

APA (7TH EDITION) INTERNAL CITATION EXAMPLES

UIW Writing
and Learning
Center

Please note: This information applies to the 7th edition of APA, which replaced the 6th edition in October 2019. If APA is required for your assignment, check with your instructor to see if you should use the 6th or 7th edition. (If 6th, please refer to our 6th edition guides).

Writers must always distinguish which parts of the essay are the ideas of others by including a citation of the source used in the text. Students must do this every time they *summarize, paraphrase, or quote* another individual's work. All internal citations correspond to an external citation on the "References" page. For example, if a particular internal citation contains the author's last name, then the reader can go to the "References" section and find that author's name with the other corresponding information to learn more about that source.

Internal Citation Examples for Books and Articles in Scholarly Journals:

If you use the author's name in the text:

Garza (2007) noted that although cats appear to be more intelligent than dogs, dogs actually use similar problem-solving strategies.

If you don't use the author's name in the text:

Self-proclaimed "cat ladies" often admit that they have never owned dogs, and their "cat lady" traits were inherited from either parent or both (Garza, 2007).

If using a quotation of fewer than forty words, the reference goes after the closing quotation mark.

Important note: When paraphrasing, page numbers are optional. However, when using a direct quote, the page number(s) where you found that quote must be included in the citation.

Garza (2007) went on to explain that the "preference of either dogs or cats is indicative of other personality traits" (p. 15).

If the quote is more than forty words, it should be separated from the text, and quotation marks should be omitted; the reference goes one space after the ending punctuation.

Having been an owner of both cats and dogs for over 20 years, Garza (2007) explained:

Both dogs as well as cats can be great companions. Dogs typically can be counted on to bring positive energy and happiness to the home, while cats, although very independent, can provide a similar level of comfort to their owners. (p. 43)

Other Internal Citation Examples:

If you are using a source that has two authors:

Despite common belief that all dogs and cats are completely domesticated, one should use caution when approaching stray dogs and cats (Garza & Cheatum, 2008).

Note: Use "&" only in parenthetical citations . . . spell out "and" in the text.

If you are using a source that has three or more authors:

Some stray animals make an easy transition into their adopter's home, thus demonstrating that they were most likely someone's pet in the past (Garza et al., 2009).

If you are using a source that has a corporate or group author:

Unfortunately, dogs are the most abused animals in the United States (PETA, 2008).

If you are using two or more sources in the same sentence:

Many studies (Ladel, 2015; Strongson & Soren, 2012; Svedka, 2007) have concluded dogs experience mental disorders, like humans.

If you are using a book or longer work that has no author listed:

If you are bringing a new dog into a home where a dog already resides, introduce the new dog in a neutral setting, such as at a park or while on a walk around the neighborhood, to avoid conflict (*Adopting Your Newest Family Member*, 2014).

If you are using an article or shorter source that has no author listed:

When housetraining your dog, do not use your dog's crate as punishment, as accidents will happen during the training process ("Housetraining 101," 2014).

If you are using a source that has no author listed and no date listed:

During the housetraining process, put your puppy on a routine or schedule that is fixed and does not conflict with yours ("Housetraining: Creating a Routine," n.d.).

If you are using a secondary source (one source citing another):

Although an avid animal lover, Montalvo (2005, as cited in Garza, 2007, p. 11) argued that "there is no place for pets within the home; they are meant to live outdoors only."

Indirect citing of sources should be avoided, except in cases where the original source is unavailable or inaccessible

If you are using a religious work:

For all religious texts, you must include an in-text citation indicating the book, chapter, verse, and translation.

Ex1:

“For He will give His angels charge concerning you, to guard you in all your ways” (*The New American Standard Bible*, 1971/1995, Psalms 91:11).

Note: “1971” signifies the original publication year, while “1995” signifies the year of the republished edition being cited. If the original publication year of a religious text is unknown or debated, include only your source’s publication year. However, when citing a version of a religious text that has a definite publication date (like the New American Standard Bible), include the original version year and the year it was republished.

Ex2:

“Praise be to Allah, Lord of the Worlds, the Beneficent, the Merciful” (*The Qur’an*, 1:2-3, 1996).

If you are quoting someone that you interviewed:

When I was at the pet store, Sandra Woof (personal communication, September 30, 2007) told me to “play with dogs every day to develop lasting bonds.”

My friend often tells me that “dogs are ‘the bomb’” (A. Garza, personal communication, September 30, 2007).

