

# TRi0 Newsletter

### <u>What is</u> TRiO SSS?

TRiO SSS is a federally funded student support program that seeks to serve students that are frist generation, a Pell Grant recipient, or students with disabilities.



Director: Wynette Hadnott Keller

Program Leader: Chip Eakins

> Program Counselor: Stephanie K. Vasquez M.Ed., LPC

VOLUME 2, ISSUE I

# **Greetings from TRi0 SSS!**

SEPTEMBER 2011

TRIO-Student Support Services welcomes you back to UIW! Whether you are a veteran student or a first time freshman, we know that you are experiencing a lot of NEW things. It is a time of change from a summer schedule to a fall schedule and perhaps it's your first time being away from home!!! Remember, that TRiO is here to help you make the transition into this new experience . We know that "NEW" can be a little scary sometimes, but by being up to the challenge, you will be able to achieve your goal(s).

We have a lot of great things planned for the fall and hope that you will join us for as many activities as you can. Activities are open to all SSS students, but please remember to let us know if you plan to attend. We will send out emails regarding these events prior to their happening so that we will know how many students to expect at each event.

You may have noticed the changes to the TRIO lab. We have rearranged a few things and hope you will be comfortable with our new look! Please stop by the lab (AD 225) whenever you have a chance...we continue to have computers for your use and you are able to sign up for tutoring, as needed.

Our NEWEST staff member is Mr. Chip Eakins, Program Leader. Chip has worked in TRIO as a Student Assistant, so he is very familiar to our program. Please join me in welcoming him to our team by stopping by the office to meet him and get to know him.

TRIO-SSS looks forward to your active participation this semester and remains invested in helping you to reach your academic goals. Have a great semester!

# **TRiO Fall Calendar**

### September

- 27 Time Management 3:30-4:15 in Lab
- 29 Meet the Tutors 12:30 2:30 in the Lab

### October

- 4 TG Financial Literacy Series 3:30-5 AT&T 111
- 5 Cup Runneth Over 9am-1pm in Lab; Heritage Day 2pm Chapel; TG Financial Series 3:30-5 AD 365
- 6 TG Financial Literacy Series 10:30-11:30 AD 375
- 11 Scholarship Search 12-1 & 4-5 LIB 230
- 14 Graduate School Tour HSC/UTSA
- 18 How to Apply for Grad School McNair AD 225

20-21 - FALL BREAK

- 23 Last day to change major/advisor
- 26 Fall Cultural Event TBA

### November

- 4 TRiO Family Potluck 12-1:30pm in Lab
- 5 TRiO attend Homecoming Game
- 8 Resume Workshop Career Services 3-4:30pm TBA
- 16 Resume Workshop Career Services 3-4:30pm TBA
- 23 No Classes
- 24-25 Thanksgiving Holiday

### November

- 29 Test Taking & Finals Preparation 12-1:30pm TBA
- 30 Stress Management & Test Anxiety 12-1:30pm TBA

### December

- 2 Last Day of Classes; Christmas Carol play
- 5-9 FINALS WEEK
- 10 Graduation



# Tutoring Services

Be sure to utilize our TRIO tutoring services this year. Our tutors are here to assist you with regular office hours and flexible schedules. We offer tutoring in almost all subject areas, so sign up now!



8:00 am - 5:00 pm

# **Tutor Spotlight**

My name is Venancio Gonzalez and I am originally from New York City. Moved to Texas in 1995 and came to UIW in 2009. My major is English and my favorite author is Fyodor Dostoyevsky. After graduation I hope to attend graduate school with aspirations of being an



author as well as a professor. When I am not reading, writing, eating snacks, or saving students from giant scorpions, I like to unwind with more books and some XBOX 360.

# **TRiO SSP Advisors**



### **TRiO SSS Advisors**

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# SUMMER BRIDGE



# A student's perspective:



As a student from a small town, moving to San Antonio was a big change for me. A few weeks ago, I thought that I would not be able to transition well to my "college experience"...but with the help of the TRiO Program and the TRiO Staff, my shift to a new town and new environment has been a smooth one. Being here at UIW has broadened my perspective as to what I can do with a degree from this university, and on top of that, all of the professors and staff on campus are always willing to "lend a hand" and make sure their students reach the ultimate goal —graduation. I am glad that I chose this university for the reason that it gives off a good vibe and all the students on campus are very helpful when it comes to needing directions and looking for a classroom/building. I cannot wait to start getting involved with organizations on campus and start getting to know my campus and surroundings a little better. I would encourage any student who is interested in furthering their education to choose UIW as their university. I am sure I have made the right decision to get an education here and have a better future.

