



# BIRDS WORD

## NEWSLETTER

STUDENT GOVERNMENT ASSOCIATION

# 1K STUDENTS SURVEY

COMPLETE THE SURVEY

TELL A FRIEND OR TWO

ENTER TO WIN A PRIZE

"I filled out the 1K Survey because I wanted change. Now I feel heard."



# SGA

## WE WANT TO HEAR FROM YOU



## **SAFETY TRAINING OPPORTUNITY**

**THE UNIVERSITY OF THE INCARNATE WORD POLICE DEPARTMENT (UIWPD) OFFERS SEVERAL TRAINING OPPORTUNITIES DESIGNED TO ENHANCE SAFETY AWARENESS, COMMUNICATION, AND EMERGENCY RESPONSE SKILLS.**

As we begin planning for the upcoming fall semester, we would like to encourage everyone to schedule their safety training. These sessions are an important part of maintaining a safe and prepared campus environment.

Early scheduling will help ensure availability and allow us to accommodate specific needs.

Please feel free to reach out with any questions or to begin the scheduling process. We look forward to working with you.

Thank you for your continued commitment to campus safety.

- **M.O.R.E.P.I.E. Active Listening Technique**
- **Civilian Response to Active Shooter Events (CRASE)**
- **First Aid & Tourniquet Training**

The combined training is two and a half hours, including breaks between courses.

University of the Incarnate Word  
Police Department  
Community Outreach Specialist  
**Officer Manuel Espinoza, Jr #217**  
4301 Broadway CPO #21  
San Antonio, TX 78209  
**Cell: 210-781-3946**  
Non-Emergency: 210-829-6030  
Fax: 210-283-5058



## **SAFETY TRAINING OPPORTUNITY**

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### **M.O.R.E.P.I.E. Active Listening Technique**

This twenty-minute block focuses on de-escalation through active listening skills. It is designed to help calm individuals who may be upset or irate.

- M – Minimal Encouragers
- O – Open-ended Questions
- R – Reflecting / Mirroring
- E – Emotional Labeling
- P – Paraphrasing
- I – I-Messages
- E – Effective Pauses
- S – Summary

*Get the skills you need!*

### **Civilian Response to Active Shooter Events (CRASE)**

This one-hour block provides civilians with practical tools and strategies to survive active shooter situations. Based on the Run, Hide, Fight model, participants learn to:

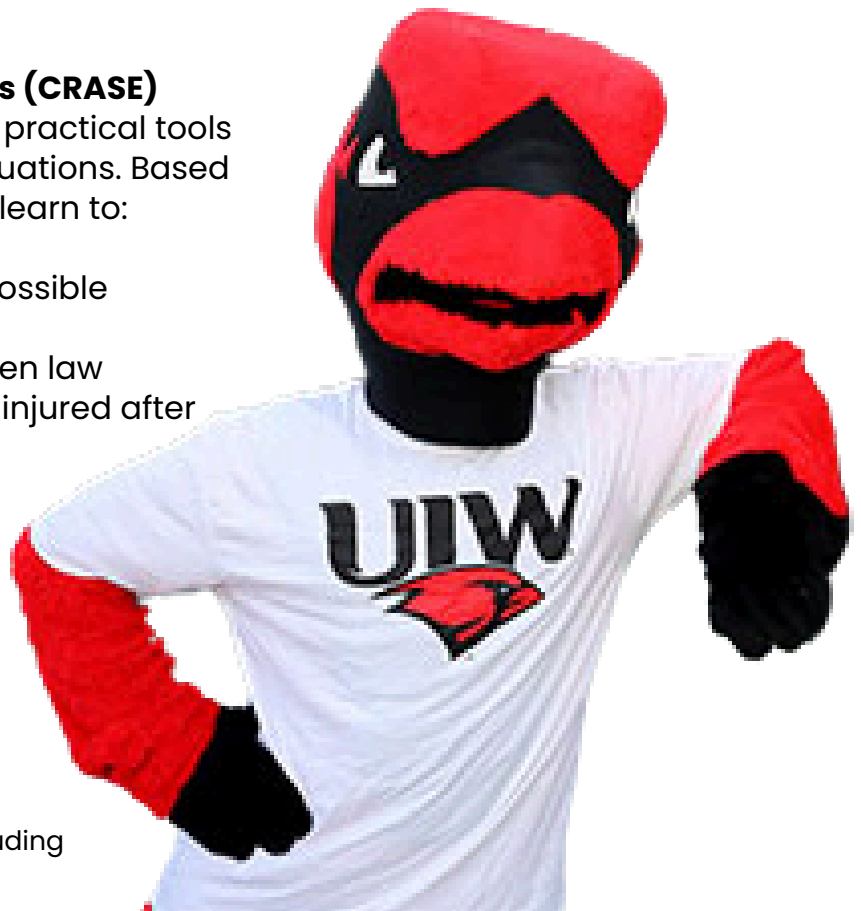
- Recognize danger early
- Secure themselves if evacuation isn't possible
- Defend as a last resort

