NOVEMBER 2022 UNIVERSITY MISSION AND MINISTRY NEWSLETTER



WWW.UIW.EDU/MINISTRY

Remembering Others

O God, when I have food, help me to remember the hungry; When I have work, help me to remember the jobless; When I have a home,

help me to remember those who have no home at all; When I am without pain,

help me to remember those who suffer,

And remembering, help me to destroy my complacency; bestir my compassion, and be concerned enough to help; By word and deed, those who cry out for what we take for granted.

- Samuel F. Pugh

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 WALTER MAHER, CCVI
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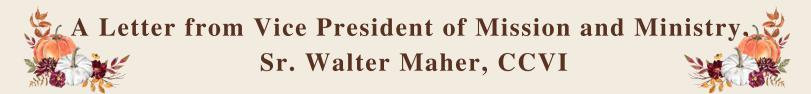
PRAYER REQUESTS

If you have intentions you would like remembered, you may submit requests <u>here</u>.

PRAY WITH US ON MONDAYS:

Our UMM staff will be gathering on Mondays at noon for Mass in Our Lady's Chapel to pray for all intentions submitted. Come pray with us!





Dear university community

Have you heard about BA.4.6, BF.7, BQ.1, BQ.1.1, and XBB? I wish I could tell you that this is just a guessing game or a pop quiz. Instead, it is a necessary reminder I really wish I did not have to make - and one I am sure you do not want to read or hear about. However, here we are and here we go ... because we must.

Winter is upon us and with it the Holiday season. Beginning with Thanksgiving and all the way up to next year, many of us will be traveling, crowding around dinner tables, and enjoying the company of those we love most - our elderly and most vulnerable family and friends included.

While COVID was downgraded to a mere epidemic some time ago, we must remain prudently vigilant, as evidenced by the soup alphabet of new variants mentioned above. And just in case you need another reason, please remember that there's a lot less wearing of masks, regardless of the fact that the immunity that people may have is waning.

So, how can we mitigate risks without missing out on all the fun? Simply put, we need to realize that we already have all we need to make this a safe holiday season. All we need to do is use it. How? By following these seven simple steps:

First, let's decide to protect each other. This implies being mindful of the most vulnerable (i.e., highest-risk) member(s) of our inner circle and plan around them. Let us remember that a vulnerable person is someone older than 60, on immunosuppressant medications, who received a transplant, or who is a cancer patient.

Second, let's talk it out. We need to ask our loved ones ahead of time if they are up-todate on their vaccinations and encourage them to take additional precautions if they or a high-risk family member is attending (e.g., to limit the number of people they invite or to move the meal outside).

Third, let's protect our self. The biggest way to protect our self and others is to get both the flu and the booster shots so that we can ward off infection. If we do this now, we'll be all set for Thanksgiving. Let us keep in mind that the vaccine or booster work best at least two months after our last infection or vaccination.

Fourth, let's pay attention to our symptoms. If any of us has a sore throat, is congested and/or coughing, feels fatigued, has headaches and/or muscle pain, s/he might be infected with BA.5, the dominant variant, even if s/he is still be able to taste and smell. In case of doubt, we need to take a test - and just to be doubly-sure, we need to test right before gathering with our loved ones.

By the way, have you heard of the "testing party outside"? Yep. It is a thing now and it happens when families gather outside a vulnerable loved one's place and get a rapid test to determine that everybody is good, everybody is negative, and thus, everybody can go inside and see grandma or ... you get the idea!

Fifth, let's minimize our exposure in the week(s) before heading home for the holidays. Yes, unfortunately, this actually means wearing a mask in public indoor spaces and limiting the time we spend around crowds, especially if there are high levels of COVID cases in our area. Let's make sure to check this out before heading back home. Sixth, let's mask up with a high-quality mask (e.g., N95, KN95 or KF94) while traveling, regardless of our mode of transportation (i.e., plane, bus or train) and let's try to keep it on for the entire trip - or take it off for as short a time as possible. Hint: If we eat a big meal before our journey, we won't have to take off our mask to eat.

Seventh, let's ventilate our space. If the event at home cannot be held outside, let's make sure to increase air circulation and reduce the risk of trapping and transmitting the virus in a tight indoor space. We can crack open the windows to improve air flow and, if at all possible, use portable air purifiers with HEPA filters.