If you are using tables, charts, pictures, graphs, figures, or other (non-textual) illustrations:

- Label tables and figures numerically; ex: Table 1, Table 2/Figure 1, Figure 2. Any illustration other than a table will be labeled as a figure.
- If the paper includes an appendix with tables and figures, label them with the appendix letter, followed by the number that indicates the order in which they are listed. Ex: Table A1 is the first table in Appendix A; Figure C4 is the fourth figure in Appendix C.
- Tables and figures are usually **not cited** in the “References” section.

Citing a table:

Below the table, include a note that explains abbreviations, symbols, and/or data. If the table is adapted from a source, you will acknowledge the source’s author, as well as “Copyright [Year] by the Name of Copyright Holder.”

Ex1 (Journal Article):

Note. F = fleas; NF = no fleas. Each column includes a different breed. Adapted from “An Analysis of the Presence of Fleas in Different Breeds,” by P.J. Sullivan, B. Kyr, and A.T. Woof, 2001, *The Dog Journal*, 88, p. 676. Copyright 2009 by the American Pet Association.

^aSome golden retrievers were mixed breeds.

**p* < .05.

Ex2 (Book):

Note. T = treat; t = time. Adapted from *My Puppy and Me* (p. 66), by P.J. Sullivan, 2006, Notarealbook Press. Copyright 2006 by Petco.

Ex3 (Website):

Note. T = treat; t = time. Adapted from “My Puppy and Me,” In *Petco*, by P.J. Sullivan, 2008. <http://www.petco.com/articles/sullivan/mypuppy>. Copyright 2008 by Petco.

Citing a figure:

Below the figure, you will write the exact same citation for a table, except you will indicate the figure number and a phrase that serves as a title and description.

Ex:

Figure 3. Picture illustrating the aggressive dog fighting stance. WP = weak point. The numbers 1-4 indicate the order of attack. Adapted from “Dog Fighting for Dummies,” In *DogWatch*, by P.J. Sullivan, 2011. <http://www.dogwatch.com/dogfighting>. Copyright 2011 by Dog Watch.

How It Would Look inside the Paper

Table 1

United States (U.S.) Import Information

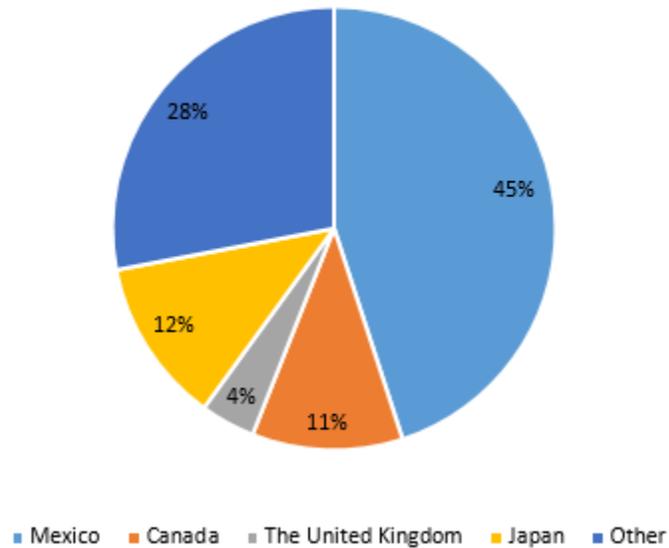
Country	Food	Machinery	Electronics	Chemicals	Metals	Oil
The United Kingdom	3.2	13.7	5.7	4.4	4.2	3.4
Japan	6.7	56.7	60.6	11.1	6.4	2.2
China	30.2	88.4	45.4	15.6	16.7	1.2
Mexico	14.5	40.4	14.1	2.3	4.5	3.5
Canada	3.3	20.3	7.8	6.5	10.2	6.8
Saudi Arabia	4	9.9	1	0.5	2.3	43.5

Note. The numbers represent billions of dollars per year. Adapted from “U.S. Imports,” in *Business Today*, by P.J. Sullivan, 2008. (<http://www.businesstoday.com/US-imports>). Copyright 2008 by Business Today.

Figure 1

U.S. Fresh Fruit and Vegetable Imports by Country.

U.S. Fruit and Vegetable Imports by Country



Note. The percentages are from the fiscal year 2008. Adapted from “Fruit Imports,” in *Business Today*, by P.J. Sullivan, 2008. (<http://www.businesstoday.com/fruit-imports>). Copyright 2008 by Business Today.