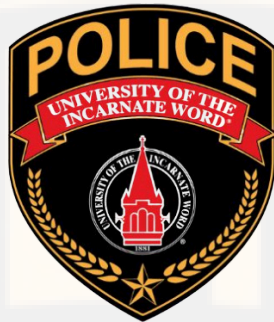
The course also covers how to respond when law enforcement arrives and how to assist the injured after the threat.

### **First Aid & Tourniquet Training**

Offered as a thirty-minute block, this training complements CRASE by teaching the basics of wound care, including hands-on instruction in effectively applying a tourniquet.

The combined training is two and a half hours, including breaks between courses.





# REPORT ANY

**Drug & Alcohol Abuse, Dating Violence, Stalking, Weapons, Vandalism, Mental Health Crisis.**

**CALL OR TEXT UIW PD SAFE NEST**

**210-990-3348**

**You Could Receive Cash Reward**

**Report  
Annonomously**





Presents

# Jeanz & Jacketz Drive

Do GOOD by supporting GOOD Jeanz- Jeanz & Jacketz Drive.

All Donations will support GOOD Jeanz Creative Design Labs® for youth in foster care and the juvenile justice system.



### Do GOOD in 3 steps:

1. Gather and wash your pre-loved/gently used jeanz & jacketz. (youth & adult sizes needed)
2. Tell family and friends to do the same.
3. Drop off your pre-washed, gently items at one of six locations on campus (Look for the marked donation receptacle.)



Together, we can inspire the next generation and create a future where fashion meets purpose.

Inspiring creativity, one stitch, & story at a time.



**Dates:** April 2nd - April 16th 2026

**Location:** University of Incarnate Word (see map)

**Time:** 9:00 a.m.-5:00 p.m. (for non-UIW donators)

### Sponsored by:



For more information or questions, please contact [admin@goodjeanz.com](mailto:admin@goodjeanz.com) or [cohamilt@student.uiwtx.edu](mailto:cohamilt@student.uiwtx.edu)

Join the Movement



Look Good. Do Good. In GOOD Jeanz.

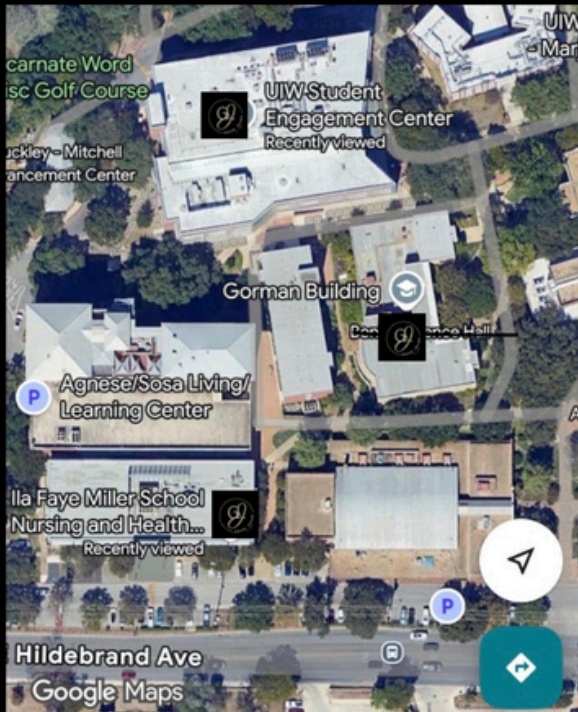
[goodjeanz.com](http://goodjeanz.com)



## Jeanz & Jacketz Drive Donation Sites

April 2nd - April 16th 2026

- UIW Student Engagement Center (SEC)
- Ila Faye Miller School of Nursing and Health Professions Building (Nursing Building)
- Gorman Building
- Columkille Administration (Admin) Building
- Bonilla Science Hall
- Sr. Mary Elizabeth Joyce Applied Arts & Sciences Building (Joyce Building)



Sponsored by:





## AMWA FOR HER DONATION DRIVE

AMWA will be hosting a donation drive on behalf of For Her! For Her is a local women's empowerment nonprofit that serves women who have experienced barriers such as poverty, trauma, and abuse.