I know all these precautions can be exhausting, but we must keep in mind that, in spite of our collective COVID-fatigue, we're still in this. Let us, then, make sure to protect each other, to take care of the most vulnerable among our inner circles, and to make sure to keep this epidemic to a minimum during the upcoming Holiday season.

And before you dismiss this message entirely, let me ask you a parting question: isn't the gift of our loving care the biggest gift we can ever give to those we say we love?

Enjoy the holiday season!

Sr. Walter Maher, CCVI VP for Mission and Ministry



REFLECTIONS

MUSIC MINISTRY REFLECTION DAY: SINGING OUR COMMUNION, SINGING OUR FAITH

The focus of Dr. Dolores' discussion was on the True Presence of Christ in the Eucharist. My takeaway was that my role as a music minister is to be welcoming and inviting to the congregation at Mass so each of us present may all be united in our prayer to God before us at Mass. Dr. Dolores highlighted a quote from a song we have sung at our Sunday Masses before, "See what you are, become what you eat", and she emphasized the great necessity of how we each, participant or choir member, must look toward the Eucharist to see our reflection. And in seeing ourselves. see Christ in us, and dedicate all we are to Him day by day. It was great to welcome and meet other music ministers in San Antonio to the school and learning together how to better evangelize from our choir lofts in our churches to the congregation. I enjoyed Dr. Dolores' presentation on what our music and ministries are ultimately aiding in: the celebration of the Mass, and recognizing Christ's true presence in the Eucharist. Lorena Gutierrez Laudate Choir Volunteer

Biology Major Class of 2024





MINISTRY REFLECTION DAY: THE EUCHARISTIC LITURGY AS GIFT





Dr. Dolores Martinez, Archdiocese of San Antonio Director of Worship



It's always good to sharpen the saw. Take time to celebrate our gifts and deepen our faith understanding and devotion. I was fortunate to have the opportunity to attend both events this year and enjoyed the bilingual presentation. My Spanish language is not strong, however, at both events I sat with or near Spanish speaking participants and enjoyed how the dual language format was delivered; truly enriching. Dolores Martinez is a great speaker, singer and musician. She was the speaker for both retreats, her spiritual engagement and liturgical knowledge was beautiful and instrumental in the retreat and for our benefit going forward. I made new friendships with the participants from multiple parishes. Music ministry is a very special gift, so important for our church, for our praise and worship, for our faith. I am grateful for my years of music ministry and truly appreciate the UIW day retreats for focus, musical/liturgical enrichment and sharpening the saw. God is Good!

Dario Solis Laudate Choir Volunteer for 27 years

REFLECTIONS

HERITAGE DAY

Praise be the Incarnate Word! As we celebrate Heritage Week, we are reminded of the sacrifices and traditions of this great community and we praise the bravery of the three French nuns, the Sisters of Charity, who responded to their calling in 1869. The Sisters of Charity have modeled for us what it is to serve with love and courage. I take much pride and honor to be able to participate in this year's Heritage Day Mass with the University of the Incarnate Word family at this Roman Catholic university that I call home. To be present at the Mass brings me feelings of warmth, happiness, and serenity. It gives me the opportunity, on holy ground, to pray and express humility and gratitude to our Lord and Savior Jesus Christ before His altar. Jesus Christ is the Word made flesh; He is the Incarnate Word.

Susan Castillo Admin. Assistant to the Dean of Math, Science, & Engineering



Bishop Claude Marie Dubuis



Mother St. Pierre Cinquin and Mother Madeleine Chollet Sr. Agnes Buissen not pictured.

Parrhesia by Fr. Roger Keeler

It was back in the time of Pope Saint John Paul II, and a bishop friend of mine was on his way to Rome to participate in a Synod of Bishops – his first. He was given a two – or was it a three-minute – slot for his intervention? He had a carefully crafted script, trying to say everything he wanted to say in the allotted time. We met at the airport in the executive lounge, Scotch in hand, pouring over the text wanting to ensure that nothing could be taken out of context or would cause alarm. Sentences were shifted, new words bandied about, ideas weighed, references refined, tone softened. Two hours later, his flight was called. "I'll work on this during the flight and let you know what I come up with," he promised. He boarded his flight; I boarded mine.

