after consulting students, staff and faculty.

The board is meeting in October but Escamilla said she believes Dec. 4 will be the earliest the matter will be on the board's agenda.



University prepares 'National Night Out'

"Let's Flock the Block" is the theme of the second annual National Night Out at the University of the Incarnate Word, which is celebrating it from 4 to 7 p.m. Tuesday, Oct. 6, this year.

Last year, UIW placed first among local universities and second in the city category for its National Night Out celebration, said Janine Chavez, the coordinator.

National Night Out -- with the hashtag #UIWNNO -- is being sponsored by all Campus Life offices with the assistance of the UIW Office of Communications and Marketing, Wellness Center, Ettling Center for Civic Leadership and the UIW Police Department, said Chavez, who serves as officer manager for the Office of Campus Life.

The free event under the bleachers outside Alice McDermott Convocation Center will feature free food from Pugs Original Gourmet Hotdogs (sponsored by Wells Fargo), drinks sponsored by Sodexo), free T-shirts, giveaways and interactive activities from groups such as Mothers Against Drunk Driving, San Antonio Council on Alcohol and Drug Abuse, Texas Alcoholic Beverage Commission, state Department of Public Safety, Ettling Center for Civic Leadership, J.E. and L.E. Mabee Library, UIW's professional schools (pharmacy, optometry and physical therapy) and the Rape Crisis Center.

There'll be music, games, prizes, giveaways and performances by the UIW Spirit Team, "Red" the mascot and Bollywood dancers. Additional entertainment will also include henna painting and a dance-off. The grand prize winner of a "Call Box" game will take home a new bicycle. And the grand prize for the best singer in a lip sync contest gets a 32-inch TV.

"National Night Out" is an annual national community event geared to make our environment and neighborhood a safe and better place to live," said Chavez, "This year, let's go for first place -- citywide -- while promoting UIW police/safety officers and encouraging positive choices in healthy living and prevention against violence, bullying, drug and alcohol abuse."

FYI

Students who would like to volunteer for the event should register via OrgSync under the Ettling Center for Civic Leadership or e-mail daespin1@uiwtx.edu

Faculty and staff wishing to volunteer should e-mail Janine Chavez at jlchavez@uiwtx.edu



UIW starts Writing Academy

By Shelby Knight
LOGOS STAFF WRITER



Dr. Tanja Stampfl

Everybody agrees you need to be able to write well.

Unless their major requires more, University of the Incarnate Word students enroll in two core Composition English courses and World Literature for the nine hours required.

However, upperclassmen seem to struggle with upper-level

courses that require further writing. It's been a reoccurring issue in certain courses, but there may be a solution more possible than some may think.

That's where UIW's Writing Academy comes in. Dr. Tanja Stampfl, an assistant professor in the Department of English, is heading the academy -- a series of writing workshops for 15 faculty members beginning this fall. The academy will bring in other faculty over the next four years to implement more writing opportunities in courses that may not be so heavily focused on writing.

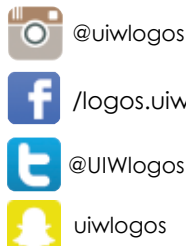
The academy's purpose is going to change the way students learn and communicate, Stampfl said.

"In order to become a fully accredited university, there are certain standards that a university has to observe," she said. "One part of that process is that the university has the choice to create a Quality Enhancement Plan (QEP)."

However influential the QEP was in making the decision to begin the Writing Academy, Stampfl began looking at the exit surveys UIW's graduating seniors

- Cont. on page 2
- Writing Academy cont.

SOCIAL MEDIA



OPINION



Assistant editor learns to accept herself.

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SPORTS



Spanish basketball player's dream becomes reality.

Page 9

ENTERTAINMENT



New horror comedy airs on FOX.

Page 14

HISPANIC HERITAGE

The UIW community celebrates Hispanic Heritage Month with street tacos and a mariachi band.



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WORD UP

HAVE YOU HEARD THE NEWS?

Compiled by LOGOS STAFF WRITER Victoria O'Connor

Pope blesses Philadelphia boy

Just a few minutes after his plane landed in Philadelphia, Pope Francis spotted Michael Keating, a young boy with cerebral palsy, in a wheelchair. The pope stopped to give him a kiss. His mother said she felt 'totally blessed and loved' by the pope's actions. The boy's father, Chuck Keating, who had organized a special band performance for the pope's arrival, said, 'It's just a dream come true. Unbelievable.'

Writing Academy cont.

had taken. Most students leaving UIW felt there wasn't enough writing, and felt somewhat unprepared for the intensity of their senior projects. Seniors had reported few of their upper-level classes encouraged or didn't give the opportunity to write many papers. With these reports at hand, it made it easier to make the focus of the QEP to ensure students have ample opportunity to write as much as possible in all of their courses.

Some may ask; "Why are we making a big deal out of writing?" "Why is writing so important? Why not math?"

Although writing may sometimes feel like an assessment of the students' abilities, Stampfl said, writing is beneficial in the way that it helps further communication skills, researching and understanding a subject, and is extremely beneficial to reflection (personal or academic).

The overall goal of the Writing Academy is for students to become better communicators and writers, while professors gain a better understanding of their students' skills, she emphasized.

The goal is to ensure students have the required writing skills to progress in their majors. Numerous studies show strong writing skills increase communication and research skills.

"To be effective, you have to be able to write and understand your field well," Stampfl said. "What we saw in exit surveys, that seniors had heavy writing in (the) first two years, and then not much at all until their senior projects" was insightful.

Students had an issue with that, feeling ill-prepared for senior courses. At the same time, professors were confused as to why students were coming into their senior courses, and struggling so much with their senior projects – thinking students had had enough writing practice in lower-division classes. With the Writing Academy, the idea is to have a continuous amount of writing throughout the undergraduate courses.

The whole purpose of the QEP and the academy is to reach programs and majors that have very little writing involved in their courses. Rather than rewriting a course's entire curriculum, the Writing Academy will help professors integrate writing opportunities within their course lessons.

Instead of having a multiple-choice exam, there might be a short-answer essay or two thrown in. Or, instead of just having a quiz, students may be required to write a response essay to the chapter. From what Stampfl explained, the possibilities are nearly endless when adding writing to other courses.

Professors will be creating so-called "writing ladders" for their courses. These ladders will help build programs into courses, which help teach different writing skills and different times throughout the course.

"So that by the time you are a senior, you really know how to do, and how to write that research paper or that type of writing that is required for your discipline," Stampfl said. "Writing at that level is very different from discipline to discipline."

This then allows faculty to come together and discuss different ways they can increase writing assignments in their courses, in the most effective way.

So far, the faculty response has been good, she said. Faculty members appear eager to see how techniques fostered in the Writing Academy will filter through to students. Faculty members might need help molding lesson plans to fit with their respective courses; with no evidence of the English Department trying to improve new teaching methods on other disciplines.

Composition courses don't necessarily prepare students to write every type of report for every discipline, Stampfl said. That's why many different programs are being asked to be involved in the Writing Academy. Faculty in those disciplines best understand the needs of their majors, what the conventions of those majors are, and how to build up those writing skills.

The program will begin slowly, giving a few introductions here and there in each course participating this fall. The real results will be seen in the students coming in for the next academic year, and will influence their academic careers the most.

With the Writing Academy, Stampfl and other faculty members are hoping there is soon a boost in confidence in students' writing, and that students will enjoy the practice, instead of seeing it as repetitive and mundane.

"Sometimes it's not obvious to certain programs as to why they would need writing," Stampfl said. "But really, I think it's beneficial for any program and major, because no matter what you're going to be doing to graduate, it's going to involve writing one way or another, and communicating."

Mars might have flowing water

Researchers have found stronger evidence of flowing water on Mars this past Monday. Scientists believe the occasional flow of salty water on the planet could lead to sustaining life on Mars in future expeditions. Researchers from Georgia Tech in Atlanta used tools aboard the Mars Reconnaissance Orbiter to examine streaks (or "reoccurring slope lineae") that appear during the planet's warmer seasons. The evidence continues to be examined and looked into for potential proof of life on Mars.



Trayvon Martin image resurfaces

George Zimmerman, the man acquitted in the Florida shooting death of Trayvon Martin, sparked more outrage over the weekend after retweeting an image of Martin's lifeless body. A Twitter user originally tweeted the graphic image with the caption, "Z-man is a one man army." Twitter has since removed the image, but Zimmerman's account still contains plenty of disturbing content.

McDonald's cashier helps feed man



A McDonald's cashier from Chicago has been receiving viral praise this past week for his act of kindness towards a customer during a lunch rush hour. Another customer took a picture of the cashier – who had closed down his register during a busy time -- assisting an elderly man, cutting up his food and helping him eat.

Pupil forced to wear garbage bag

Chicago mother Nyesha Terry was outraged last Thursday when she found her son, Lloyd, wearing a garbage bag, isolated from the other students in his kindergarten class. Her child is a non-verbal epileptic who was wearing the bag as a poncho due to the teacher worrying about his shirt being wet. Due to his condition, he often would have saliva on his shirt. His mother bought her son a bright plastic vest to wear instead.

Mural message cont.

The mural was made possible by donations from Russell Hill Rogers Fund for the Arts.

"The beauty of this project is our local friends and benefactors, Betty and Bob Kelso," Coughlin said.

The mural is not the only recent artistic achievement UIW is offering as a part of the project. Kelso Art Center is also hosting a gallery for religious art, icons, Mexican religious art, and Texas art.

"Some of it will be permanent art that they (the Kelsos) are literally donating to us and the other is art that Betty is allowing us to exhibit," Coughlin said. "There will be a total of three galleries -- the Kelso Art Gallery, the Semmes Gallery for artists who might want a six-week exhibit, an exhibit by the fashion program, or the School of Media and Design. The third is a large student gallery where the students can exhibit their art and also paint in that room."

The mural is made of aluminum metal with installed LED lights.

"It will have several revolutions during the night to reflect sunrise and sunset," Coughlin said.

Water is significant to UIW because the campus is located at the headwaters of the San Antonio River and is also fundamental for life. Light is significant because Jesus Christ is considered the Light of the World to His followers and knowledge is enlightenment, she pointed out.

"We value having art so the students are inspired by a reflective piece," Coughlin said.



A boy gets to hold a sword during a ceremonial dance displayed during the Monday event.

SAUDI CELEBRATION

Saudi Club members and guests celebrated Saudi National Day and Eid Al-Adha for three hours Monday, Sept. 28, in McCombs Center Rosenberg Sky Room. Eid al-Adha, known as Greater Eid or the Feast of the Sacrifice, is the second of two major Eid Muslim holidays.

Logos to celebrate 80 years with bash



Logos Photo Editor Gaby Galindo, left, Marco Cadena, Assistant Editor Valerie Bustamante and Editor Angela Hernandez hold the paper. By Jocelyn Hooper LOGOS STAFF WRITER

The Logos is throwing a barbecue bash to celebrate its 80th year from 3 to 5 p.m. Thursday, Oct. 1 – and the University of the Incarnate Word it covers is invited.

Grilled hamburgers and hot dogs will be served, along with refreshments and cake. During the event, KUIW will provide live music and small prizes will be raffled off to event-goers. The first 100 guests will also receive goodie bags.

The first issue of the newspaper appeared in October 1935, according to an image of "Volume One, Number One" that appears in the Heritage Hall photographs enshrined since 2006 – when UIW marked its 125th anniversary -- on the first floor of the Administration Building. That issue announced the naming of an editor and a staff on the front page.

Angela Hernandez, a communication arts major concentrating in journalism, is the latest in a long line of editors who have led the student-run newspaper over the years. The Logos also has an interactive website at <http://www.uiwlogos.org>

For this occasion, "we wanted to have all the emphasis on the Logos and didn't want the typical college party, so we came up with a themed kids' birthday party that reflects (the editors') personality," Hernandez said. "We're all quirky and like to have fun."

"I didn't realize how much actually goes into getting an event together, we have to make the decorations, it's such good experience of how to put events together. I have so much more respect for CAB (Campus Activities Board) and other campus organizations."



Missionaries to discuss work in Peru

By Karissa Rangel
LOGOS FEATURES EDITOR

Former Incarnate Word missionaries to Chimbote, Peru, will share their experiences at 5:15 p.m. Tuesday, Oct. 6, in Room 215 of the Administration Building.

Tessa Cornally, 28, of Cork, Ireland, and Jackie Greene, 23, of Chicago, will share their work while living two years in a community of the poor of the coastal fishing town about 275 miles north of Lima.

Cornally worked with preschool children and teachers, as well as with a local community clinic. Greene worked with dying patients and their families at a Christus-owned hospice, while also supporting a women's group called Pushaq Warmi, or Guiding Women, that runs a women's rights radio program and a fiber arts business collective.

The Sisters of Charity of the Incarnate Word – founders of the University of the Incarnate Word -- and the nonprofit Women's Global Connection – one of its ministries -- are now formally teamed up as implementing partners for the Incarnate Word Missionaries (IWM) Program. WGC is a ministry that initiates women's and girls' empowerment programs locally and globally, with missionaries long working for several of its international programs.