**APR. 2ND-APR. 16TH**

### ITEMS NEEDED:

- Paper towels, toilet paper, diapers (3+ preferred), baby wipes
- Shampoo & conditioner, body wash
- Women's deodorant, toothpaste, razors, individually packaged toothbrushes
- Canned goods & beverages, packaged snacks, disinfectant wipes

\$5 SPENT = 1 VOLUNTEER HOUR, MAX 3 HR



Box Locations:  
-SEC & Nursing Building



SCAN ME

\*\*UPLOAD RECEIPT HERE TO GET HOURS!



### ANOTHER WAY TO HELP?

Consider ordering from the Amazon wishlist provided below:



Using this address for delivery:  
**8546 Broadway Suite 255, San Antonio, TX, 78217**

## Artful Workshop Grant Program Celebration: Inspiring Children's Faith Through the Catholic Imagination

Tuesday, April 15 • 6-8:30 p.m.  
UIW McCombs Center  
Rosenberg Sky Room  
Free to Public | Registration Required



Follow the QR code to Register



**UIW Artful Worship Program**  
Inspiring Children Through Faith and Imagination

A sponsored ministry of the  
**SISTERS OF CHARITY OF THE INCARNATE WORD**



**Lilly Endowment Inc.**  
A private foundation since 1937



  
MADE BY STUDENTS FOR STUDENTS  
**KUIW**  
KUIW.ORG  
**MUSIC** **PODCASTS** **SHOWS**  
**INTERESTED IN BEING ON THE RADIO?**  
PROGRAM DIRECTOR: DANNA RAMOS DVRAMOS@STUDENT.UIWTX.EDU



**RED.**  
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*A student-run publication highlighting campus creativity*  
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# BIRDS & WORD

## NEWSLETTER



STUDENT GOVERNMENT ASSOCIATION

UNIVERSITY OF THE  
INCARNATE WORD  
ETTLING CENTER for  
CIVIC LEADERSHIP  
& SUSTAINABILITY



# Cardinals in the Community

FREE  
BREAKFAST!!!



EARN 3 SERVICE  
HOURS!!!

April 11, 2026, 9AM to 12PM

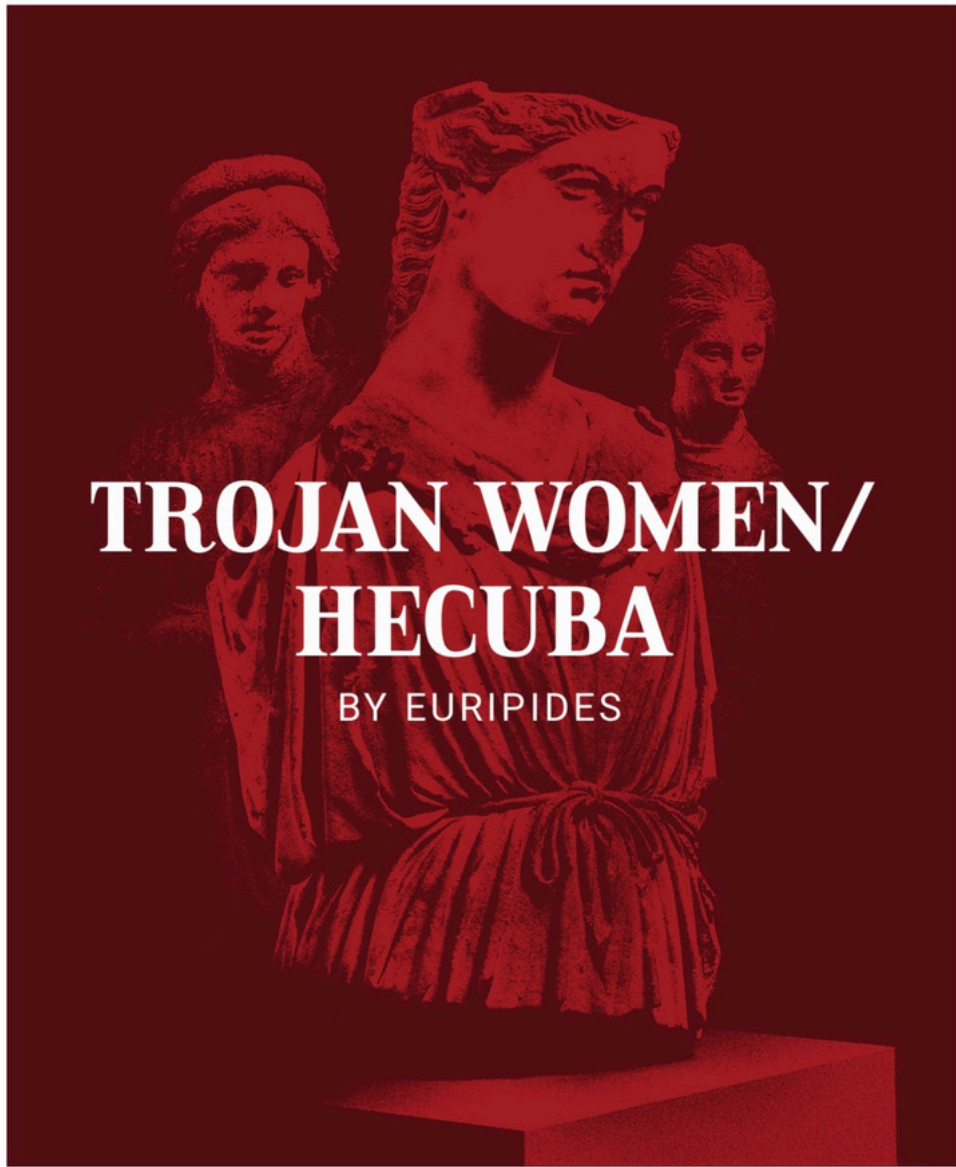
SCAN THE QR CODE TO  
REGISTER!