Four days and many telephone conversations later, and with many prayers for Holy Wisdom, he had something he was satisfied with. He delivered it the very next morning and called me later that day to report on how his thoughts were received. "I did it with time to spare. I wasn't rushed. My hands weren't shaking too badly, and I didn't need to change my shirt when I was done," he reported. "How was it received?" I anxiously asked. There was a long pause. "Well," he lamely stated, "the Holy Father wasn't there, and the room was half empty. Of the bishops that were there, only about a third of them had their translator's earphones on, and just about everyone was reading the morning paper. Only one brother Bishop thanked me for my thoughts. Nada. Nuthin'. Nothing else." He was clearly disappointed. His one consolation? "Well, Rog, the good thing is that I'll never have to do this again. Ever!"

Be careful what you say, and be careful how you say it! (Read the rest of Fr. Keeler's article here.)



SAVE THE DATES



For details and a complete listing of all our events, please see our <u>UMM Events Calendar</u>



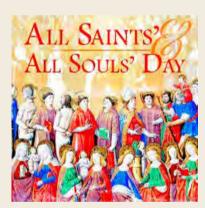
UIW Community Ofrenda | October 25 - November 18

For many years we have commemorated Dia de los Muertos with a beautiful ofrenda near the chapel, decorated with symbols and signs of the season, skulls and skeletons (reminding us that death is just a part of life), and most importantly, with pictures of those whom we wish to remember, learn about, and celebrate the lives of our loved ones.

Our ofrenda is set up in the hallway leading to Our Lady's Chapel and will remain set up until November 18. To learn how you can participate in our annual month of remembrance <u>go to</u> <u>our website</u>.

If your office or department has set up an ofrenda and you would like to share pictures with our community, send them to <u>uiwmediaministry@uiwtx.edu</u> with a note in the subject line: "Ofrenda Pictures from (list department, school, or office)" We will add your pictures to our Ofrenda Pictorial Directory which you can find <u>here</u>.

November 1 | All Saints' Day and November 2 | All Souls Day



The end of October through November has become an annual time of remembrance on our campus. Through our Monthly Memorial Masses we speak the names of those family and friends who have recently died or for whom it is an anniversary of death. The celebrations of All Saints' Day and All Souls' Day come at the beginning of November and allow us the opportunity to remember all the saints – those known to us and those known only to God and those who knew them well on earth – as well as to remember and pray for all the souls of our faithful departed. (see our 2022 All Souls remembrance video). We also celebrate and share the memories of our loved ones through our Día de los Muertos ofrendas, add names of deceased family and friends to our Book of Remembrance, and through our Homecoming Alumni Memorial Mass, we call to mind the lives of those Sisters of Charity of the Incarnate Word, UIW faculty and staff, students, and fellow alumni that have touched and formed us throughout our own lives. We remember them, we celebrate them, and we believe that we will see them again when we pass from this life to the next and share in the Eternal Banquet that our loving God has prepared for us.



Strengthening the bond between the women & men of Incarnate Word through our heritage & faith.



Women of Faith Luncheon Friday, November 4, 2022 at 12:00 pm

Thank you to all students, faculty, staff, alumni, and Sisters who attended this year's 'Women of Faith Luncheon. What a blessing to be with you all and hear all the wonderful stories of being part of the Incarnate Word Community. Look for reflections and pictures in our December newsletter. If you would like to share a reflection or any photos from our day, you may send them to <u>ministry@uiwtx.edu</u>. Until we meet again, blessings to you and all you do!

~Praised be the Incarnate Word!

November 6 (**Sunday**) | **Daylight Savings** | **2 a.m.** Don't forget... It's Daylight Saving time. Clocks "fall back" one hour.

SAVE THE DATES









NOVEMBER 11-12, 2022







November 6 (Sunday) | Alumni Memorial Mass 11 a.m. (Chapel of the Incarnate Word)

We cordially invite current students, faculty, staff, alumni, and friends of the University of the Incarnate Word to attend our annual Homecoming-Alumni Memorial Mass on Sunday, November 6 at 11 a.m. in the Chapel of the Incarnate Word. We gather and remember our past - especially those who have given much to make our university what it is today - as well as to pray for those who, today and in years to come, will continue to live the mission and legacy of our founding Sisters of Charity. This annual remembrance of our departed alumni and Sisters concludes with a brief prayer in the Sisters' cemetery.