After a weeklong orientation in early September, the IWM program's two new missionaries boarded a flight on Labor Day, Sept. 7, to begin their new lives in Chimbote. There, they joined missionary Nicholena Vranicar, 35, who is in her second year of service. She works to build the artisan craft business of Pushaq Warmi, while also consulting with preschool teachers in partnership with Sembrando Infancia.

The educational orientation week for the new missionaries in San Antonio began with a Mass and a blessing in front of the Incarnate Word community, honoring Kristen Amaro, 22, a UIW graduate, and Yvonne Moynihan, a 44-year-old educator from Cork. Both Amaro and Moynihan have each chosen to give a year of their life in service to the people of Chimbote.

Amaro, who graduated from UIW in May 2015 with a bachelor's degree in biology, said she's always been called to help through healthcare. Originally from El Paso, she said she aspires to become a physician and sees working in the Peruvian hospice clinic as a "perfect combination."

Moynihan said she felt the call to become a missionary when she saw a pamphlet at University College Cork (UCC) where she earned a bachelor's degree in international development and food policy. While in Chimbote, Moynihan, who has prior experience teaching children English in Barcelona, Spain, will be working with technology and young kids at Pedro Pablo Atusparias School.

While Moynihan's orientation started in Dublin, the two missionaries' arrival in San Antonio kicked off a crash course in the Charism of the Sisters of Charity of the Incarnate Word and Catholic social teaching on Aug. 31. A week of learning, reflection and prayer ultimately prepared them for their arrival and continuing orientation in Peru.

Incarnate Word missionaries in Peru generally work in healthcare at free clinics and hospice, or in jail ministry, pastoral work, education, street kids outreach, and other human rights projects.

WGC works to empower women, families and communities in Chimbote through their early childhood education programs and their partnership with the women's group Pushaq Warmi.

Chimbote is a city on the Pacific coast. Although it has a desert climate, it has the largest fishing port in Peru. The sudden boom in the fishing industry made Chimbote the "Working Capital" of Peru, with a population of approximately 334,568.

Ada Gonzalez, WGC's associate director of education and formation, has been to Chimbote five times since 2010 and oversaw Amaro and Moynihan's orientation

in San Antonio.

"The first thing that strikes you is the vibrant city life and the entrepreneurial spirit of the people," Gonzalez said of Chimbote. "It is a large city whose citizens are very poor, and it's so densely populated that it has potential for economic growth."

IWM has programs in San Antonio, Mexico, Tanzania, Zambia and Peru. Men and women over 21, single or married without dependents, are welcome to become missionaries. The program requires applicants to have a high school diploma, although a college degree is preferred.

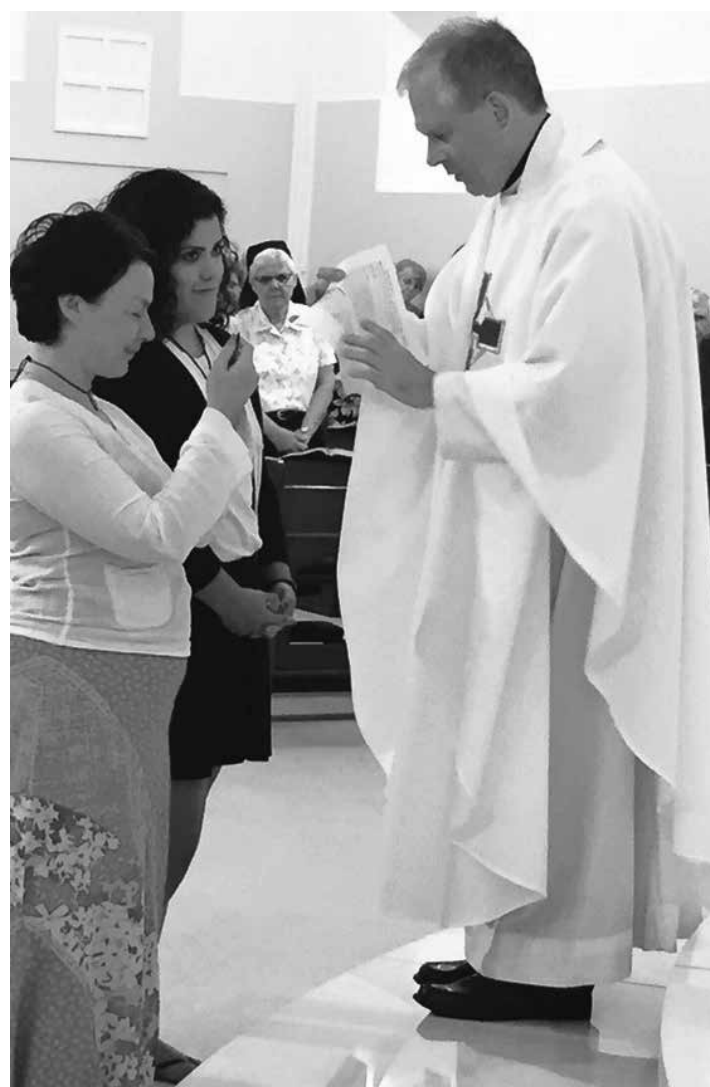
Missionary commitment contracts are on a yearly basis, although they can be renewed. The IWM program pays for transportation to the country the missionary chooses to serve in, as well as covers housing and basic living expenses abroad and a small stipend. Some foreign language fluency is required and student loans can be deferred while a missionary is actively serving in the program.

Cornally said she treasures her experience in Chimbote.

"The past two years living as an Incarnate Word missionary have been a time of great personal development and spiritual growth for me," Cornally said. "This was mainly thanks to the community I lived with and the many relationships built during this time. I am very grateful to have been able to take part in this program."

Eager to leave for Peru, Amaro said she's found herself doing a lot of explaining to friends and family about her desire to become a missionary.

"I think some people had questions about me doing this because I'm not getting paid," she said. "I've had a lot of jobs, but this job is going to mean the most in fulfillment for me."



Yvonne Moynihan, left, of Cork, Ireland, and UIW grad Kristen Amaro get blessed.

FYI

The Incarnate Word Missionaries program is currently recruiting.

For more information, e-mail wgc.adagonzalez@gmail.com, or call (210) 828-2224, Ext. 297.



Ryan Ibarra/ LOGOS STAFF

Sister Mary Johnson, center, speaks at a forum on Catholic sisters Sept. 12 in the Concert Hall. She is flanked on the left by Sister Pat Wittberg and on the right by Dr. Mary Gautier. The three women collaborated on a book.

Symposium spotlights sisters

By Ryan Ibarra
LOGOS STAFF WRITER

Catholic nuns from the San Antonio area gathered at the University of the Incarnate Word Sept. 12 for a unique experience and a chance to learn and grow in their faith.

The event, titled "Catholic Sisters: Who They Are and Why the World Needs Them," kicked off a nationwide talk series that will make other stops in Illinois, Pennsylvania, and California.

Sister Mary Johnson, Sister Patricia Wittberg and Dr. Mary Gautier, coauthors of the book, "New Generations of Catholic Sisters: The Challenge of Diversity," spoke to an audience of nuns and students in the Concert Hall about Pope Francis's declaration of the Year of Consecrated Life and the state of Catholic sisters in today's society.

The speakers touched on many topics including the diversity of sisters today, the changing demographics of Catholicism in the United States, and the influence of the generations on changes within the sisterhood. Each speaker spoke individually but all the topics intertwined, adding to an overall message of what it means to be a Catholic sister today.

Not only were the talks filled with lessons from years of experience and life stories, but also with research and facts to back up the claims. The talks were filled with statistics, graphs and charts, which made the topics being understood more interesting, and relatable to all generations including Millennials, a generation widely discussed by all the speakers.

The event was a great way to learn what being a Catholic sister today is really about, UIW senior Cristen Gonzalez said.

"I had no idea that (Catholic) sisters were really involved especially in the statistical

side," said Gonzalez, a campus minister and president of UIW's Catholic Daughters of the Incarnate Word. "It was really nice to see on the screen actual numbers and graphs of the change of being a Catholic sister over a period of time."

The talk highlighted how the involvement and practices of Catholic sisters has evolved. Peace, war, and even things such as the evolution of technology and access of information have all shaped the state of sisterhood and its perception by young women in the United States.

Some of the statistics presented by the speakers showed how the involvement and perception of what it means to be a nun throughout generations and even the possibilities of future generations have changed and the influence each generation has had on others. Examples are preferences of wearing the habit, a traditional garment worn by nuns, choosing to live alone in isolation from the outside world, or even preferences on meditation and worshiping. Each generation has its own preferences that suit their generation but their choices influence the next generations of sisters to come. To some of the students present, this information was eye-opening.

"It really opened my eyes to joining a convent," said UIW senior Jacqueline Chacom. "It's something I've thought about but I've never really pursued it."

For UIW sophomore Hilary Sanchez, the symposium was enlightening.

"They know so much about the orders and religious life that it makes you want to know more," said Sanchez, who is actively involved in campus ministry. "At my age, 19, it's a good time to explore. So this is a nice thing to explore and get to know more about and to see what you want in life."



October Upcoming Events

Compiled by Nancy Benet
LOGOS STAFFWRITER

Last Hermanas – The Struggle is One
Monday, Oct. 5, 12:00 p.m. – 1:15 p.m.
Location: J.E. and L.E. Mabee Library Special Collections Room
Sr. Tarango talks about the history of Las Hermanas, a grassroots Latina movement.

Las Damas de Tejas/Mixteco Ballet Folklorico
Thursday Oct. 8, 12:00 p.m. – 2:00 p.m.
Location: J.E. and L.E. Mabee Library Auditorium
A presentation covering the highlights of a new exhibit and discussion of a non-profit business followed by a folklorico dance performance

Hispanic Heritage Month: La Celebracion
Thursday, Oct. 14, 11:00 a.m. – 1:00 p.m.
Location: Cardinals Courtyard
A closing event for Hispanic Heritage Month that includes sample foods from traditional Hispanic culture, music, traditional dances, and fun!

Internship Fair
Tuesday, Oct. 22, 2:00 p.m. – 4:00 p.m.
Location: Dubuis Lawn
Job Fair hosted by Career Services.

Constitution Day: Federal judge praises historic document

By Nancy Benet
LOGOS STAFFWRITER

American citizens have to understand the U.S. Constitution to enforce its laws, a senior federal appeals court judge said Sept. 17 at the campus celebration of Constitution Day.



Judge Patrick Higginbotham

“We have to understand how we got to the stance we are at with same-sex marriage and sexual equality,” Circuit Court of Appeals Judge Patrick Higginbotham said to a University of the Incarnate Word audience in J.E. and L.E. Mabee Library Auditorium.

“We have to ask ourselves what it all means because you can sort out countries and their laws in this world but once they are all together, they either abide by the rule of law or they don’t,” Higginbotham said.

Higginbotham spoke about the constitutional convention, the laws of the country, and the amendments that make up the Constitution in an observance the federal government requires of all higher education institutions receiving federal funding.

The Department of Government and International Affairs, part of the College of Humanities, Arts and Social Sciences, plans the annual program to meet the federal requirement. Constitution Day has been celebrated every year on Sept. 17 since 2004 when then-U.S. Sen. Robert Byrd amended a spending bill mandating the observance.

Higginbotham talked about the history of the Constitution, beginning with the constitutional convention.

“You cannot just write a document,” Higginbotham said. “Brilliant demigods did not write the Constitution. It was the product of

Peace, justice events planned for October

“Living Compassion, Justice and Peace” is the theme of a series of events marking the October Season of Peace and Justice at the University of the Incarnate Word.



Sister Martha Ann Kirk

The annual “St. Francis of Assisi Blessing of Animals and Prayer for Creation” will kick off the month at 5:15 p.m. Thursday, Oct. 1, at the entrance to the Headwaters Sanctuary west

of Sullivan Field.

Participants are encouraged to bring live and stuffed animals to the program co-sponsored by UIW Liturgical Outreach and the Headwaters, a ministry of the Sisters of Charity of the Incarnate Word, founders of the university.

Following the blessing, there will be a 6:30 program on “A Catholic and Islamic Response to Climate Change” in Room 319 of the Administration Building, sponsored by the Cardinal Community Leaders Social Justice class.

Recently, Pope Francis I shared “On Care of Our Common Home” and Muslim leadership released “The Islamic Document on Climate Change,” said Sister

WGC connects women, water in gala

By Karissa Rangel
LOGOS FEATURES EDITOR

The Women’s Global Connection will hold its 2015 Women and Water Gala from 6 to 9 p.m. Thursday, Oct. 8, at McCombs Center Rosenberg Sky Room.

This year’s gala will promote the vital connection between women in developing countries and their access to clean water, according to a news release from the WGC, a ministry of the Sisters of Charity of the Incarnate Word, founders of the University of the Incarnate Word.

