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TRiO SSS

TRiO Works!



What's New? Meet your TRiO Family!

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Student Support Services was proud to welcome our newest 2012 Cohort to the TRiO family this summer. New members participated in a two-day Summer Bridge retreat, which consisted of team building activities, a campus scavenger hunt, academic enrichment workshops, and a river barge tour of downtown San Antonio. Members stayed at Dubuis Hall and had the opportunity to get an inside look at UIW before starting classes in the fall. Special guest speakers included Dr. Perry, Mr. Tony Ramos, and Dean McMakin. TRiO Mentors also were available to share their student experiences with the new members. We look forward to seeing the continued academic and personal success with these amazing new members!

SAVE THE DATE: Upcoming TRiO Activities

October 9th	Study Skills Part 2- Note Taking	Learn different ways to stay focused during studies & campus life!	Nursing Building 214	12-1 pm
October 13th	Light the Way Workday	Represent TRiO pride as we create a display board!	Dubuis Lawn	9-2 pm
October 16th	Study Skills Part3- Reading Comprehension	Learn various ways to recall information you have taken in literally & apply to your educational path!	Nursing Building 214	12-1 pm
October 18-20th	Graduate School Visits	TRiO visits graduate schools- UT Austin, Baylor U & more! Stop by the lab for more info!	TBD	Fall Break
October 24th	Registration 101	Pointer's & tips for registration- MANDATORY FOR 2012 BRIDGE COHORT	Nursing Building 214	1:30-2:45 pm
October 30th	Halloween Potluck	Sign up to bring a delicious treat!	TRiO Lab	4-6 pm

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@UIW_TRiOSSS



/trio.studentsuccess.9

www.uiw.edu/trio

MEET OUR STAFF

Lynette M. De Vaughn-Baker
Graduate Assistant/Program Leader
BBA, Marketing
MAA, Communication Arts ('13)
San Antonio, TX
Favorite food: Anything Mommy or Grandma cooks

Wynette Keller
Director
Master of Arts: Marriage & Family- St. Mary's
Master of Arts- Communication Arts- UIW
Bachelor of Arts- UT
Favorite food: WD Deli
It is a privilege to be Director of a program that serves such an outstanding group of students.



Kara Mowrey
Counselor
Bachelor of Science in Education- from Baylor University--Sic em Bears!!
Master of Arts in Counseling,
Doctor of Education--UTSA
San Antonio, TX
Food-anything chocolate!
It has been a joy to be part of the TRiO family at UIW. SSS students are amazing!

Patricia Medina (Patty)
Counselor
Human Sciences, MA
San Antonio, TX
Favorite food: Chinese
I am a TRiO Alumni and have been very blessed to continue to work with TRiO as a staff member.

MEET OUR MENTORS

2012-2013

Velia Ortega

Junior/ Psychology,
Sociology Minor
Hutto, TX
Favorite Food: Italian
(Olive Garden)
TRiO has mostly helped me
grow more as a person and
to never give up on my
goals, and to work hard 'till
the end.



Ben Carrington

Junior/ Graphic Design
San Antonio, TX
Favorite Food: Pizza
TRiO has helped me with
making friends with a really
close and supporting group of
people. Plus, I think it's a
great place to stop by and talk
to people or study.



Janean Vargas

Senior/ Nursing
San Antonio, TX
Favorite food: Chipotle
TRiO has helped me by
allowing me to have
another resource at UIW
to succeed academically.



Samantha Rivera

Junior/ Interdisciplinary
Studies (Elementary
Education)
San Antonio, TX
Favorite Food: Mexican
TRiO has helped me out a
lot. This year I have
been coming in and talking
to one of the counselors who
helped me work out a
difficult situation. In all that
I was going through they
have been my support. They
were awesome.



David Leal III

Sophomore/ Criminal
Justice, Business Minor
Favorite Food: A Nice
Juicy Steak!
Trio has helped mold me
into the student I am
today by offering help
with tutors and all the
extracurricular activities
that keep me on point to
reach my goals.



Oscar Salazar

Sophomore/
Communications
I work in the University
Advising Center, Resident
Assistant, work with the
Admissions Office and First
Year Engagement. I am
Membership Chairman for
the Student Ambassador Organization
and also a Peer Mentor for first year
students.



Yesenia Caloca

Senior/ Bilingual
Communication Arts
Monterey Park, CA
Favorite Food: Chinese
TRiO has helped me
immensely! They have
helped me accomplish
my goals and been a
great support system.



Cherie Pineer-Huff

Junior/Biology
Favorite food: Shrimp and pretty
much what mom cooks.
Bluefields, Nicaragua
TRiO has enriched my college
experience by giving me the
chance to meet people
from different walks of life. It has
also given the opportunity
to share the knowledge I have
gained here at UIW with new
students through the mentoring
program.



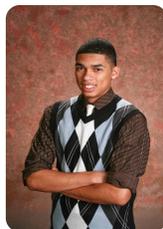
Cristina Garza

Sophomore/ Nursing
Birthday: December 20
Asherton, TX
Favorite Food:
Enchiladas
Animal: Dolphin
Favorite Color: Pink
Hobbies: Reading and
shopping



Jonathan Narvaez

Junior/ Bio-PreMed
Corpus Christi, TX
Favorite food: Buffet
TRiO has pushed me to
become a better student
inside the classroom and an
even better person outside of
the classroom. I have
learned to take advantage of
the offers and opportunities
that are put in front of me.



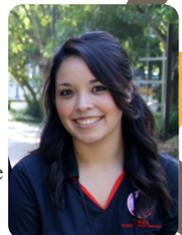
Adriana Gutierrez

Sophomore/ Marketing
Laredo, TX
I am an artist at heart, a
reader and I just love
meeting new people and
learning more about
them. I like to think I'm a
friendly person and really
considerate.