If you have a loved one you would like to have remembered during the Mass, please call or email Dr. Lisa McNary at (210) 829-6076 / email: <u>lisas@uiwtx.edu</u>

November 11 (Friday) | Veterans' Day Prayer Service | 11 a.m.(SEC Ballroom)

Join University Mission and Ministry and the Military and Veteran Center as our UIW community comes together to honor all of our veterans and to thank them for dedicated and loyal service to their country. Our annual Veterans' Day parade will follow the service and starts at 1 p.m. For more information, click here or contact Rev. Dr. Trevor D. Alexander, via e-mail or (210) 829-3130 or via email: alexande@uiwtx.edu. **Veterans Day Honor Wall** - UIW would like to recognize our community's military personnel – past, present and future – through our digital "Honor Wall" to be displayed during the Veterans Day Prayer Service. Please submit names, branch of service, and a photo here. Note: If you have submitted a name and photo in prior years, we will continue to include them in the Honor Wall this year.

November 11 - 12 (Fri. & Sat.) | Intercollegiate ASSEMBLY

Fri. - St. Mary's University 6 pm - 9:30 pm | Sat. - OLLU 11 am - 5 pm Mass | Eucharistic adoration | Small Group Discussions | Prayer | community <u>Register here</u> It's FREE!

The Archdiocese of San Antonio invites all university students to come together for a day of spiritual, pastoral, and intellectual enrichment with peers from other universities/colleges within the archdiocese. For more information contact Fr. Brian Garcia, Director of Campus

Ministry - Archdiocese of San Antonio at 210-699-9594 or <u>brian.garcia@archsa.org</u>. Transportation is available both days for UIW students who register. Contact Beth Villarreal, UIW Director of Campus Ministry at <u>villaret@uiwtx.edu</u>.

November 13 (Sunday) | Second Sunday Mass 10:30 a.m. (Chapel of the Incarnate Word)

Join the Sisters of Charity of the Incarnate Word as they celebrate Mass on the second Sunday of the month at the Chapel of the Incarnate Word. Registration for in-person attendance is not required. Click <u>here</u> for more information on prayer and worship with the Incarnate Word Sisters.

November 16 (Wednesday) | Catholic Reconciliation Service 5:30 pm (Our Lady's Chapel)

University Mission and Ministry invites you to join together on Wednesday, November 16 (a) 5:30 p.m. (Our Lady's Chapel) in communal prayer reflecting on scripture and God's healing grace offered through the sacrament of reconciliation. An opportunity for individual confession will be provided.

November 21 (Monday) | Thanksgiving Ecumenical Service 12 pm (Our Lady's Chapel)

Thanksgiving Day is almost upon us! Please join University Mission & Ministry and the Community in Missions Committee on Tuesday, November 21 as we come together to give prayerful thanks as a community for the abundant blessings that God has given us throughout the year. The service will be held in Our Lady's Chapel at 12:00 noon.



UMM EVENTS CALENDAR

SAVE THE DATES

For details and a complete listing of all our events, please see our UMM Events Calendar



November 27 (Sunday) | First Sunday of Advent | Monthly Memorial Mass 11 a.m. Our Lady's Chapel)

Once a month we remember our recently departed alumni, faculty, staff, friends, family, Sisters of Charity, and benefactors of the University of the Incarnate Word during our regular 11 a.m. Sunday Eucharist in Our Lady's Chapel.

The link for the NOVEMBER Memorial Mass will open October 31 and close on Monday, November 21. Names for the November Mass should be submitted during that time period submit their information <u>here</u>. For more information, please contact Lena Gokelman or Carmen Aguilera at <u>ministry@uiwtx.edu</u>.