In harmony with this year’s theme, the event honors the late Dr. Patricia Lieveld, who taught pharmacy practice at UIW’s John and Rita Feik School of Pharmacy, and her work through WGC building rainwater harvesters in Tanzania.

The gala will be emceed by KSAT-TV anchor Steve Spriester and Ana DeHoyos-O’Connor, an associate professor of early childhood studies at San Antonio College. It will include a bazaar of artisanal goods handmade in the developing countries where WGC serves.

To purchase tickets/tables, go to <https://womensglobalconnection.givezooks.com/events/2015-women-and-water-gala>

For more information, call the WGC at (210) 828-2224, Ext. 297



Dr. Patricia Lieveld

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Yolanda Martinez, a pre-pharmacy student at the University of the Incarnate Word, serves a patient filling her prescription from a physician involved in an annual healthcare mission trip to Oaxaco, Mexico, from Sept. 7-11.

Students provide medical services in Mexico

By Yolanda Martinez
SPECIAL TO THE LOGOS

Nearly a dozen University of the Incarnate Word students, accompanied by some administrators and faculty members, participated in a Sept. 7-11 health mission to Oaxaca, Mexico.

The UIW missionaries were part of a larger Los Quijotes contingent making its 18th annual mission to Oaxaca under the direction of Dr. Hugo Castaneda and a volunteer team of health care providers including physicians, nurses, dentists, lab technicians, pharmacists and optometrists.

Castaneda's team began providing health care in Mexico City, then Oaxaca at the request of the Incarnate Word Sisters serving at Santa Rosa Hospital in 1987.

The Quijotes team joins the government of Oaxaca every year to help provide medical services to people with limited resources in Oaxaca and the surrounding region. On this trip, an estimated \$300,000 was dispensed to the population of Oaxaca in medical, dental, surgical and ophthalmologic care. Medications and equipment used in this trip were donated and collected all year.

Services provided included medical and dental consultations, corrective eye lenses, cataract surgeries, and some elective surgical procedures. Along with Los Quijotes volunteers, Oaxacan (DIF), local physicians and health career students provided care to the patients mostly in Oaxaca City, with one day devoted to nearby Mitla. An estimated 2,800 patients were served and more than 6,000 medical procedures conducted.

The UIW team included pre-pharmacy undergraduate Yolanda Martinez; nurse practitioner student Litzie Ramos; pharmacy students Tiffany Alex, Jenny Galindo, Jezzen Morin, Larissa Poorman and Lilian Toves; optometry students Amanda Achilles, Samantha Bohl, Desirae Brinkley, Denise Lopez De Chacon and Ashley Pylant; faculty Dr. Amalia Mondriguez, who teaches Spanish in the Department of Modern Languages, and Dr. Kevin LaFrance, professor of health administration in the HEB School of Business and Administration); Dr. Barbara Aranda-Naranjo, associate provost for civic engagement with the Ettling Center for Civic Engagement; and Sister Maria Luisa Velez, who was part of the first mission trip made by Los Quijotes.

Aranda-Naranjo and Mondriguez provided health promotion and prevention classes. La France developed the Excel spreadsheet and entered data to record all visits. Luisa provided spiritual counseling and lectured on spirituality and health to Oaxacan nursing students.

Pharmacy students were in charge of preparing medication for the patients prescribed by doctors at the clinic. They also counseled patients and made sure they understood how and when to take their medications. Optometry students were involved in helping assist the patients in checking their eyes for any signs of cataracts or eye issues. They would then send them to the ophthalmology section if they needed to provide reading glasses, prescription glasses, or sunglasses. Oaxacan nursing students helped doctors at the clinic by doing the initial screening to include vital signs and blood sugar testing. Ramos saw patients under the direction of Los Quijotes volunteer doctors.

Overall, this experience helped UIW students connect local medicine to global needs, while living out the core values of the mission of UIW: education, truth, faith, service and innovation.

Before leaving, the team heard parting remarks from Veronica Quevedo de Villacana, wife of Oaxaca's mayor and honorary president of the municipal committee for the development of the family, who quoted the late Mother Teresa of Calcutta in telling the volunteers:

"If you do not live to serve, you do not deserve to live."

Some of the UIW students shared their reflections about the mission.

"It's very hard for me to put this amazing experience into words," Galindo of John and Rita Feik School of Pharmacy. "Overall, it was incredible, heartwarming, and very rewarding. Most of the patients spent numerous hours waiting for the gates to open, to see a doctor, and again for their prescription. Yet not one person complained and everyone was so thankful and appreciative that we were there and to receive medication and counseling about what was prescribed. This experience was truly unforgettable."

Fellow pharmacy student Toves said, "It was deeply motivating to see how there are many people who are willing to get out of their (comfort) zone and help

others. However, in some instances helping is not only providing professional healthcare services, which are important, but also offering humanitarian assistance. Moreover, serving as a translator to people who due to their language barriers cannot get the help they need, offering advice and praying together with them is as important as a medical consultation."

Morin, another pharmacy student, said, "Being a part of Los Quijotes 2015 was a huge honor. This trip was an amazing experience that I will cherish forever. I learned so much about the lack of access to health care in Oaxaca and about the needs of this community. The patients were extremely grateful for the help we provided and the medications we were able to supply them. Things we take for granted such as pain relievers and simple antibiotics have made a huge impact in Mexico. Having this experience as a student will definitely influence my future and I hope to one day return to Oaxaca with Los Quijotes as a pharmacist."

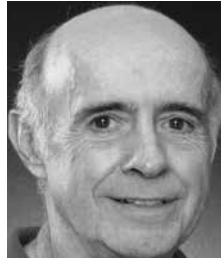
Lopez, a student at Rosenberg School of Optometry, said, "The Oaxaca medical mission trip was truly a life-changing experience. I was privileged to serve in the ophthalmology department as one of the optometry students. Not only did I get to see numerous eye conditions that I thought I would only see in an ocular disease book, but it was very rewarding knowing that we had made many people's lives a little better. I, however, received something even more valuable, a feeling of fulfillment, blessed, and the desire to continue to help others across borders. This is an experience I will never forget."

For Ramos, who got to work on nurse practitioner skills, the Oaxaca mission trip was "an invigorating experience."

The mission "allowed me to have contact with my inner self, and (I) rejoiced in providing care to the less-fortunate," Ramos said. "The experience also served me to fulfill UIW's mission, to become a global leader in health. I'm grateful to UIW and its partnership with Los Quijotes de San Antonio. God bless the mission, the group leaders, the students, and (I) hope to work with them once again in the future."

Employee service to get recognition

The University of the Incarnate Word will recognize 122 administrators, faculty and staff for their years of service at 2 p.m. Wednesday, Oct. 7, at the Chapel of the Incarnate Word.



Dr. Philip Lampe

The spotlight will fall on Dr. Philip Lampe, a longtime sociology professor, for his 45 years of service as well as others marking five, 10, 15, 20, 30, 35 and 40 years.

The honorees (listed by years of service) include:

45 Years: Dr. Philip Lampe.

40 Years: Dr. Barbara Herlihy

35 Years: Dr. William Carleton and Sister Eilish Ryan.

30 Years: Dr. Louis J. Agnese Jr., Adela Gott, Sister Walter Maher, Dr. Mary Swofford and Javier Villarreal.

25 Years: Dr. Beth Senne-Duff.

20 Years: Dr. Joseph Bonilla, Amy Carcanagues, Gladys Delgado, Gerardo Garza, Dr. Patricia Gower, Dr. Suk Kong, Dr. Bonnie McCormick, Rudy Oliva, Karen Reininger and Benita Vance.

15 Years: Dr. Robert Ball, Jose Calderon, Kristen Dicianna, Dr. Scott Dittloff, Paul Dubay, Dr. Henry Elrod, Rodney Evans, Dr. Dora Fitzgerald, Vanessa Garcia, Dr. Flor Garcia-Wukovits, Norma Green, Albert Guerrero Jr., Carl Haywood, Elizabeth Hernandez, Manual Hernandez, Michael Hood, Priscilla Johnson, Angela Lawson, John Leon, Estella Mallard, Benjamin McPherson Jr., Dr. Julie Miller, Albert Oliva, Dr. Carla Perez, Martha Perez, Paul Peters, Erika Pompa, Dr. Cyndi

Porter, Vincent Porter, Vincent Rodriguez, Roland Sul, Kathy Vargas, Jose Vasquez and William Watkins.

10 Years: Dr. Melinda Adams, Joe Cadena, Shirley Caldera, Janie Chavez, Melissa Chavez, Delma Cisneros, Dr. Jeffrey Copeland, Rene Flores, Dr. Angelina Galvez-Kiser, Emilio Gonzales, Sonia Gonzales, Emeterio Gonzalez-Dimas, Dr. M. Sharon Herbers, Dr. Glenn James, Dr. David Maize, Dr. Elda Martinez, Dr. Lisa McNary, Dr. Anita Mosley, Dr. Laura Munoz, Terence Peak, Maj. Cynthia Richardson, Dr. Derek Riedel, Ignacio Segovia, Cynthia Vidal and James Waller.

5 Years: Michael Agnese, Dr. Adrienne Ambrose, Dr. Russell Attridge, Adrian Ayala, Dione Bedell, Mozelle Breeding, Juliette Bustamante, Dr. Rochelle Caroon-Santiago, Rosi Cortez, Dell Davis, Dr. Christopher Edelman, Dr. Rene Escobedo, Anwar Esho, Dr. Diane Farrell, Dr. Nicole Farrell, Dr. Sandra Fortenberry, Dr. Maria Fortepiani, Cynthia Franklin, Olivia Gann, Dr. Decima Garcia, Dr. Matthew Gonzalez, Dr. Caroline Goulet, Dr. Stephanie Grote-Garcia, Sara Gwathmey, Jenny Hernandez, Dr. Joseph Lopez, Maria Lopez, Dr. Ryan Lunsford, Luis Macias, Anthony Marciano, Vanessa Martinelli, Margaret McChesney, John Miller, Melinda Nail, Kelly Pittman, Daniel Potter, Mary Gietzen Pritchard, David Pryor, Jose Ramirez Jr., Erlinda Rodriguez, Francisco H. Sanchez, Dr. Patricia Sanchez-Diaz, Melissa Sayre, Jessica Serbantes, Daniel Smith, Dr. Cathryn Studak, Christopher Tamez, Dr. Richard Trevino, Dr. Anna Vallor, Alexis Villarreal, Christy Wisely and Dr. Shishu Zhang.

Heritage Day activities set

Heritage Days will be observed Tuesday and Wednesday, Oct. 6-7, at the University of the Incarnate Word.



Father Frank Santucci

Father Frank Santucci, executive president of the Association for Oblate Studies and Research, will give a keynote address at 6:30 p.m. Tuesday, Oct. 6, on "Charism," focusing on its role in mission, in the Special Collections Room on the second floor of J.E. and L.E. Mabee Library.

Santucci, who teaches spiritual theology at Oblate School of Theology in San Antonio, holds a bachelor's degree in English literature from the University of South Africa and master's and doctoral degrees from Rome's Claretianum Institute for Theology of Consecrated Life at Lateran University.

2:00pm

Activities continue

Wednesday, Oct. 7, with the traditional opening ritual for Heritage Day at the CCVI Cemetery where lie the remains of many of the university's founders, the Sisters of Charity of the Incarnate Word. The ritual will be followed by a reception featuring coffee, juices and muffins. The Heritage Day liturgy will be at noon in Our Lady's Chapel.

At 2 p.m., the Employee Recognition Awards Ceremony conducted by the Office of Human Resources will be in the Chapel of the Incarnate Word with a reception immediately following at CHRISTUS Heritage Hall at the Village of the Incarnate Word.



From the Editor's Desk:

By Angela Hernandez



Some students tripping on double-dipping

There was a time in my life when my family struggled financially and the kindness of strangers made my family's life a little easier.

Thanks to peoples' donations, my sisters and I had presents under the tree for Christmas and food on our table every night.

I understand volunteering is important. My grandma, after retiring, spent the last 15 years of her life volunteering any and everywhere. She took me with her to different places to serve food, visit children in the hospital, donate food to a food bank, and wrap presents for unfortunate children for Christmas.

I was finally in the position to do my part and share my kindness by doing a charitable deed. I continued long after my grandma passed away and I know she would be proud of me. But in recent times I have taken on so many other responsibilities I haven't had as much time for volunteer work as I would like.

A couple weeks ago I got an e-mail saying the graduation application for students graduating in May was due on the first week of October.

I have been in a whirlwind trying to make sure I meet all the criteria in order to send my application to the registrar's office without getting penalized with a \$75 late fee.

Well, it looks like I'm going to be paying that late fee. I haven't completed my 45 hours of community service hours needed to graduate.

While talking about the fast-approaching deadline with some friends, I brought up how I haven't finished my community service hours yet.

Then I was made aware of how some students complete their hours.

"I double-dipped, dude," my friend said. "What?!"

I was alarmed because first of all, we weren't eating and second of all any double-dipping of any kind is usually gross.