Ashley Solis

Sophomore/Nursing
Jourdanton, TX
Favorite food: Grilled
Chicken Alfredo
Trio is a great organization
that helped me connect more
with people. Attending
Summer Bridge was
beneficial for me because the
first day I knew people, and I
had people to go to if I
needed anything.



MEET OUR TUTORERS



COME IN FOR TUTORING @ THE TRIO LAB AD 225

Celia Martinez

Junior/ Business Marketing
San Antonio, TX
Favorite food: Italian
As a McNair Scholar, TRiO has helped me develop myself professionally and academically. I have learned how to do research, search for potential graduate schools, improve my academic and professional skills, and have acquired many networks.



Carmen D. Cortazar

Senior/ Engineering Management
San Antonio, Texas
Favorite food: Grilled Salmon
TRiO has taken me to heights I didn't know existed.
5 yr plan: Finishing a graduate program and applying for post-doctoral work.



Math, Statistics

English, Spanish, Business Marketing, Statistics

Paul Amador

Junior/ Biology
Houston, TX
Favorite food: My momma's
TRiO has helped me by providing guidance and resources such as computers. In addition, they provided me with employment and valuable work experience.



Shannon Samples

Senior/ Mathematics and Engineering Management
San Antonio, TX
Favorite food: Italian food
TRiO has helped me achieve my goals through their mentor and tutor program. They also introduced me to the McNair Scholars Program to help me get into graduate school.



Math

Biology, Chemistry, Genetics, Zoology

MEET OUR OFFICE ASSISTANTS

Alfonso Pagaza

Senior/ International Studies
Mexico City, Mexico
Biking, hiking, cultural events
TRiO member since 2009, office assistant since 2010
Pursuing a masters in Peace and Conflict Resolution Studies
Favorite color: Red
Worked at Starbucks for 3 years
Speaks 3 languages
"Live globally, shop locally"



Alixzandra Paloma Pena

Freshman/ Business Finance
Floresville, Texas
Favorite food: homemade Mexican cooking
Whether it be academic needs, advice, or if I got lost going to a class- TRiO has helped point me in the right direction. In 5 years, I plan to be a graduate of UIW pursuing my career as a certified financial planner.



Velia Ortega
(See Mentor Bio)



David Leal III
(See Mentor Bio)



Yesenia Caloca
(See Mentor Bio)



TRiO hosted its first Fall Reunion and Kickoff event on Wednesday, August 29th in the Marian Ballroom. Students enjoyed a delicious Italian dinner while meeting the newest SSS 2012 Cohort and reconnecting with old friends. Members who attended the Reunion and Kickoff were the first to sign up for this semester's exciting activities and tutoring appointments. Each student who attended received a UIW notebook and spiral to help get the semester off to a great start. If you missed this exciting reunion, keep your eye out for other special events during the year!

STUDY TIPS 101



Are you looking to make the best grades possible this semester? Make sure you have a plan to study for you classes. Here are a few study tips you might consider:

- ✓ Start out by studying the most important information.
- ✓ Have all of your study material in front of you: lecture notes, course textbooks, study guides and any other relevant material.
- ✓ Find a comfortable and quiet place to study with good lighting and little distractions (try avoiding your own bed; it is very tempting to just lie down and take a nap)
- ✓ Focus on studying for about 20-30 minutes at a time. Most people can maintain concentration for about half an hour and then need a short break (try reorganizing notes, assembling your next study task, or another study related activity—this is not a Facebook or TV break!)
- ✓ Listening to relaxing music such as classical or jazz on a low volume can relieve some of the boredom of studying.
- ✓ Space out your studying, you'll learn more by studying a little every day instead of waiting to cram at the last minute. By studying every day, the material will stay in your long-term memory, but if you try to study at the last moment, the material will only reside in your short-term memory that you'll easily forget.
- ✓ Test yourself or have someone test you on the material to find out what your weak and strong areas are. You can use the review questions at the end of each chapter, practice tests that the teacher may give out or other pertinent materials.
- ✓ Short study sessions during the week are better than one marathon session the night before a test!

(Taken from www.testtakingtips.com)

Smile, TRiO!

Summer Bridge 2012 Members:

Priscilla Hesles-Quintero
 Myrna Urbina
 Dionisio Saenz
 Andrea Ramirez
 Lorina Ramirez
 Chelsey McCormick
 Lori Martinez
 Chastity Jimenez
 Shaneqwa Barden
 Gabriel Arellanes
 Caira Spenrath
 Michael Morales
 Itzel Valenzuela
 Anneliese Reyes
 Theresa Garcia
 Angela Banda
 Timothy Balzen-O'Rourke
 Anjali Patel
 Lauren McDonald
 Analaura Martinez
 Yadelí Guillen
 Jennifer Gonzales
 John Sanchez
 Anessa Mendez
 Susana Guerrero
 Joshua Gomez
 Doug Giles
 Miguel Velez
 Erik Reyes
 Kevin Medrano
 Ramon Gallegos
 Marissa Carreon
 Secilia Zuniga
 Corina Villarreal
 Nikolas Serratorubio
 Jacqueline Salinas
 Nelda Puente
 Alixandra Pena
 Alexandra Martinez
 Katherine Harris
 Avonna Campbell
 Joseph Blea
 Annie Speck
 Alyssa Scheppler
 Samantha Maltos
 Amanda Hackett
 Elizabeth Aguilar
 Nathan Sosa
 Brenda Miranda
 Anthony Maltos
 David Aguilar
 Bianca Ybarra
 Sa'Eisha Jones
 Ruby Fernandez
 Kaitlyn Benavidez
 Morgan Ramos