- 12/04 Last Sunday evening Mass for the semester
- 12/05 12/09 Finals Week
- 12/06 Angel of Hope Vigil
- 12/06-08 Sometime Singers-Player rehearsal for Baccalaureate Mass
- 12/08 Solemnity of the Immaculate Conception
- 12/09 Fall Baccalaureate Mass | Chapel of the Incarnate Word
- 12/12 Feast Day of Our Lady of Guadalupe Mass
- 12/13, 14, 15, 20, 21, 22 Christmas Eve Choir Rehearsals
- 12/24 Christmas Eve Mass | Chapel of the Incarnate Word
- No December Monthly Memorial Mass. Resumes in January







Liturgical Ministries

We have many ways you can become involved in the worship life of our university community: Altar Servers, Environment Team, Extraordinary Minister of Holy Communion, Lector (Reader), Music Minister, and St. Isidore Virtual Ministry. Learn more about any of our ministries here. Students, faculty, staff, administrators, Incarnate Word Sisters, alumni, and community members -- both seasoned and new -- are always welcome to participate! Students, volunteering in any of our ministries is also an opportunity to earn service-hours.

Questions? Please contact Lena or Carmen at ministry@uiwtx.edu.

BREATHE Young Adult Ministries



A Young Adult Catholic ministry at UIW, Breathe Young Adult Ministries build a better community in which an individual can grow in relationship with Christ. We meet weekly on Wednesdays, alternating Community Night with Crux Men's Group and Fiat Women's Group. All are welcome. Learn More



Ecumenical and Interfaith



The University of the Incarnate Word is a Catholic institution that welcomes to its community persons of diverse backgrounds, in the belief that their respectful interaction advances the discovery of truth, mutual understanding, self-realization, and the common good. (University Mission Statement) <u>Learn More</u>

You are invited to join Smiley Buddies!

Smiley Buddies is a "pen pal" program connecting UIW students with a Sister of Charity of the Incarnate Word. Participants will be asked to keep in contact with their assigned Sister on a weekly basis through letter, email, phone call, text message, Zoom meeting, or any other form of contact. Participants will also be required to meet monthly with their Sister in-person or virtually. Students may be eligible for service hours.

If you are interested or want more information, please contact UMM Graduate Assistant, Rozlyn Bermea at <u>rbermea@student.uiwtx.edu</u>.



Worship Schedule

Daily Mass in Our Lady's Chapel

Please join us for daily Mass Monday through Thursday at noon.

During the Fall semester, members of our UMM staff will be gathering on Mondays to pray for all the intentions submitted to us, including through our web- and Flocknote prayer portals. If you have intentions you would like remembered, you may submit requests via our webpage: <u>https://my.uiw.edu/ministry/prayer-</u> <u>requests.html.</u>





Sunday Mass during the Academic Year

- 11 a.m. (Central Time) in Our Lady's Chapel (OLC).
- 7 p.m. (Central Time) in Our Lady's Chapel (OLC).
 - Sunday evening Mass is celebrated during the Fall and Spring semesters except as noted. In-person only.
 - NOTE: There will be no evening Mass:
 - December 11, 2022 January 8, 2023 (between semester break),
 - March 5, 2023 (Spring Break),
 - April 9, 2023 (Easter Sunday).
 - The last 7 p.m. Mass for the academic year will be April 30, 2023.
- Second Sundays (a) 10:30 a.m. (Central Time) in the Chapel of the Incarnate Word (CIW).
 - In addition to the 11 a.m. Mass offered in Our Lady's Chapel, Mass is also celebrated each second Sunday at the Chapel of the Incarnate Word at 10:30 a.m. Learn more by visiting the <u>Chapel of the Incarnate Word</u> website.

Reconciliation

• By appointment with Fr. Hector Kalaluka, OMI (210) 829-3131 or Email: kalaluka@uiwtx.edu Office: AD 150.

Additionally, a Catholic reconciliation service (with individual confession) is celebrated in the Fall semester, just prior to the season of Advent, as well as in the Spring semester during the season of Lent. See our <u>UMM Events Calendar</u> for more details.

Student Positions Available!

University Mission and Ministry currently has an open GA position (Media Ministry), several intern positions (Music Ministry, Ecumenical and Interfaith, and Faith Formation), as well as several work-study positions. All position descriptions and application information are available through the UIW Cardinal Talent app. Feel free to contact us through <u>ministry@uiwtx.edu</u> if you have questions. We'd love to talk to you!