"Yeah, I used my internship as my community service hours and for course credit," he clarified.

"I did that too!" someone else chimed in.

To my amazement a majority of the people in class said they had done this and others were now considering the option.

Even recent graduates have told me they "double-dipped" when it came to passing off

their internship as community service hours.

"I wasn't getting paid for it anyway. No harm, no foul," they explained.

At first I was appalled my friends and classmates would take the easy way out rather than do their part for their community, but I could understand where they were coming from.

Most of the students on campus are paying for their education, at least the parts the financial aid doesn't cover. This amount varies from person to person, and for those of us who have to pay a hefty amount to attend UIW while also paying for bills and other expenses, missing a day of work is definitely not a good choice when relying on that money to get us by.

Students have busy lives with multiple jobs, school, coursework, social lives with friends and families. Not every student can make time for 45 service hours. While there are opportunities to get hours on and off campus, commuter students, which make up a large portion of the student body, may find it difficult to travel back and forth.

I have talked to many people interested in attending the University of the Incarnate Word, but the 45 hours of community service hours required for graduation seems like an overfilled plate when we add on the other responsibilities such as homework and work that come with being a student in today's world.

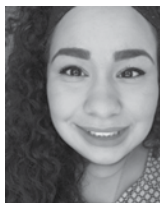
Perhaps there is a way to still keep the Sisters of Charity of the Incarnate Word's ideas and values alive while still appealing to today's busy students.

Maybe by allowing students to get a special award or cord at graduation for their outstanding contribution to community service will entice students to continue to provide a great service to the community, but not pressure others to do halfhearted work or lie about their hours.

My grandma told me once it's not the quantity of what a volunteer does, but the quality. I think that is definitely true for some of UIW's busier students. They still want to do quality community service, but the quantity is a restriction and we shouldn't be penalized for it.

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"Memories of 'Mom' – a grandmotherly aunt



By Valerie Bustamante
LOGOS ASSISTANT EDITOR

I walked back and forth between the aisles at Hobby Lobby searching for something to use as my younger brother's baseball number for his homecoming garter.

While I couldn't find any plastic ones, I improvised with some small wooden ones I could paint purple to represent his school colors.

As I was looking for other trinkets to add to this garter, my mother said, "You're so creative -- like 'Mom' was."

When I heard this statement I couldn't help and feel a little bit of sadness inside, but also joy.

My mother wasn't talking about her mother. She was talking about her older sister, a woman who since I was 6 weeks old became like the grandmother I never had. We referred to her as "Mom" because she was basically our second mother.

As I was growing up, Mom was a professional florist and had her own floral business. She always had jobs to do such as decorating weddings, quinceañeras, making funeral arrangements, and designing homecoming mums to sell.

During my childhood and teenage years, I spent most of my time with her on weekends and during school breaks. I remember when my parents would drop me off at her house, I'd get so excited when she'd tell me there was a gig we had to do. As I got older I became like her assistant when there was work to be done. I helped with deliveries and decorating venue halls. Eventually I learned the trade as well. While I was not as great as her, I still managed to get the job done.

I learned to make floral ar-

rangements, wedding bouquets, mums and how to pick out the freshest flowers.

When Mom passed away nearly a year ago on Tuesday, Oct. 7, 2014, I inherited almost all her "florist-related" items such as a million rolls of ribbon, four glue guns, mini-Fiesta sombreros and so much more.

The day they brought over all her stuff I was overwhelmed with so many emotions and memories. I sat in my room crying as I arranged everything into clear plastic bins.

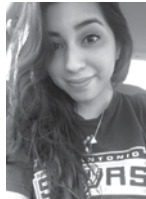
I thought not everything would be used like they were many years back but maybe some things would.

The weekend I was at Hobby Lobby, I went back home and pulled out the plastic tubs of Mom's stuff. As I sat on the floor gluing every bell and every little football, I started thinking of what my mama told me -- "You are so creative -- like 'Mom,'" she said.

Although Mom isn't here physically anymore, she is still here in spirit. She lives on in the memories I have from when I was a child. In all her corky multicolored ribbon. But most importantly Mom lives on in the talent she passed on to me. It is because of her I have a passion for anything creative- and art-related. I am forever thankful for all the things she taught me.

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A lesson learned from falling



By Priscilla Aguirre
LOGOS ASSISTANT EDITOR

During my freshman year, I was walking downstairs in the Administration Building trying to grab my phone from my

purse.

As I was attempting that task, my legs tangled up and I fell down in front of a crowd. The fall wasn't intense and I didn't break any bones, but just a little bit of my dignity. The embarrassment was taking over my emotions and on top of my own insecurities it was too much for me to handle.

I should have got up, but instead I stayed on the floor about a minute. That minute was the longest minute of my life and I could feel eyes staring at me. I don't know why I stayed on the floor but it just seemed right at the time.

My purse was open so my papers came flying out, my cell phone fell down on the floor with me and my

pens were scattered all over the staircase. It was a mess. I was a mess. I was trying to get myself together and also hoping I didn't know anybody in that crowd.

Some people asked if I was OK and if I needed any help, but I didn't say anything to anyone. I was so scared to look up at the faces that were talking to me. At the time this was a big deal and I was just a freshman who was trying to fit in. I don't know if anyone laughed, but I imagine someone took out his or her phone and recorded my poor self.

I finally gathered all my belongings and picked myself up from the dusty floor. My eyes were a little teary-eyed and my face showed nothing but embarrassment. I ran out of the building with my head down and headed to my car. When I got home I didn't talk to my family because I just didn't want to relive that memory.

Looking back, I wished I had laughed at myself and brushed it off. Everyone falls and I was supposed to just shake it off. Instead I cried and ran home to my diary. In my mind, I made it a bigger deal than what it was. I cared about what others thought of me and it took

over my reactions. Now I'm more embarrassed that I cared about the opinions of others than the actual fall.

It's hard not to care about with others think and it's something I struggle with sometimes. Especially in today's society, if you aren't perfect then someone says something about it on the Internet for the world to see. If you make a mistake or trip, then next thing you know you see a video on Twitter about it. As I'm getting older, I realize you just need to be yourself and ignore the rude comments of others.

I learned a couple of things from this fall I had in my freshman year. One was to be proud of my flaws and just love myself for who I am. Another was nobody is perfect and everyone battles their own insecurities. I'm not the only one with problems and there are bigger issues than me falling down stairs. The most important lesson from this experience is to concentrate on one thing while going down the stairs and that is to be cautious.

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Eat this veggie – not that veggie (Part II)



By Jose Deanda
LOGOS STAFF WRITER

In Part I last month, we went over how modern farming has inadvertently removed many of the beneficial, biologically active compounds (phytonutrients) from our veggies and fruits.

We also reviewed the fact that some strains of the same vegetable -- say a grape tomato over a beefsteak tomato -- are superior in nutritional terms.

We also mentioned the importance of freshness when buying and eating your veggies (and fruits), and how grocery stores store their produce for long periods of time plus the time in transport. Now we'll get into preparing our food in such a way that will maximize the health benefits, and the selection of the better vegetables.

Exposing your vegetables to heat and or cold, depending on the vegetable, can increase or decrease their health benefits. For instance, potatoes, if baked then refrigerated, will increase their nutritional content greatly. A similar thing occurs with carrots, if you boil them whole, cool them then refrigerate them, they will increase their health benefits drastically. Tomatoes exposed to heat, as in the traditional Italian-style simmer, will also greatly increase their anthocyanin content. This makes tomato purees and pastes great, as in the processing they are exposed to high temperatures. Canned beans actually happen to be one of the most nutritious kinds you can consume, due to the high heat exposure during the canning process. The high heat happens to make some of these phytonutrients more readily available to your body and therefore more of it is actually absorbed.

One thing to keep in mind though is this can go bad in some cases. Let's say you want to boil some onions. Onions are notorious for being in the vaguest of terms, healthy. They have a phytonutrient known as quercetin, which is currently under investigation for anti-viral, anti-bacterial and anti-cancer properties. The only thing to avoid in the preparation is to boil them, unless you are consuming the liquid in which they are boiled -- say a soup. About 30 percent of the beneficial compound will transfer to the boiling water. With onions you should opt for sautéing, roasting or frying, which will increase their quercetin content. Steaming conserves the vast majority of the phytonutrient content, however, and is recommended in favor of boiling.

Now for the selection of the more potent strains of vegetables. When dealing with lettuce, the deeper-colored the better. Those icebergs are tremendously inferior to their purple-colored relatives and even lower to the strains with reddish and brown hues. Generally speaking, your more colorful varieties are going to be more nutritious than the others, so gravitate to the colorful things you see in the produce section. For instance, the red and purple onion varieties are way better for you than the large white and yellow sweeter ones. The latter

have been farmed for sweet taste, not health benefits.

Corn is another great example. Those deep yellow kinds that are actually genetically modified due to radiation exposure are very high in null sugar and not much else. It's the type of sugar that will raise your blood sugar levels too sharply and eventually cause diabetes. Blue, red and purple variants of corn are the opposite. High in fiber, phytonutrients and protein. They are actually very good for you. I've seen the purple corn tortillas at Trader Joe's, with no preservatives.

Purple broccoli is way better at fighting cancer than green broccoli, but both are nutritional powerhouses and capable of destroying cancerous cells. Broccoli must be consumed shortly after being harvested, as it loses its medicinal value quickly. The same goes for asparagus, although it too is highly nutritious in its standard green variety. The reason is they perspire (lose water) rapidly, forcing them to convert those phytonutrients you want into energy for the vegetable's sustenance.

Cabbage is even more powerful than the leafy greens, and the purple kind is better than the green. Just make sure you ensure it's fresh. Rub two together and if they squeak, it's squeaky fresh.

The best potatoes for you to eat are the small purple- and red-colored kind, sometimes called fingerling potatoes. These don't raise your blood sugar drastically like if you ate a big russet potato (the most common large brown one) and their small size allows you to moderate your intake better. Russet potatoes are good. They have the highest potassium content of all of the potatoes, but they will raise your blood sugar much more than their colorful cousins.

When you're picking tomatoes, the smaller ones are way better than even those expensive heirloom varieties. The grape tomato, currant tomato and cherry tomato are superior to all the rest. If you opt for the larger variety of tomato, go for the roma, it's better than the other available strains. Just don't deprive yourself of the juice and seeds as that is where much of the goodness is concentrated.

Legumes are a family that really has not been altered very much by man, so it remains extremely healthy and balanced as is. They generally contain your essential amino acids, making them good sources of protein, with an added bonus of containing very high amounts of dietary fiber. American diets have been found to be very deficient in fiber, and all of these legumes are loaded with them. Lentils are so potent. About half of their carbohydrate content is fiber -- the other half slow-digesting good carbs. Any color is awesome. Finally, when it comes to beans, the pinto, red kidney, lima and black beans are king, containing very high amounts of free radical-eliminating antioxidants. All their fiber will keep you feeling full, which is a great thing if you're trying to lose weight or get some definition on those abs.

You may be wondering where you can get all these awesome veggies. The absolute best source are home and community gardens without the use of harsh fertilizers

and pesticides. Easier said than done when you're keeping up with a busy school and/or work schedule. Your next-best bet is a farmer's market. There's one nearby at



the Pearl. The address is 312 Pearl Parkway, 78215. It's very closely located to us. They run on Saturdays from 9 a.m.-1 p.m., and Sundays 10 a.m.-2 p.m. -- rain or shine. There's also the San Antonio Farmers Market Association. Check its website for specific locations and times.

To finalize, here are two tricks to maximize your health. First, garlic, and all the alliums (onions, scallions and shallots) are health powerhouses. When you're preparing garlic, which thins the blood and fights cancer, make sure you chop it finely, smash it with your knife or push it through a press. More importantly, let it sit closely together for 10 minutes. The reason is garlic contains a heat-sensitive enzyme allinase and a compound alliin that need that time to convert to allicin, which provides all the health benefits of garlic. Garlic is extremely good for you; consume it in high quantities. I like putting it in with my beans in the slow cooker, for example. The rest of the alliums don't have to undergo this process as their primary active compound is not the same as garlic.

The second trick is with leafy greens. If you chop up your lettuce, then soak it in cold water (iced preferably), it will increase phytonutrient content by tenfold. The plant responds to the tissue damage by producing more phytonutrients that discourage animals such as cows from eating more of it. Just make sure you dry it out properly. Otherwise it will go bad. Salad tumblers are great for drying it out. To store it ideally, grab a plastic storage bag and use a pin or needle to make perforations on it. Make about 20-30 all throughout it. This will provide the optimal respiration rate. Now you have two to three days for optimal consumption. Remember, fresh, always. Eat your veggies and stay healthy. You'll save yourself many aches, pains and expensive doctor visits. You might even save yourself from a deadly disease with these foods.

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Farmers Market: Gem at the Pearl



By Rebecca Luna
LOGOS STAFF WRITER

Recently, I met on a Saturday with a friend at the Pearl who I hadn't seen in awhile.