-Oscar Salazar, Class of 2015

## **Tutoring Tips**



- Bring required material required for tutoring session
- Read class material before you meet with your tutor
- Ask questions!



# Don't Forget!

- 1. Read each course syllabus at least twice—know what to expect in your classes!
- 2. Start a calendar for each week—you might enjoy reading later to see what you did your first week of school.
- 3. Eat your vegetables—make a habit of getting a balanced meal in your system.
- 4. Sign up for tutoring—don't wait until you NEED help to GET help!!
- 5. Call home—or write a letter! Your family and friends would probably love to hear how you are doing.

\*\* BONUS—The SSS Staff is available from 8-5 Monday—Friday. You can schedule an appoint-

# Study Abroad!



I will be studying abroad in Seoul, South Korea., where I will be taking classes It really is an opportunity for self discovery through an educational component. -Yeseñia Caloca

I will be studying abroad at John Cabot University in Rome Italy. I will be discovering a new culture and a new perspective on international diplomacy. I will be taking advantage of opportunities such as Italian cooking classes, wine tasting and sightseeing while continuing my undergraduate studies.



-Alfonso Pagaza

### <u>McNair</u> <u>Staff</u>

### Dr. Kevin Vichcales

Dean, School of Graduate Studies and Research

## Dr. Roberta Leichnitz

Director, McNair Scholars Program

## Dr. Linda Malcom

Assistant Director, McNair Scholars Program

# **McNair Scholars Program**

The mission of the Ronald E. McNair Post baccalaureate Program at the University of the Incarnate Word is to prepare less affluent, first generation college students, and students from groups underrepresented in doctoral studies, for success in achieving a Ph. D. degree. The criteria for program participation involves the selecting of juniors and seniors with good writing skills an a GPA of at least 2.75, who possess intellectual curiosity and who are interested in conducting research under the guidance of a faculty mentor.

It is the philosophy of the McNair project that participants have unique needs that must be addressed in order to implement their entrance, retention and successful graduation from a doctoral program. The University of the Incarnate Word has a long history of responding to the needs of their program's population through varied support services. It is the intent of the McNair Program to build on this strong

foundation of services in achieving its goals. http://www.uiw.edu/mcnair/



Contact Information: University of the Incarnate Word McNair Scholars Program 4301 Broadway, CPO# 18 San Antonio, TX 78209 Phone: 210-829-2791

# **McNair Requirements**

To be eligible for the McNair Scholars Program and participate in the Summer Research Experience a student must:

- Be a U.S. citizen or permanent resident.
- Be currently enrolled as an undergraduate student in a degree program at the University of the Incarnate Word
- Be a low-income **and** first generation college student, **or** a member of an underrepresented group (i.e., Hispanic, African American, Native American, or Pacific Islander-Native Hawaiian, Guamanian, or Samoan)
- Have a grade point average of 2.7 or better

Have completed enough hours to qualify for junior standing before their first summer in the program

# McNair Alumni - Dalia Bishop

I have sat through an earthquake, spent a dozen hours stretched across airport seats awaiting flights that would never come, and stockpiled batteries in preparation for hurricane Irene's descent upon the eastern shore. McNair prepared me for all of it. Well, indirectly.

I mean that I was not worried about, on top of the above listed series of unfortunate events, finishing my summer reading for this fall's theory course, or about finding a place to live after arriving, or about getting a job to pay for school--because McNair gave me the skills and support to earn full-funding for my Masters degree, to quickly consume and understand dense scholarship, and the wherewithal to have secured a house and roommates ahead of moving. Certainly, there have been surprises at every turn, as I expect there will continue to be; but that's the thing: I expect it all because I've been trained well. In speaking to my incoming cohort about their preparations for the summer, it seems I am the only one reading our shared faculty's recent research, that I am the only one reviewing seminal works we're sure to discuss in seminar and, thus, that I am the better prepared for the entirely new experience of graduate school because of my experience with the McNair Scholars Program.

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