FOLLOW US ON INSTA @UIW SGA

**UIW**  
THEATRE

**2025-2026 SEASON**



**TROJAN WOMEN/  
HECUBA**

BY EURIPIDES



**TICKETS**  
210.829.3800  
[uiw.edu/theatre](http://uiw.edu/theatre)

April 17 / 7:30 PM  
April 18 / 7:30 PM  
April 19 / 2:00 PM  
April 22 / 7:30 PM

April 23 / 7:30 PM  
April 24 / 7:30 PM  
April 25 / 7:30 PM

The University of the Incarnate Word provides reasonable accommodation with adequate notice. To request disability accommodation for this event, please visit [www.uiw.edu/ada](http://www.uiw.edu/ada). Please note, some material is not suitable for all audiences.

THE ATTORNEY GENERAL WANTS TO HEAR FROM YOU

# CHANGE STARTS WITH YOU

IF SOMETHING ON CAMPUS ISN'T RIGHT...  
**DON'T STAY SILENT**

*Say Something*



**STUDENTS ARE SPEAKING UP – ARE YOU?**

SCAN THE QR CODE  
TELL THE ATTORNEY GENERAL'S OFFICE  
WHAT'S HAPPENING AT UIW



# Cardinal Cupboard

COME VISIT US



**HOURS OF OPERATION:**

- MONDAYS: 9:30 AM – 2:15 PM
- MONDAYS: 3:30 PM – 5:00 PM
- TUESDAYS: 12:30 PM – 5:00 PM
- WEDNESDAYS: 11:00 AM – 5:00 PM
- \*THURSDAYS: 1:00 PM – 5:00 PM
- FRIDAYS: BY APPOINTMENT

\*THURSDAYS HOURS MAY VARY DUE TO OUR TEAM PROCESSING RETAIL ROUTES.

**WE ARE LOCATED AT CONFERENCE 106 IN THE JOERIS ANNEX HALL**

Go to the front of the JOERIS building and take a left into the Annex Hall to get to Conference 106

If you have any questions or want to make an appointment outside of normal hours of operation please contact us at 210-802-2607

## FUTURE EVENTS

- Open Forum, 22 April, SEC JOERIS Ballroom
- HOR, 28 April, SEC 2030, 31, 32
- CAB/SGA Banquet April 21, 2026

*We want to hear from you*

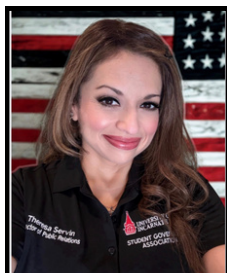
### ERIC BOOTH



#### **Dean of Campus Life**

University of the Incarnate Word  
Student Engagement Center 3155  
(210) 805-5863

### THERESA SERVIN



#### **Director of Public Relations**

Creative Director of Birds Word Newsletter  
University of the Incarnate Word  
Student Government Association  
Student Engagement Center 3060