We decided to have brunch at Bakery Lorraine and the Pearl was more packed than we expected because of the Pearl Farmers Market.

The Farmers Market was really fun and was different than the ones I'm used to going to back at home. At home, its mostly local farmers who plant their own vegetables and fruit. Most recently, they expanded on who gets to sell their products at the market and now people sell handmade soap, homemade salsas, organic pastries and organic dog treats.

The (Farmers Market) I went to was different from what I'm used to but still fun to say nonetheless. I walked around and mostly saw meats that had no chemicals and was said to be all natural. I also saw people selling their own cheese. I didn't see much as far as fruit and veggies and it was smaller than the ones back in Dallas.

As I continued to walk around, there was a group of people having a yoga class

outside. A lot of people were watching and the yoga stances they were doing seemed pretty intense and required a lot of balance. There was also a live band playing but once I got there to see them they had just finished their last song, but what I could hear they sounded really good.

What I enjoyed most about the farmer's market though were all the dogs people had brought. I have a huge soft spot for dogs, I think mostly because my mom works at a vet hospital and has been for the past 15 years. Over the years we have fostered puppies and help them get ready for adoption and have found and taken care of stray dogs until we were able to get them back to their owners. If it wasn't for the no pet policy in the dorms here at school, my dog would be here.

I think I was more excited for the dogs than I was anything else but it was still really nice to spend my morning at the Farmers Market and have brunch with an old classmate.

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letters to the editor



Student critical of campus housing process

A front-page article about enrollment in the August edition of the Logos struck my interest.

It's reported we received more than 900 new freshmen, and more than 350 transfer students, and that (Dr. Lou) Agnese (president of the University of the Incarnate Word) is happy about this.

I however, am not. This to me provides only a reminder of the debacle that was this summer's housing assignments. According to Residence Life officials, we started with more than 1,200 students for housing, before even considering the hundreds of international and/or returning students.

I lived off campus for a year. When I tried to move

back on campus, despite being an out-of-state student and needing housing, I was denied the priority granted to those who are out-of-state but lived on campus the previous semester.

I feel as though this is a flaw in the methods of Residence Life's system. It should not matter if a student did not live on campus the prior semester. If someone who has gone here before wants to keep going here, and needs housing to do so, then they need to receive housing.

Because of this nonsense Residence Life put me through, I ended up frantically searching for an apartment. It worked out because I found one that is cheaper than living on campus, and it's only a mile away, but it

was frantically done in about a week.

If I hadn't found that apartment, I wouldn't have been able to continue my education and then the grace period on my student loans would begin, meaning I would have to pick up a full-time job to start paying those off, effectively ending my college career.

Denying housing to students can be a death sentence of their higher education. This throws longtime students under the bus, and that is an unacceptable treatment of students who wish to continue going here.

Calvin Chandley
cachandl@student.uiwtx.edu



ASSEMBLING A LIBRARY FROM SCRATCH

Dr. Zazil Reyes Garcia, above, an assistant professor in the Department of Communication Arts, leads a group of students at one of the worksites during 'Meet the Mission.' Their job was to get these books shelved in some kind of order. Although arriving late to the site due to a transportation glitch, the group managed to get the job done. They were among an estimated several hundred students involved in the annual community service drive on Sept. 18, meeting first at McCombs Center Rosenberg Sky Room for breakfast in three different waves, fanning out to different sites, returning for lunch at the end of their shift, and reflecting on their experiences.



Photos By Gaby Galindo



Logosports

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Spaniard ready to play ball at UIW

By Jorge Jones
LOGOS STAFF WRITER

Twenty-year-old Celia García-Paunero is weeks away from a once-in-a-lifetime opportunity – playing NCAA Division I basketball for the University of the Incarnate Word.

Born 100 miles north of Madrid, in Valladolid, Spain, García-Paunero was practically born with a basketball in her hands. Her father, Francisco, is a professional coach in the Brazilian basketball league (LBB), and her mother, Ana Isabel, is an ex-professional player in the Spanish basketball female league.

García-Paunero, a junior majoring in psychology, said she always dreamed of playing basketball in the United States while growing up in in her native Spain. This long-awaited dream became a reality two years ago when she was offered a scholarship to play at Otero Junior College in La Junta, Colo. After two record-setting seasons with her former team and a National Junior Athletic Collegiate All-American selection to her name, the young Spaniard finds herself ready to make her Division I debut with the Cardinals this November.

“These past two years I had the great opportunity of playing basketball at Otero Junior College,” García-Paunero said. “Thankfully, last season I played really well and that led to several schools offering me scholarships to play for them. I decided to visit three schools from the offers I had. Finally,

I decided that UIW was the best choice for me.”

This November, when she steps on the court, García-Paunero will join an elite list of NCAA Spanish athletes. She will become one of 20 Spanish female athletes playing D-I basketball in the nation, alongside countrywoman Ángela Salvadores, who is currently playing for Duke.

“Being one of 20 athletes in that list is a huge honor for me,” García-Paunero said. “I am really proud of that accomplishment because all the hard work throughout the years is finally paying off.”

Adjusting to the new way of life is part of the process that García-Paunero has to go through. Being away from friends and family is something she is getting used to as the semester progresses.

“There are tough moments throughout the season, like Christmas for example,” García-Paunero said. “Our season is played during the holidays and I don’t get to go home to spend time with my family. But hopefully this time away from home will pay off in the future.”

However, the support from her new teammates and coaching staff has made this transition much smoother on the former Otero College standout who along with her teammates wait to tip off the season at home Nov. 13 when



Celia García-Paunero gets to play Division I basketball with UIW.

UIW hosts Louisiana State University-Alexandria’s Generals.

“My teammates and coaching staff have been very welcoming,” she said. “They make me feel like I have been a part of this team for a long time. I couldn’t ask for a better group of people.”

Football team record breaks even

By Jennifer Lynn Flores
LOGOS STAFF WRITER

The Cardinals are 2-0 at home and 0-2 away for an even 2-2 record thus far this season.

In its last win Sept. 19, the football team was down 10-7 at halftime but kept visiting Nicholls State University from Louisiana scoreless in the second half to take a 20-10 win.

Defense held a good fight against Nicholls State’s offensive players, reeling in four interceptions for a new school record.

Senior linebackers Myke Tavarres and Padyn Giebler – along with junior linebacker Josh Zellers -- led the UIW defense with 22 tackles combined. Junior safety Adrian Norwood picked off two passes – including one near game’s end -- while senior safeties Robert Johnson and Troy Lara got one each.

Although defense brought forth some hard effort, offense finished the game with 294

yards of offense and 15 first downs. Sophomore quarterback Trent Brittain was 15-of-29 for 133 yards, including a touchdown and one interception.

Senior tight end Cole Wick, along with junior running backs Broderick Reeves and Junior Sessions, led the offense. Wick had five grabs for 53 yards and a score. Sessions finished the game with 69 rushing yards and 15 carries, and Reeves added 66 yards on nine carries.

Although Reeves was brought into the game during the fourth quarter, he was able to move the ball forward, giving Brittain the opportunity to score.

“It was a rollercoaster because we started off slow and had some turnovers,” Reeves said. “The flag on the interception by Nicholls helped the game change for us. I was put in the right time to make the best opportunity of it.”



The Cardinals prepare to take the field Saturday, Sept. 19 at UIW’s Gayle and Tom Benson Stadium.



Wide receiver Cody Edwards, a sophomore from Mesquite, Texas, lines up to haul in quarterback Trent Brittain’s pass..

Photos By Matthew Sherlaw/ LOGOS STAFF

UIW men’s soccer team routs CIW-Mexico in Benson match

By Stephen Anderson
LOGOS STAFF WRITER

After a two-hour weather delay, UIW men’s soccer defeated CIW Cardenales of Mexico 8-0 at Gayle and Tom Benson Stadium late Friday night, Sept. 25.

For the first time ever UIW held an international soccer match. CIW Mexico is located in Mexico City. The game, which was listed on the Hispanic Heritage Month events calendar, was used to bring the two schools together for the first time.

In nine minutes, UIW got on the scoreboard when forward Ben Conway put home a shot past the CIW goal-

keeper to put the Cardinals up 1-0. Ten minutes later, the home team added to its lead when midfielder Miguel Ojeda and forward O’Neal Moore scored in the 14th and 22nd minute, respectively. The Cardinals went into halftime with a 3-0 advantage.

Ten minutes into the second half, UIW took a four-goal lead when Moore scored his second goal of the evening. Midfielder Robert Pratt came in the second half and quickly scored a goal in the 32nd minute, making it 5-0.

A penalty was called on CIW minutes later and midfielder

Michael Forbes took the penalty kick. Forbes stepped up and sent a shot towards the net that the CIW goalkeeper got a hand on, but the ball went into the net anyway.

The Cardinals took advantage of another penalty kick opportunity later in the match. This time midfielder Carlos Guerrero took the kick and gave the Cardinals a 7-0 advantage. UIW would add one final goal before time expired, giving the team eight goals – equaling its highest goal total for the 2015 season.



Austin Hoffman



Braden Martin



John Shull



Mark Whitehead



Matt Morris



Weston Pitts

New, familiar faces lift baseball team’s hopes

By Zach Lucero
LOGOS STAFF WRITER

The University of the Incarnate Word baseball team has been practicing since Aug. 24 and its players are busy with individual position workouts to gear up for the spring season. Full team practices started Sept. 22.

“This season seems to have more positive energy than last year,” said sophomore Tanner Wall, a business administration major from San Antonio. “We should be able to compete more than last year in conference and even against the big-time opponents.”

The biggest hurdle for the upcoming season will be replacing 319.8 of last year’s innings pitched with the departures of key pitchers due to injury, graduation and even to the MLB draft. – in the case of Geno Encino, who is pitching with the Bluefield Blue Jays, in the Rookie Appalachian League, a minor league team affiliated with the Toronto Blue Jays.

The Cardinals are only returning three out of five of the team’s pitchers with the best ERAs. One of the returnees is John Shull, a communication arts major from San Antonio.

“This year’s focus needs to be on pitching because in the past it has been our Achilles heel,” said junior outfielder Mark Whitehead, a business administration major from San Antonio. “Our bullpen guys need to be able to get guys out.”

The individual workouts have allowed players to focus more on the little parts of our game. Senior catcher Weston Pitts, a business administration major from San Antonio, has used the individual practices to get a closer look at some of the new faces on the pitching staff. The team only has one junior college transfer from this year’s class, meaning the rest are freshmen.

“We really need to see some of the new guys mature and be ready to step up and be starters for the team this season,” said Pitts. “I’m excited to see (Shull) take on more responsibility and

grow from his solid performance last season. I’m also excited about (junior college) transfer Lance Moszkowicz. He spots up very well and has a great change-up. This year should be a better year and the solid group of seniors we have this year is something people should be excited for.”

With the start of team practices, the Cardinals will work more on specific plays and important live team scrimmages. The scrimmages will be a big opportunity for pitchers to grab starting and bullpen roles from facing live hitters. The same goes for the hitters, as they will face live pitching for the first time this fall. There are heated position battles at the middle infield positions and behind the plate at catcher. The live scrimmages will help players win or lose the starting job at those positions.

“In order to take pressure off some of the new pitchers our lineup will have to produce more hits and more runs,” said Braden Martin, a senior utility player from Andrews, Texas. “This is to give out guys on the mound more confidence and time to rest.”

With the recent release of the 2016 schedule the Cardinals, once again, have a tough non-conference schedule where they face eight teams that made an NCAA regional. This matchup is exciting some of the players and they look forward to a challenge. The team has used the fall season to build chemistry for the upcoming season.

“This prepares us for the bigger stage of conference games,” said Martin, a business administration major. “It also helps people see us as a team that can compete with the top-tier teams nationally. The fall season has been all about the grind and everyone has grown into a very tight-knit group.”

UIW Lacrosse Club seeks new players

By Kelsey Johnson
LOGOS STAFF WRITER

The UIW Lacrosse Club is in fall training and looking for new players to get involved while the group gears up for the spring season.

“The team started two years ago when we gathered guys together who were interested,” Samuel Martinez, founder and captain of the club, said.



UIW only has a men’s lacrosse team right now, but women are welcome to join and play.

“It is a men’s team only, but women are allowed to play,” Jeffrey O’Neill, head coach, said. “However they should be warned that they must play by men’s rules. I’m looking for players who are athletic, but no experience is necessary.”

The team’s range of experience varies from players such as Will Biba

who played the sport for six years prior to joining the team, to players such as Zach Miller who had no previous experience prior to joining.

“We have 19 members right now at the moment,” O’Neil said. “But we want to expand to at least 25 players.”

O’Neil joined the Cardinals this year as a graduate student who has played this sport his whole life and wanted to stay involved in the sport he loves.

Lacrosse is not an intramural sport in any university; the UIW Lacrosse Club competes against clubs such as A&M and UT Austin.

“Lacrosse is a great way to represent your university,” Miller said. “The fact that we play against teams like A&M make me proud to say I play lacrosse at UIW.”

The Lacrosse season begins in the spring and all students and staff are encouraged to support and spectate the games.

FYI

The UIW Lacrosse Club practices 9-11 p.m. Sunday through Thursday at Gayle and Tom Benson Stadium.

Anyone looking to get involved is encouraged to attend practice times or e-mail Jeffrey O’Neill, head coach, at joneill@student.uiwtx.edu

Catch the Cardinals

October games calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				WVB vs Stephen F. Austin @7 pm	WSOC vs Central Arkansas @ 7 pm	WVB vs Northwestern State @ 11 am FB vs Northwestern State @ 2 pm MTEN vs San Antonio CC Mixer
WSOC vs Northwestern State @ 11 am MSOC vs San Jose State @ 1:30 pm				WVB vs Sam Houston State @ 7 pm		WVB vs Lamar @ 2 pm
	WGOLF vs UIW Fall Invitational	WGOLF vs UIW Fall Invitational		MSOC vs Grand Canyon @ 7 pm		SB vs UIW Round Robin @ 2 pm
				MSOC vs Houston Baptist @ 7 pm WVB vs Southeastern Louisiana @ 7 pm	WSOC vs Sam Houston State @ 7 pm	WVB vs New Orleans @ 11 am FB vs Abilene Christian @ 2 pm
SB vs Alumni Game @ 11 am WSOC vs Stephen F. Austin @ 1 pm MSOC vs UT Rio Grande Valley @ 6 pm		WVB vs McNeese State @ 7 pm				WVB Abilene Christian @ 2 pm



Pharmacy school leader to address Feik’s Class of 2019

A former president of the American Association of Colleges of Pharmacy will speak Friday, Oct. 2, at Feik School of Pharmacy’s 10th annual White Coat Ceremony.

Dr. Patricia Chase will address John and Rita Feik School of Pharmacy’s Class of 2019 at 1 p.m. in McCombs Center Rosenberg Skyroom before its 98 members -- wearing their white coats -- will recite the traditional pharmacy pledge. A reception will follow.

Chase was Gates Wigner Dean for the School of Pharmacy at West Virginia University in Morgantown before stepping down Aug. 1. Now dean emerita and professor, she had held the pharmacy school post since 2006. As president of the Colleges of Pharmacy, she represented the 130 colleges and schools of pharmacy in the United States.

Chase holds a bachelor’s degree from Albany (N.Y.) College of Pharmacy, a master’s degree from University of North Carolina in Chapel Hill and a Ph.D. in education administration, supervision and curriculum development from the University of Colorado in Aurora. She completed an accredited residency at Albany (N.Y.) Medical Center and prior to coming to WVU she was dean of Pharmacy at Butler University in Indianapolis, Ind., for six years.

Chase’s research has focused on topics such as leadership development and mentoring, innovative curriculum development, and programmatic assessment. While serving as dean at Butler, she completed a four-year grant to secure medications for the uninsured. This grant was in partnership with Central Indiana Health Services, Indiana Health and Hospitals, the Indiana Health Centers. In four years, the program secured more than \$5 million in free drugs for the working poor.

At WVU, working with faculty in other disciplines, she was the principal investigator on a Claude Worthington Benedum Grant that has developed an interprofessional “My First Patient” course for students in pharmacy, medicine and dentistry.

Her scholarly activities include serving as a facilitator for the American Association of Colleges of Pharmacy Institute for Pedagogical and Curriculum Change and the association’s New Teacher’s Seminar. She also participated in the development of the AACP Education Scholar Program, serving as author for two of the web-based modules. For the past 11 years, she has been the keynote speaker for the AACP Academic Leadership Fellows Program. In this capacity, she has taught the academic leadership part of the curriculum.

In 2006, Chase and her colleagues received an Innovations in Teaching Award from AACP’s Innovations in Teaching Award program and a bronze award from the Indiana Wellness Council for Butler’s health and wellness program for the faculty and staff. She has been recognized as a Fellow in the American Society of Health System Pharmacists, received the Outstanding Leadership Award from the Western University of Health Sciences, and Manager of the Year for the Oklahoma Medical Center. In 2003, she was the recipient of the Terry Hageboeck Award which is presented by the graduating class at Butler to a faculty member for “devotion to the profession of pharmacy with a compassion for students not only in the classroom but also in their personal lives.”

While practicing in Maine, Chase developed a statewide poison education program that was named a Distinguished Community Health Education Program from the U.S. Secretary of Health and Human Services. She subsequently received the Huddilston Award from the Maine Lung Association, thus becoming the first pharmacist to be recognized as the Health Educator of the Year for the State of Maine. She was also recognized as Hospital Pharmacist of the Year by the Maine Society of Health System Pharmacists.

Before transitioning into academia, she spent almost 20 years serving as a director of pharmacy in hospitals from 86 beds to more than 650.

FEIK SCHOOL CLASS OF 2019

Suheib Abdullah, Samantha Aguado, Alejandro Almaguer, Elizabeth Anatrella, Yeri Bae, Angela Banda, Neil Ivan Barnes, Kimberley Basdeo, Pooja Bombaywala, Brian Bui, Ervine Cachapero, Ricardo Camargo, Alicia Campos, Ankita Chaudhuri, Jayden Chen, Sean Coco; Samantha Conn, Philip Connor, Brittani Dear, Melissa Decker, Brittney DeFranco, Bertha Duong, Kristi Ellis, Vanessa Eng, Richard Esparza, Lauren Fisher, Fernando Flores, Jerrica Franz, Christina Frias, Grace Garcia, Jacob Garcia, Jinasha George, Tristyn Greiman; Jessel Gutierrez, Darlena Ha, Fouzia Hassad, Karisma Hathi, Lauren Henry, Daniel Hernandez, Jacqueline Hobbs, Jonathan Inskip, Damian Kaiser, Tiffany Karnes, Samuel Karottakuttu, Kelly Kerr, Daniel Kunkel, Wilson Lang, Emily Leonard, Tabitha Lester, Aimee Lett;

Krysta Lopez, Roxanne Lopez, Steven Lyerly, Monica Martinez, Robert McGhee, Brandi Mercer, Jahnavi Mijagiri, Anna Montero, Lauren Moreno, Brook Morse, Michael Musser, Amy Newsom, Michelle Nguyen, Mylinh Nguyen, Liane Pareja, Palak Patel, Andrea Perez; Stefane Puckett, Philip Quintero, Madelyn Ralston, Clarissa Ramirez, Nicolas Rangel, Khalid Ratrut, Justin Riley, Steven Rivera, Audrey Robles, Jarrod Rodriguez, Pablo Saenz, Rebecca Salazar, Andrew Saldana, Mohammad Shirali, Kaitlynn Snow, JeongEun Son, Zakery Soto; Alexis Spriggins, John Swanson, Monique Swift, Jacob Talavera, Nicole Tocci, Jenny Tran, Mara Trejo, Christina Tsen, Rony Varughese, Lourdes Vega, Neftali Veliz, Vitou Vong, Kirsten Wiatrek and Brooklin Young

Greek odyssey gets rocky start

By Sahiry Fragoso Ortega
LOGOS STAFF WRITER

Have you ever been in that awkward situation where you say goodbye to someone and it turns out you are both walking in the same direction?

Well, I experienced a similar situation before taking my plane to study abroad in Greece -- only it was a little bit more awkward.

I am currently studying abroad for a semester in Athens. My plane left Sept. 8 from Houston, but it didn’t land in Germany as planned. Instead, I had the pleasure of visiting Istanbul, Turkey.

I’ve never said this publicly, but sooner or later as you keep reading my stories, you will find out I suffer from a chronic disease called “bad luck.” It started when I was little. I would always find myself in some out-of-the-ordinary situations; Sept. 8 was no exception.

I was in Houston at 11 a.m.; my plane left at 3:50 p.m. I wanted to make sure I was there on time. My boyfriend and his brother drove me from San Antonio to Houston that same day. Me, trying to be romantic, gave my boyfriend a letter before he left. But I told him not to read it until they were back on the road, because that’s what I’ve seen in movies. I also called my family in Mexico as well as some friends to say goodbye for the last time.

Finally, I get called to the airline counter and the first thing they say to me is: “You know that all our flights are canceled, right?”

I answered with a simple: “Are you serious?”

Yeah. They were serious. They told me there was a strike from the pilots and they didn’t know when I’d be able to fly. I, as the overthinking female that I am, started freaking out because to me everything is destiny. I took this as a sign from the gods. The only thing on my mind was, “I knew it. I knew this was a bad idea. I knew this wasn’t meant to be.”

I called my boyfriend right away and they came back to the airport to help me out. The first thing my boyfriend said was: “I read your letter, thank you.”

In my letter, I wrote something along the lines of: “When you read this, I’m probably going to be on an airplane wondering what you’re doing right now.”

Cheesy? YES!

Embarrassing? For sure.

I called my family back and messaged some friends because I like to make fun of myself.

I was stuck in Houston for a couple of hours, but they ended up finding a flight for me that same day. I messaged my study abroad adviser to let my host school in Greece know they’d have to pick me up at a different time in the airport. She told me they probably wouldn’t be able to pick me up because I’d be arriving pretty late.

It was then my thoughts were confirmed. I SHOULD’N’T BE DOING THIS, EVERYTHING IS GOING WRONG! But, I ended up stepping on that plane because I’m a rebel without a cause.

After a 16-hour flight to Turkey and a one-hour flight from Turkey to Greece, I finally got to where I am today. Thankfully, someone did pick me up from the airport because -- I don’t know if you know this but -- Greeks will go the extra mile for anyone.

I got to the residences in Aghia Paraskevi and they welcomed me with some water, cookies and the biggest smiles. I was so happy to finally meet the people I had e-mailed back and forth to make all this possible. After filling out some final forms, they were ready to show me my apartment. So many things went through my mind, but after going to three different apartments, they couldn’t find my name.

At the fourth apartment, my nametag was finally on one of the beds. I wasn’t apartment-less, and that was great news. The two awesome residential assistants that took me to my apartment gave me some instructions and left. It was then when I collapsed. I was alone in another country once again, and suddenly, I missed everyone. That night I cried and fell asleep.

The next day, I realized I needed to cry that night. Because the next time I do, it’s probably going to be when I leave this beautiful country and all the great people I’ve met.

I’ve only been here about two weeks now. There are many things I still need to learn, but there are a few things I can tell you. In Greece, there’s always time for a good coffee, and a siesta. Walking places becomes the only cardio you will need. Drinking does not equal getting drunk, but enjoying a nice talk. A souvlaki will be the freshest, cheapest fast food you will ever try. The sunsets here consist of an assortment of shades -- a blend of reds, oranges and yellows. And if you’re lucky enough to see it on a beach, you can clearly see how the sun sinks into the ocean. But the best part so far about this country is the people. No matter how bad their economy or government appears to be, they’re always willing to help with a smile on their face. I can’t wait to get to know more about this fascinating culture.

E-mail Fragoso Ortega at fragosoo@student.uiwtx.edu



Sahiry Fragoso Ortega, right, and her American roommate Amanda Bennett ride Greek donkeys.

Cheddar's

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‘La Feria’ features festive food, fun

By Gaby Galindo
LOGOS PHOTO EDITOR

Plenty of free food, music and T-shirts brought many to Dubuis Lawn during the celebration of La Feria on Wednesday, Sept. 23, one of several events marking Hispanic Heritage Month.

University of the Incarnate Word students, staff and faculty helped themselves to fruit, roasted corn, margarita-flavored slushes and mini street tacos from Chela's Tacos, while listening to a variety of songs performed by a mariachi group, at the event sponsored by the Campus Activities Board.

"I enjoyed having the time to go and enjoy some food and music after a long week," said Devin Easley, 21, a junior computer information systems major from San Antonio. "It was very relaxing and welcoming."

Nicole Garcia, CAB's director of external affairs, said many volunteers helped promote and carry out the annual event.

"Our goal for this event was to give the students a break during the day by letting them

embrace the Hispanic culture," Garcia said.

CAB had to overcome several challenges while planning this event, especially when it came to managing the budget to finance it, Garcia said.

"Everything cost money and in order for us to give students quality giveaways it required a lot of compromise between the board and the vendors," Garcia said. "This event is becoming a UIW tradition and will definitely continue for years to come. Hopefully in the coming years we can make the menu larger and bring in more entertainment."

Easley said he looks forward to attending the event again in the future, emphasizing he has relatives who cherish Hispanic traditions.

"I grew up with stuff like this at home and I always enjoy going to events like this because I feel like I'm right at home," Easley said. "If I could I would try to invite my grandparents next year. I'm sure they would love it."



Campus Activities Board planned 'La Feria' on Wednesday, Sept. 23, as part of the University of the Incarnate Word's celebration of Hispanic Heritage Month. Students, staff and faculty members lined up for free street tacos from a food truck or roasted corn from Sodexo. A mariachi band played under a sunny San Antonio day that allowed participants to make new friends or see old ones. Other events are planned through mid-October.

Photos By Gaby Galindo/
LOGOS Photo Editor







ENTERTAINMENT

Oct. Movies

Compiled by Marco Cadena

Oct. 2

The Martian

Rated: PG-13
Genre: Action/Adventure
Starring: Matt Damon, Jessica Chastain, Kristen Wiig, Jeff Daniels, Kate Mara, Sean Bean

Freeheld

Rated: PG-13
Genre: Drama/Romance
Starring: Julianne Moore, Ellen Page, Steve Carell, Michael Shannon

Oct. 9

Pan

Rated: PG
Genre: Adventure/Fantasy
Starring: Hugh Jackman, Levi Miller, Jimmy Vee, Rooney Mara

Steve Jobs

Rated: R
Genre: Biography
Starring: Michael Fassbender, Kate Winslet, Seth Rogen, Sarah Snook

Masterminds

Rated: PG-13
Genre: Comedy
Starring: Zach Galifianakis, Owen Wilson, Kristen Wiig, Jason Sudeikis

Knock Knock

Rated: R
Genre: Suspense/Thriller
Starring: Keanu Reeves, Lorenza Izzo, Anna Celia De Armas, Aaron Burns, Ignacia Allamand, Colleen Camp

Oct. 16

Goosebumps

Rated: PG
Genre: Action/Adventure/Fantasy
Starring: Jack Black, Odeya Rush, Halston Sage, Dylan Minnette

Crimson Peak

Rated: R
Genre: Drama/Fantasy/Horror
Starring: Charlie Hunnam, Jessica Chastain, Tom Hiddleston, Mia Wasikowska

Bridge of Spies

Rated: PG-13
Genre: Drama/Thriller
Starring: Tom Hanks, Peter McRobbie, Alan Alda, Billy Magnussen

The Diabolical

Rated: N/A
Genre: Horror/Sci-Fi/Fantasy
Starring: Ali Larter, Arjun Gupta, Chloe Perrin, Kurt Carley, Merrin Dungey

Oct. 23

Paranormal Activity: The Ghost Dimension

Rated: N/A
Genre: Horror
Starring: Chris J. Murray, Brit Shaw, Ivy George, Dan Gill

The Anomaly

Rated: N/A
Genre: Action/Adventure
Starring: Ian Somerhalder, Alexis Knapp, Art Parkinson, Luke Hemsworth, Brian Cox

‘Almost, Maine’ set for debut at Cheever

By Victoria O'Connor
LOGOS STAFF WRITER

“Almost, Maine,” a romantic comedy by John Cariani, opens Friday, Oct. 2, for a six-day run ending Oct. 10, at the University of the Incarnate Word’s Cheever Theatre.

The quote, “It’s love, but not quite,” is used to describe Cariani’s play, a romantic comedy with magical realism as it deals with love and the people who find themselves along the way.

“Cariani took wit, charm and guts to a whole new level as he explores the theme of love,” said junior Lia Trevino, one of the cast members playing five roles each. “Love comes in many forms and ‘Almost, Maine’ allows its audience to have a closer, personal look into the lives of several individuals who are experiencing obstacles with the subject matter.”

The play is set in Almost, a location so small and distant from the rest of Maine, it almost feels non-existent to the rest of the state. On a cold winter’s Friday night, as the northern lights move across the sky, citizens of the city fall in and out of love in bizarre ways.

“The show as a whole is about the trials and tribulations of love,” freshman Megan McHugh said. “Each individual scene is its own ‘play’ within itself, with a different set of characters in each scene. It’s an adorable, sometimes heartbreaking, show that has been a personal favorite of mine since I started theatre.”

Cast members say the five characters they each have to play throughout the play add new life to their different roles. The characters are meant to be entertaining and relatable to the audience, and the realism of the show is reflected in each of the characters, they said.

“I play the characters of ‘East,’ ‘Steve,’ ‘Randy,’ ‘Phil’ and ‘Dave,’” said Adam Ortega, a junior. “I think every single character goes through arcs that

we can all relate to, such as attempting to rekindle a broken relationship, yearning for human connection, and guarding themselves because of past traumas.

“I play the roles of ‘Glory,’ ‘Villian,’ ‘Gayle,’ ‘Marc’ and ‘Rhonda,’” Trevino said. “Each individual has a different perspective on love and how it affects their own lives. Some have never experienced love while others are fed up and need (an) answer to move forward.”

“One of our biggest challenges has been to really differentiate all the characters to tell the different stories while still keeping a part of ourselves in them,” sophomore Matthew Shavers said. “We want our audiences to reflect on what they experience, so we aim for natural and honest human relations and stimulus on stage.”

Overall, the cast has worked together and with the director, Associate Professor Mark Stringham, to bring the production together and for high hopes with audience success.

“The Theatre Department as a whole is very welcoming and professional,” Trevino said. “This has allowed me to immediately dive into work and character development. Our relationship has allowed us to analyze the characters and decisions of the playwright freely.”

“This is my third production with Mark and working with him is always one of the best experiences that I can be fortunate enough to have,” said Matthew Shavers. “I learn so much from him to build and shape my craft and even myself.”

“I hope for people to learn and take away something about love, and themselves: how to handle certain situations, how to act towards those you love, etc,” McHugh said. “There is so much that can be taken away from this show. The



Victoria O'Connor/ LOGOS STAFF
‘Almost, Maine’ actors rehearse Monday, Sept. 28, for the production. script is funny, sad, romantic and a little magical, and I truly hope the audience enjoys watching the show as much as I enjoy reading and preforming it with my theatre family.”

FYI

“Almost, Maine,” under the direction of Associate Professor Mark Stringham, opens at 8 p.m. Friday, Oct. 2, in Cheever Theatre at the University of the Incarnate Word.

Other performances will be at 8 p.m. Saturday, Oct. 3; 2 p.m. Sunday, Oct. 4; 7 p.m. Thursday, Oct. 8; 8 p.m. Friday, Oct. 9; and 8 p.m. Saturday, Oct. 10.

The scene design is by Christopher McCollum, lighting design is by Justin Bennett, and the costume design is by Margaret Mitchell.

UIW faculty, staff and students get in free with UIW ID. Otherwise, tickets are \$10 for adults, \$9 for senior citizens, \$8 for non-UIW students, and \$6 each for groups of 10 or more

For more information, call (210) 829-3800 or e-mail theatre@uiwtx.edu.

‘Scream Queens’ debuts to mixed reviews



By Marco Cadena
LOGOS STAFF WRITER

Amidst a new wave of fall TV shows, newcomer “Scream Queens” has been trying to get its name on the list of those to watch with its innovative teasers, posters and trailers.

Created by Ryan Murphy, Brad Falchuk and Ian Brennan, “Scream Queens” is a horror-

comedy anthology television series that focuses on Kappa Kappa Tau, a sorority that has a history of murders.

The show’s A-list regular cast includes horror movie legend Jamie Lee Curtis (“Halloween”), Emma Roberts (“American Horror Story: Coven”) and “Glee’s” Lea Michele. Guest stars of the series include Nick Jonas, Ariana Grande and Niecy Nash.

The show premiered Tuesday, Sept. 22, bringing in four million viewers overall. However, the show experienced an 80 percent lift in viewership after views in streaming platforms were added to the total ratings, which gave the show 7.3 million viewers total. The two-hour premiere spent that Tuesday night as the No. 1 trending topic in social media websites with mixed reviews from viewers and outraged fans, after killings started to happen in the show.

“Scream Queens” can be best-described as a dark comedy horror show as the series uses derogatory dialogues, racist jokes and sarcastic humor to generate laughs. This is the type of TV show that makes you ask yourself -- “Did I really laugh at that?” -- as the acting is really cheesy on purpose. Even if this show is meant for a younger generation, Murphy’s fans can be found within the viewer demography looking for something to watch after the ending of the “Glee” series last March and in anticipation of the new “American Horror Story: Hotel” season featuring Lady Gaga, set to premiere in early October.

“Scream Queens” has its highs and lows. On one hand, Chanel Oberlin’s (Roberts’ character) clash against Dean Cathy Munsch (Curtis’ character) is a great viewing experience after both of them have intense acting attitudes and create an exemplary on-screen chemistry. The overall casting choices of the series show a diverse cast, something not new in the world of Murphy and

Falchuk. The scenery and colorful tone of the show go hand-in-hand with its “Mean Girls” and “Halloween” storyline, as well as the cinematography and the background music; the one gives “Queens” an old-school vibe.

So far, the critics’ reception was in the middle range as rating platform Rotten Tomatoes gave the series a 57 percent and Metacritic a score of 59 out of 100. Based on critics from Rotten Tomatoes, the show is “tasteless for mainstream” and “silly for horror enthusiasts.” The tacky comedy in the show makes these comments slightly true. On the other side, this is what the producers of the show are aiming for -- something entertaining and easy to understand.

Overall, “Scream Queens” is nothing but a common ground for “Glee” and “American Horror Story” fans. With its quirky comedy, quotable dialogues, gruesome death scenes and memorable performances, “Scream Queens” is a love-it-or-hate-it TV show you can catch at 8 every Tuesday night on Fox.

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Actresses playing sorority sisters are the main antagonists in Fox’s new ‘Scream Queens.’

Films series, guest speakers to focus on domestic violence, sexual assault

“Films and Conversations about Domestic Violence and Sexual Assault” will be shown at 6 p.m. Wednesdays in October at J.E. and L.E. Mabey Library, Graduate Research Library Polly McCord announced.



Marta Pelaez

The films will be followed by discussions led by guest speakers in the Special Collections Room on the second floor of the library.

The schedule includes:

Oct. 7: “Private Violence,” where filmmaker Cynthia Hill examines the case of Deanna Walters, a survivor of spousal abuse who embarks on a crusade

for justice. Speaker: Marta Pelaez, president and CEO of Family Violence Prevention Services in San Antonio.



Dr. Jane Madison

Oct. 14: “The Invisible War” is an investigative documentary about the epidemic of rape within the U.S. military. Speaker: Dr. Jane Madison, a readjustment counseling therapist for the Veterans Administration Center.

Oct. 21: “Searching for Angela Shelton,” where Shelton, the filmmaker, searches across the country for other women with her name – and finds 70 percent of them have been victims of

rape, incest or domestic violence. Speaker:



Jennifer Tristan,

Kimberly Berry, director of education and training at the San Antonio Rape Crisis Center.

Jennifer Tristan, director of education and training at the San Antonio Rape Crisis Center.

Oct. 28: “It was Rape” tells the personal stories regarding sexual assault of eight women of different ages, backgrounds and ethnicities. Speaker:



Kimberly Berry



Farhad Moshiri

After kicking off his film series in September, Farhad Moshiri has a double bill planned Oct. 8 and a final flick Nov. 11 at J.E. and L.E. Mabey Library.

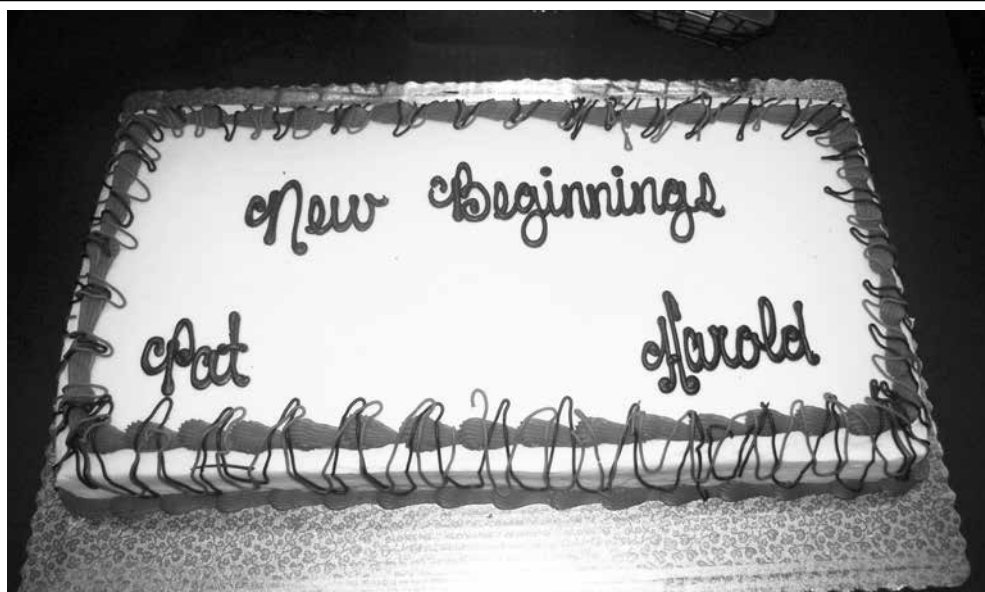
Moshiri, audiovisual and music librarian, has “The Throwaways” and “Every Mother’s Son” set from 2 to 4 p.m. Oct. 8 in Library 221, and “Banking Nature” from 2 to 4 p.m. Nov. 11 in the same room.

“The Throwaways” tells the story of homeless filmmaker, activist and co-director Ira McKinley, who channels his experience of living on the streets through the lens of a camera. McKinley “aims to pull the curtain back for viewers and expose how the current economic crisis is having a devastating effect on those who are in greatest need,” according to a news release, further describing the film as a “gritty, firsthand look at a reality most would rather turn away from.” The film further “challenges viewers to bear witness and confront the daily struggles and hopes of those living on the fringes of a society that has rejected and forgotten them.”

“Every Mother’s Son” is the story of mothers Iris Baez, Kadiatou Diallo and Doris Busch Boskey, fighting for justice for their sons -- Anthony Raymond Baez, Amadou Diallo and Gary (Gidone) Busch, respectively, who were killed by police.

“Banking Nature” investigates the commercialization of the natural world, exploring how protecting the planet has become big business with companies, and promoting new environmental markets.

The film explores “species banking,” where investors buy up vast swathes of land, full of endangered species, to enable them to sell “nature credits.” Companies whose actions destroy the environment are now obliged to buy these credits and new financial centers have sprung up, specializing in this trade. Many respected economists believe the best way to protect nature is to put a price on it. But others fear this market in nature could lead to companies having a financial interest in a species’ extinction. There are also concerns that, like the sub-prime mortgage crisis of 2008, the market in nature credits is bound to crash. And there are wider issues at stake.



A decorative cake in honor of retirees Dr. Pat Lonchar and Dr. Harold Rodinsky awaits cutting at the reception.

Dr. Pat Lonchar and Dr. Harold Rodinsky open their gifts in the Special Collections Room of J.E. and L.E. Mabee Library on Thursday, Sept. 24, where they were guests of honor at a reception marking their recent retirements.

University honors two retiring professors

The University of the Incarnate Word paid special tribute Thursday, Sept. 24, to two faculty members for the legacies they've left after recently retiring.

Dr. Kevin B. Vichales, associate provost and dean of the College of Humanities, Arts and Social Sciences, lauded Dr. Pat Lonchar, a longtime English professor and former assistant dean of the college, and Dr. Harold Rodinsky, a psychology professor, for their contributions.

Speaking to an audience of mostly faculty in the Special Collections Room on the second floor of J.E. and L.E. Mabee Library, Vichales said the occasion was an opportunity to "celebrate Pat and Harold and their dedicated service to UIW and their innumerable contributions to the world of American higher education."

Sister Walter Maher, vice president of University Mission and Ministry, cited Rodinsky particularly for his role in starting the annual fall Meet the Mission and Alternative Spring Break to promote community service.

Maher said both events "ignited the spark" in continuing the legacies of the original three

members of the Sisters of Charity of the Incarnate Word who came to San Antonio at the request of Bishop Claude Dubuis.

Dr. Susan Hall, a professor of education and director of the Center for Teaching Excellence, shared how much Lonchar had played a role in writing successful grants to help fund educational improvements and innovations, as well as satisfy reaccreditation requirements.

Vichales said both retirees had many commonalities including listening skills, intellect, commitment to mentorship, balance, generosity, huge hearts and "your drive to make the world a better place."

Both Lonchar and Rodinsky, Vichales said, also possess a "wonderful laugh."

"For me, it is a signal of the true pleasure you so readily find in your work – in the people and the place," Vichales said. As for their mentorship, "you have worked intentionally to grow a generation of leaders committed to the mission of the university and your individual disciplines."

Greek Leadership Breakfast honors top chapters

Three Greek sororities at the University of the Incarnate Word were cited as Chapters of Excellence at a Sept. 23 All Greek Leadership Breakfast.

Alpha Sigma Alpha, Delta Beta Chi and Delta Xi Nu earned the chapter honors under a Greek Cardinal Principles benchmark program launched last fall by University Events and Student Programs, which also officially chartered the Panhellenic Council, Interfraternity Council, and new Multicultural Greek Council for the 2015-16 year.

The Greek Cardinal Principles program is aimed at strengthening scholarship, leadership, community service, chapter management, and campus involvement, said Paulina H. Mazurek, assistant director for

University Events and Student Programs.

Alpha Sigma Alpha, the first national sorority on campus in 1998, did a lot in the last year to achieve its award, Chapter President Kristen Pantoja said.

"This past year alone, the chapter has managed to raise nearly \$5,000 to donate to our philanthropic partners -- Girls

On The Run, Special Olympics, ASA Foundation and S. June Smith Center," Pantoja said. "Being able to give back so much has been a great accomplishment for us as a chapter."

Delta Beta Chi, the oldest Greek-lettered organization at UIW, was founded in 1985 as Delta Sigma Delta and in 2006 changed its name to Delta Beta Chi. Chapter President Mariah Johnson said the sorority is "in a great place but seeks to become even more involved on campus."

Delta Xi Nu, a multicultural sorority that encourages diversity internally and in the community, prides itself in its ability to work together towards a common goal despite their different ethnicities and cultural backgrounds, said Chapter President Salina DelaGarza.

"Attending the Greek Leadership Retreat this year, I realized how important it is to respect and work alongside other UIW Greek chapters in order to continue to improve



Alpha Sigma Alpha sorority's chapter was among three getting achievement awards Sept. 23. the Greek Community on campus," she said.

Balance between exactitude and humanness



By Phil Youngblood

psycholinguistic phenomenon at <http://www.mrc-cbu.cam.ac.uk/people/matt.davis/cmabridge/>.

My word processor had a real problem with my typing that first sentence because I have the spelling, grammar and autocorrect features selected. As a consequence, the software tried its darnedest to correct what its set of programmed rules deemed spelling mistakes.

I had to deliberately go back and override the software's selections. The computer still "frowned" at my doing this and left me with "angry" red squiggles under most of the words. The text-to-speech accessibility feature of my computer's operating system software also had "fun" with this first sentence as it tried to read what I wrote literally.

Software is, after all, simply the sum of what people program it to do, and computers are machines that can neither "frown" or be "angry" or have "fun" at our expense (although there are times I might unreasonably argue that statement), but try to do exactly what we instruct them to do, within the limits of their capabilities.

I learned to program computers in the late 1960s. Back in those days, you had to learn how computers "thought" and be very exact in how you instructed them. A missing punctuation mark or misspelled word most often meant failure. Now it is the other way around. Over the past decades, I have witnessed how computer programmers have increasingly tried to accommodate human inexactitude and to train computers to understand how humans think.

From a market standpoint, this has made a lot of sense. From the introduction of graphical user interfaces and ways to enable us to interact with symbolic objects, to Google's search engine trying to "guess" what we are going to type and "politely": "Showing results for ____" when we enter a misspelled word, writing software to accommodate human users has enabled billions of customers to purchase and use computer technology worldwide.

In the same vein, at one time you had to move a series of switches if you wanted to "talk" with a computer. Assembly language was an improvement, but you had to understand data structures and computer architecture (take my computer science class to learn more). Then came quasi-human languages (like sh, C++, PHP, HTML, SQL, and PERL) that looked a bit like how a

I hvae raed taht you can sitll raed tihs as lnog as the frist and lsat ltetres remian the smae. (Read about this

mathematician might write in Twitter.


Today our devices can not only recognize the words we speak but "understand" what we are thinking by the words and word patterns we use and respond to us with a "voice" we choose. I can imagine a day not far off when software will be able to tell by inflections in our voice and body language how we are feeling and what our next thoughts or actions might be and accommodate us by adapting its responses accordingly.

My students, growing up in a world of Twitter and intelligent personal assistants such as Siri and Cortana, must also learn abstraction below icons and exactitude beyond self-correcting software. This comes hard to some of them who are used to abbreviation as the norm, ambiguity or error being "forgiven," and for whom math is a foreign language. Programming in its many forms (from raw coding to operating systems admin to website development to database management) is an integral part of a science degree in computers. At

that level, they meet the computer as a machine rather than companion. At that level, a missing semicolon spells disaster, = is not "equals," variable names and brackets are as close as you get to icons, and "open the door" is an extremely complex set of instructions. Learning when to think, speak, and write like a human, and when to think like a machine and to give precise instructions is not only a useful work skill but also an increasingly important skill for them in ways I never had to consider because it will be what keeps us human and able to think ahead of the machines.

In 2015, I am writing about exciting technologies that will change the way that computers work and how we work with them. As always, I invite your feedback, dialogue, and differing opinions on this topic.

E-mail Youngblood, head of the Computer Information Systems program, at youngblo@uiwtx.edu



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Wearing a '9' shirt, 'Jeremiah,' who lives across the street from San Antonio Cultural Arts Center on San Antonio's west side, poses with members of Sister Martha Ann Kirk's Christianity Through Art class which visited five of the 49 murals commissioned by the center. The boy is depicted in the 'Respect your Barrio' mural, right. On the 'Peace and Remembrance' mural at upper right, names of people who have been killed are placed. The class also visited 'Eight Stages in the Life of a Chicana,' 'Mi Barrio' and 'Salvation.'



Murals mean much to San Antonio's west side

By Maddie Banitez
and Scarlett Pacheco
SPECIAL TO THE LOGOS

The Christianity through Art class at the University of the Incarnate Word took a field trip Sept. 15 went to see some of the 49 murals created on the city's west side.

The class, under the leadership of Sister Martha Ann Kirk, a longtime religious studies professor, visited five of the murals that have been created by San Anto Cultural Arts: "Eight Stages in the Life of a Chicana," "Peace and Remembrance," "Mi Barrio" (neighborhood), "Respect your Barrio" and "Salvación" (salvation).

The class learned three men -- known as "Manny," "Cruz" and "Juan" -- came together in 1993 with an idea for creative projects. At first they were part of Inner City Development. Then in 1997, their work was established separately as San Anto Cultural Arts, 2120 El Paso St. This project consisted of the creation and protection of murals -- murals that had a special meaning to those who created them. Leaders of the center ask people what they would like. Then they get a lead artist to lay out a plan. Then many people assist in the painting.

"Eight Stages in the Life of a Chicana" showed pre-birth, childhood, adolescence, adulthood, and old age. "Peace and Remembrance" was painted to honor those who have been victims of domestic violence. On the left side are names of people killed. "Salvación," a painting of Jesus, appears to express how one feels after going through trials in life. It has three words on it: "Paz," "Salvación" and "Amor," translated peace, salvation and love. This mural, which often draws people to pray in front of it, is the only mural that has not been touched up or had graffiti spray-painted on it. "Respect your Barrio" is a mural that has people from the neighborhood painted on it. On this mural there was also a figure of what seemed to be a masked wrestler or fighter standing in a protective stance.

Kirk's class picked up on the meanings. "The stories of each mural brought light to the purpose of unifying the community," said Julia Bentley, a communication arts major.

"What San Anto does in creating these murals is provide hope for the hopeless," said

Justice Ureste, a banking and finance major. When psychology major Sara Suarez saw "Mi Barrio," a mural that represents the community directly surrounding San Anto and how the community should take pride and protect each other, she shared her reaction.

"I felt so much peace as if I was back home walking through my barrio and seeing my friends and family," Suarez said.

As the class was looking at the murals on San Anto Cultural Center and next door, a boy identifying himself only as "Jeremiah," who lived across the street, came up and started visiting with the group. The boy, who appeared to be about 10 or 11, proudly showed the group he was depicted in the "Respect your Barrio" one.

"Jeremiah, who is painted in this mural, is an obviously bright boy, engaging and charismatic, which I believe is partially due to the influence of San Anto Cultural Arts," said English major Scarlett Pacheco.

Religious studies major Tony Vazquez-Colon said, "What touched me the most from the visit was the apparent correlation between the work the center is doing in the community (specifically the murals art, but obviously not limited to it) and a renewed sense of ownership, pride and perhaps hope that permeates among many of the locals like Jeremiah and Cecilia (no last name), and anyone else who becomes interested in supporting what is happening in 'El Barrio' like former City Council member Patty Raddle and her husband who came to greet us."

For Sara Liu, a communication arts major, "Visiting the murals was an inspiring experience, and I would like to contribute to organizations that make a difference in the world."

FYI
San Anto Cultural Center will hold a "Huevos Rancheros" Gala on Saturday, Oct. 3. For more information, go to <http://www.sananto.org> or call (210) 226-7466

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'LIGHT THE WAY' WORKDAY'

An estimated 225 students -- 160 on Saturday morning, Sept. 26, and 65 that afternoon -- participated in checking the strings of the estimated million Christmas lights used in the annual 'Light the Way' display. Students came not only from the University of the Incarnate Word but also Incarnate Word High School, St. Anthony's Catholic High School, ADCAP (Adult Degree Completion Program) and athletic teams.

The students were served a light breakfast and lunch depending on their shifts. Taylor Nurmi, special events coordinator for the Office of Communications and Marketing, said she was 'extremely happy with the turnout' for the workday. 'This level of student participation is extraordinary and truly has a positive impact on the success of 'Light the Way' each year. This event is an example of our students living out the UIW Mission.' 'Light the Way' is set at 7:30 p.m. Saturday, Nov. 21.

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